



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 11/2/26	Tuesday 11/3/26	Wednesday 11/4/26	Thursday 11/5/26	Friday 11/6/26
Breakfast	WG Cereal 100% Juice	Cranberry Oatmeal Fresh Fruit	WGR Homemade Banana Muffin Applesauce	WG Cereal Fresh Fruit	Yogurt Fruit Cup
Lunch	WGR Grilled *Ham & Cheese Sandwich Buttery Dill Carrots Diced Pears Pirate's Booty	Cheeseburger on a WGR Bun Potato Salad Chilled Peaches Dill Pickle Spear	WG Turkey, Green Apple & Cheddar Wrap Cole Slaw Applesauce	WGR Chicken & Veggie Lo Mein Garlic Broccoli Florets Pineapple Tidbits **Meal contains Sesame**	WGR French Toast Sticks *Sausage Patty String Cheese Tater Squares Orange Wedges
PM Snack	WG Pepperoni Pizza Pringles Mingles Apple Slices	WGR Soft Pretzel Rods Cherry Fruit Juice Gel	WG Giant Cinnamon Goldfish Whole Milk	WG/RF Doritos 100% Juice	WG Cheetos Puffs Fresh Fruit

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 11/2/26	Tuesday 11/3/26 LUNCH	Wednesday 11/4/26	Thursday 11/5/26	Friday 11/6/26
Supper	WGR Grilled *Ham & Cheese Sandwich Cheddar Broccoli Soup w/ Oyster Crackers Diced Pears	Lunch 12p-1p Cheeseburger on a WGR Bun Potato Salad Chilled Peaches Dill Pickle Spear	WG Turkey, Green Apple & Cheddar Wrap Cole Slaw Tropical Fruit	WGR Chicken & Veggie Lo Mein Broccoli Florets Fresh Pineapple Chunks **Meal contains Sesame**	WGR French Toast Sticks *Sausage Links String Cheese Tater Squares Orange Wedges
PM Snack	WG Pepperoni Pizza Pringles Mingles Fresh Fruit	Snack 2:45-3:15 WG Cinnamon Bug Bites Fresh Fruit	WGR Homemade Banana Muffin 1% White Milk	WG/RF Doritos 100% Juice	Asst WG Snack Packs Fresh Fruit

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COMMON SUBSTITUTIONS/ALTERNATES:
WGR PEANUT BUTTER & JELLY
WGR GRILLED CHEESE
STRING CHEESE (MEAT ALT)