BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 11/16/26	Tuesday 11/17/26	Wednesday 11/18/26 **Thanksgiving Dinner** **Club Gym @ 5pm**	Thursday 11/19/26	Friday 11/20/26
Breakfast	WG Cereal 100% Juice	WGR Pancake Bites Fresh Fruit	Trix Yogurt Fresh Fruit	WG Cereal Fruit Cup	WGR Homemade Fruit Muffin Applesauce
Lunch	WG Philly Cheeseburger Quesadilla w/ Ketchup on side Garlic Herb Cauliflower Mixed Fruit	Baked Potato w/ BBQ Chicken, Butter & Cheese on the side Roasted Broccoli Cinnamon Applesauce	Make Your Own Pizza: WGR Flatbreads Marinara Sauce Shredded Mozzarella Cucumber Slices Pineapple Tidbits	WGR Chicken Patty on a WGR Bun Buttery Dill Carrots Chilled Pears	WGR Egg & Cheese "McGriddle" Hash Brown Orange Wedges
PM Snack	WGR Soft Pretzel Rods w/ Ranch Fruit Cup	WG Chortle Grahams Whole Milk	WG Cheez Its Hummus	Savory Wheat Crackers String Cheese	WG Baked Cheetos 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

***Turkey or Chicken Based Product**

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK

*Menu is subject to change *Menus may contain allergens

BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 11/16/26	Tuesday 11/17/26	Wednesday 11/18/26 **Thanksgiving Dinner** **Club Gym @ 5pm**	Thursday 11/19/26	Friday 11/20/26
Supper	WG Philly Cheeseburger Quesadilla w/ "Fancy Sauce" on the side Garlic Herb Cauliflower Fruit Cocktail	Baked Potato w/ BBQ Chicken, Butter, Sour Cream & Cheese on the side Broccoli Florets Cinnamon Applesauce	Make Your Own Pizza: WGR Flatbreads Marinara Sauce Shredded Mozzarella Garden Salad w/ Italian Pineapple Tidbits	WGR Chicken Patty on a WGR Bun Buttery Dill Sliced Carrots Chilled Pears	WGR Egg & Cheese "McGriddle" Hash Brown Orange Wedges
PM Snack	WGR Soft Pretzel *w/ Ranch (optional)* Fresh Fruit	WG Chortle Grahams 1% White Milk	WG Cheez Its Fresh Fruit	Savory Wheat Crackers *w/ Peanut Butter (opt)* String Cheese	WG Baked Cheetos 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

***Turkey or Chicken Based Product**

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COMMON SUBSTITUTIONS/ALTERNATES:
WGR PEANUT BUTTER & JELLY
WGR GRILLED CHEESE
STRING CHEESE (MEAT ALT)