




BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

***BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK**

	Monday 5/4/26	Tuesday 5/5/26	Wednesday 5/6/26	Thursday 5/7/26	Friday 5/8/26
Breakfast	WG Cereal 100% Juice	WGR Waffle & *Sausage Sandwich Fresh Fruit	WGR Homemade Banana Muffin Applesauce	WG Cereal Fruit Cup	Trix Yogurt Fresh Fruit
Lunch	WGR Potato Crusted Fish Sticks French Fries Buttery Dill Carrots Cinnamon Applesauce	WGR Cheese Pizza Italian Green Beans Mandarin Oranges	WG Philly Cheeseburger Quesadilla w/ side "Fancy Sauce" Mexican Street Corn Watermelon Chunks	WGR Penne & Chicken Alfredo Broccoli Florets Chilled Peaches	WGR French Toast Sticks Canadian Bacon Hash Brown String Cheese Orange Wedges
PM Snack	WG Baked Cheetos String Cheese	WG Scooby Snacks 1% White Milk	Ritz Bits Cucumber Slices w/ Ranch	WG Animal Crackers Applesauce	WG Pretzel Goldfish 100% Juice

WG = Whole Grain

***Turkey or Chicken Based Product**

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens


**COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK**



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 5/4/26	Tuesday 5/5/26	Wednesday 5/6/26	Thursday 5/7/26	Friday 5/8/26
Supper	WGR Potato Crusted Fish Sticks w/ Side of Tartar Sauce French Fries Cole Slaw Cinnamon Applesauce	WGR Cheese Pizza Garden Salad w/ Italian Dressing Mandarin Oranges	WG Philly Cheeseburger Quesadilla w/ side "Fancy Sauce" Mexican Street Corn Watermelon Chunks	WGR Penne & Chicken Alfredo Broccoli Florets Chilled Peaches	WGR French Toast Sticks Canadian Bacon Hash Brown String Cheese Orange Wedges
PM Snack	WG Baked Cheetos Fresh Fruit	WG Scooby Snacks 1% White Milk	WGR Homemade Banana Muffin Fresh Fruit	WGR Soft Pretzel w/ Honey Mustard Craisins	Assorted WG Snack Packs 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)