




BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 5/11/26	Tuesday 5/12/26	Wednesday 5/13/26	Thursday 5/14/26	Friday 5/15/26
Breakfast	WG Cereal Fruit Cup	WGR Pancake Bites 100% Juice	Greek Yogurt & Fruit Parfaits (Strawberry Yogurt w/ Blueberries or Vanilla Yogurt w/ Banana Slices)	WG Cereal Fresh Fruit	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Chicken Nuggets Mashed Potatoes Buttery Dill Carrots Pineapple Tidbits	WG *Taco Wrap WGR Spanish Rice Seasoned Corn Diced Pears	WGR Grilled Cheese Cucumber/Tomato/Corn Salad Mango & Blueberries Pirate's Booty	WGR Mac & Cheese Broccoli Florets Chilled Peaches MA Fresh Tasting: Salmon Nuggets	Cheddar Omelet Hash Brown Mandarin Oranges Asst WGR Homemade Fruit Muffin
PM Snack	WG Goldfish String Cheese	WG Tiger Grahams 1% White Milk	Simply Chex Mix Snack Fresh Fruit	WGR Roll Fresh Fruit MA Fresh Tasting: Seafood Salad (Imitation Crab & Shrimp)	WG Apple Cinnamon Crunch Burrito 100% Juice

WG = Whole Grain

***Turkey or Chicken Based Product**

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens


COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 5/11/26	Tuesday 5/12/26	Wednesday 5/13/26	Thursday 5/14/26	Friday 5/15/26
Supper	WGR Chicken Nuggets Mashed Potatoes Buttery Dill Carrots Pineapple Tidbits	*Taco Nachos w/ WGR Tortilla Chips Sides Shred Cheese & Taco Sauce Garden Salad w/ Drsg Diced Pears	WGR Pepperoni & Cheese Sandwich w/ Side Marinara Cucumber/Tomato/Corn Salad Mango & Blueberries Chips	*BBQ Meatballs Herb & Garlic WGR Rice Broccoli Florets Chilled Peaches	Cheddar Omelet Hash Brown 100% Juice Asst WGR Homemade Fruit Muffin
PM Snack	WG Goldfish Fresh Fruit	Assorted WG Grahams 1% White Milk	Greek Yogurt & Fruit Parfaits (Strawberry Yogurt w/ Blueberries or Vanilla Yogurt w/ Banana Slices)	Smart Food Popcorn Fresh Fruit	WG/RF Doritos Fresh Fruit

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)