



**BOYS & GIRLS CLUB**  
OF GREATER WESTFIELD

# PRESCHOOL MENU

\*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 3/9/26	Tuesday 3/10/26	Wednesday 3/11/26	Thursday 3/12/26	Friday 3/13/26
<b>Breakfast</b>	WG Cereal 100% Juice	Trix Yogurt Fresh Fruit	WGR Egg & Cheese "McGriddle" Fruit Cup	WGR Homemade Blueberry Muffin Applesauce	WG Cereal Fresh Fruit
<b>Lunch</b>	WGR Chicken Patty on a WGR Bun Dill Carrots Applesauce	*Cheesy Cowboy Pasta: Pasta Shells, Ground Turkey, Corn, Peppers, Tomatoes Mixed Veggies Chilled Pears WGR Roll w/ Butter	*BBQ Meatballs WGR Seasoned Rice Green Beans Diced Peaches	*Sloppy Joe on a WGR Bun Buttered Corn Pineapple Tidbits Pirate's Booty	*WGR Breakfast Empananda (Sausage, Egg & Cheese) Tater Squares Scrambled Eggs Mandarin Oranges
<b>PM Snack</b>	Sun Chips Strawberry Applesauce	WG Teddy Grahams 1% White Milk	WG Baked Cheetos Fresh Fruit	Ritz Crackers Pepper Strips w/ Ranch	WG Goldfish String Cheese

WG = Whole Grain

\*Turkey or Chicken Based Product

WGR = Whole Grain Rich

\*Menu is subject to change \*Menus may contain allergens

COMMON SUBSTITUTIONS:  
LACTAID/LACTOSE FREE MILK



**BOYS & GIRLS CLUB**  
OF GREATER WESTFIELD

# AFTER SCHOOL MENU

\*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	<b>Monday</b> 3/9/26	<b>Tuesday</b> 3/10/26	<b>Wednesday</b> 3/11/26	<b>Thursday</b> 3/12/26	<b>Friday</b> 3/13/26 <b>LUNCH</b>
<b>Supper</b>	WGR Chicken Patty on a WGR Bun Baby Carrots Applesauce	*Cheesy Cowboy Pasta: Pasta Shells, Ground Turkey, Corn, *Bacon, Peppers, Tomatoes Mixed Veggies Chilled Pears WGR Roll w/ Butter	*WGR Mini Corn Dogs w/ Honey Mustard WGR Seasoned Rice Baked Beans Diced Peaches	*Sloppy Joe on a WGR Bun Buttered Corn Pineapple Tidbits Fritos	*WGR Breakfast Empananda (Sausage, Egg & Cheese) Tater Squares Scrambled Eggs Mandarin Oranges
<b>PM Snack</b>	Sun Chips String Cheese	Assorted WG Grahams 1% White Milk	WG Baked Cheetos Fresh Fruit	WGR Homemade Blueberry Muffin Fresh Fruit	Smart Food Popcorn 100% Juice

WG = Whole Grain

\*Turkey or Chicken Based Product

WGR = Whole Grain Rich

\*Menu is subject to change \*Menus may contain allergens

COMMON SUBSTITUTIONS/ALTERNATES:  
PEANUT BUTTER & JELLY  
STRING CHEESE (MEAT ALT)