



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

***BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK**

	Monday 3/30/26	Tuesday 3/31/26	Wednesday 4/1/26	Thursday 4/2/26	Friday 4/3/26
Breakfast	WG Cereal 100% Juice	WGR Egg & Cheese "McGriddle" Fresh Fruit	Trix Yogurt Fruit Cup	WG Cereal Fresh Fruit	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Chicken Patty on a WGR Bun Dill Carrots Cinnamon Applesauce	*Swedish Meatballs w/ Egg Noodles WGR Roll w/ Butter Green Beans Chilled Peaches	WGR Crispy Chicken Alfredo Pizza Broccoli Florets Diced Pears	Pork Riblet on a WGR Crown Roll Side BBQ Sauce Corn/Tomato/Cuke Salad Watermelon Chunks	WGR French Toast Sticks Scrambled Eggs Smiley Fries Orange Wedges
PM Snack	WG Goldfish Fruit Cup	WG Tiger Grahams 1% White Milk	Ritz Bits Fresh Fruit	WGR Homemade Pumpkin Muffin String Cheese	WG Cheetos 100% Juice

WG = Whole Grain

***Turkey or Chicken Based Product**

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

**COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK**



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 3/30/26	Tuesday 3/31/26	Wednesday 4/1/26	Thursday 4/2/26	Friday 4/3/26 LUNCH
Supper	WGR Chicken Patty on a WGR Bun Caesar Salad - Side Drsg & Croutons Cinnamon Applesauce	*Swedish Meatballs w/ Egg Noodles WGR Roll w/ Butter Sweet Green Peas Chilled Peaches	WGR Crispy Chicken Alfredo Pizza Broccoli Florets Diced Pears	Pork Riblet & WGR Onion Rings on a WGR Crown Roll Side BBQ Sauce Corn/Tomato/Cuke Salad Watermelon Chunks	WGR French Toast Sticks Scrambled Eggs Smiley Fries Orange Wedges
PM Snack	WG Cheddar Goldfish Fresh Fruit	Assorted WG Cereal 1% White Milk	Smart Food Popcorn Fresh Fruit	WGR Homemade Pumpkin Muffin String Cheese	Assorted WG Snack Packs 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)