



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 3/23/26	Tuesday 3/24/26	Wednesday 3/25/26	Thursday 3/26/26	Friday 3/27/26
Breakfast	WG Cereal 100% Juice	Cinnamon Oatmeal Fresh Fruit	WGR Homemade Pumpkin Muffins Applesauce	WG Cereal Fresh Fruit	Trix Yogurt Fruit Cup
Lunch	*Diced Hot Dogs WGR Mac & Cheese Corn & Red Bell Peppers Mandarin Oranges	*Grilled Ham & Cheese on WGR Bread Buttery Dill Carrots Diced Pears	Cheese Tortellini w/ Mini Meatballs in Sauce Green Beans Pineapple Tidbits WGR Garlic Breadstick	WGR Pizza Crunchers Seasoned Peas Cut Grapes	WGR Chicken & Waffles Broccoli Florets Mixed Fruit
PM Snack	Cheddar Simply Chex Mix Snack String Cheese	WG Cinnamon Bug Bites 1% White Milk	Rice Cakes Fresh Fruit	WGR Soft Pretzel Rods Hummus	WG Cheetos Puffs 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 3/23/26	Tuesday 3/24/26	Wednesday 3/25/26	Thursday 3/26/26	Friday 3/27/26
Supper	*Hot Dog on a WGR Bun Potato Salad Mandarin Oranges	*Grilled Ham & Cheese on WGR Bread Chicken Noodle Soup Buttery Dill Carrots Diced Pears Oyster Crackers	WGR Cheese Lasagna Roll Ups Green Beans Pineapple Tidbits WGR Garlic Breadstick	WGR Stuffed Crust Cheese Pizza Garden Salad w/ Italian Dressing Grapes	WGR Chicken & Waffles Broccoli Florets Mixed Fruit
PM Snack	WG/RF Doritos Fresh Fruit	WG Cinnamon Bug Bites 1% White Milk	Rice Cakes Fresh Fruit	WGR Soft Pretzel Fresh Fruit	WG Cheetos Puffs 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)