




**BOYS & GIRLS CLUB**  
OF GREATER WESTFIELD

# PRESCHOOL MENU

\*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 6/8/26	Tuesday 6/9/26	Wednesday 6/10/26	Thursday 6/11/26	Friday 6/12/26
<b>Breakfast</b>	WG Cereal Fruit Cup	WG Egg & Cheese Wrap or WGR *Sausage & Cheese on a Roll Applesauce	Strawberry (MA Fresh) Yogurt Parfait 100% Juice	WG Cereal Fresh Fruit	WGR Bagel w/ Cream Cheese Applesauce
<b>Lunch</b>	*Hot Dog Quesadilla Buttered Corn WGR Seasoned Rice Mandarin Oranges	Cheese Pizza on a WGR Bun Broccoli Florets Mixed Fruit	WGR Chicken Nuggets Mashed Potatoes Diced Pears <b>MA Fresh Taste Test:</b> Kosinski Farm Strawberries with Little Leaf Farms Lettuce (Salad contains honey roasted chickpeas, feta, and homemade balsamic vinaigrette)	WGR Rotini Pasta w/ *Meatballs in Sauce Sweet Peas Chilled Peaches	Cheddar Omelet Hash Brown Pineapple Tidbits WGR Biscuit w/ Jelly
<b>PM Snack</b>	Ritz Bits Fresh Fruit	WGR Mini Chortle Grahams 1% White Milk	WG Cheez Its Pepper Strips w/ Ranch	WG Sun Chips String Cheese	WG Pretzel Goldfish 100% Juice

WG = Whole Grain

\*Turkey or Chicken Based Product

WGR = Whole Grain Rich

\*Menu is subject to change \*Menus may contain allergens


COMMON SUBSTITUTIONS:  
LACTAID/LACTOSE FREE MILK



**BOYS & GIRLS CLUB**  
OF GREATER WESTFIELD

# AFTER SCHOOL MENU

\*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	<b>Monday</b> 6/8/26	<b>Tuesday</b> 6/9/26	<b>Wednesday</b> 6/10/26	<b>Thursday</b> 6/11/26	<b>Friday</b> 6/12/26
<b>Supper</b>	*Hot Dog on a WGR Bun Vegetarian Baked Beans Mandarin Oranges	Cheese Pizza on a WGR Bun Broccoli Florets Tropical Fruit	WGR Potato Crusted Fish Sticks w/ Tartar Sauce French Fries Cole Slaw Watermelon Chunks	WGR Rotini Pasta w/ *Meatballs in Sauce Sweet Peas Chilled Peaches	WGR Egg & Cheese "McGriddle" Hash Brown Pineapple Tidbits
<b>PM Snack</b>	Ritz Bits Fresh Fruit	WGR Mini Chortle Grahams 1% White Milk	WG Smart Food Popcorn Fresh Fruit	WG Sun Chips String Cheese	WG/RF Doritos 100% Juice

WG = Whole Grain

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WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:  
WGR PEANUT BUTTER & JELLY  
WGR GRILLED CHEESE  
STRING CHEESE (MEAT ALT)