




BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 6/29/26	Tuesday 6/30/26	Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
Breakfast	WGR Fruit Muffin Fruit Cup	WG Cereal Fresh Fruit	Trix Yogurt Fresh Fruit	WG Cereal 100% Juice	Club Closed
Lunch	WGR Cheese Pizza Seasoned Peas Pineapple Tidbits	*Diced Hot Dogs Smiley Fries Cole Slaw Diced Pears	WG Chicken Quesadilla Tomato & Corn Salad WGR Cilantro Lime Rice Chilled Peaches	WGR Chicken Nuggets Mashed Potatoes Buttered Corn Watermelon Chunks	Club Closed
PM Snack	WG Pretzel Goldfish 100% Juice	WG Scooby Snacks 1% White Milk	Savory Wheat Crackers String Cheese	WG Cheez Its Applesauce	Club Closed

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

2026 SUMMER FOOD PROGRAM MENU

*LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 6/29/26	Tuesday 6/30/26	Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
Breakfast 8:30am-9am	WG Apple Roll Fresh Fruit	WG Cereal Fresh Fruit	WGR Bagel w/ Cream Cheese Fresh Fruit	WG Cinni Mini 100% Juice	Club Closed
Lunch 12pm-1pm	WGR Cheese Pizza Seasoned Peas Pineapple Tidbits	*Hot Dog on a WGR Bun Smiley Fries Cole Slaw Diced Pears	WG Chicken Quesadilla w/ Salsa & Sour Cream Tomato & Corn Salad WGR Cilantro Lime Rice Chilled Peaches	WGR Chicken Nuggets Mashed Potatoes Buttered Corn Watermelon Chunks	Club Closed

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)