



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

***BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK**

	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26	Friday 7/31/26
Breakfast	WG Cereal Fruit Cup	WGR Pancake Bites Fresh Fruit	Trix Yogurt Fresh Fruit	WG Cereal 100% Juice	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Cheese Pizza Seasoned Peas Pineapple Tidbits	Cheeseburger on a WGR Bun Corn on the Cob Mixed Fruit	*Meatballs in Sauce Capri Blend Veggies Chilled Peaches WGR Garlic Bread	WGR Chicken Nuggets WGR Veggie Mac Salad Cinnamon Applesauce	WGR Egg & Cheese "McGriddle" Hash Brown Mandarin Oranges
PM Snack	Ritz Bits 100% Juice	WG Cinnamon Bug Bites 1% White Milk	Cheddar Rice Cakes String Cheese	WG Cheetos Puffs Fresh Fruit	Simply Chex Mix Chocolate Snack 100% Juice Sorbet

WG = Whole Grain

***Turkey or Chicken Based Product**

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

2026 SUMMER FOOD PROGRAM MENU

*LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26	Friday 7/31/26
Breakfast 8:30am-9am	WG Cereal Fresh Fruit	WG Banana or Blueberry Muffin Fresh Fruit	WG Celebration Bar Fresh Fruit	WGR Mini Confetti Pancakes 100% Juice	Assorted WG Breakfast Items Applesauce
Lunch 12pm-1pm	WGR Pepperoni Grilled Cheese w/ Marinara on side Carrot Sticks w/ Ranch Pineapple Tidbits	Cheeseburger on a WGR Bun Corn on the Cob Pickle Spear Mixed Fruit	*Meatballs in Sauce Capri Blend Veggies Chilled Peaches WGR Garlic Bread	*WGR Mini Corn Dogs w/ Honey Mustard Veggie Mac Salad Cinnamon Applesauce	WGR Egg & Cheese "McGriddle" Hash Brown Mandarin Oranges

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:
WGR PEANUT BUTTER & JELLY
WGR GRILLED CHEESE
STRING CHEESE (MEAT ALT)