



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

***BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK**

	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
Breakfast	WG Cereal Fruit Cup	WGR Fruit Muffin Fresh Fruit	Strawberry Greek Yogurt & Blueberry Parfait	WG Cereal 100% Juice	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Cheese Pizza "Hot Pocket" Seasoned Peas Pineapple Tidbits	*Diced Hot Dogs French Fries Cole Slaw Diced Pears	WG Chicken Quesadilla Mexican Street Corn Salad WGR Cilantro Lime Rice Chilled Peaches	WGR Chicken Nuggets Mashed Potatoes Green Beans Applesauce	WGR Popcorn Chicken & Waffles Broccoli Florets Watermelon Chunks
PM Snack	WG Pretzel Goldfish 100% Juice	WG Scooby Snacks 1% White Milk	Savory Wheat Crackers String Cheese	WG Cheez Its Fresh Fruit	Simply Chex Mix Strawberry Snack 100% Juice Sorbet

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

2026 SUMMER FOOD PROGRAM MENU

*LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
Breakfast 8:30am-9am	WG Cereal Fresh Fruit	WG Raspberry Swirl Roll Fresh Fruit	WGR Bagel w/ Cream Cheese Fresh Fruit	WG Cinni Mini 100% Juice	Assorted WG Breakfast Items Applesauce
Lunch 12pm-1pm	WGR Cheese Pizza "Hot Pocket" Seasoned Peas Pineapple Tidbits	*Hot Dog on a WGR Bun French Fries Cole Slaw Diced Pears	WG Chicken Quesadilla w/ Salsa & Sour Cream Mexican Street Corn Salad WGR Cilantro Lime Rice Chilled Peaches	WGR Chicken Nuggets Mashed Potatoes Green Beans Applesauce	WGR Popcorn Chicken & Waffles Broccoli Florets Watermelon Chunks

WG = Whole Grain

*Turkey or Chicken Based Product

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)