



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
Breakfast	WG Cereal Fruit Cup	WGR Fruit Muffin Fresh Fruit	Trix Yogurt Fresh Fruit	WG Cereal 100% Juice	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Grilled Cheese Dill Carrots Smiley Fries Pineapple Tidbits	WGR Chicken Patty on a WGR Bun Cucumber Salad Applesauce	WGR Beef Taco Nachos w/Salsa Seasoned Corn Diced Pears	Turkey & Cheese on a WGR Crown Roll Broccoli Florets Cut Grapes Pirate's Booty	WGR French Toast Sticks *Sausage Patty String Cheese Hash Brown Mandarin Oranges
PM Snack	WG Goldfish 100% Juice	WG Teddy Grahams 1% White Milk	WGR Soft Pretzel Rods Hummus	Simply Cheddar Chex Mix Snack Fresh Fruit	WGR Chortle Grahams 100% Juice Sorbet

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

2026 SUMMER FOOD PROGRAM MENU

*LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
Breakfast 8:30am-9am	WG Cereal Fresh Fruit	WGR Fruit Muffin Fresh Fruit	Trix Yogurt Fresh Fruit	WG Mini Donuts 100% Juice	Asst WG Breakfast Items Applesauce
Lunch 12pm-1pm	WGR Grilled Cheese Carrot Sticks w/ Ranch Fries Pineapple Tidbits	WGR Chicken Patty on a WGR Bun Cucumber Salad Applesauce	WGR Beef Taco Nachos Garden Salad w/ Salsa Shredded Cheese on Side Diced Pears	Turkey & Cheddar on a WGR Crown Roll Broccoli Florets Grapes Chips	WGR French Toast Sticks *Sausage Patty String Cheese Hash Brown Mandarin Oranges

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)