



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

|  | Monday 1/5/26 | Tuesday 1/6/26 | Wednesday 1/7/26 | Thursday 1/8/26 | Friday 1/9/26 |
|---|--|--|---|---|--|
| Breakfast | WG Cereal Fruit Cup | Cinnamon Oatmeal Fresh Fruit | Trix Yogurt Fresh Fruit | WG Cereal 100% Juice | WGR Rainbow Bagel w/ Cream Cheese Applesauce |
| Lunch | WGR Chicken Patty on a WGR Bun Glazed Carrots Diced Pears | WGR Grilled Ham & Cheese Green Beans Applesauce Pirate's Booty | WGR Cheese Pizza Broccoli Florets Pineapple Tidbits | WG Turkey Taco Wrap WGR Cilantro Lime Rice Seasoned Corn Cut Grapes Salsa | WGR Egg & Cheese "McGriddle" French Fries Orange Wedges |
| PM Snack | Ritz Bits 100% Juice | WG Cinnamon Bug Bites 1% White Milk | WGR Soft Pretzel Rods Bell Pepper Strips w/ Ranch | WG Cheetos Puffs Fresh Fruit | WG Goldfish String Cheese |

WG = Whole Grain

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

| | Monday 1/5/26 | Tuesday 1/6/26 | Wednesday 1/7/26 | Thursday 1/8/26 | Friday 1/9/26 |
|-----------------|---|--|---|---|--|
| Supper | WGR Chicken Patty on a WGR Bun Glazed Carrots Diced Pears | WGR Grilled Cheese Southwest Chicken Soup Mixed VeggiesP Applesauce | WGR Cheese Pizza Broccoli Florets Pineapple Tidbits | WG Turkey Taco Crunch Wrap WGR Cilantro Lime Rice Seasoned Corn Grapes Taco Sauce/Sour Cream | WGR Egg & Cheese "McGriddle" French Fries Orange Wedges |
| PM Snack | Ritz Bits 100% Juice | WG Cinnamon Bug Bites 1% White Milk | WGR Soft Pretzel w/ Honey Mustard Dip Fresh Fruit | WG Cheetos Puffs Fresh Fruit | WG Funyuns String Cheese |

WG = Whole Grain

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:

PEANUT BUTTER & JELLY

STRING CHEESE (MEAT ALT)