



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 2/2/26	Tuesday 2/3/26	Wednesday 2/4/26	Thursday 2/5/26	Friday 2/6/26
Breakfast	WG Cereal 100% Juice	Cinnamon Oatmeal Fruit Cup	Vanilla Bean Greek Yogurt & Fresh Banana Parfait	WG Cereal Fresh Fruit	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	Cheeseburger on a WGR Bun Corn on the Cob Diced Pears	BBQ Chicken Meatballs WG Wild Rice Dill Carrots Mixed Fruit WGR Roll w/ Butter	WGR Grilled Turkey Ham & Cheese Broccoli Florets Watermelon Chunks Chips	WGR Chicken Nuggets WGR Penne Alfredo Green Beans Chilled Peaches	WGR Pancakes Turkey Sausage Patty String Cheese Smiley Fries
PM Snack	WGR Blueberry Muffin Applesauce	Simply Chex Mix Snack String Cheese	Ritz Bits Fruit Cup	WG Giant Goldfish 1% White Milk	Rice Cakes 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 2/2/26	Tuesday 2/3/26	Wednesday 2/4/26	Thursday 2/5/26	Friday 2/6/26
Supper	Cheeseburger on a WGR Bun Corn on the Cob Diced Pears	BBQ Chicken Meatballs WG Wild Rice Dill Carrots Mixed Fruit WGR Roll w/ Butter	WGR Grilled Turkey Ham & Cheese Tomato Soup Broccoli Florets Watermelon Chunks Oyster Crackers	WGR Chicken Tenders WGR Penne Alfredo Green Beans Chilled Peaches	WG Turkey Sausage, Egg and Cheese Empanada w/ side of taco sauce Potato Wedges String Cheese Oranges
PM Snack	Smartfood Popcorn Fresh Fruit	Traditional Chex Mix String Cheese	Ritz Bits Fresh Fruit	WG Giant Goldfish 1% White Milk	WG Doritos 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:

PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)