




**BOYS & GIRLS CLUB**  
OF GREATER WESTFIELD

# PRESCHOOL MENU

\*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 12/8/25	Tuesday 12/9/25	Wednesday 12/10/25	Thursday 12/11/25	Friday 12/12/25
Breakfast	WG Cereal Fruit Cup	WGR Apple Cinnamon Pancake Bites Fresh Fruit	WG Cereal Applesauce	WGR Homemade Fruit Muffin 100% Juice	Trix Yogurt Fresh Fruit
Lunch	WGR Cheese Pizza Seasoned Peas Pineapple Tidbits	WGR Grilled Ham & Cheese Buttered Corn Mixed Fruit Pirate's Booty	WGR Chicken Nuggets Mashed Potatoes Chilled Peaches <b>MA Fresh Taste Test:</b> Maple Herb Roasted Carrots & Cranberries / Frosted Carrot Cranberry Cake	Pernil - Pulled Pork WGR Spanish Rice Wax Beans Cut Grapes WGR Corn Muffin	WGR Chicken & Waffles Broccoli Florets Orange Wedges
PM Snack	Simply Chex Mix Snack 100% Juice	WG Scooby Snacks 1% White Milk	WG Funyuns Fresh Fruit	WG Pretzel Goldfish Hummus	Rice Cakes String Cheese

WG = Whole Grain

WGR = Whole Grain Rich

\*Menu is subject to change \*Menus may contain allergens

COMMON SUBSTITUTIONS:  
LACTAID/LACTOSE FREE MILK



**BOYS & GIRLS CLUB**  
OF GREATER WESTFIELD

# AFTER SCHOOL MENU

\*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 12/8/25	Tuesday 12/9/25	Wednesday 12/10/25	Thursday 12/11/25	Friday 12/12/25
Supper	WGR Cheese Pizza Garden Salad w/ Italian Dressing Pineapple Tidbits	WGR Grilled Ham & Cheese Chicken Noodle Soup Dill Carrots Mixed Fruit	WGR Chicken Nuggets Mashed Potatoes Buttered Corn Chilled Peaches	Pernil - Pulled Pork WGR Spanish Rice Wax Beans Grapes WGR Corn Muffin	WGR Chicken & Waffles Broccoli Florets Orange Wedges
PM Snack	Smart Food Popcorn 100% Juice	WG Scooby Snacks Fresh Fruit	WG Funyuns Fresh Fruit	WGR Homemade Cran Orange Muffin 1% White Milk	Rice Cakes String Cheese

WG = Whole Grain

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:

PEANUT BUTTER & JELLY  
STRING CHEESE (MEAT ALT)