




BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 12/15/25	Tuesday 12/16/25	Wednesday 12/17/25	Thursday 12/18/25	Friday 12/19/25
Breakfast	WGR Waffle & Chicken Sausage Sandwich 100% Juice	WG Cereal Banana	Trix Yogurt Clementine	WG Cereal Fruit Cup	WGR Blueberry Muffin Applesauce
Lunch	Diced Hot Dogs WGR Parmesan Mac Seasoned Peas Diced Pears	WGR Cheese Pizza Broccoli Florets Chilled Peaches	WGR Chicken Nuggets Smiley Fries Buttered Corn Cinnamon Applesauce	Cheeseburger on a WGR Bun Green Beans Pineapple Tidbits	WGR Pancakes Turkey Sausage String Cheese Tri Tater Hash Brown Mandarin Oranges
PM Snack	WG Cheez Its Applesauce	WG Cinnamon Bug Bites 1% White Milk	Ritz Bits String Cheese	WG Goldfish Pear	Simply Chex Snack Mix 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
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AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 12/15/25	Tuesday 12/16/25	Wednesday 12/17/25	Thursday 12/18/25	Friday 12/19/25
Supper	Turkey Hot Dog on a WGR Bun Veg Baked Beans Diced Pears	WGR Stuffed Crust Cheese Pizza Broccoli Florets Chilled Peaches	WGR Mini Corn Dogs w/ Honey Mustard Buttered Corn Cinnamon Applesauce Fritos	Cheeseburger on a WGR Bun Green Beans Pineapple Tidbits	WGR Pancakes Turkey Sausage String Cheese Tri Tater Hash Brown Mandarin Oranges
PM Snack	WG Cheez Its Banana	Asst WG Cereal 1% White Milk	WG Baked Cheetos Apple	WG Goldfish Pear	WG Doritos 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)