



PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 8/31/26	Tuesday 9/1/26	Wednesday 9/2/26	Thursday 9/3/26	Friday 9/4/26
 Breakfast	WG Cereal 100% Juice	WGR Egg & Cheese "McGriddle" Fresh Fruit	Cherry Vanilla Yogurt Fruit Cup	WG Cereal Fresh Fruit	WGR Fruit Muffin Applesauce
Lunch	WGR Chicken Nuggets Mashed Potatoes Gravy on side Broccoli Florets Mixed Fruit	Cheeseburger on a WGR Bun French Fries Sweet Peas Watermelon Chunks	WGR Cheese Pizza Boli Italian Seasoned Green Beans Pineapple Tidbits	WG Chicken Quesadilla w/ Salsa WGR Spanish Brown Rice Mexicorn Diced Peaches	WGR French Toast Sticks *Sausage Patty String Cheese Tater Squares Orange Wedges
PM Snack	Simply Chex Mix Snack Applesauce	WG Cinnamon Bug Bites Whole Milk	WG Cheez Its Fresh Fruit	Savory Wheat Crackers String Cheese	Ritz Bits 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 8/31/26	Tuesday 9/1/26	Wednesday 9/2/26	Thursday 9/3/26	Friday 9/4/26
Supper	WGR Popcorn Chicken Mashed Potatoes Gravy on side Broccoli Florets Mixed Fruit	*Hot Dog on a WGR Bun French Fries Vegetarian Baked Beans Watermelon Chunks	WGR Cheese Pizza Boli Italian Seasoned Green Beans Pineapple Tidbits	WG Chicken Quesadilla w/ Salsa & Sour Cream WGR Spanish Brown Rice Mexicorn Diced Peaches	WGR French Toast Sticks *Sausage Patty String Cheese Tater Squares Orange Wedges
PM Snack	Rice Cakes Fresh Fruit	WG Cinnamon Bug Bites 1% White Milk	WG Cheez Its Fresh Fruit	Savory Wheat Crackers String Cheese	Ritz Bits 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)