



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

***BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK**

	Monday 8/3/26	Tuesday 8/4/26	Wednesday 8/5/26	Thursday 8/6/26	Friday 8/7/26
Breakfast	WG Cereal Fruit Cup	WGR Apple Muffin Fresh Fruit	Vanilla Greek Yogurt & Blueberry Parfait	WG Cereal 100% Juice	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Grilled Cheese Dill Carrots Tater Squares Pineapple Tidbits	WGR Chicken Patty on a WGR Bun Cucumber Salad Applesauce	WG Beef Taco Nachos w/ Salsa & Cheese Seasoned Corn Diced Pears	*Grilled Ham & Cheese on WGR Garlic Bread Broccoli Florets Chilled Peaches Pirate's Booty	WGR French Toast Sticks *Sausage Patty String Cheese Hash Brown Mandarin Oranges
PM Snack	WG Goldfish 100% Juice	WG Teddy Grahams 1% White Milk	WGR Soft Pretzel Rods Hummus	Simply Cheddar Chex Mix Snack Fresh Fruit	WGR Chortle Grahams 100% Juice Sorbet

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

2026 SUMMER FOOD PROGRAM MENU

*LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 8/3/26	Tuesday 8/4/26	Wednesday 8/5/26	Thursday 8/6/26	Friday 8/7/26
Breakfast 8:30am-9am	WG Cereal Fresh Fruit	WGR Apple Muffin Fresh Fruit	Vanilla Greek Yogurt & Blueberry Parfait	WG Mini Donuts 100% Juice	Asst WG Breakfast Items Applesauce
Lunch 12pm-1pm	WGR Grilled Cheese Carrot Sticks w/ Ranch Tater Squares Pineapple Tidbits	WGR Chicken Patty on a WGR Bun Cucumber Salad Applesauce	WG Beef Nachos Garden Salad w/ Salsa Shredded Cheese on Side Seasoned Corn Diced Pears	*Italian Cold Cut Melt on WGR Garlic Texas Toast Broccoli Florets Grapes Chips	WGR French Toast Sticks *Sausage Patty String Cheese Hash Brown Mandarin Oranges

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)