



PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 8/10/26	Tuesday 8/11/26	Wednesday 8/12/26	Thursday 8/13/26	Friday 8/14/26
Breakfast	WG Cereal Fruit Cup	WGR Blueberry Muffin Fresh Fruit	Trix Yogurt Fresh Fruit	WGR Egg & Cheese Croissant 100% Juice	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Cheese Pizza Italian Green Beans Pineapple Tidbits	Turkey & Cheese Melt on WGR Bread French Fries Cole Slaw Diced Pears	WG Chicken Quesadilla Mexican Street Corn WGR Seasoned Rice Chilled Peaches	WGR Chicken Nuggets Mashed Potatoes Buttery Dill Carrots Fruit Cocktail	WGR Chicken & Waffles Broccoli Florets Watermelon Chunks
PM Snack	WG Pretzel Goldfish 100% Juice	WG Scooby Snacks 1% White Milk	Savory Wheat Crackers String Cheese	WG Cheez Its Fresh Fruit	Simply Chex Mix Strawberry Snack 100% Juice Sorbet

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

2026 SUMMER FOOD PROGRAM MENU

*LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 8/10/26	Tuesday 8/11/26	Wednesday 8/12/26	Thursday 8/13/26	Friday 8/14/26
Breakfast 8:30am-9am	WG Cereal Fresh Fruit	WGR Glazed Donut Fresh Fruit	Trix Yogurt Fresh Fruit	WGR Honey Wheat Bagel 100% Juice	Assorted WG Breakfast Items Applesauce
Lunch 12pm-1pm	WGR Cheese Pizza "Hot Pocket" Italian Green Beans Pineapple Tidbits	*Hot Dog on a WGR Bun French Fries Cole Slaw Diced Pears	WGR Beef Burrito w/ Taco Sauce & Sour Cream Mexican Street Corn WGR Seasoned Rice Chilled Peaches	WGR Chicken Nuggets Mashed Potatoes Buttery Dill Carrots Fruit Cocktail	WGR Chicken & Waffles Broccoli Florets Watermelon Chunks

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)