




BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

|  | Monday 4/27/26 | Tuesday 4/28/26 | Wednesday 4/29/26 | Thursday 4/30/26 | Friday 5/1/26 |
|---|--|--|--|---|--|
| Breakfast | WG Cereal Fruit Cup | Cinnamon Oatmeal Fresh Fruit | Trix Yogurt Fresh Fruit | WG Cereal 100% Juice | WGR Rainbow Bagel w/ Cream Cheese Applesauce |
| Lunch | WGR Chicken Drumsticks Seasoned Peas Smiley Fries Diced Peaches | *WG Hot Dog Quesadilla Dill Carrots Watermelon Chunks | *WGR Grilled Ham & Cheese Cucumber Slices Pineapple Tidbits | *Cheesy Cowboy Pasta: Pasta Shells, Ground Turkey, Corn, Peppers, Tomatoes Mixed Veggies Cut Grapes WGR Roll w/ Butter | WGR Waffles Scrambled Eggs Tater Tots Mixed Fruit |
| PM Snack | Ritz Bits 100% Juice | WGR Fruit Muffin Applesauce | WG Giant Goldfish 1% White Milk | Simply Chex Mix Snack Fresh Fruit | Rice Cakes String Cheese |

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens


COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

|  | Monday 4/27/26 | Tuesday 4/28/26 | Wednesday 4/29/26 | Thursday 4/30/26 | Friday 5/1/26 |
|---|---|---|--|--|---|
| Supper | WGR Chicken Tenders Seasoned Peas French Fries Diced Peaches | *Hot Dog on a WGR Bun Vegetarian Baked Beans Watermelon Chunks | *Italian Cold Cut Melt on WGR Garlic Texas Toast Salad w/ Dressing Pineapple Tidbits | *Cheesy Cowboy Pasta: Pasta Shells, Ground Turkey, Corn, *Bacon, Peppers, Tomatoes Mixed Veggies Grapes WGR Roll w/ Butter | WGR Waffles Scrambled Eggs Tater Tots Tropical Fruit |
| PM Snack | Ritz Bits 100% Juice | Smart Food Popcorn Fresh Fruit | Assorted WG Cereal 1% White Milk | Traditional Chex Mix Fresh Fruit | Assorted WG Snack Packs String Cheese |

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WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)