




BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 4/13/26	Tuesday 4/14/26	Wednesday 4/15/26	Thursday 4/16/26	Friday 4/17/26
Breakfast	WG Cereal Applesauce	WGR Apple or Blueberry Muffin Banana	WG Cereal Clementines	Trix Yogurt 100% Juice	WG Cereal Fruit Cup
Lunch	WGR French Bread Cheese Pizza Broccoli Florets Pineapple Tidbits	Turkey & Cheese on WGR Bread Cucumber Slices Diced Pears Pirate's Booty	WGR Chicken Nuggets French Fries Carrots Mixed Fruit	*BBQ Meatballs WG Wild Rice 4-Way Mixed Veggies Cut Grapes WGR Roll w/ Butter	WGR Egg & Cheese "McGriddle" Hash Brown Mandarin Oranges
PM Snack	WG Goldfish 100% Juice	WG Tiger Grahams 1% White Milk	Ritz Bits Applesauce	Choc Caramel Simply Chex Mix Snack String Cheese	Rice Cakes Apple Slices

WG = Whole Grain

***Turkey or Chicken Based Product**

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens


COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 4/13/26	Tuesday 4/14/26	Wednesday 4/15/26	Thursday 4/16/26	Friday 4/17/26
Supper	WGR French Bread Cheese Pizza Broccoli Florets Pineapple Tidbits	Turkey, *Bacon & Cheese on a WGR Crown Roll Baby Carrots Diced Pears	*WGR Mini Corn Dogs w/ Honey Mustard Baked Beans Tropical Fruit Fritos	*BBQ Meatballs WG Wild Rice 4-Way Mixed Veggies Grapes WGR Roll w/ Butter	WGR Egg & Cheese "McGriddle" Hash Brown Mandarin Oranges
PM Snack	WG Cheddar Goldfish 100% Juice	WG Cinnamon Bug Bites 1% White Milk	Ritz Bits Assorted Fresh Fruit	WG Pretzels String Cheese	Smart Food Popcorn Assorted Fresh Fruit

WG = Whole Grain

***Turkey or Chicken Based Product**

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)