

Spirit of Hope United Church

THE SPARK



SEPTEMBER 7, 2025

WELCOME TO ALL!

Our Sunday morning worship services are conducted in person, following the protocols listed on page 3. We broadcast our services on our YouTube Channel, live-streamed beginning at 10:30 a.m. and recorded and posted for later viewing.

The recordings of the services can be found on our YouTube page: https://youtube.com/@spiritofhopeunitedchurch791

Our office hours: Tuesday to Friday from 10:00 a.m. to 2:00 p.m.

Spirit of Hope is an Affirming Ministry within The United Church of Canada striving to be fully inclusive of people of all sexual orientations and gender identities.

GOD BLESS YOU. WE ARE NOT ALONE!



HEY SPIRIT OF HOPE KIDS, YOUTH & YOUNG ADULTS!

Got something cool to say or show?

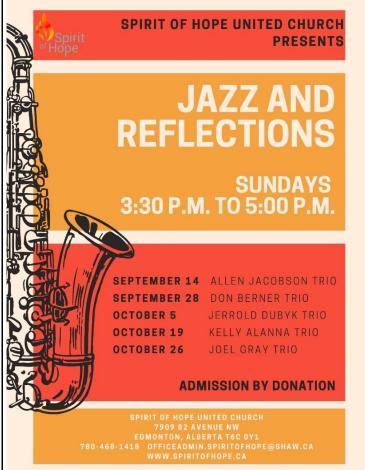
A poem? A photo? A short story? A doodle? A deep thought or funny moment?

We want to share your awesome creations with the whole congregation!

★ We're saving a special spot just for YOU on the front page of The Spark! ★

So go ahead—get creative and send your masterpiece to **officeadmin.spiritofhope@shaw.ca**, drop it off at the **church office**, or pop it into the **OFFICE mail slot**.

We can't wait to see what you've got!



BREAKFAST FELLOWSHIP

Breakfast Fellowship is held at a restaurant on the third Saturday of every second month.

The next one will be on **Saturday, September 20, 2025, at 9:30 a.m**. at Albert's Restaurant at 5107 - 99 Street.

If you are interested in joining us, RSVP by email to bev8582@telus.net or by calling Bev Moore at 780-439-8582.



STAY UP TO DATE AND SHARE THE NEWS!

Find us at www.spiritofhope.ca or like us on Facebook – share our posts with your family and friends.

If you have an announcement to place in The Spark, please call Catherine in the office at **780-468-1418** or email to officeadmin.spiritofhope@shaw.ca



YOU'RE INVITED TO PARTICIPATE IN THIS FUN EVENT

On **Sunday, September 21**, Spirit of Hope is hosting its annual Community BBQ and Showcase - from 11:45 a.m. until 1:00 p.m. (see poster above). Members of our church and our neighbouring community are invited to learn about the services and support provided by a number of community-based agencies and organizations to people who live in Southeast Edmonton — including our own church.

There are several ways you can get involved! We are putting together of list of tasks and a roster of helpers for this important event, with lots of different options. Please talk with Susan Bramm to find out what will be needed. She will be at church today or you can contact the office to send a message to her. We look forward to rolling out the welcome carpet at Spirit of Hope with warmth and smiles.

BLT! BREAKFAST IS BACK

Mark your calendars for **Saturday, September 27, 2025**.

Our first speaker of the year will be Kelly Erickson at 8:45 a.m. that morning in the Lower Hall.

Kelly is a Master of Counselling practicum student with Square Peg Psychology.

The title of Kelly's talk is "Being a Good Ally to our LGBTQIA2S+ Friends and Family".

This breakfast is co-sponsored by the Affirm Team.

Tickets will be on sale at coffee time on Sundays.

See you then!

ONLINE BIBLE STUDY AMOS – A PROPHET OF RESISTANCE

Gather to discuss the Book of Amos over four Wednesday evenings: October 8, 15, 22, 29 beginning at 6:30 p.m.



https://us06web.zoom.us/j/86048937851?pwd=dppoi t3Y0xobhLke1FM4pxpMJzcLbp.1

Meeting ID: 860 4893 7851

Passcode: 976154

SHORT REMINDERS OF OUR HISTORY

"Though women were certainly limited in what they could do in the early churches, they could fundraise!

Money for church buildings, furnishings, manses and more was primarily in most cases raised by the women.

As noted by Muriel Dyer, "The miles of stitches, the hundreds of pies, the carloads of buns, salads, pickles, relishes, the tons of potatoes, vegetables and chicken which were sold or cooked for suppers and sales tell little of the vibrant story of the "Ladies Aids'" or the "Woman's Associations'" real life ... Their concern was first and foremost for the better things in life in general and the works of the church they loved in particular."

Short story by historian Gayle Simonson of Edmonton.

THANKFUL FOR FOOD!

Over the summer, about 90 families per week benefited from the Garneau Strathcona Food Security program because of your generous donations of eggs, tuna and a great variety of other items; surplus items from the Food Bank; and bread from Safeway, Sobeys, and once a month, from Cobs.

The Garneau Strathcona Food Security program would like to offer the guests of the program a little something extra in their bags on October 11, just in time for Thanksgiving.

We are seeking your help to collect boxes of stove top stuffing, mashed potatoes, cans of cranberry sauce, and packets of gravy mix.

So from now until October 5, if you (and perhaps your family and friends) are able to contribute any of these Thanksgiving items, please bring them to the church and put them in the Food Donation box in the Foyer.

The items will be gathered together for distribution on **October 11, 2025.**

Thank you for your ongoing support of the Food Security program.

HOW CAN YOU HELP?

Check out the great volunteer opportunities during coffeetime today.

Your assistance helps your Spirit of Hope family in working towards its vision. If you, or anyone you know needs volunteer hours for school or your resume we

can provide documentation.

"COME BEFORE GOD WITH JOYFUL SONGS"

With September here, it's time for the choir to come together again, lifting our voices in worship and sharing the joy of music throughout the year.

We warmly welcome new members to join us in singing hymns and anthems each Sunday, as well as in special music-filled services during seasons like Christmas and Easter.

Rehearsals begin Thursday, September 4, from 7:15 p.m. to 9:30 p.m. in the Sanctuary and will continue weekly until the end of May 2026.

We're also excited to share that a special concert is planned for November 1!

We understand that choir is a meaningful commitment, so whether you'd like to sing regularly, seasonally, or only for special services, there's a place for you.

If you're interested, please contact the church office at 780-468-1418 or email

officeadmin.spiritofhope@shaw.ca



COMMUNITY OF FAITH AND UPCOMING EVENTS

The Northern Spirit Regional Council is dedicated to fostering community and faith through various events and activities. To learn more about the upcoming events open to the public, please visit the Community of Faith Events Calendar.

Stay connected and get involved by exploring the diverse offerings across the region. You can find the calendar here:

https://northernspiritrc.ca/community-of-faith-events-calendar/

We hope to see you at one of these events soon!

HYMN SELECTIONS

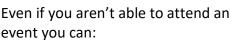
The last Sunday of every month is Celebration Sunday at Spirit of Hope. What would you like to sing during the hymn sing that day, or during an upcoming worship service?



Please put your suggestions in the Favourite Hymn box on the Welcome Desk.

PROMOTING EVENTS

There are many simple ways that you can support Spirit of Hope by promoting the many community events and fundraisers.





- Share upcoming events with friends and family.
- Take posters or handbills to neighbourhood businesses. Many stores and coffee shops have bulletin boards.
- Follow the Spirit of Hope Facebook page. 'Like' and share upcoming events on your page.
- Request electronic versions of posters from Catherine to share by email.

Posters and handbills for most events are available on the Welcome Desk.

BEING KIND AND CARING FOR OURSELVES AND OTHERS!

Since Covid-19, Respiratory Syncytial Virus (RSV), Influenza and other infectious conditions will always be with us, those who are feeling ill, have recently been exposed to an infection or have significant health issues are encouraged to attend online services and meetings. When food is served in the church, groups are encouraged to use servers or set out food in individual portions.

Masks are available at the Welcome Desk and hand sanitizer is in the Lobby and the Lower Hall. Portable HEPA filters are in the Sanctuary, Church School Room and Youth Room. They can be moved to other spaces as needed.

The current practice on Sunday is:

• Bread and juice for communion will be served in individual portions.

The Leadership Team will continue to review church practices in response to changing circumstances.

Save These Dates! 20 Mon. September 8 - Youth Empowered Together Monday Hangouts - 4:00 p.m. Sun. September 14 - Jazz and Reflections - 3:30 p.m. Mon. September 15 - Youth Empowered Together Monday Hangouts - 4:00 p.m. OCTOB Sat. September 20 - Breakfast Fellowship - 9:30 a.m. Sun. September 21 - Community BBQ and Showcase - 11:45 a.m. Mon. September 22- Youth Empowered Together Monday Hangouts - 4:00 p.m. Sat. September 27 - BLT! Breakfast - 8:45 a.m. Sun. September 28 - Movie Afternoon - Conclave - 12:30 p.m. Sun. September 28 - Jazz and Reflections - 3:30 p.m. 2 (I) Mon. September 29 - Youth Empowered Together Monday Hangouts - 4:00 p.m. 8 Tue. September 30 - National Day for Truth and Reconciliation EN Sun. October 5 - Jazz and Reflections - 3:30 p.m. Mon. October 6 - Youth Empowered Together Monday Hangouts - 4:00 p.m. 山 S Sun. October 12 - Thanksgiving Sunday

THIS WEEK AT A GLANCE: SEPTEMBER 7TH TO SEPTEMBER 14TH, 2025

Sun. September 7	10:30 a.m.	Worship Service (Sanctuary and YouTube) https://youtube.com/@spiritofhopeunitedchurch791
Mon. September 8	4:00 p.m. 6:00 p.m. 6:30 p.m.	Youth Empowered Together Monday Hangout (Lower Hall and Kitchen) pflag (Lower Hall) ESSC (Dodgeball) (Gym)
Tue. September 9	9:30 a.m. 6:00 p.m.	Stretch and Flex (Lower Hall) The Edmonton Needlecraft Guild (Lower Hall)
Wed. September 10	1:30 p.m.	Creative Connections (Lobby)
Thu. September 11	6:00 p.m. 7:15 p.m.	pflag (Lower Hall) Choir (Sanctuary)
Fri. September 12	7:00 a.m. 6:00 p.m.	Garneau Strathcona Food Security Program Set Up (Lobby, Gym and Kitchen) 321 Fun! (Lower Hall)
Sat. September 13	8:00 a.m.	Garneau Strathcona Food Security Program (Lobby, Gym, and Kitchen)
Sun. September 14	10:30 a.m. 3:30 p.m.	Worship Service (Sanctuary and YouTube) https://youtube.com/@spiritofhopeunitedchurch791 Jazz and Reflections – Allen Jacobson Trio (Sanctuary)

NOTES

- Anne's Kinder Kastle Daycare has use of the kitchen as needed during the day on Mondays to Fridays (for breakfast and lunch preparation and cleanup). They also have access to the gym for a one-hour period on some days. The gym is not available for active or noisy games from 11:30 a.m. to 3:00 p.m. Please contact our administrator, Catherine, so arrangements for use of these spaces can be coordinated with the Daycare.
- With others interested in renting space in our newly renovated building, it is important to ensure that the room or space needed for Spirit of Hope group activities and special events has been booked through our office. These are posted on our Google calendar posted on our website and in THIS WEEK AT A GLANCE. Please contact our office administrator Catherine to find out what space is available and to book the space you need.
- There is a simple form on our "Contact Us" page at: https://www.spiritofhope.ca/contact you are welcome to use.

SPIRIT OF HOPE UNITED CHURCH

7909-82 Avenue NW, Edmonton, Alberta, T6C 0Y1
Telephone: 780-468-1418
Email: officeadmin.spiritofhope@shaw.ca
Rev. Blaine Gregg: minister.spiritofhope@shaw.ca
Catherine Evoy, Office Administrator
Leo, Custodian

Sunday Service: 10:30 a.m.

Our office hours are Tuesday to Friday from 10:00 a.m. to 2:00 p.m.

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WIFI ACCESS WHILE AT CHURCH Network: Spirit of Hope Guest Password: SOHGuest