



Ohio Swimming, Inc.

2025 Virtual Distance Challenge

Meet Information

**Held under the Sanction of USA Swimming, Inc.
Sanction #: OH-26SC-63**

**December 14, 2025
Gahanna, Ohio**

Hosted By: Westerville Aquatic Club

2025 Ohio Virtual Distance Challenge

Event Information

Important Facts About the Meet

- Entry Deadline:
 - December 1, 2025, at 3:00 pm EST.
 - All paperwork and entry fees must be brought to the meet
- Time Standards - There are no minimum Time Standards for this meet.
- Entry times shall be in short course yards (Y) achieved since January 1, 2024. No Converted Times will be accepted. **No "NT's" will be accepted.** Please estimate times.
- There are no entry limits.
- All events will be swum fastest to slowest, combining genders.
- The nature of this meet is a virtual challenge that will be contested in each of the six (6) commissions on various dates. Each of the meets from the six (6) commissions will then be combined into a single meet and scored. Should an athlete choose to participate in more than one commission, their fastest time will be used when combining and scoring.
- If the Virtual Distance meet is being conducted on the same day as another meet, per USA Swimming Rules 102.2, the swimmer may compete in not more than six (6) individual events per day inclusive of all meets.
- Athletes from outside the Ohio LSC are invited to attend; however, they will not be eligible for OSI Virtual Distance Awards. They are eligible for any local awards the meet host chooses to distribute.
- Each participating athlete will be required to provide at least one (1) timer and a counter (if desired). Parents will be allowed on deck to time and/or count for their athlete(s).

Disclaimers

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Order of Events

Event #	Event Description	Event #
101	Combined 1650 Freestyle	
	Combined 500 Freestyle	102

Facility and Meet Personnel Information

Location:	Columbus Academy Pool 4300 Cherry Bottom Rd Gahanna, Ohio 43230
Facility:	The facility has a 6 lane, 25-yard pool with a fully automated Colorado touch pad timing system and readout. Water depth measured at the starting end is ten feet and 3.5 feet at the turn end. The host will ensure the required course dimensions.
Meet Director:	Jim Peterfish youthletics@columbus.rr.com 740-816-1368
Meet Referee:	Meghan Blackford blackfordme@gmail.com
Entry Chair:	Kristina Price kristina0972@hotmail.com 614-296-9679

Facility and Meet Personnel Information	
Meet Type:	Virtual Distance Meet, Timed Finals
# of Sessions:	2 – or as needed to create manageable timelines
Medical Supervision Available to Athletes	Certified lifeguards on staff at all times along with facility student managers and supervisors.

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Safe Sport 360	<ul style="list-style-type: none"> The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. (www.usaswimming.org/maapp) Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Ohio State Laws that are applicable to	<ul style="list-style-type: none"> Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the

Organization Regulations/Waivers

Ohio Swimming sanctioned events	<p>National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion.</p> <ul style="list-style-type: none"> There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to the USA Swimming rulebook for definitions of a technical suit.
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Deck Access	<ul style="list-style-type: none"> The Meet Director and Meet Referee at each site reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety of the efficient operation of the meet. USA Swimming Rules of Conduct will be strictly enforced. Proof of Non-Athlete Registration does NOT grant access to the pool deck at any time. Only Volunteers, Coaches and Officials signed up to work/attend the event will be permitted on deck.
Code of Conduct	<ul style="list-style-type: none"> Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of meet operations is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

Entering the Meet

Eligibility:	<ul style="list-style-type: none"> All contestants must be verified USA Swimming members. Membership will not be verified at the meet. Membership verification deadline is 5 PM EST one (1) business day prior to the first day of the meet. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.
Entry Procedure for Swimmers with a Disability	<ul style="list-style-type: none"> Entry Procedures: <ol style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically via email to the entry chair. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. Please inform the Meet Referee of any swimmers needing additional accommodations prior to the start of the meet. Para-Grouping Descriptions are listed in the OSI Policies and Procedures document posted on the Ohio Swimming website under Governance>OSI Policies & Procedures.

Entering the Meet	
Entry Fees:	<ul style="list-style-type: none"> • \$10 per individual event. • \$4 OH LSC surcharge per swimmer. • \$10.00 Facility Fee
Entry Procedures:	<ul style="list-style-type: none"> • Deadline for receipt of entries is December 1, 2025 • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). • Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$50/swimmer surcharge. These fees are due at the time of the entry submission. • Send entries via email to: kristina0972@hotmail.com • Please include the names of any Outreach swimmers in the email. • Checks should be made payable to: Westerville Aquatic Club • "No Time" (NT) entries will NOT be accepted. • If a swimmer wants an official intermediate split from an individual longer distance event, they must notify the meet referee <u>before</u> the event <u>and</u> complete an Ohio Time Certification form.
Deck Entries	<ul style="list-style-type: none"> • Deck Entries will not be accepted.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored jointly by the Meet Director and Meet Referee (or their special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals. • Warm-up procedures may, at the discretion of the host team, be modified based on the number of swimmers in the meet and other safety and logistical concerns.
Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a timed finals meet. • This meet will be contested in SCY. • No Clerk of Course will be available for younger swimmers. • Events will be contested as combined gender events. • Heats will be swum fastest to slowest. • Warmup-Start times will be published after the entry deadline. • 6 lanes will be used for competition.
Awards:	<ul style="list-style-type: none"> • After all virtual meets have been contested, the results will be compiled and posted on the OSI website. • Medals will be awarded for the top three (3) finishers in each age group (8 & under, 9-10, 11-12, 13-14, and 15 & over) • Only athletes registered in the Ohio Swimming LSC will receive OSI awards. • Awards will be given at the next OSI Banquet.
Scoring	This meet will NOT be scored
General:	<ul style="list-style-type: none"> • Heat sheets will be available to coaches and officials at the meet. All participating teams will receive electronic copies that may be distributed to parents.

Summary of Fees/Release Form Virtual Distance Challenge

Team/Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$10.00 per event	
OSI Swimmer Surcharge (exclude Outreach)		\$4.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		\$10.00 per swimmer	
Total Fees Due			

Please list any Outreach Swimmers Below:

Total # outreach IEs: (# swimmers x # entries x \$10)		Total # of Outreach swimmers x \$14 surcharge:	
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(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Bowling Green Swim Club, BGSU, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

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Name of Club	Date
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Send this form with check to:
 Westerville Aquatic Club
 P.O. Box 907 Westerville, Ohio 43086