



CHSC UPCOMING EVENTS

Call or stop in the Center to register.

- **Balance Class with Chris the Trainer - Pg. 4**
- Cash Bingo Fundraiser - Pg. 7
- **Diabetes Management and Nutrition - Pg. 4**
- Estate Planning Seminar – Pg. 5
- **Finance 101 Workshops – Pgs. 5 and 7**
- Flu and Pneumonia Shots – Pg. 6
- **Holiday Craft Fair – Pg. 8**
- International/Cultural Luncheon - Pg. 5
- **Matter of Balance Workshop (8-Week) - Pg. 4**
- Square Dancing - Pg. 6
- **Stroke Prevention & Awareness – Pg. 4**

11 Christian Street
Rehoboth Beach, DE 19971
(302) 227-2055 phone
(302) 226-0961 fax
capehenlopenseniorcenter.org

Center Hours:
Monday thru Friday
8:00 am until 4:00 pm

The mission of the Cape Henlopen Senior Center, Inc., is to support adults 50 and over to lead their best lives.

Monday, September 1 – Center Closed



Attention! Rehoboth Parking meters end September 15.

Please continue to park in Martin Lawns Parking Lot when participating in Center activities.
You can park on Christian Street if you leave before 10:00 am

CHSC Weekly Activity Schedule

Activities and Programs are subject to change. If in doubt, call the Center - 302-227-2055

Activities	Day	Time	Instructor/Leader	Notes
◆ Art, Literature, Music				
Art Group	Monday	9:30 – 11:30	All levels (Acrylic, Watercolor and Oil)	
Art Studio	Friday	9:00 – Noon	Painting on your own.	
Bible Study – “The Harvest Church”	Tuesday	11:15– 12:30	Pastor Bernie ~ All are welcome to join.	
Book Club – (Books list at bottom)	3 rd Monday	1:00 – 2:00	Frances Riley	To join call 302-227-2055
Chorus (Resume September 3)	Wednesday	10:00 – 11:30	Thom Pemberton & MaryAnn Abella	
Music Lessons (Guitar or Ukulele)	If you’re interested in music lessons, call the Center. Steve Pashigian, Instructor			
Writing Group	1 st & 3 rd Thurs.	2:00 – 4:00	Frances Riley	Looking for more writers.
◆ Cards and Table Games				
Contract Bridge	Thursday	12:30 - 4:00	Patrick Quinn	
Game Day (Play games of your choice)	Monday	12:30 – 4:00	See Bernita if you would like to bring a group.	
Mah Jongg	Wednesday	11:00 – 2:00	Joan McGrath	
Pinochle (Double Deck)	Thursday	11:00 – 4:00	See Bernita	
Penny Bingo (October 8 and 22)	Wednesday	11:45 – 4:00		\$0.01 per card
◆ Crafts and Hobbies				
Quilting	Tuesday	9:00 – 11:00	Sue Goudy	All quilters are welcome
Sewing Group	Tuesday	8:30 – 2:00	Kathi Snyder	All sewers are welcome
The “Yarners” Group	Wednesday	9:00 – 11:00		
Woodcarving	Tuesday	8:00 – 11:00		Looking for more carvers.
◆ Exercise, Dancing				
Arthritis Exercise	Wednesday	9:00 – 10:00	Kathy Boucher	\$5 per class
Balance Class with “Chris the Trainer”	Tuesday	3:15 – 4:00	Chris Selitto	\$7 per class
Ballroom Dancing – Beginner	Monday	12:30 – 1:30	Tom Pemberton	\$10 p.p. Need Partner
Ballroom Dancing -Beginner	Thursday	10:00 – 11:00	Tom Pemberton	\$10 p.p. Need Partner
Ballroom Dancing - Intermediate/Adv.	Thursday	11:00 - Noon	Tom Pemberton	\$10 p.p. Need Partner
Chair Aerobics (Resume in October)	Thursday	9:00 – 10:00	Cindy Beaver	\$7.00 per class
Fitness Circuit Training	Wednesday	9:15 – 10:15	Chris Selitto	\$7 per class
Fitness Room	Mon thru Fri	8:00 – 4:00	Except during circuit training (see above)	
LaBlast Exercise (TBA)	Tuesday	10:30 – 11:30	Cindy Beaver	\$7 per class
Line Dancing (Improver)	Monday	10:05 – 11:05	Marian Fetherolf	\$5 per class
Line Dancing (Beginner)	Monday	11:10 -12:10	Marian Fetherolf	\$5 per class
Sit & Get Fit	Mon. & Fri.	9:00 – 10:00	Iris Mancuso	\$5 per class
Square Dancing	Friday	10:30 – 12:30	Dennis O’Neal	\$10 per class
Tai Chi	Tuesday	1:30 – 2:30	Sharon Downs	\$6 per class
Chair Yoga	Tuesday	11:45 – 12:45	Kathy Boucher	\$5 per class
Gentle Yoga	Wednesday	10:00 – 11:00	Kathy Boucher	\$5 per class
◆ Other				
Billiards	Mon - Thurs	8:00 – 4:00	\$1.00 per week.	
Billiard League	Friday	9:00 – 2:00		
◆ Other				
Weigh Down Support Group	Friday	8:30 – 10:00	\$1.25 per week	
◆ Other				
Friends Dining Out-Meet at restaurant 4:30pm	3 rd Wednesday	Dinner at 5 pm	Romaine Embry, Leader	
CHSC Writers Group	1 st & 3 rd Thurs	2:00 – 3:30	Frances Riley, Leader	

Books the Book Club will be reading: Monday, September 15 - The Return of the Native by Thomas Hardy
Monday, October 20 - Hairpin Bridge by Taylor Adams

CENTER STAFF

Executive Director
Linda Bonville

Program Director
Bernita Hackney

Administrative Assistant
Bobbie Hemmerich

Office Assistant
Josh Miller

Travel Coordinator
Beverley Hatton

Transportation
Americo Cajina
Earl Schlegel

CHSC BOARD OF DIRECTORS

President - Gregory Murphy

Treasurer – Sandra Meagher

Secretary - Brenda Milbourne

Mary Jenkins
John Kelly
Mike Shapiro
Diane Taylor

Liaison (open)

General Membership Board Meeting

Date will be announced.

*General Membership Board
meetings are open to
all CHSC members.*

From The Desk of The Executive Director.....Linda

Fall is just around the corner. Where has the time gone? I hope everyone had an enjoyable summer traveling, vacationing, spending time at beach and of course the cookouts with family and friends.

By now everyone should have received their fundraising packet in the mail. This is our largest fundraiser for this fiscal year. All money raised supports our operating budget. We need your support. Our operating budget is supported by Grant in Aid from the State, fundraisers, and members' annual dues. Last year's results from this fundraiser were outstanding. Our goal is to top last year. If every member takes part, we should exceed our goal. I have to praise my wonderful staff who go beyond in making CHSC one of the best in Sussex County. Our membership has increased tremendously in the past year and people are steadily joining.

We are still moving forward with the new center.

The Friends of CHSC, a group formed to help us raise money for our new center, has planned an Evening of Tastings and Entertainment, "Cabaret for Cape Seniors," supporting our relocation, on Thursday, November 20, 6 pm-9 pm at the Rehoboth Convention Hall. Ticket Cost: Bronze \$50, Silver \$100, Gold \$250, and Platinum \$1,000. Tickets will be available soon. You will receive a telephone call and email when they go on sale. Thank you in advance for your support.

Let us make this a profitable fundraiser!



CHSC Birthday Well Wishers

We are excited to share that Kathleen Beagle and Ted Press, valued members of the CHSC, have kindly volunteered to reach out to our members celebrating birthdays each month.

When you receive a warm call from either Kathleen or Ted, rest assured it's a genuine gesture of goodwill. They are here to spread joy and celebrate your special day!

If you prefer not to receive a birthday call from them, please don't hesitate to let us know. Your comfort and preferences are important to us.

Diabetes Management and Nutrition

Presented by Arlene Feleccia, a Registered Dietitian,
Certified Diabetes Care, and Education Specialist.

Monday, September 8
9:00 am to 10:00 am

Arlene will be discussing healthy eating risk assessment for diabetes, pre-diabetes, breaking down nutrition labels, control portion sizes, meal planning tools, importance of sleep and physical activity.

To attend this class, you must register by Tuesday, September 2.

Did you know Delaware has the highest stroke mortality rate in the nation, according to the CDC.

Beebe Healthcare

“Stroke Prevention & Awareness”

Thursday, September 18
9:00 am to 10:00 am

Beebe Healthcare emphasizes prevention through lifestyle changes, risk factor management, and early recognition of stroke symptoms, with a focus on the “BE FAST” acronym ~ Balance, Eyes, Face, Arms, Speech, Time.

Register by Friday, September 12

New at CHSC.....

Balance Class with Chris the Trainer

Tuesday's, beginning September 30 at 3:15 pm.

This will be a 45-minute class. You will focus on improving your body's ability to maintain equilibrium, both in static and dynamic situations, often through exercises that challenge stability and coordination. Cost is \$7.00 per class. **Sign up at Center's front desk.** You will pay the instructor.

8-Week Workshop "Matter of Balance Class"

Tuesdays: September 16 thru
November 4 - 1:00 pm to 3:00 pm

This program emphasizes practical strategies to manage falls.

To register call 302-227-2055.

Limited to 14 people.

**Cut-off date is Monday, September 8,
unless we have met our quota.**



Fall Prevention and Safety in your Home

Monday, September 29

9:00 am to 10:00 am

Presented by:

Robert Uebele, Physical Therapist

Robert will be discussing fall risk assessments, fall statistics, how to safety - proof your home, what to know when you fall.

Register by Monday, September 22

(Beebe Healthcare) Healthy Living with Diabetes

Thursdays:
September 25
October 2, 9, 16, 23, 30
9:00 am to 11:30 am

- Help prevent or delay complications
- Help people understand the importance of an action plan for diabetes
- Blood sugar testing
- Communicate effectively with health professionals

To register: <https://www.healthydelaware.org>;
302-645-3100 ext.70601

Or, call the Center at 302-227-2055
(Workshop held at Cape Henlopen Senior Center)

Join FRIENDS



Dates and Restaurants

Wednesday, September 17
Tequila Real Restaurant
122 Mulberry Street, Milton

Wednesday, October 15
Michy's Relaxed Dining
19287 Miller Road, Rehoboth

If you're interested in joining "Friends Dining Out" group, call 302-227-2055 to add your name to the list. If you are going to dinner, **YOU MUST CALL the Center to sign up.** We need to have a count on number of people going. Please arrive at 4:30 pm for seating. Dinner at 5:00 pm.

NOTE: IF YOU MUST CANCEL, PLEASE DO NOT WAIT UNTIL THE LAST MINUTE TO CALL US. IT'S NOT FAIR TO THE GROUP OR THE RESTAURANT WORKERS.

Finance 101 Workshop

Presented by Valeria Watson

Monday, September 22 at 10:00 am

Topic: Increase Cashflow and Manage Debt.

What you will learn:

- Discover \$100 or more you didn't know you had.
- Find out where your money is going.
- Build a real plan to become debt free.
- How to increase your cash flow.

Workshop is one hour.

Register by Wednesday, September 17



Wednesday, September 24 at noon.

We would like to start having our International/Cultural Luncheons again. They will be held on the 4th Wednesday, (except if it's a holiday) at noon.

Each person must bring a covered dish, enough to feed 8. For couples, we ask that you prepare a little extra. After lunch, we will have a "share your cultural" moment. This will include the food your country is known for, type of music, dance, etc.

Register by Wednesday, September 17.

Also, let us know what food item you will bring when you register.



Monday, September 29 at 1:00 pm
Estate Planning Basics

Cindy L. Szabo, Esq., will discuss the basic estate planning documents everyone should have in place (Wills, Durable Powers of Attorney, and Advance Healthcare Directives) as well as trusts, the current estate tax laws, how to avoid probate, and how to protect assets in Medicaid situations.

Please register by Monday, September 22.



CHSC Writing Group will be resuming on Thursday, September 18 from 2:00 pm to 3:30 pm, and will continue to meet on the 1st and 3rd Thursdays of each month.

If you are interested in joining, please come.



Thursday, October 2
9:00 am to 11:00 am

Safeway Pharmacy will be doing a vaccine clinic here at our Center for flu, covid, and pneumonia.

If you have Medicare Part B, they will bill your insurance.

If you do not have insurance, please be aware there will be a fee for the vaccines.

Additionally, for those who receive their vaccinations, you will receive a coupon for **each shot** administered. These coupons will entitle you to a 10% discount on groceries.

Registration is required!

Call or stop in the Center to register.

Mosaic Art Workshop!
Thursdays, October 9, 16 and 23
9:00 am to 11:00 am

This workshop was advertised in your July/August Newsletter. You may call to see if any space is still available.



Friday, September 26
10:30 am to noon

We have 2 couples and need 6 more couples. Are you interested?

Register by Friday, September 19.

Cost is \$10 per person, payable to the instructor.

Dennis O'Neal, Square Dance Caller

DE Assistive Technology Initiative
Tuesday, October 7 at 9:00 am



Presented by Anthony Kokoszka, the Senior Assistive Technology Manager for DATI.

Anthony will provide an overview of services and resources available to Delawareans and provide you with hands-on opportunities to explore some popular Assistive Technology.

Please register by Wednesday, October 1.

Free Seminar on Advanced Funeral Planning
Thursday, October 23 – 9:00 am to 10:00 am

This seminar is to educate families on the need to preplan and prefund their funeral.

Here are a few reasons to consider taking advantage of this service:

- (1) Peace of mind (2) Financial security
- (3) Together, not alone

Register by Wednesday, October 15.



Refresher Course:
8:30 am to 1:00 pm

Fridays:
September 12 & October 10
8:30 am to 1:00 pm

Beginner's Course
Friday, September 26
8:30 am to 3:00 pm

AARP Members \$20 / Non-Members \$25

**You may call 302-227-2055 to
register for these classes.**

Cape Henlopen Senior Center



*** Play Twice a month*
Wednesday's
September 3 and 10
October 1 and 15**

**Doors open at 11:30 am.
Games start at 1:00 pm.**

Admission \$20

Includes: 1-Game Pack, Specials,
1-Quickie Card. Does not include: 50/50.
Additional games sold.

Open to the public! Bring a friend with you.

Join Us for a Covered Dish Luncheon



Wednesday, October 29 at noon

Get ready for a delightful afternoon filled
with good food, great company, and
fantastic entertainment.

We invite you to bring your favorite dish, whether
it's a meat, vegetable or hearty pasta, to share
with fellow members. If cooking isn't your thing,
feel free to purchase a delicious item from your
favorite store or restaurant.

Your covered dish should be enough to serve at
least 8 people. The Center will provide the paper
products, utensils, beverages and dessert.

After our meal, sit back and enjoy a performance
by the talented Back Bay Strummers at 1:00 pm.

You must register by Monday, October 20.

Also let us know what dish you'll be bringing

Finance 101 Workshop

Presented by Valeria Watson

Monday, October 27 10:00 am – 11:00 am

Topic: Your Health & Wealth

What you will learn:

- The financial importance and impact on your wealth.
- Strategies to transfer and preserve your wealth.
- Ensuring your last wishes are prepared & carried out.
- Understanding the inevitability and impact of medical expenses.

Workshop is one hour.

Register by Wednesday, October 22

Need smartphone or computer help?

Steve Palaszewski offers **FREE** Computer,
Tablet, and Smartphone help.



Wednesdays:
September 10 and 24
October 8 and 22



9:30 am to Noon

Register at the Center's front desk, or you may
call 302-227-2055 to register.



Kathy Ackerman
Ann Alexander
Yvonne Beil
Lawrence Blaisse
Kay Blyth
Albert L. Bonan
Marianne Bott
Walter H. Bott III
Tom Calo
Tammy Carbone
Susan Chalmers
Andrew Cohen
Helen DeGrand

Alice Dufresne
Randall Episcopo
Heather Greene
David Grissett
Gail Gronlund
Carol Grosso
Suzanne Hamel
Donna Harris
Barbara Jarkas
Joan Kolarik
Patricia Lamb
Thomas Lamb
Sarah Lohr

Barbara Ann Lynn
Jeffrey Lynn
Joan LaRusso
Terri Markey
Toni Mason
Susan McFarlane
Sandy Meagher
Dennis Nealen
Sharon Nussbaum
Dawn Oakley
Joan Phillips
Bob Phillips
Nancy Pollina

Jennifer Rubenstein
Ruth Anne Rubenstein
Robin Sanders
Irene Soroka
Susan Thornton
Martina Walton
Arthur Weissbrodt
John Yeager
Louise Yeager
Patricia Zangaro
Lorraine Zellers



Cape Henlopen Senior Center



Saturday, November 15

10:00 am to 3:00 pm

Over 20 Craft Vendors

Door prize drawing every half-hour ~

1:00 pm, 1:30 pm, 2:00 pm & 2:30 pm

Admission is free!

Open to the Public.

Calling All Bakers!

We're excited to announce that we're hosting a bake table, and we need your delicious contributions. If you would like to donate a cake, pie, cookies, or brownies, please register at the front desk.

Revisiting CHSC Variety Show



In June of this year, a group from our Senior Center had the pleasure of attending the annual Variety Show at the Modern Maturity Senior Center in Dover. The experience was a delightful trip down memory lane for some of our members who thoroughly enjoyed the performances.

This event reminded us of the wonderful times we had when the Cape Henlopen Senior Center hosted its own annual Variety Shows. These events were not just fundraisers; they celebrated our talent and community spirit. Our members showcased their skills through line dancing, singing in our chorus and gospel choir, and performing entertaining skits.

We are excited to announce that we would like to bring back our Variety Shows! However, we need someone passionate and organized to spearhead this initiative. If you are interested in helping us revive this cherished tradition, please reach out to Bernita.

CHSC TRIP RULES



- **ON TRIP SIGN-UP DAY – ONLY MEMBERS MAY BOOK TRIPS. AFTER THAT DAY NON-MEMBERS MAY BE ADDED AS SPACE PERMITS.**
- **CHSC BUS COURTESY SUGGESTIONS:** We ask that all single travelers share seats so double seats will be available for those partners traveling together. We appreciate your courtesy and cooperation.

1. According to our guidelines, if you are registered for a trip that is full and you need to cancel your reservation, you must notify the office or find someone to take your place and notify the office of the change.

If you fail to do this, you will be put on the waiting list for future trips.

2. Refunds will only be given if.....

- There is a waiting list and someone else takes your seat.
- You can find your replacement if there is no waiting list (be sure to check with the office first).
- The Center cancels the trip.
- In the event of a documented medical emergency, refunds can only be given if the Center is able to get a refund or a credit from the vendor.
- Please understand that the Center has paid for trips in advance; if we can't get our money refunded, we can't refund yours.

ALL REFUNDS WILL BE ISSUED ON THE 15TH OR 30TH OF THE MONTH.

CHSC TRIPS FOR 2025 AND 2026

If you are interested in any of these trips listed, please stop in the Center to pick up itineraries; or call 302-227-2055 and speak to our Travel Coordinator, Beverley Hatton.

- **CHRISTMAS IN THE SMOKIES** – 11/10 – 11/15/25 – White Star Tour – 6 Days / 5 Nights - \$980 Per Member Double Occupancy - \$1,380 Per Member Single Occupancy. Includes: 5 Nights lodging, including overnights, 5 breakfasts, 3 Dinners, 3 Morning Shows, Free time in Historic Downtown Gatlinburg, Luggage handling in Pigeon Forge area, Taxes and meal gratuities and Deluxe, video-equipped motorcoach transportation. **\$75 deposit due by September 10.**
- **CHRISTMAS IN NEW YORK CITY** - 12/1 - 12/3/25 – White Star Tour – Rockettes, Backstage Tour of Radio City Music Hall, Tour of Lower Manhattan, 9/11 Memorial Museum, 5th Avenue Shopping. This package includes -2 Nights Lodging, 2 Breakfasts, 1 Dinner. Luggage handling with all taxes and meal gratuities. \$659.00 DO occupancy \$949.00 SO occupancy.
- **GASLIGHTS & GINGERBREAD – A SPARKLING SEASIDE HOLIDAY IN CAPE MAY, NEW JERSEY!** – 12/10 -12/12/2025 The 3 days includes Tour of 1879 Physick Estate, Trolley Tour of the Historic District, Holly Trolley Lights, Tour of Cape May, and a Visit to Towne of Historic Smithville. Transportation, luggage handling, taxes and meal gratuities included. \$729.00 DO \$1017.00 SO. Come enjoy this delightful tour with carolers and musicians on the streets of a village transformed into a Dickens Village.
- **SOUTHEAST COAST & BAHAMAS** – 2/13 – 2/21/26 A Royal Caribbean cruise on the *Vision of the Seas* round trip to and from Baltimore, Maryland. See Charleston, SC, Port Canaveral, FL, and Grand Bahama Island, Bahamas. Prices vary by cabin style. See Beverley at CHSC for details.
- **WASHINGTON DC CHERRY BLOSSOMS** – 3/25 – 3/28/26 A Mars Tours and Travel trip to encompass many great experiences including the Pink Stroll among the Japanese Cherry Trees and a Potomac River cruise on the Odyssey III Cruise Ship. Visit many memorials and monuments. Drive the Embassy Row to a visit to Hillwood Estate and gardens for a tour. Stay at the Gaylord National Harbor Resort that which allows easy access to the National Harbor itself. \$1,415/pp DO, \$2,185. SO. Please come in and get a flier to see what else is included
- **EXPLORE TUSCANY – with optional 3-Night Rome Pre Tour-Extension** – 04/14 – 04/22, 2026 – Book now and save \$100 per person. Collette Tours trip includes Highlights of Montecatini Terme, Lucca, Family-owned Winery Experience, Florence, Pisa, Cooking Class, Siena, Cheese Farm, San Gimignano, round trip air from Philadelphia International Airport, Air Taxes and Fees/Surchargers, Hotel Transfers. \$3,929 per double occupancy. \$4,229 single occupancy.
- SAIL250 VIRGINIA & NORFOLK HARBORFEST**- 6/17-6/ 21/26 Set sail on a journey through history! Tour through Richmond for a tour of the State Capital. Then head to Colonial Williamsburg & Yorktown. We will see the breathtaking SAIL250 TALL SHIP PARADE. We will have Fireworks, tours of the Tall Ships and many more exciting things to see! \$2,189 /PP DO. \$2539/pp SO.
- CELEBRATE ROUTE 66 100TH YEAR!** – July 2026 -Come and enjoy 9 days /8 nights Begin at Chicago and end in Oklahoma. Dates and prices to follow.
- **CANYON COUNTRY** – 9/9 – 9/16/26 - Book now and save \$300 per person. Collette Tours trip includes exploring Sedona, Grand Canyon, Lake Powell, Bryce Canyon, Zion National Park and Las Vegas. Round trip air from Philadelphia International Airport, Air Taxes and Fees/Surchargers, Hotel Transfers. \$4,079. per double occupancy. \$5,079 single occupancy.
- **BALLOON FIESTA IN ALBUQUERQUE**- 10/4-10/9/26 – More information to follow. Watch for fliers in Beverley's office.

TRIP SIGN UP DAY – TUESDAY, AUGUST 26 – FROM 8:30 AM to 10:00 AM
YOU MAY STILL SIGN UP FOR TRIPS THE NEXT DAY, IF YOU WERE UNABLE
TO COME IN ON TRIP SIGN-UP DAY.

SEPTEMBER 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 HARPOON HANNAH'S LUNCH	3 JACKPOT BINGO at CHSC	4 ASSATEAGUE EXPLORER CRUISE from CHINCOTEAGUE, VA	5 ORCHARD POINT MARKET IN BRIDGEVILLE	6
7	8	9 MYSTERY BRUNCH BAKERY & GIFT SHOP	10 JACKPOT BINGO at CHSC	11 WOODBURN: GOVERNOR'S HOUSE TOUR AND GARDENS	12 NO BUS	13 FRANKIE VALLI & 4 SEASONS TRIBUTE, MILTON THEATRE
14	15 PARKING BACK CHSC PARKING LOT	16 ANNAPOLIS TRIP HARBOR CRUISE AND SHOPPING	17 CANDLELIGHT THEATRE "RAGTIME" LUNCH INC'D.	18 THE YARN MAVEN IN SMYRNA	19 SALTED VINES VINEYARD & WINERY FRANKFORD, DE	20
21	22	23 BATTLESHIP NEW JERSEY	24 DELTA BINGO See Bernita for more info.	25 AIR MOBILITY COMMAND MUSEUM DOVER	26 BYLERS HARRINGTON LUNCH OYO AT RUDY'S FARM RESTAURANT	27
28	29	30 NO BUS				

SEPTEMBER TRIP DETAILS

CHSC Bus Drivers cannot vary from trip details listed due to liability risks.)

TUES., SEPTEMBER 2 - LUNCH AT HARPOON HANNA'S

Lunch OYO Fenwick

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 11:00 am;

Returns 3:00 pm.

THURS. SEPTEMBER 4 – ASSATEAGUE ISLAND BOAT TOUR

MEMBERS \$57.00 GUESTS: \$62.00

Bus Departs Mt. Pleasant Church 10:00 am;

Returns 4:30 pm.

FRI., SEPT. 5 - T.S. SMITH ORCHARD POINT MARKET

Featuring a deli, baked goods, and ice cream, plus a petting zoo! Lunch at OPM Café & Grill.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 10:00 am;

Returns 3:30 pm

TUES., SEPT. 9 – MYSTERY BRUNCH / BAKERY & GIFTS

Enjoy a morning brunch and a stop at a Bakery and Gifts to browse!

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 9:30 am;

Returns 1:30 pm.

THURS., SEPTEMBER 11 – WOODBURN: THE GOVERNOR'S HOUSE AND GARDENS

Learn about The Woodburn Ghost, The Girl in the Gingham Dress and the Underground Railroad.

Enjoy lunch OYO at McGlynn's Pub.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 9:30 am;

Returns 3:00 pm.

SAT., SEPTEMBER 13 – FRANKIE VALLI AND 4 SEASONS TRIBUTE MILTON THEATRE

Lunch OYO at Irish Eyes.

TICKETS PRICE TBD AT SIGN-UP DAY

Bus Departs Mt. Pleasant Church: 12:30 pm.

Returns 6:00 pm

TUES., SEPTEMBER 16 – ANNAPOLIS HARBOR & USNA CRUISE

Step aboard the classic Harbor Queen for a narrated cruise of the banks of Annapolis Harbor & U.S. N. A.

Lunch and shopping OYO.

MEMBERS \$ 35.00 GUESTS \$ 40.00

Bus Departs: Mt. Pleasant Church: 8:30 am;

Returns 5:30 pm

WED., SEPTEMBER 17 – “RAGTIME THE MUSICAL”

Reflects life from the early 1900's and today. Three groups show the struggles and victories of living in the Eastern USA. Lunch is included.

MEMBERS \$ 75.00 GUESTS \$80.00

Bus departs: CHSC 8:30 am; Returns 5:30 pm.

THURS., SEPTEMBER 18 – THE YARN MAVEN

Fiber Arts Center of the eastern shore. Specialty yarns, etc. Lunch OYO.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:30 am; Returns 4:00 pm.

FRI., SEPT. 19 - SALTED VINES VINEYARD / WINERY

Wine tasting with commemorative glass! Food truck OYO.

MEMBERS \$32.00 GUESTS \$37.00

Bus Departs 11:30 am; Returns 4:00 pm.

TUES., SEPT. 23 – BATTLESHIP NEW JERSEY

Guided tour is a 90-minute journey where you will learn and see all about American fire power history! You will see the 16" gun turrets and much more.

MEMBERS \$42.00 GUESTS \$47.00

Bus Departs CHSC 8:00 am; Returns 7:00 pm.

WED., SEPT. 24 – DELTA BINGO

THURS., SEPT. 25 – MOBILITY AIR COMMAND

A very interesting tour of a variety of military aircraft and displays. Lunch OYO at the Big Oyster in Milford.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:00 am; Returns 4:00 pm.

FRI., SEPT. 26 – BYLER'S IN HARRINGTON

Shop a variety of Amish produce, meats, cheeses, crafts, etc. Lunch OYO at Rudy's Farm Restaurant.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:30 am; Returns 3:00 pm.

TRIP SIGN UP DAY – TUESDAY, AUGUST 26 – FROM 8:30 AM to 10:00 AM.
YOU MAY STILL SIGN UP FOR TRIPS THE NEXT DAY, IF YOU WERE UNABLE TO
COME IN ON TRIP SIGN-UP DAY.

OCTOBER 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 JACKPOT BINGO FUNDRAISER AT CHSC	2 READ HOUSE & GARDEN NEW CASTLE, DE LUNCH OYO at JESSOP'S TAVERN & COLONIAL REST.	3 LUNCH AT LIGHTHOUSE RESTAURANT IN DEWEY BEACH	4
5	6	7 MYSTERY BRUNCH	8 DUTCH APPLE "CHORUS LINE" IN LANCASTER, PA	9 CHRISTIANA MALL TRADER JOE'S COSTCO LUNCH OYO	10 NO BUS	11 APPLE SCRAPPLE FESTIVAL IN BRIDGEVILLE
12	13	14 BALLY'S CASINO IN DOVER LUNCH OYO	15 JACKPOT BINGO FUNDRAISER AT CHSC	16 SHADY MAPLE (PA)	17 HOBBY LOBBY & TARGET LUNCH OYO at RED ROBIN DOVER	18
19	20	21 SCHELLVILLE HARVEST FALL FESTIVAL	22 QVC OUTLET in MALVERN, PA LUNCH OYO FIORELLO CAFE	23 SUNFEST, OCEAN CITY 50 TH ANNIVERSARY	24 SUNFEST OCEAN CITY 50 TH ANNIVERSARY	25
26	27	28 TRIP SIGN UP DAY FOR NOVEMBER & DECEMBER TRIPS	29 COVERED DISH LUNCHEON w/ BACK BAY STRUMMERS	30 LUNCH AT ROSE & CROWN BAR & GRILL, 2 ND ST. LEWES SHOPPING	31 BERLIN SHOPPING WITH A SPOOKTACULAR LUNCH OYO "THE ATLANTIC HOTEL"	

OCTOBER TRIP DETAILS

CHSC Bus Drivers cannot vary from trip details listed due to liability

THURS., OCTOBER 2 - READ HOUSE & GARDEN

Learn about the 14,000 square-foot mansion that was once a home of the Lenape people for tens of thousands of years and how it became the capital of Delaware. The gardens still reflect the mid-19th century. The layout of most of the landscape design was about Country Gardens.

LUNCH OYO at Jessop's Tavern & Colonial Restaurant.

MEMBERS \$15.00 GUESTS \$20.00

Bus Departs CHSC 8:45 am; Returns 5:00 pm.

FRI., OCTOBER 3 - LIGHTHOUSE RESTAURANT

Lunch in Dewey Beach OYO.

MEMBERS \$7.00 GUESTS: \$12.00

Bus Departs CHSC 11:30 am; Returns 3:00 pm.

TUES., OCTOBER 7 - MYSTERY BRUNCH

Brunch OYO at a surprise location!

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 10:00 am; Returns 2:00 pm.

WED., OCTOBER 8 - "CHORUS LINE"

Join us to see this fabulous off Broadway musical at Dutch Apple Theatre. Includes lunch.

MEMBERS \$80.00 GUESTS \$85.00

Bus Departs CHSC 8:00 am; Returns 8:00 pm.

THURS., OCTOBER 9 - CHRISTIANA MALL, COSTCO,

TRADER JOE'S Lunch OYO.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 8:30 am; Returns 3:00 pm.

FRI., OCTOBER 10 - NO BUS

SAT., OCTOBER 11 - APPLE SCRAPPLE FESTIVAL

in Bridgeville. Lunch OYO

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:30 am; Returns 2:30 pm.

TUES., OCTOBER 14 - BALLY'S CASINO

Come try your skills at the slots, one-armed bandit or whatever else you feel like winning!!!!!!

Lunch OYO in the casino's restaurant.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:00 am; Returns 4:00 pm.

THURS. OCTOBER 16 - SHADY MAPLE SMORGASBORG

Located in East Earl, PA. Lunch OYO and time for shopping in huge gift shop and adjacent grocery store.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHCS 9:00 am; Returns 5:00 pm.

FRI., OCTOBER 17 - HOBBY LOBBY and TARGET, DOVER

Shopping at 2 wonderful stores followed by lunch OYO at Red Robin.

MEMBERS \$7.00 GUESTS \$12.00

Bus leaves CHSC 9:00 am; Returns 3:30 pm.

TUES., OCTOBER 21 - SCHELLVILLE SPOOKTACULAR

Come to the SCARY fall surprises at the festival!

Treats OYO!

MEMBERS \$7.00 GUESTS \$12.00

Bus leaves CHSC 3:00 pm Returns 7:00 pm.

WED., OCTOBER 22 - QVC OUTLET SHOPPING

Come pretend you are on TV. Look for all the specials you want! Lunch OYO at Fiorello Café.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 8:00 am Returns 5:00 pm.

THUR., OCTOBER 23 - SUNFEST 50TH ANNIVERSARY

Ocean City, MD Brunch or Lunch OYO.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:30 am Returns 2:30 pm.

FRI., OCTOBER 24 - SUNFEST 50TH ANIVERSARY

Ocean City, MD. Brunch or Lunch OYO.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs CHSC 9:30 am Returns 2:30 pm.

TUES., OCTOBER 28 - TRIP SIGN-UP DAY

Held at the center from 8:30 am to 10:00 am **ONLY**. This is a **members only** sign-up opportunity. Sign-up resumes on Wednesday at 8:00 am for members and guests.

THURS. OCTOBER 30 - SHOPPING IN DOWNTOWN LEWES ON 2ND STREET.

Take in all the beautiful boutiques, then walk your way to Rose & Crown Bar & Grill at the corner for a lunch OYO with our group. FYI: King's ice cream across the street for dessert. YUM!

MEMBERS \$7.00 GUESTS \$12.00

Bus departs CHSC 10:30 am; Returns 3:00 pm.

FRI., October 31 - HAPPY HALLOWEEN! BOOOO!

Come enjoy a quaint little town, Berlin, where the shopping's great and enjoy a lunch OYO at the Elegant Hotel Atlantic. Beware of all the ghosts and ghouls that may be lurking!

MEMBERS \$7.00 Guests \$12.00

Bus Departs: CHSC 9:00 am; Returns 3:30 pm.

CHSC Member Birthdays

SEPTEMBER

<u>1</u> Joseph Anastasio	<u>17</u> Shahira Hoffman
<u>2</u> Perry Gottlieb	Mary Lou Jackson
<u>3</u> Barbara Henriksen	Ann Manheimer
<u>5</u> Lorraine Collins	Mary Ellen Olufsen
Marcia Kratz	<u>18</u> Saundra Bamberger
Bob Natale	<u>19</u> Raymond Roach
<u>6</u> Ellen Crockett	<u>20</u> Joanne Beardsley
Liza Hodskins	Blaine Fasnacht
<u>7</u> Angela Lavelle	Jeffrey Lynn
Deborah Miller	Elaine Pleasanton
<u>8</u> Helen E. DeGrand	<u>21</u> JoAnn Cason
Margaret Kelly	Mariette Heavey
<u>9</u> Judith Lytle	Raymond Prybylowsky
MaryAnn McGonigal	<u>22</u> Lois Aylor
John Yeager	Barbara Catterton
<u>10</u> Joseph Barranco	Sherry Schnepfe
Cheryl Hoechner	Josie Schroeder
Maria Turton	Marsha Stimola
Phil Winkler	<u>23</u> Jane Connors
<u>11</u> William Brown	Gail Keating
Francine Bledsoe	<u>25</u> Patricia Baur
Michael Cresenzo	Geraldine Blacker
Gwen Moriarty	Bob Chambers
Shelley Rohde	<u>26</u> Bernita Hackney
<u>12</u> Miro Gutzmirtl	Tom Howard
<u>13</u> Madelyne Ottato	Tom Pemberton
<u>14</u> Michael Dixon	<u>27</u> Susan Duck
Diana Duffy	Celina Johnson
Robert Hughes	<u>28</u> Alice Dufresne
Henry Rulapaugh	Phyllis Gutzmirtl
<u>15</u> Cheryl Palese	Patricia Lanham
Marian Perkey	Raymond Olliver
Deborah Wickersham	Laura Reitman
<u>16</u> Winsome Boyd	Martina Young
Gail Cebular	<u>29</u> Jill Daniels
Marian Fetherolf	Lori Gouldson
Duncan Leet	Janis Nezvesky-Schertzer
	<u>30</u> Susie Hayes
	Gladys Kellner

OCTOBER

<u>1</u> Bill Golding	<u>18</u> Marcia Newbill
Hasmic Mason	Mitchell Perkey
Gail Mavromatis	Nancy Sickles
Debby Quinn	<u>19</u> Linda Oswald
<u>2</u> Suzi Berry	Nancy Sheehan
Gail Donaldson	Chet Sprague
Samuel Kaplan	<u>20</u> Nancy Innerst
Terri Markey	Dominic Stimola
<u>3</u> Beatrice Johnson	<u>21</u> Karen Norton
<u>4</u> Robert Hutchins	<u>22</u> Doris Hilton
Fran Pollock	<u>23</u> William Weidman
Frances Woznicki	<u>24</u> Marjorie Hodgson
<u>5</u> Meg DeLange	Nancy Rizzo
Ann D. Noweck	<u>25</u> Kim Foley
<u>6</u> Thomas Child	Sarah Kelly
Joseph Clancy	Diana Stewart
<u>7</u> Diane Obrien	<u>27</u> Marsha Burd
Lisa Whitcombe-Beebe	Steven Caufield
<u>8</u> Phyllis Fischer	Nancy Cruser
<u>9</u> Ethel Cabry	<u>28</u> Rachel Douglas
<u>11</u> Paul Maguire	David Grissett
Wayne Neff	Patricia Jamieson
Robert Whiting	James Mecke
<u>12</u> Betty Leet	<u>29</u> Terry Cassanelli
<u>13</u> Diane McHugh	Sarah Rice
<u>15</u> Linda Dahl	<u>31</u> Georgia Foard
Melanie Matt	John Wunderlich, Jr.
Nancy Rhoads	
Lisa Snyder	
Louise Yeager	
<u>16</u> Randall Episcopo	
Joan Ferger	
Barbara McGowan	
Susan Schaefer	
<u>17</u> Don Sampson	
Margaret Wood	

Happy Birthday to all!

Monday through Friday – 8:00 am to 4:00 pm

**CAPE HENLOPEN SENIOR CENTER
11 CHRISTIAN STREET
REHOBOTH BEACH, DE 19971**

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Please read your
newsletter thoroughly.
You don't want to miss out on
September/October happenings!