



Cape Henlopen Senior Center

NEWSLETTER · July and August 2025

CHSC UPCOMING EVENTS

Call or stop in the Center to register.

- **Activities Schedule - Pg. 2**
- Cornhole Games - Pg. 4
- **Fall Prevention and Safety in your home – Pg. 5**
- Friends Dining Out - Pg. 5
- **Massages & Healings– Pg. 4**
- Mosaic Art Workshop – Pg. 7
- **Music Lessons (Guitar, Ukulele & Piano) Pg. 4**
- Pancake & Sausage Breakfast – Pg. 5
- **Square Dancing - Pg. 7**
- Weigh Down Support Group – Pg. 5

11 Christian Street
Rehoboth Beach, DE 19971
(302) 227-2055 phone
(302) 226-0961 fax

capehenlopeseniorcenter.org

Center Summer Hours:
Monday thru Thursday
8:00 am until 4:00 pm

Friday – 8:00 am to 2:00 pm

The mission of the Cape Henlopen Senior Center, Inc., is to support adults 50 and over to lead their best lives.

CHSC Holiday Closing **Friday, July 4**



CHSC Weekly Activity Schedule

Activities and Programs are subject to change. If in doubt, call the Center - 302-227-2055

Activities	Day	Time	Instructor/Leader	Notes
◆ Art, Literature, Music				
Art Group	Monday	9:30 – 11:30	All levels (Acrylic, Watercolor and Oil)	
Art Studio	Friday	9:00 – Noon	Painting on your own.	
Bible Study – “The Harvest Church” 9/16	Tuesday	11:15– 12:30	Pastor Bernie ~ All are welcome to join.	
Book Club – (Books list at bottom)	3 rd Monday	1:00 – 2:00	Frances Riley	
Chorus (Rehearsal resume Sept. 3)	Wednesday	10:00 – 11:30	Thom Pemberton & MaryAnn Abella	
Music Lessons (Guitar or Ukulele)	If you’re interested in music lessons, call the Center. Steve Pashigian, Instructor			
Writing Group	1 st & 3 rd Thurs.	2:00 – 4:00	Frances Riley	Looking for more writers.
◆ Cards and Table Games				
Contract Bridge	Thursday	12:30 - 4:00	Patrick Quinn	
Game Day (Play games of your choice)	Monday	12:30 – 4:00	See Bernita if you would like to bring a group.	
Mah Jongg	Wednesday	11:00 – 2:00	Joan McGrath	
Pinochle (Double Deck)	Thursday	11:00 – 4:00	See Bernita	
Penny Bingo (Resume October 8)	Wednesday	11:45 – 4:00		\$0.01 per card
Wii Bowling (Resume October 6)	Monday	If you would like to join our next Wii Bowling League, see Bernita.		
◆ Crafts and Hobbies				
Quilting	Tuesday	9:00 – 11:00	Sue Goudy	All quilters are welcome
Sewing Group	Tuesday	8:30 – 2:00	Kathi Snyder	All sewers are welcome
The “Yarners” Group	Wednesday	9:00 – 11:00		
Woodcarving	Tuesday	8:00 – 11:00		Looking for more carvers.
◆ Exercise, Dancing				
Arthritis Exercise	Wednesday	9:00 – 10:00		\$5 per class
Ballroom Dancing – Beginner	Monday	12:30 – 1:30	Thom Pemberton	\$10 p.p. Need Partner
Ballroom Dancing -Beginner	Thursday	10:00 – 11:00	Thom Pemberton	\$10 p.p. Need Partner
Ballroom Dancing - Intermediate/Adv.	Thursday	11:00 - Noon	Thom Pemberton	\$10 p.p. Need Partner
Chair Aerobics (Cxled until further notice)	Thursday	9:00 – 10:00	Cindy Beaver	\$7 per class
Fitness Circuit Training	Wednesday	9:15 – 10:15	Chris Selitto	\$6 per class
Fitness Room	Mon thru Fri	8:00 – 4:00	Except during circuit training (see above)	
LaBlast Exercise (Cxled until further notice)	Tuesday	10:30 – 11:30	Cindy Beaver	\$7 per class
Line Dancing (Improver)	Monday	10:05 – 11:05	Marian Fetherolf	\$5 per class
Line Dancing (Beginner)	Monday	11:10 -12:10	Marian Fetherolf	\$5 per class
Sit & Get Fit	Mon. & Fri.	9:00 – 10:00	Iris Mancuso	\$5 per class
Square Dancing (Resume Sept. 26)	Friday	10:30 – 12:30	Dennis O’Neal	\$5 per class
Tai Chi (Resume September 16)	Tuesday	1:30 – 2:30	Sharon Downs	\$6 per class
Chair Yoga	Tuesday	11:45 – 12:45	Linda Oberkofler	\$5 per class
Gentle Yoga	Wednesday	10:00 – 11:00	Linda Oberkofler	\$5 per class
◆ Other				
Billiards	Mon - Thurs	8:00 – 4:00	\$1.00 per week.	
Billiard League	Friday	9:00 – 2:00		
◆ Other				
Weigh Down Support Group – See page 5	Friday	8:30 – 10:00	\$1.25 per week	
◆ Other				
Friends Dining Out – See page 5	3 rd Wednesday	Romaine Embrey, Leader. To contact her call 302-344-7496		

CHSC Book Club: Monday, July 21 – The Diamond Eye by Kate Quinn

Monday, August 18 – The Maid by Nita Prose

If you would like to join the Book Club, leave your name and phone number at the front desk, and you will be notified.

CENTER STAFF

Executive Director
Linda Bonville

Program Director
Bernita Hackney

Administrative Assistant
Bobbie Hemmerich

Office Assistant
Josh Miller

Travel Coordinator
Beverley Hatton

Transportation
Americo Cajina
Earl Schlegel

CHSC BOARD OF DIRECTORS

President - Gregory Murphy

Treasurer – Sandra Meagher

Secretary - Brenda Milbourne

Mary Jenkins
John Kelly
Mike Shapiro
Diane Taylor

Liaison (open)

General Membership Board Meeting

Date will be announced.

*General Membership Board
meetings are open to
all CHSC members.*

From The Desk of The Executive Director.....Linda

Summer is here. The students are out of school and families are heading to the beach. Just a reminder to be careful when traveling these busy roads. Also, I would like to remind everyone when you are out shopping, be aware of your surroundings. Listen to the news because so much is happening. Please do not take it lightly that everyone is your friend. There are evil people out here.

We are still moving forward with the new center. Our board of directors along with Henry are working hard to seek funding. Hopefully in the next month we will be able to share some good news.

SAVE THE DATE - THURSDAY, NOVEMBER 20, 2025

Friends of the CHSC are organizing a fundraiser for the Center. All proceeds will benefit our building fund. This event will be held at the Rehoboth Beach Convention Center. Time: 6:00 pm to 9:00 pm. Tickets will be on sale soon. Prices range from \$50 to \$1,000 (sponsors). Our goal is to raise \$50,000. There will be good food, drinks, raffles, auction items and Clear Space will provide entertainment. This group has graciously volunteered to help us raise money for our new senior center. So, mark your calendar, invite your family and friends.

The CHSC is always looking for ways to raise money to meet our operating budget. Any suggestions, or would you like to spearhead a fundraiser? Please stop in and let us talk.

I would like to welcome Beverley Hatton, our new Travel Coordinator. Beverley has been with us since February. If you have not already had contact with her, please stop by and introduce yourself. She is a wonderful person and does a fantastic job planning trips. Please read your newsletters. She is planning some awesome day trips as well as overnight ones for 2026.

CHSC PARKING RULES

PARKING RULES for 2025 Parking Season

Rehoboth Beach parking meters are in effect until September 15. The City of Rehoboth has marked designated spaces in the Martin Lawns Parking Lot for CHSC members. During the summer, our center hours are Monday thru Thursday, 8:00 am to 4:00 pm; Fridays, 8:00 am to 2:00 pm. These parking spaces are only to be used when participating in center activities. You are allowed to park on Christian Street if you leave before 10:00 am.

Please Note:

If you are a new member and will be participating in weekly activities, you will need to pick up a sticker at the center's front desk. The sticker must be placed on the back window of your car to avoid being ticketed or towed. It will be at your expense, not CHSC.

SUMMER FUN THINGS TO DO

Are you interested in Music Lessons?



**Ukulele
Lessons**



We have open time slots on Mondays and Tuesdays for Guitar, Ukulele, and Piano lessons. \$20 for half-hour lesson.

If you are interested, call the Center to see what time slots are available.

Are you interested in playing Cornhole Games?



July and August ONLY!

If you are interested, you must register at the front desk. If you need a partner, let us know when you register.

Days Cornhole games played:

Tuesdays – 2:15 pm to 4:00 pm

Wednesdays - 12:15 pm to 4:00 pm

Stay active and fit for the Summer? Come and join our weekly exercise and dance classes.

Arthritis Exercise

Ballroom Dancing

Fitness Room

Fitness Circuit Training

Chair Yoga

Gentle Yoga

Line Dancing

Sit and Get Fit

**Days and times are listed on page 2
in your newsletter.**

Classes Canceled for the Summer.

- **Chair Aerobic**
- **LaBlast**
- **Jackpot Bingo**
- **Penny Bingo**
- **Smartphone/Computer Help**
- **Tai Chi**

Join FRIENDS



Dates and Restaurants

Wednesday, July 23

Cool Spring Fish & Bar Restaurant
2463 S. State Street, Dover

Wednesday, August 13

Captain's Table Restaurant & Bar
(Located at the Courtyard Ocean City ocean front)
2 -15th Street, Ocean City, MD

If you're interested in joining "Friends Dining Out" group, call 302-227-2055 to add your name to the list. Note: Sometimes we may use our bus and there will be a fee that must be paid when you register. If you are going to dinner, **YOU MUST CALL the Center to sign up.** Please arrive at 4:30 p.m., for seating. Dinner at 5:00 p.m.

NOTE: IF YOU MUST CANCEL, PLEASE DO NOT WAIT UNTIL THE LAST MINUTE TO CALL US. IT'S NOT FAIR TO THE GROUP OR THE RESTAURANT WORKERS.

All-You-Can-Eat Pancake & Sausage Breakfast

Served with orange juice & coffee



Thursday, July 17

8:30 am to 10:00 am

Tickets: \$7 per person

Tickets on sale at the Center's front desk.
Limited tickets will be sold at door.

Note: No activities in the multi-purpose room until 11:00 am.



Fall Prevention and Safety in your Home

Monday, July 7 - 9:00 am to 10:00 am

Presented by:

Robert Uebele, Physical Therapist

Robert will be discussing fall risk assessments, fall statistics, how to safety proof your home, what to know if you fall.

Register by Monday, June 30

Are you looking for a little extra motivation to help you control your weight?



If so, we have an exciting opportunity for you!

We invite you to join the CHSC Weigh Down Support Group, where you can find the encouragement and support you need to reach your goals.

The group meets every Friday from 8:30 am to 10:00 am, and the cost is just \$1.25 per week.

Not only will you benefit from valuable tips and strategies, but you'll also enjoy the fellowship of others on a similar journey.

If you're interested in joining this group, please come on Fridays at 8:30 am.

Massage & Healing



Roxanne Master, a certified
Massage Therapist,
will be at our Center on
**Thursday, July 24 and
Thursday, August 21**

She will do a 15-minute massage.
Cost is \$15 per session.

Time slots availability:
1:45 pm - 2:05 pm - 2:25 pm
and 2:45 pm

Please call 302-227-2055 to register.
You may only register for one session.



Game Day is held on Mondays,
12:30 pm to 4:00 pm.

Come and join the group.

They have a lot of fun!

Some of the games they currently
play are 5 Crowns, Canasta and
Mexican Train.



We are presently looking for
members to play **Backgammon**,
which will also be played on
Mondays at 12:30 pm.

If interested, please see Bernita.



(Chronic Obstructive Pulmonary Disease)

Monday, August 11 – 9:00 am to 10:00 am

Presented by:

Rose Furio - RT, Pulmonary Navigator

Rose will be discussing common symptoms,
disease process, treatment & management,
prevention, lifestyle changes, infection
prevention & control.

Register by Friday, August 1

**Back by popular demand!
Free Seminar on
Advanced Funeral Planning**

Thursday, August 14 at 9:00 am

This seminar is to educate families on the need to
preplan and prefund their funeral.

Here are a few reasons to consider taking advantage
of this service:

- 1) Peace of mind - Knowing your wishes in advance
will ease the burden on your loved ones.
- 2) Financial security - Prefunding eliminates the
stress associated with funeral payment and other
final expenses.
- 3) Together, not alone - Your loved ones won't be left
to make all the decisions on their own about what
you may have wanted.

To register for this program, call 302-227-2055.

CHSC Upcoming Programs in the Fall

New this Fall: Mosaic Art Workshop!



**Thursdays, October 9, 16 and 23
9:00 am to 11:00 am**

Join glass artist Jeffrey Todd Moore for a fun and colorful workshop making a glass mosaic.

In this workshop we will be making a glass-on-glass mosaic to be hung in a window. You will pick colors, attach mosaic tiles to the backing glass and finish with grout for a completed piece.

We will use either a precut shape or a simple rectangle in which you can let your imagination go wild.

All materials will be supplied, and tools will be provided. No special skills are necessary, and there's no glass cutting involved, making it perfect for beginners and seasoned crafters alike.

**Cost is \$30 per person.
Capacity is limited to 12 participants.**

You can register for this class now. Payment will be due before the first class in October.

8-Week "Matter of Balance Class"

Tentative Date:

Tuesdays ~

**September 16 thru November 4
1:00 pm to 3 pm**

This program emphasizes practical strategies to manage falls.

Call 302-227-2055 to register.



**Resumes Friday, September 26
10:30 am to 12:30 pm**

**We have 2 couples and need
4 more couples, or more.
Are you interested?**

**Call 302-227-2055 to register.
Cost is now \$10 per person.
Dennis O'Neal, Square Dance Caller**



Patricia Baillie
Michelle Berned
Adele Booton
Carol L. Burns
Robert Cannon
Elizabeth Carman
Victor S. Coloma
Katherine Dolan
Frank Fucci

Bill Golding
Margot Golding
Kathy Hopkins
Robert Hughes
Karen Kempton
Harriet Klantz
Heidi Kestner Kuchta
Jeanne Leisner
Angela Levelle

Gayle Linden
Lillie M. Mapp
Maureen Moloney
Natalia Mummert
Linda Murray-Davis
Mary Eileen Ness
Diane O'Connell
Sherry Palese
Steven Pashigian

James C. Reed
Nancy Rizzo
Donna Sabella
Susan Schaefer
Marty Schertzer
Karen Spencer
Susan Thompson
Catherine Ulrich
Larry Walton

CHSC TRIP RULES



- **ON TRIP SIGN-UP DAY – ONLY MEMBERS MAY BOOK TRIPS. AFTER THAT DAY NON-MEMBERS MAY BE ADDED AS SPACE PERMITS.**
- **CHSC BUS COURTESY SUGGESTIONS: We ask that all single travelers share seats so double seats will be available for those partners traveling together. We appreciate your courtesy and cooperation.**

1. According to our guidelines, if you are registered for a trip that is full and you need to cancel your reservation, you must notify the office or find someone to take your place and notify the office of the change.
If you fail to do this, you will be put on the waiting list for future trips.

2. Refunds will only be given if.....

- There is a waiting list and someone else takes your seat.
- You can find your replacement if there is no waiting list (be sure to check with the office first).
- The Center cancels the trip.
- In the event of a documented medical emergency, refunds can only be given if the Center is able to get a refund or a credit from the vendor.
- Please understand that the Center has paid for trips in advance; if we can't get our money refunded, we can't refund yours.

ALL REFUNDS WILL BE ISSUED ON THE 15TH OR 30TH OF THE MONTH.

CHSC TRIPS FOR 2025 AND 2026

If you are interested in any of these trips listed, please stop in the Center to pick up itineraries; or call 302-227-2055 and speak to our Travel Coordinator, Beverley Hatton.

- **CHATTANOOGA CHOO CHOO, CHATTANOOGA, TN** – 5 days/4 nights, 8/5-8/9/25. White Star Tours trip includes overnight lodging to/from Chattanooga, 2 nights lodging, 4 breakfasts, 2 dinners, Southern Belle Riverboat Cruise, 3 train rides: The Missionary Ridge Local, Lookout Mountain Incline Railway & Blue Ridge Scenic Railway & Rock City Gardens. \$944 per person double occupancy, \$1,263 per person single occupancy. **Deposit of \$75 required at sign-up.**
- **ALASKA WITH PRINCESS CRUISES ON THE DISCOVERY PRINCESS** – 8 days/7 nights, 9/21-9/28/25. Call for details 1-800-423-0247. Cruise includes beverage package (drinks up to \$15 each), free unlimited wi-fi, free prepaid gratuities, unlimited juice bar, premium desserts, fitness classes, 2 casual dining meals. See flyer on our website or stop in and pick up flyer at Center. Prices vary from \$3,009 to \$3,819 per person double occupancy. Call Grand American Tours and speak to Amy to book at 1-800-423-0247. ****Roundtrip airfare from Phila, roundtrip motorcoach transportation to/from airport, cruise, port charges, government fees, taxes & transfers to/from ship. ** Note: You will need a passport as one port visited will be in Victoria, Canada.**
- **ICELAND'S MAGICAL NORTHERN LIGHTS** – 10/23-10/29/25. **Book now & save \$250 per person.** Collette Tours trip includes round trip airfare, 6 nights lodging, 11 meals: 6 breakfasts & 5 dinners. Highlights: Reykjavik, Northern Lights Cruise, Search for the Northern Lights, Golden Circle, Thingvellir National Park, Gullfoss, Lava Exhibition Center, Vik, Seljalandsfoss, Skogar Museum, Skogafoss, Solheimajokull Glacier, Jokulsarlon Glacial Lagoon & Blue Lagoon. \$4,729 per person double occupancy, \$5,229 single occupancy. Deposit of \$698 and a Travel Protection payment of \$549 due at sign-up.
- **CHRISTMAS IN THE SMOKIES** – 11/10 – 11/15/25 – White Star Tour – 6 Days / 5 Nights - \$980 Per Member Double Occupancy - \$1,380 Per Member Single Occupancy. Includes: 5 Nights lodging, including overnights, 5 breakfast, 3 dinners, 3 morning shows. Free time in Historic Downtown Gatlinburg, luggage handling in Pigeon Forge area, taxes and meal gratuities and deluxe, video-equipped motorcoach transportation. **\$75 deposit due by September 10, 2025**
- **SOUTHEAST COAST & BAHAMAS** – 2/13 – 2/21/26 – Royal Caribbean Cruise on the Vision of the Seas, round trip to and from Baltimore, Maryland. See Charleston, SC, Port Canaveral, FL, and Grand Bahama Island, Bahamas. Prices vary by cabin style. See Beverley at CHSC for details.
- **WASHINGTON DC CHERRY BLOSSOMS** – 3/25 – 3/28/26 – Mars Tour and Travel to encompass many great experiences including the Pink Stroll among the Japanese Cherry Trees and a cruise on the Potomac River on the Odyssey III Cruise Ship. Prices to follow.
- **EXPLORE TUSCANY – with optional 3-Night Rome Pre Tour-Extension** – 04/14 – 04/22, 2026 – Book now by calling Colette Tours 800-852-5655 and save \$100 per person. You also need to give this booking number **1284049**. Collette Tours trip includes highlights of Montecatini Terme, Lucca, family-owned winery experience, Florence, Pisa, cooking class, Siena, cheese farm, San Gimignano, round trip air from Philadelphia International Airport, air taxes and fees/surchargers, hotel transfers. \$3,929 per double occupancy. \$4,229 single occupancy.
- **CANYON COUNTRY** – 9/9 – 9/16/26 – Book now by calling Collect Tours 800-852-5655 and save \$300 per person. You also need to give this booking number **1340495**. Collect Tours trip includes exploring Sedona, Grand Canyon, Lake Powell, Bryce Canyon, Zion National Park and Las Vegas. Round trip airfare from Philadelphia International Airport, air taxes and fees/surcharges, hotel transfers. \$4,079.00 per double occupancy. \$5,079 single occupancy.
- **CAPITAL CHRISTMAS FROM THE GAYLORD NATIONAL HARBOR** – 12/1 – 12/4/25. Arrive in Washington, DC and be enveloped in the festive holiday spirit. Visit Mount Vernon, Old Town Alexandria, Woodrow Wilson House, illuminated monument tour and much more. Prices to follow.

TRIP SIGN UP DAY – TUESDAY, JULY 1– FROM 8:30 AM to 10:00 AM
YOU MAY STILL SIGN UP FOR TRIPS THE NEXT DAY, IF YOU WERE UNABLE
TO COME IN ON TRIP SIGN-UP DAY.

JULY 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DON'T FORGET: DUE TO PARKING METERS, ALL TRIPS WILL BE DEPARTING FROM MT PLEASANT CHURCH (NOT CHSC) ADDRESS: 19940 CHURCH STREET, REHOBOTH		1 SIGN-UP DAY FOR TRIPS 8:30 AM TO 10:00 AM	2 NO BUS TODAY	3 NO BUS TODAY	4 CENTER CLOSED 	5
6	7	8 NO BUS TODAY	9 DELTA BINGO (LAUREL, MD)	10 ASSATEAGUE ISLAND BOAT TOUR	11 BYLER'S (DOVER, DE)	12
13	14	15 BETHANY BOAT HOUSE & LUNCH	16 "ESCAPE FROM MARGARITAVILLE" CANDLELIGHT THEATRE (WILMINGTON, DE)	17 CHSC PANCAKE & SAUSAGE BREAKFAST 8:30 AM TO 10:00 AM	18 "WEST SIDE STORY" MILTON THEATRE	19
20	21	22 PATRIOT CRUISE ST. MICHAELS (MD)	23 FRIENDS DINING OUT (See page 5) Register at the front desk only.	24 DELAWARE STATE FAIR	25 BOSCOV'S, HOBBY LOBBY, PRODUCE JUNCTION (DOVER, DE)	26
27	28	29 SHOPPING IN CAPE MAY (NJ)	30 LONGWOOD GARDEN (PA)	31 SALTED RIM MARGARITAVILLE BAR & GRILL (MILLVILLE, DE)		

JULY TRIP DETAILS

CHSC Bus Drivers cannot vary from trip details listed due to liability risks.

TUES., JULY 1 – SIGN – UP FOR TRIPS DAY!

STARTS AT” 8:30 am “SHARP” to 10:00 am.

DON’T FORGET: DUE TO PARKING METERS, ALL TRIPS WILL BE DEPARTING FROM MT. PLEASANT CHURCH (**NOT CHSC**). **ADDRESS:** 19940 CHURCH STREET, REHOBOTH.

FRI., JULY 4 – HAPPY 4TH - CENTER CLOSED

WEDNESDAY, JULY 9 – DELTA BINGO IN LAUREL, MD

COME JOIN THE FUN!

LUNCH OYO.

MEMBERS \$25.00 GUESTS \$30.00

We have 4 seats available. If you would like to go, see a CHSC staff member.

Bus Departs Mt. Pleasant Church 8:30 am; Returns 6:30 pm.

THURSDAY, JULY 10 – ASSATEAGUE ISLAND BOAT TOUR

ENJOY a day of nature on the water, looking for fowl, birds, and dolphins as you enjoy the waft of the breeze through your hair!

Bring a **BAG** lunch to enjoy with friends!

MEMBERS \$57.00 GUESTS: \$62.00

Bus Departs Mt. Pleasant Church 10:00 am; Returns: 4:30 pm.

FRIDAY, JULY 11 – BYLER’S SHOPPING IN DOVER, DE

LUNCH OYO at Country Eatery

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church: 10:00 am; Returns: 3:00 pm.

TUESDAY, JULY 15 – LUNCH AT BETHANY BOATHOUSE

This building was made to pay homage to U.S. Life Saving Station! It has been open since 2015 with all amenities.

Open-air and indoor seating.

Lunch OYO.

MEMBERS \$7.00. GUESTS \$12.00

Bus Departs Mt. Pleasant Church: 11:30 am Returns: 3:00 pm.

WEDNESDAY, JULY 16 - “ESCAPE TO MARGARITAVILLE”

Featuring Jimmy Buffett’s classics at the Candlelight Theatre with buffet included. This musical is hilarious, very heartwarming and the party you have waited to attend!

MEMBERS \$72.00 GUESTS \$77.00

Bus Departs Mt. Pleasant Church 8:30 am; Returns 5:30 pm.

THURSDAY, JULY 17 - BREAKFAST AT THE CENTER –

8:30 am to 10:00 am. Tickets: \$7.00 and can be purchased at the Center’s front desk. Limited tickets sold at door.

FRIDAY, JULY 18 - “WEST SIDE STORY” MILTON THEATRE

Go back in time...famous love story couple hits the streets and is caught between two street gangs: American Jets and Puerto Rican Sharks. Come hear the incredible music by Leonard Bernstein.

Early dinner OYO at Irish Eyes, Milton.

MEMBERS \$50.00 GUESTS \$55.00

Bus Departs Mt. Pleasant Church 4:15 pm; Returns 10:30 pm.

TUESDAY, JULY 22 - ST. MICHAELS PATRIOT CRUISE

Come for a narrated cruise (boat leaves at 12:30 pm) along the Miles River and catch a glimpse of the 200-year-old mansions and different types of wildlife. After the cruise take a stroll into town and find delectable dining and shopping before you return home! Lunch OYO.

MEMBERS \$34.00

GUESTS \$39.00

Bus Departs Mt. Pleasant Church 9:00 am; Returns 5:30 pm.

WEDNESDAY, JULY 23 - FRIENDS DINING OUT

Romane Embry, hostess for our Friends Dining Out.

Note: You must sign up and pay at the Center’s front desk.

MEMBERS \$7.00

GUESTS \$12.00

See page 5 for where you will have dinner.

Bus Departs Mt. Pleasant Church 3:30 pm; Returns 8:00 pm.

THURSDAY, JULY 24 - DELAWARE STATE FAIR

“GOVERNOR’S DAY”. FREE admission for SENIORS!

We will meet at 2:00 pm where the bus driver tells us.

MEMBERS \$7.00

GUESTS \$12.00

Bus Departs Mt. Pleasant Church: 9:00 am; Returns: 3:15 pm.

FRIDAY, JULY 25 - BOSCOV’S, HOBBY LOBBY, PRODUCE JUNCTION IN DOVER

MEMBERS \$7.00

GUESTS \$12.00

Bus Departs Mt. Pleasant Church 9:00 am Returns: 3:00 pm.

Lunch OYO Olive Garden

TUESDAY, JULY 29 - DAY AT CAPE MAY SHOPPING

Enjoy a ride across the Delaware Bay to Cape May and back to Lewes via Ferry. Shuttle ride into Cape May to shop until you drop; then have some lunch at fabulous restaurants!

MEMBERS \$25.00

GUESTS \$30.00

Bus Departs Mt. Pleasant Church 8:45 am Returns: 6:00 pm.

WEDNESDAY, JULY 30 – LONGWOOD GARDENS

Longwood Gardens is a horticultural wonderland with fountains, seasonal blooms and inspiring trees. The gardens serve as the perfect place to capture the beauty and vibrancy of the season. Eat lunch in Longwood Gardens Café.

MEMBERS \$40.00

GUESTS \$45.00

Bus Departs Mt. Pleasant Church 7:30 am Returns: 4:15 pm.

THURSDAY, JULY 31- SALTED RIM BAR & GRILL IN MILLVILLE, DE

Have lunch and a specialty drink!

MEMBERS \$7.00

GUESTS \$12.00

Bus Departs Mt. Pleasant Church 11:30 am Returns: 3:00 pm.

TRIP SIGN UP DAY – TUESDAY, JULY 1 – FROM 8:30 AM to 10:00 AM.
YOU MAY STILL SIGN UP FOR TRIPS THE NEXT DAY, IF YOU WERE UNABLE
TO COME IN ON TRIP SIGN-UP DAY.

AUGUST 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DON'T FORGET: DUE TO PARKING METERS, ALL TRIPS WILL BE DEPARTING FROM MT PLEASANT CHURCH (NOT CHSC) ADDRESS: 19940 CHURCH STREET, REHOBOTH					1 POSSUM POINT "MO TOWN"	2
3 KENNY ROGERS TRIBUTE at AMT, LANCASTER	4	5 WALLOPS ISLAND, (VA)	6 DELAWARE BAY EVENING LIGHTHOUSE TOUR & SUNSET CRUISE	7 WBOC DELMARVA LIFE TAPING	8 NO BUS TODAY	9
10 SHOREBIRDS BASEBALL GAME 5:05 PM	11	12 RITTER FIELD SUNFLOWER FIELD (HARBESON, DE)	13 FRIENDS DINING OUT (See page 5) Register at the front desk only.	14 NO BUS TODAY	15 BOOTH'S CORNER GARNET VALLEY (PA)	16 THE NEW DOO WOP PROJECT AT AMERICAN MUSIC THEATRE
17	18	19 MYSTERY LUNCH	20 DELTA BINGO (LAUREL, MD)	21 ROCKWOOD PARK MANSION & MUSEUM (WILM, DE)	22 NO BUS TODAY	23
24 SHOREBIRDS BASEBALL GAME 2:05 PM	25	26 TRIP SIGNUP DAY FOR SEPT. / OCT.	27 SIMPLY CHARMING & FIFER'S FARM	28 WEGMAN'S & TRADER JOE'S SHOPPING AND LUNCH	29 TRAP POND PONTOON RIDE	30

AUGUST TRIP DETAILS

CHSC Bus Drivers cannot vary from trip details listed due to liability risks.

FRIDAY, AUGUST 1 - POSSUM POINT PLAYERS

The "New **MOTOWN** Experience" is a show filled with iconic sounds, featuring music that still moves generations today! From the Supremes, Stevie Wonder, and more.

LUNCH OYO at Bella Capri Restaurant.

MEMBERS \$45.00 GUESTS \$50.00

Bus Departs Mt. Pleasant Church 4:00 pm; Returns 10:30 pm.

SUNDAY, AUGUST 3 – KENNY ROGERS BAND FEATURING DON GATLIN "THROUGH THE YEARS" 3PM SHOW at THE AMERICAN MUSIC THEATRE, LANCASTER, PA

Not a tribute band but the original Kenny Rogers' Touring Band led by longtime friend and musician Don Gatlin. He presents a **fabulous** show featuring KR's timeless lifelong song catalog & 6 decades of untold stories. Kenny is one of the best-selling male artists of all-time, selling over 120 million albums worldwide. Lunch OYO at Olive Garden. **MEMBERS \$57.00 GUESTS \$62.00**
Bus Departs Mt. Pleasant Church 9:00 am; Returns 9:00 pm.

TUESDAY, AUGUST 5 – WALLOPS ISLAND, VA

Go behind the scenes on a tour of NASA's Wallops Flight Facility. See active working areas, meet subject matter experts and learn about upcoming missions and research.

DINNER OYO at Ocean Deli Pizza.

MEMBERS \$7.00 GUESTS: \$12.00

Bus Departs Mt. Pleasant Church 8:00 am; Returns 4:00 pm.

WEDNESDAY, AUGUST 6 – DE BAY LIGHTHOUSE WALKING TOUR & SUNSET CRUISE, LEWES

Cape Water Taxi and Tours departs for a 90-minute DE Bay sunset cruise, including a walking tour of lighthouse.

LUNCH OYO at Grain on The Rocks.

MEMBERS \$40.00 GUESTS \$45.00

Bus Departs Mt. Pleasant Church 4:30 pm; Returns 9:30 pm.

THURSDAY, AUGUST 7 – WBOC TAPING OF DELMARVA LIFE

Sit and experience a live taping of *Delmarva Life* to watch the day-to-day interaction of the hosts interviewing their invited guests.

After, you will be given a private tour of the WBOC studio!

LUNCH OYO at Irish Penny in Salisbury.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 7:15 am; Returns 3:30 pm.

SUNDAY, AUGUST 10 – DELMARVA SHOREBIRDS vs. FAYETTEVILLE WOODPECKERS - GAME STARTS 5:05 PM

Military Fun Day presented by Freedom Flagpoles, Delmarva.

Food voucher for hot dog, chips and bottle of water provided.

MEMBERS \$21.00 GUESTS \$26.00

Bus Departs Mt. Pleasant Church 3:00 pm; Returns 9:00 pm.

TUESDAY, AUGUST 12 – RITTER FAMILY SUNFLOWER FIELD, HARBESON, DE.

Ritter Family Farm is a stunning sunflower field in full bloom. Stroll through the field, snap photos & buy fresh cut sunflowers. A hidden treasure! Lunch OYO at Captain's Pizza.

MEMBERS \$12.00 GUESTS \$17.00

Bus Departs Mt. Pleasant Church 11:00 am; Returns 4:00 pm.

WEDNESDAY, AUGUST 13 – FRIENDS DINING OUT

Romane Embry, hostess for our Friends Dining Out.

Note: You must sign up and pay at the Center's front desk.

MEMBERS \$7.00 GUESTS \$12.00

See page 5 for where you will have dinner.

Bus Departs Mt. Pleasant Church 3:30 pm; Returns 8:15 pm.

FRIDAY, AUGUST 15 – BOOTH'S CORNER

Amish & area merchants selling home-baked goods, hand-picked fruits, veggies, fresh sliced meats, and cheeses among other great finds. LUNCH OYO AT MARKET.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 8:00 am; Returns 4:00 pm.

SATURDAY, AUGUST 16 – THE NEW DOO WOP PROJECT

The American Music Theatre presents a rave-reviewed celebration of a beloved music genre. This exciting show features fresh renditions of classic Doo Wop hits by dashing Broadway stars. Lunch OTO at Agape Café and Grill.

MEMBERS \$57.00 GUESTS \$62.00

Bus Departs Mt. Pleasant Church 7:30 am; Returns 8:00 pm.

TUESDAY, AUGUST 19 – MYSTERY LUNCH

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 11:30 am.; Returns 3:00 pm.

WEDNESDAY, AUGUST 20 – DELTA BINGO IN LAUREL, MD

Come join the fun! Lunch OYO

MEMBERS \$25.00 Guests \$30.00

You can call to see if we have any seats available.

Bus Departs Mt. Pleasant Church 8:30 am; Returns 6:30 pm.

THURSDAY, AUGUST 21 – ROCKWOOD PARK & MANSION

Circa 1851. Tour of Joseph Shipley's retirement estate and grounds. LUNCH OYO Buckley's Tavern in Centerville.

MEMBERS \$15.00 GUESTS \$20.00

Bus departs Mt. Pleasant Church 7:45 am; Returns 4:30 pm.

SUNDAY, AUGUST 24 – DELMARVA SHOREBIRDS vs.

KANNAPOLIS CANNON BALLERS - Game starts at 2:05 pm.

Food voucher included. **MEMBERS \$21.00 GUESTS \$26.00**

Bus Departs Mt. Pleasant Church 12:00 pm; Returns 6:00 pm.

TUESDAY, AUGUST 26 – TRIP SIGN-UP DAY FOR SEPTEMBER AND OCTOBER TRIPS - 8:30 am to 10:00 am

WEDNESDAY, AUGUST 27 – SIMPLY CHARMING & FIFER's, FARM, WYOMING, DE.

MEMBERS \$7.00 Guests \$12.00

Lunch OYO at Fifer's.

Bus Departs Mt. Pleasant Church 9:00 am; Returns 3:00 pm.

THURSDAY, AUGUST 28 - WEGMAN'S (GREENVILLE, DE) & TRADER JOE'S (NEWARK, DE)

A great day of specialty shopping. LUNCH OYO at Wegman's.

MEMBERS \$7.00 GUESTS \$12.00

Bus Departs Mt. Pleasant Church 8:30 am; Return 4:00 pm

FRIDAY AUGUST 29 - TRAP POND PONTOON RIDE

LAUREL, DE **MEMBERS \$15.00 Guests \$20.00**

Lunch OYO at Laurel Pizza.

Bus Departs Mt. Pleasant Church 9:30 am; Returns 3:30 pm.

CHSC Members Birthday

JULY

1
Jeff Layton
Theodore Press

3
Malcolm Judkins

4
Irene Chandler
Diane O'Connell

5
John Glass

6
John Cabry
Lorraine Finnegan
Rebecca Hollinger
Peggy Locke
Gina Minich

7
David Kaminsky

8
Jim Wood

10
Hiep D. NguyenElena
Taney
Gina Serroen

11
Victor Sanchez Coloma
Florence Marshall
Kathryn Rulapaugh
Ron Stoner

12
Floyd Allen, Jr.
Stephanie Fung

13
Angela Natale

16
Laura DeVoe
Angie DiMarco
Elfriede Kerstetter

17
William Bauer
Patti Turner
Bonnie Walker

18
Gayle Bender
Suzanne Reinke
Jeffrey Rosen

19
Barbara Capuano

20
Jean Israel

21
Sandra Allen
Barbara A Coscia

22
Donna Sabella

23
Carol Gaska-elsayed
Jacqueline Hatchik
Mary Teresa
Morrison
Elizabeth Scheffler

24
David McAuley
Molly Pauker

26
Ted Campbell
Betsy Massanopoli
Charles Massanopoli
Katherine Williams

28
Marianne McAuley

29
Edmund Lytle

31
Kathy Bruffey
Karen Clay
Jo Reichert

AUGUST

1
Delores Dashiell
Dolly Grazioli

2
Elaine Feltmate
Karen Kreiser

3
Joseph Duffy
Steven Rose

4
Pat Wilder

5
Dottie Blakely
Pat Evans
Gail Maynard
Margaret Neidlinger
Joseph Scarpitti
Linda Schlegel
Cindy Truitt

6
Carolina Tutt
Ellen Winkler

7
Michael Cesario
Elaine Davis
Iris Mancuso
Ella Meadows
Barbara Rudd

8
Rita Cantu
Janice DeMent
Ramon Santos

9
Elizabeth Carman
Gregory Murphy

11
Jeffrey Siwy

13
Sherry Carstairs
Linda Ott
Augie Velez

14
Peter T. Feeney
Wayne Haley
Kristen Podson
William Rigglin

15
Susan Goudy
Connie Peterson
Patrick Quinn
Shirley Riley

17
Gerri Adams
Catherine Bodak-Gyovai
Barbara Cairns
Susan Olson
Patricia Pilkington
Christopher Vann

18
Jo Ann Maslana

19
Wendi Oakes
Doris Olliver
Thea Quillen
Sandra Williams

20
Susan Bennett
Alice Casey

21
John Bender
Richard Blazovsky
Rosemarie Bondoch
Nancy Phillips

22
Linda Catts
Barbara Schmidt

23
Joyce L. Fabiani
John Sleys

24
Martha Monell
Nicholas Ricciuti

25
Joan Smith

26
Gail Meighan
Josephine Williams
Donna Younger

31
Mary Donini
Jo Pokorny

Happy Birthday to all!

Sudoku puzzles

8			4		6			7
						4		
	1					6	5	
5		9		3		7	8	
				7				
	4	8		2		1		3
	5	2					9	
		1						
3			9		2			5

		1	4		2	3		
	8			1			4	
2				7				5
5								6
6								7
	1						8	
		3				9		
			7		5			
				6				

WORD SEARCH FOR JULY



G	N	I	D	A	N	C	E	D	A	Y	P	S	H	Y
R	T	N	I	Y	R	M	H	V	E	K	Y	N	Y	A
Y	A	D	G	A	R	D	O	L	S	A	A	A	A	D
A	M	E	O	D	K	C	T	O	D	M	D	K	D	E
D	K	P	D	A	A	H	A	O	N	I	N	E	T	T
T	C	E	M	D	E	G	T	T	N	D	I	D	S	A
T	A	N	O	A	M	I	M	I	O	I	A	A	E	L
U	N	D	I	L	J	S	K	U	G	T	R	Y	F	O
M	A	E	M	O	J	I	D	A	Y	E	F	W	L	C
Y	D	N	M	C	B	P	I	L	E	T	R	O	E	O
D	A	C	Y	A	D	N	E	T	T	I	K	D	G	H
R	D	E	A	N	F	Y	A	D	R	A	I	V	A	C
Y	A	D	N	I	A	G	A	D	I	K	A	E	B	Y
P	Y	A	D	P	A	N	C	H	E	S	S	D	A	Y
D	A	Y	A	D	E	K	A	C	E	S	E	E	H	C

INDEPENDENCE DAY
 DRAG DAY
 BIKINI DAY
 KITTEN DAY
 DANCE DAY
 BE A KID AGAIN DAY
 CAVIAR DAY

CHOCOLATE DAY
 TIGER DAY
 MOJITO DAY
 NAP DAY
 EMOJI DAY
 CHESS DAY
 RAIN DAY
 AVOCADO DAY

PINA COLADA DAY
 MOON DAY
 BAGELFEST DAY
 SNAKE DAY
 CANADA DAY
 MUTT DAY
 CHEESECAKE DAY

**CAPE HENLOPEN SENIOR CENTER
11 CHRISTIAN STREET
REHOBOTH BEACH, DE 19971**

**NON-PROFIT ORG.
PERMIT NO. 17
U.S. POSTAGE PAID
REHOBOTH BEACH, DE 19971**



Please read your newsletter thoroughly.
You don't want to miss out on
July/August happenings; and the upcoming
activities and programs for the Fall.