



# Cape Henlopen Senior Center

## NEWSLETTER · January and February 2026

## CHSC UPCOMING EVENTS

### Call or stop in the Center to register.

- Income Tax Help - Pg. 4
- **Bingocize – Pg. 7**
- Jackpot Bingo Fundraiser - Pg. 6
- **Medicare Advantage Presentation – Pg. 6**
- Membership Dues for 2026 – Pg. 4
- **Qi Gong – Pg. 7**
- Spanish (Beginners) – Pg. 6
- **Sussex County Health2 Mobile Unit – Pg. 5**
- 21 Reasons Why We Should Drink More Water–Pg. 5
- **Valentine Luncheon - Pg. 8**

11 Christian Street  
Rehoboth Beach, DE 19971  
(302) 227-2055 phone  
(302) 226-0961 fax

capehenlopenseniorcenter.org

**Center Hours:**  
**Monday thru Friday**  
**8:00 am until 4:00 pm**

The mission of the Cape Henlopen Senior Center, Inc., is to support adults 50 and over to lead their best lives.

### CHSC Holiday Closings

**Monday, January 19**  
Dr. Martin Luther King, Jr. Day



**Monday, February 16**  
Presidents' Day



# CHSC Weekly Activity Schedule

**Activities and Programs are subject to change. If in doubt, call the Center - 302-227-2055**

Activities	Day	Time	Instructor/Leader	Notes
<b>◆ Art, Literature, Music</b>				
Art Group	Monday	9:30 – 11:30	All levels (Acrylic, Watercolor and Oil)	
Art Studio	Friday	9:00 – Noon	Painting on your own.	
Bible Study –“The Harvest Church”	Tuesday	11:15– 12:30	Pastor Bernie ~ All are welcome to join.	
Book Club – (Books list at bottom)	3 <sup>rd</sup> Monday	1:00 – 2:00	Kate Masterton	To join call 302-227-2055
Chorus (TBA)	Wednesday	10:00 – 11:30	Thom Pemberton & MaryAnn Abella	
Music Lessons (Guitar or Ukulele)	If you're interested in music lessons, call the Center. Steve Pashigian, Instructor			
Writing Group	1 <sup>st</sup> & 3 <sup>rd</sup> Thurs.	2:00 – 4:00	Frances Riley	Looking for more writers.
<b>◆ Cards and Table Games</b>				
Contract Bridge	Thursday	12:30 - 4:00	Patrick Quinn	
Game Day (Play games of your choice)	Monday	12:30 – 4:00	<b>See Bernita if you would like to bring a group.</b>	
Mah Jongg	Wednesday	11:00 – 2:00	Joan McGrath	
Pinochle (Double Deck)	Thursday	11:00 – 4:00	See Bernita	
Penny Bingo - (Cleared until further notice)	Wednesday	11:45 – 4:00		\$0.01 per card
<b>◆ Crafts and Hobbies</b>				
Quilting	Tuesday	9:00 – 11:00	Sue Goudy	All quilters are welcome
Sewing Group	Tuesday	8:30 – 2:00	Kathi Snyder	All sewers are welcome
The “Yarners” Group	Wednesday	9:00 – 11:00		
Woodcarving	Tuesday	8:00 – 11:00		Looking for more carvers.
<b>◆ Exercise, Dancing</b>				
Arthritis Exercise	Wednesday	9:00 – 10:00	Wendy Rogers	\$5 per class
Balance Class with “Chris the Trainer”	Tuesday	3:15 – 4:00	Chris Selitto	\$7 per class
Ballroom Dancing – Beginner	Monday	12:30 – 1:30	Tom Pemberton	\$10 p.p. Need Partner
Ballroom Dancing - Beginner	Thursday	10:00 – 11:00	Tom Pemberton	\$10 p.p. Need Partner
Ballroom Dancing - Intermediate/Adv.	Thursday	11:00 - Noon	Tom Pemberton	\$10 p.p. Need Partner
Chair Aerobic (Resume January 22)	Thursday	9:00 – 10:00	Cindy Beaver	\$7.00 per class
Fitness Circuit Training	Wednesday	9:15 – 10:15	Chris Selitto	\$7 per class
Fitness Room	Mon thru Fri	8:00 – 4:00	<b>Except during circuit training (see above)</b>	
Line Dancing (Improver)	Monday	10:05 – 11:05	Marian Fetherolf	\$5 per class
Line Dancing (Beginner)	Monday	11:10 -12:10	Marian Fetherolf	\$5 per class
Qi Gong (New) See page 7	Tuesday	1:30 – 2:30	Kory Ward Cook	\$6 per class
Sit & Get Fit	Mon. & Fri.	9:00 – 10:00	Wendy R. & Iris M.	\$5 per class
Tai Chi for Balance – See page 7	Tuesday	9:15 – 10:15	Sharon Downs	\$6 per class
Zumba Gold (New) – See page 7	Mon	2:00 – 3:00	Sharon Grubaugh	\$5 per class
Chair Yoga	Tuesday	11:45 – 12:45	Kathy Boucher	\$5 per class
Gentle Yoga (TBA)	Wednesday	10:00 – 11:00		\$5 per class
<b>◆ Other</b>				
Billiards	Mon - Thurs	8:00 – 4:00	<b>\$1.00 per week.</b>	
Billiard League	Friday	9:00 – 2:00		
<b>◆ Other</b>				
Weigh Down Support Group	Friday	8:30 – 10:00	\$1.25 per week	
<b>◆ Other</b>				
Friends Dining Out-Meet at restaurant 4:30pm	3 <sup>rd</sup> Wednesday	Dinner at 5 pm	Romaine Embry, Leader	
CHSC Writers Group	1 <sup>st</sup> & 3 <sup>rd</sup> Thurs	2:00 – 3:30	Frances Riley, Leader	

## CHSC Book Club:

Monday, January 26 – **House Rules** by Jodi Picoult / Monday, February 23 – **Horse** by Geraldine Brooks  
If you would like to join the Book Club, leave your name and phone number at the front desk, and you will be notified.

## CENTER STAFF

Executive Director  
Linda Bonville

Program Director  
Bernita Hackney

Transportation  
Americo Cajina  
Earl Schlegel

## CHSC BOARD OF DIRECTORS

President - Gregory Murphy

Treasurer – Sandra Meagher

Secretary - Brenda Milbourne

Frank Gainer  
Mary Jenkins  
John Kelly  
Mike Shapiro  
Jeffrey Siwy  
Diane Taylor

Liaison (open)

### General Membership Board Meeting Dates

Date will be announced.

*General Membership Board  
meetings are open to  
all CHSC members.*

## From The Desk of The Executive Director.....Linda

May I start off in saying Happy New Year to everyone. Another year has passed and 2026 is going to be an exciting year. The center will be celebrating 60 years and plans are moving forward for our new center.

I am thrilled to share with all that CHSC is the recipient of a grant written three years ago through the office of now Senator Lisa Blunt Rochester. Just recently we received the good news of approval in the amount \$1,049,000 that will go to our new building.

**We are moving forward with the new center.** I have to commend “The Friends of CHSC”, in helping us with our first major Cabaret for Cape Seniors fundraiser. The Friends contributed many hours, much hard work, along with donations and time. I cannot thank them enough! A special thank you to everyone who supported us by purchasing tickets, donations and pledging your support. It was a very profitable fundraiser! We raised over \$143,000.

**Your help is appreciated.** Our new center is a major undertaking, and we are accepting donations toward this project. A pledge form is included in your newsletter. This can be shared with your family and friends. Also, if you are aware of possible donors, please let us know. A rendering of Phase 1 will be displayed on the main bulletin board.

Total cost: \$5 million - \$6 million.

Finally, we can say our dream is becoming a reality! Thank you in advance for your generosity.



A special **“Thank You”** to our members who bought Christmas items for the homeless shelters in the Sussex County areas. Also, a special thank you to Terry Cassanelli and Patrick Crouse and The Glade Quilters for donating handmade quilts. A representative from each shelter/facility picked up the gifts on December 19. The gifts will be given to each person housed in their facility.

Because of your kindness, 77 people received a holiday gift!

Once again, thank you for  
**“Being a Blessing by Blessing Someone in Need”.**

# It's that time of the year!

Your 2026 Dues are due by  
**January 30, 2026.**

**Dues are \$40 per person  
for the year!**

**You may pay by:**

**\*Check      \*Credit Card      \*Cash**

As always, we welcome you and **"Thank You"** for your support!



## **CENTER POLICIES**

### **Weather-related Closures**

CHSC is concerned about the safety and well-being of its employees and its members. The usual rule of thumb is that when the Cape Henlopen School District is closed, CHSC is also closed.

When weather conditions are forecast to affect the entire day and road conditions will be hazardous, CHSC will close. CHSC may decide to open late or for a half day only when early morning travel may be a risk.

If weather conditions become dangerous during the day, CHSC may decide to close early. Members will be notified of adjusted hours on the radio (**WGMD FM 92.7**)  
(**Radiorehoboth.com 99.1 FM**)  
or television (**WBOC Channel 6**).

### **Income Tax Information**

AARP Tax-Aide will prepare tax returns at Cape Henlopen Senior Center on Mondays, beginning February 2, 2026. We will begin taking appointments starting the third week in January. Tax-Aide volunteers will prepare, review, print returns and give the completed return to taxpayers within approximately 60 minutes on the day of the appointment.

While returns are being worked on, taxpayers can wait in their cars or at the Center, if there is adequate space for safe seating. Please bring your cell phone.

The mission of the Tax-Aide program is **to provide free basic tax return preparation for low-to-moderate income taxpayers**. Taxpayers should honor the mission of the program. Some returns are **outside of the scope** of the program and cannot be prepared; for example, we cannot prepare returns if you have income from rental property, transactions in crypto currency, investments with complex K-1s, energy credits for purchase of electric vehicles or purchases of clean energy property. Each taxpayer is responsible for the accuracy and completeness of their return. In addition to federal returns, we can prepare state returns for Delaware and Maryland.

Before making an appointment, taxpayers need to be sure they have **all** their relevant tax documents.

Taxpayers need to complete the yearly Intake/Interview form (IRS form 13614-C) **before** they come to their appointment. Forms will be available at the Center.

#### **Bring the following:**

- ✓ Picture id/social security card for all listed
- ✓ Your previous year's return.
- ✓ All income related documents (W-2, 1099-R, 1099-Int & Div, W-2G)
- ✓ A current check for direct deposit of refunds

Anyone with questions as to whether Tax-Aide volunteers can prepare your return should provide their name and phone number to Center staff and a volunteer will call you.

## Join FRIENDS



### Dates and Restaurants

Wednesday, January 21

**First State Brewing Company**

19266 Coastal Hwy Unit #1, Rehoboth

Wednesday, February 18

**FINS Ale House & Raw Bar**

19269 Coastal Hwy, Rehoboth

If you're interested in joining "Friends Dining Out" group, call 302-227-2055 to add your name to the list. If you are going to dinner, **YOU MUST CALL the Center to sign up**. We need to have a count on number of people going.

**Dinner at 5:00 pm.**

**NOTE: IF YOU MUST CANCEL, PLEASE DO NOT WAIT UNTIL THE LAST MINUTE TO CALL US. IT'S NOT FAIR TO THE GROUP OR TO THE RESTAURANT WORKERS.**

### **Sussex County Health2 Mobile Unit**

**Thursday, January 8  
10:00 am to 3:00 pm**



Free Mobile Health Care Clinic. **No appointment is needed. First come, first served basis.**

Insurance accepted but not necessary.

Certified translators are available. Health is on its way. Care Access (Telehealth/ Telemed).

- HIV Testing, Counseling, & Referrals
  - Diabetes Testing & Referrals
  - Cholesterol Testing & Referrals
- Blood Pressure Screenings & Referrals
- Smoking & Vaping Cessation Referrals
  - Lead Testing
  - Flu vaccines
- Clinical & Community Resource Referrals
  - Educational Materials
  - Opioid Rescue Kits available

Monday through Friday – 8:00 am to 4:00 pm

### **Beebe Healthcare Educational Series on Preventative Health**

#### Part 3

**Before Death – Living a Better Life Now by Planning Ahead.**

Presenter: Rev. Paula Waite M. Th., ACCP

**Thursday, January 8**

**9:00 am to 10:00**

In our society, talking about death or serious illness is often avoided. Not accepting death as a natural part of life can lead to unpleasant situations, such as unnecessary suffering at the end of life, unwanted treatments, and regret.

Moving toward a "good death" is highly variable and specific to each person. Fear and anxiety can be reduced by educating oneself and informing family members about your wishes.

This program will cover Advance Care Planning, Medical Interventions, and Why Talking Matters.

**Register by Monday, January 5**

### **"21 Reasons Why We Should Drink More Water"**

Presentation given by Ed Watt



**Thursday, January 15  
10:00 am to 11:30 am**

#### **Did you know?**

- Seniors' hydration aids in mobility to keep joints lubricated and can avoid joint pain.
- Senior age women, in particular, can avoid UTI with hydration.

To learn more on this topic, register by  
**Friday, January 9.**

## CHSC Happenings

### A Compassionate Guide Through Life's Most Tender Moments

#### Thursday, January 22 at 10:00 am

In times of loss, families often find themselves overwhelmed by emotion, uncertainty, and the many decisions that need to be made. That's where a dedicated family counselor who specializes in funeral arrangements steps in—serving not only as a planner but also as a source of comfort, guidance, and heartfelt support.

As a family counselor deeply committed to what I do, my mission extends beyond logistics. It is about helping families honor life, find peace in the process, and make thoughtful choices whether planning a service, arranging a cremation, or making advance preparations for the future.

**Presentation given by Brian Holston.**  
**Register by Friday, January 16.**

### español para principiantes (Beginner Spanish)

**Fridays, beginning January 9**  
**1:00 pm to 2:30 pm**

Do you have an interest in learning how to speak Spanish? We welcome you to come and join our beginner Spanish class taught by Victor Coloma.

He charges \$10 per month for lessons. You will need to purchase your own beginner Spanish Book. If interested, register by January 5.

**Latin Dance classes taught by Victor Coloma**  
Fridays, beginning January 9  
**10:30 am to 11:30 am.**  
\$7 per class.

**If interested, register by Monday, January 5.**

### Cape Henlopen Senior Center



**Wednesday:  
January 7 and 21  
February 4 and 18**

**Doors open at 11:30 am  
Games start at 1:00 pm**

**Admission \$20**

**Includes:** 1-Game Pack, Specials, 1-Quickie Card. Does not include: 50/50. Additional games sold.

Open to the public! Bring a friend with you.

**Monday, January 12 at 10:00 am**

Make plans for Medicare Advantage. Learn about all the benefits a WellCare plan has to offer.



- ✓ \$0 monthly plan premium
- ✓ Prescription drug coverage
  - ✓ Dental coverage
  - ✓ Vision coverage
  - ✓ Hearing coverage.

If you are interested in this program, register by Friday, January 9.



**Beginner Driver Courses**  
**Friday, February 20**

9:00 am to 3:00 pm.

AARP Members \$20~Non-Members \$25

**To register, call 302-227-2055**



## Tai Chi for Balance

Instructor: Sharon Downs

6-weeks - \$36.00

Jan. 13, 20, 27 & Feb. 3, 10 & 17

**Tuesdays: 9:15 am - 10:15 am**

This 6-week course will begin your journey towards better balance.

By practicing slow, mindful, low impact movements, called Tai Chi, your awareness of how to reduce the risk of falling improves.

**You may register either at the Center's front desk; or by calling 302-227-2055.**

## Qi Gong

Instructor: Dr. Kory Ward-Cook

**Tuesdays, beginning January 13  
1:30 pm to 2:30 pm  
\$6.00 per class**

This 60-minute Qigong class includes gentle warm-ups, gentle, slow, flowing movements, combined with breathwork, meditation, and self-applied massage to help the body heal, calm the mind, and boost energy.

This class is beneficial for those new to Qigong and those with experience. Dr. Kory Ward-Cook will provide detailed instruction for beginners to learn the movements. The class can be done either standing (building strength in the legs and improving balance) or seated in a chair (for those with mobility and balance limitations).

**You may register at the Center's front desk; or by calling 302-227-2055.**

## Bingocize

**Bingocize** is an evidence-based health promotion program that combines the game of bingo with health education and/or exercise for older adults and people with disabilities. These 45-60 minutes classes will be held on January 16 & 30; February 13 & 27; March 13 & 27 from 1:00 pm to 2:00 pm. Get ready to shout "BINGO" and win some amazing prizes. If you are interested in this program, please register by calling 302-227-2055.

Monday through Friday – 8:00 am to 4:00 pm

## Need smartphone or computer help?

Steve Palaszewski offers **FREE** Computer, Tablet, and Smartphone help.

**Wednesdays:**

January 14 and 28

**February 11 and 25**



9:30 am to Noon

You must call 302-227-2055

## Dangers of Diabetes

**Thursday, February 19 at 10:00 am**

Presentation given by Ed Watt

Diabetes, a condition caused by excessive consumption of sugar, the condiment. Severe conditions that can occur are blindness, amputation, and death.

Protect yourself and your grandchildren.

For more information on this topic, register by Friday, February 13.



**Sharon Grubaugh, Instructor**

**Mondays ~ 2:00 pm to 3:00 pm  
Beginning January 5**

**\$5.00 per class**

This is a low impact, modified version of the traditional Zumba fitness class designed for active older adults or beginners. It features easy-to-follow choreography set to Latin and international rhythms, focusing on balance, coordination, and range of motion while providing a cardiovascular workout. The goal is to provide a fun, party-like atmosphere that is gentle on the joints while still improving fitness, agility, and mood.

**You may register at the Center's front desk; or register by calling 302-227-2055.**



Dale Adams  
Susan Bies  
Wendy Bohner  
Bill Churchman  
Mary Costa  
Priscilla Diacont  
Judy DiMaio

Bettina Donofrio  
Robert Edwards  
Julia Ellis  
Steven Jackson  
Cindy Lovett  
Paul Lovett  
Karen Connor McQueen

Pat Niland  
Kris Nygaard  
Timothy O'Donnell  
Elizabeth Phruksaraj  
Sam Phruksaraj  
Mary Ratchford  
Liane Sorenson

Kim Stahley  
Donna Sullivan  
Janet Urdahl  
Kelly Williamson  
Cynthia Wise

## CHSC Fundraisers Winners!

### 20-Week Club Winners

**Drawings - every Friday, beginning  
December 5, 2025 thru April 17, 2026**

Week 1 ~ Cynthia Silverblatt - Won \$200!  
Week 2 ~ Thom Howard - Won \$50.  
Week 3 ~ Susan Goudy - Won \$50.  
(Susan, donated her money to CHSC Building fund).  
Week 4 ~ Kent Gaffey - Won \$50.  
Week 5 ~ Elaine Davis - Won \$50.

Because our senior center will close for the holiday, December 24 thru January 2, Week 2, 3, 4 and 5 drawings occurred on Wednesday, December 17.

All winners have been notified.

Drawings from Week 6 thru Week 11 will be posted on the Center's bulletin board and published in the March/April Newsletter. Week 12 thru Week 20 will be published in your May/June Newsletter.

**CHSC Dining Out Drawing – Dec. 17**  
Winner: Frank Gainer

**Holiday Basket Drawing – Dec. 17**  
Winner: Dianna Wazlaver

**Congratulations to all our winners!**

Monday through Friday – 8:00 am to 4:00 pm

## Valentine's Day LUNCHEON

The Harvest Church is having a Valentine's Luncheon at our Center on **Wednesday, February 11 at Noon.**

Enjoy a delicious lunch for \$5.00

**Sign up and pay by February 6.**  
Space is limited.

**Note:**  
**No Arthritis or Yoga Classes today.**

## MARK YOUR CALENDAR AND SAVE THE DATE!

**Rehoboth Concert Band Fundraiser to benefit CHSC.**

**Sunday, March 15, 2026**  
**at 3:00 pm**

**Tickets go on sale around the middle of February.**

Concert will be held at Epworth U. M. Church, 19285 Holland Glade Road, Rehoboth Beach, DE

## **CHSC TRIP RULES**



- **ON TRIP SIGN UP DAY – ONLY MEMBERS MAY BOOK TRIPS.  
AFTER THAT DAY NON-MEMBERS MAY BE ADDED AS SPACE PERMITS.**
- **CHSC BUS COURTESY SUGGESTIONS:** We ask that all single travelers share seats so double seats will be available for those partners traveling together. We appreciate your courtesy and cooperation.

**1.** According to our guidelines, if you are registered for a trip that is full and you need to cancel your reservation, you must notify the office or find someone to take your place and notify the office of the change.  
**If you fail to do this, you will be put on the waiting list for future trips.**

**2.** Refunds will only be given if.....

- There is a waiting list and someone else takes your seat.
- You can find your replacement if there is no waiting list (be sure to check with the office first).
- The Center cancels the trip.
- In the event of a documented medical emergency, refunds can only be given if the Center is able to get a refund or a credit from the vendor.
- Please understand the Center has paid for trips in advance; if we can't get our money refunded, we can't refund yours.

**ALL REFUNDS WILL BE ISSUED ON THE 15<sup>TH</sup> OR 30<sup>TH</sup> OF THE MONTH.**

## **CHSC TRIPS FOR 2026 AND 2027**

- **BLOOM TIME IN WASHINGTON DC** – 3/25 – 3/28, 2026 - **Mars Tours and Travel**. Discover Washington DC in full springtime splendor on this unforgettable four- day Cherry Blossom getaway. Enjoy guided tours of the nation's most iconic memorials – including Lincoln, MLK Jr., FDR, Jefferson, Vietnam, Korea, and WWII – plus photo stops at the White House and the Tidal Basin's famous cherry trees. Savor free time at the Wharf, a delightful lunch stop at Pentagon City, and a scenic Cherry Blossom Cruise with dining, narration, and music. Explore the treasures of the Capitol, Library of Congress, Supreme Court, and Eisenhower Memorial, along with a moving visit to Arlington National Cemetery. Cap your journey with leisure time at your choice of Smithsonian museums before returning home filled with the beauty, history and inspiration of our capital city in bloom. \$1,989 per person, double occupancy. \$2,459 per person, single occupancy. [Sign up on our website.](#)
- **EXPLORE TUSCANY – (Trip is full, however, there is a wait list)**. 04/14 – 04/22, 2026 – Collette Tours trip includes Highlights of Montecatini Terme, Lucca, Family-owned Winery Experience, Florence, Pisa, Cooking Class, Siena, Cheese Farm, San Gimignano, round trip air from Philadelphia International Airport, Air Taxes and Fees/Surchargers, Hotel Transfers. \$3,929 double occupancy. \$4,229 single occupancy. [Sign up on our website.](#)
- SAIL250 VIRGINIA & NORFOLK HARBORFEST** - 6/17-6/ 21,2026 - **Mars Tours and Travel**. Experience the heart of America's early story on this five-day journey through Virginia's most iconic historic treasures. From the halls of the Virginia State Capitol and a live encounter with Patrick Henry in Richmond to walking the storied streets of Colonial Williamsburg and Yorktown, you'll step directly into the drama that shaped our nation. Witness the majestic Sail250 Tall Ship Parade from exclusive waterfront seats at Fort Monroe, explore Norfolk's maritime legacy aboard the USS Wisconsin, and enjoy festival fun, fireworks, and coastal leisure time in Virginia Beach. Along the way, savor classic coastal cuisine, comfortable accommodations, and expert-guided tours. Your adventure concludes with an enriching visit to George Mason's Gunston Hall before returning home filled with the stories, sights, and spirit of America's Revolutionary past. \$2,189 per person, double occupancy. \$2,625 per person, single occupancy. [Sign up on our website.](#)
- **CANYON COUNTRY** – 9/9 – 9/16, 2026 - Book now and save \$300 per person. Collette Tours trip includes exploring Sedona, Grand Canyon, Lake Powell, Bryce Canyon, Zion National Park and Las Vegas. Round trip air from Philadelphia International Airport, Air Taxes and Fees/Surchargers, Hotel Transfers. \$4,079 double occupancy. \$5,079 single occupancy. [Sign up on our website.](#)
- **GREEK ISLES** – Grand American Tours ~ Royal Caribbean Cruise Line on The Explorer of the Seas - 10/3 – 10/6, 2026. Inside Cabin Category - 4V \$3,928 / Outside Cabin Category - 2N \$4,340. Balcony pricing available upon request. Rates are per person double occupancy and include roundtrip airfare from Philadelphia cruise, port charges, government fees, taxes and transfers to/from ship. Air prices are subject to change. An initial deposit of \$350 per person double occupancy or \$700 per single occupancy is required to secure reservations and assign cabins. Make reservations at [grandamericantrips.com](http://grandamericantrips.com) Final payment is due by June 5, 2026.
- **GAYLORD CHRISTMAS IN DC** – 12/7-12/10, 2026. **Mars Tours and Travel**. Celebrate the magic of the season in Washington DC and Old Town Alexandria on this festive four-day getaway. Enjoy a scenic waterfront lunch, explore the dazzling holiday displays at the U.S. Botanic Garden, and settle in for a luxurious stay at the Gaylord National Harbor-complete with sparkling decorations, shops, and optional seasonal attractions like ICE! Journey through American history with guided visits to Mount Vernon, Old Town Alexandria, and the elegant Hillwood Estate. Savor memorable meals, browse the Downtown Holiday Market, admire the National Christmas Tree, and take in DC's iconic monuments illuminated at night. This enchanting holiday escape blends history, culture, shopping, and seasonal cheer into a perfect pre-Christmas adventure. \$1,725 per person, double occupancy single occupancy \$2,139 per person, single occupancy. [Sign up on our website.](#)

### **Upcoming trip for 2027**

#### **Grand Americans Tours:**

Australia & New Zealand with Norwegian Cruise Line on the Norwegian Spirit - February 15 – 27, 2027  
If interested in this trip, you can pick up an itinerary at the Center.

**TRIP SIGN UP DAY – TUESDAY, JANUARY 6 – FROM 8:30 AM to 10:00 AM**  
**YOU MAY STILL SIGN UP FOR TRIPS THE NEXT DAY, IF YOU WERE UNABLE**  
**TO COME IN ON TRIP SIGN-UP DAY.**

**JANUARY 2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>CENTER CLOSED</b>	2 <b>CENTER CLOSED</b>	3
4	5	6 TRIP SIGN UP DAY 8:30 AM TO 10:00 AM	7  Cinema Arts Theatre WATERLILIES BY MONET	8 ALTERNATIVE DAY TRIP, NO BUS TODAY.	9 HOBBY LOBBY, BYLER'S DOVER ~ COUNTRY EATERY	10
11	12	13 CHRISTIANA MALL TRADER JOE'S COSTCO	14 LINDENMERE MARKET	15 FONDUE DINNER	16 ALTERNATIVE DAY TRIP, NO BUS TODAY.	17 MILTON THEATRE BROADWAY CABARET
18	19 <b>CENTER CLOSED</b> 	20 MYSTERY LUNCH	21  ~ DUTCH APPLE CLUE THE MUSICAL	22 ALTERNATIVE DAY TRIP, NO BUS TODAY.	23 BOOTH'S CORNER	24
25	26 BARNES MUSEUM PA	27 ALTERNATIVE DAY TRIP, NO BUS TODAY.	28 SHADY MAPLE SMORGASBORD & SHOPPING PA	29 CLEAR SPACE "NOISES OFF"	30 WINDMILL CREEK IGLOO DINING BERLIN, MD	31

## JANUARY TRIP DETAILS

**WED., JAN. 7 – CINEMA ARTS THEATER-WATERLILIES BY MONET: THE MAGIC OF WATER & LIGHT.....** "tells the story of the origin of a massive work of art that broke with convention, of an artist resurrecting his life only thanks to painting. His human endeavor defied both space and conventions in his timeless masterpieces... the undisputed genius of French Art disrupted the art world and changes it forever". Film is at 1:00 PM. *Join us for a post-film Q & A with Jamie Moore, Rehoboth Art League.* LUNCH OYO at First Watch-Lewes 11:30 AM. MEMBERS \$22.00 GUESTS \$27.00  
**BUS DEPARTS CHSC 11:00 AM; RETURNS 3:15 PM**

**FRI., JAN 9 – HOBBY LOBBY & BYLER'S DOVER**  
Are you looking for craft items, home décor, yarn, fabric? Then shop for a large variety of bulk & health foods, produce, deli meats & cheeses, fresh baked pies, breads & outlet groceries. This Byler's has a kitchen and gift shop. LUNCH OYO at COUNTRY EATERY. MEMBERS \$7.00 GUESTS \$12.00  
**BUS DEPARTS CHSC 9:30 AM; RETURNS 3:30 PM**

**TUES., JAN 13 - CHRISTIANA MALL / TRADER JOE'S / COSTCO** Fun day of shopping at all your favorite stores! LUNCH OYO at the Mall. MEMBERS \$7.00 GUESTS \$12.00  
**BUS DEPARTS CHSC 8:30 AM; RETURNS 3:30 PM**

**WED., JAN. 14 - LINDENMERE MARKET, BRIDGEVILLE**  
Many unique finds; apparel, bags, beauty, greens, home, garden, jewelry, and stationary ideas for your shopping pleasure. LUNCH OYO Tony's Pizza & Pasta  
MEMBERS \$7.00 GUESTS \$12.00  
**BUS DEPARTS CHSC 9:30 AM; RETURNS 3:00 PM**

**THURS., JAN. 15 – FONDUE RESTAURANT, MILFORD**  
...cozy yet upscale restaurant offers customizable four-course fondue dining—from rich cheeses and savory entrees to decadent chocolates." DINNER OYO. MEMBERS \$7.00 GUESTS \$12.00  
**BUS DEPARTS CHSC 3:00 PM; RETURNS 6:30-7 PM**

**SAT., JAN 17 – MILTON THEATRE – BROADWAY CABARET**  
A DAZZLING CELEBRATION OF THE GREATEST HITS FROM Broadway's most iconic shows. ...this performance will bring to life the songs that have stopped shows and captured hearts on stages from New York to the West End. LUNCH OYO at Irish Eyes. MEMBERS \$33.00 GUESTS \$38.00  
**BUS DEPARTS CHSC 12:30 PM; RETURNS 5:30 PM**

**TUES., JAN. 20 – MYSTERY LUNCH**  
Join us for a relaxing lunch somewhere in Sussex County. LUNCH OYO MEMBERS \$7.00 GUESTS \$12.00  
**BUS DEPARTS CHSC 11:30 AM; RETURNS 2:30 PM**

**WED., JAN 21 – DUTCH APPLE – CLUE THE MUSICAL**  
"A fun-filled whodunit brings the popular board game to life! Six guests, each with a secret, are invited to a dinner party. In this interactive comedy, the audience can play along to help solve the mystery of who killed Mr. Boddy, in what room, and with what weapon. PG" (mild profanity) LUNCH INCLUDED IN PRICE. MEMBERS \$75.00 GUESTS \$80.00  
**BUS DEPARTS CHSC 8:00 AM; RETURNS 7:00 PM**

### **FRI., JAN 23 - BOOTH'S CORNER**

SHOP SHOP! "...an amazing array of fresh produce, fresh meats, cheeses and other wonderful foods to enjoy for your lunch. LUNCH OYO  
MEMBERS \$7.00 GUESTS \$12.00  
**BUS DEPARTS CHSC 8:15 AM RETURNS 3:30 PM**

### **MON., JAN. 26 BARNES MUSEUM., PHILADELPHIA**

Features collections of "world's most important impressionist, post-impressionist, and modern paintings, including works by Renoir, Cézanne, Matisse, and Picasso. These are displayed alongside African masks, native American jewelry, Greek antiques" and more! LUNCH OYO at on-site Garden Restaurant or Reflections Café MEMBERS \$27.00 GUESTS \$32.00  
\*\*\*THIS COST is for a self-guided admission. If 10 members signup, there is an option for a docent-led tour, which would cost an **additional \$10.00**. This would be collected later if there's enough interest. **\*\*REGISTER EARLY!**

**BUS DEPARTS CHSC 7:30 AM; RETURNS 4:30 PM**

### **WED., JAN 28 - SHADY MAPLE SMORGASBORD &**

**SHOPPING** "Experience the excitement of dining at the United States' largest **smorgasbord**, featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking." Shopping is available at the Farm Market, Goods General Store, or the Gift Shop  
LUNCH OYO \*\*If it's your, Birthday your meal is free\*\*  
MEMBERS \$7.00 GUESTS \$12.00

**BUS DEPARTS CHSC 8:00 AM; RETURNS 5:30 PM**

### **THURS., JAN 29 – CLEAR SPACE - NOISES OFF**

... panic, and perfectly timed pandemonium make *Noises Off* the quintessential British farce, a love letter to theatre... and a strongly worded apology to stage managers everywhere. A team of hapless actors are attempting to mount the (very fictional) farce *Nothing On*, but missed cues, romantic mishaps, and an increasingly aggressive plate of sardines seem to stand in the way. From backstage, to on stage, to back again, this comedy spirals out of control, reminding us all that sometimes everything that can go wrong in the theater will....

LUNCH OYO at a local restaurant AFTER the 11:00 AM SHOW  
MEMBERS \$49.00 GUESTS \$54.00  
**BUS DEPARTS CENTER 10:30 AM; RETURNS (TBA)**

### **FRI., JAN. 30 - WINDMILL CREEK, IGLOO DINING**

"Chilly days call for warm memories, and there's no better way to enjoy them... Winter Igloo Dining Experience served inside a beautifully lit, heated private igloo. Surrounded by twinkling lights and winter charm, you'll sip fantastic wines, savor comforting bites, and soak in serene views of the frosty landscape."

DINNER OYO  
MEMBERS \$13.00 GUESTS \$18.00  
**BUS DEPARTS CHSC 4:15 PM; RETURNS 8-8:30 PM**



**TRIP SIGN UP DAY – TUESDAY, JANUARY 6 – FROM 8:30 AM to 10:00 AM.**  
**YOU MAY STILL SIGN UP FOR TRIPS THE NEXT DAY, IF YOU WERE UNABLE TO**  
**COME IN ON TRIP SIGN-UP DAY.**

<b>FEBRUARY 2026</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 BRUNCH HONEY'S LEWES ~ SHOP BRUSH FACTORY	4 	5 HARRINGTON CASINO	6 AMERICAN TREASURES MUSEUM OAKS, PA	7
8 CANDLELIGHT THEATRE THE PRODUCERS MEL BROOK	9	10 ALTERNATIVE DAY TRIP, NO BUS TODAY.	11 VALENTINE LUNCH AT CHSC 12 PM  DETAILS ON PAGE 8	12 WEGMAN'S & TRADER JOE'S, WILMINGTON	13 SURF & TURF VALENTINE'S LUNCH	14
15	16 CENTER CLOSED 	17 LUNCH DRIVER'S CHOICE	18 	19 VICTROLA MUSEUM, DOVER	20 BOOTH'S CORNER	21
22	23	24 TRIP SIGN UP DAY FOR MARCH & APRIL TRIPS 8:30 AM TO 10:00 AM	25 DELAWARE THEATRE GLORY RIDE	26 WEE FANCY TEA, NEWARK, DE	27 TARGET, BOSCov's LONGHORN, DOVER	28



# CHSC Member Birthdays

## JANUARY

**1** Barbara Alexander  
Eric Bolton  
Jennifer Fitzpatrick  
Patti Glass  
Angela Grubbs-Davis  
Bobbie Hemmerich  
Bille Hughes  
Debbie Hunt  
Patricia Lamb  
Jeanne Leisner  
Karin Vicari  
Arthur Weissbrodt  
**3** Donna J. Carolan  
**4** Janet Butler  
Paula Walker  
**5** Patt Fowler  
**6** Scott Carstairs  
Susan Thornton  
Calvin Schutz  
**7** David Paul  
Annette Reeping  
Bertha Scott  
Lisa Stroud  
**8** Carol Bradford  
Connie Crisofulli  
Brenda Milbourne  
Darla Vollero  
**9** Kathy Yurkovich  
**10** Carol Grosso  
Natalia Mummert  
Anna Siwy  
**11** Diane Braver  
Kathy Porsella  
Patricia Tucker  
**12** Nancy E. Richardson  
Marianne Walch  
**13** Dale Akin  
Walter Hudson  
Cindy Lovett  
George Mills

**14** Helen Browning  
Meryl Migdel  
**15** Laurie Hammond  
**16** Marjorie Biles  
Heather Greene  
Donna Mabry  
**18** Linda Dux  
Adrienne Meckley  
**19** Kathleen Beagle  
Mary Harris  
Anthony Mallama  
Rosalie Snyder  
Pat Stamidis  
**20** Michelle Berned  
Mary Ellen Mack  
**21** Mary Farley  
Alice Nagle  
**22** Beverley Hatton  
Sarah Lohr  
Pam O'Connell  
**23** Karen Campbell  
Laura Norwood  
Francie Vickio  
**24** Jamie Swalm  
**25** Cheryl Belluci  
Lon Cohen  
Linda Escalante  
Harold Olson  
**26** Nonna Noto  
**27** Jeff Balk  
John Kelly  
Joyce Santoni  
**29** Susan Kandler  
Joan LaRusso  
Raymond Shanahan  
Robert Weaver

**30** Marti Badila  
Joanne Comerford  
Ben Furnas  
Sandra Gilbert  
Christy Johnston  
Toni Mason  
**31** Stan Mills

## FEBRUARY

Johanna Barbati  
Donna Beaver  
Susan Bies  
Catherine Brown  
Charlotte Hughes  
Kathy Lamprey  
**3** Judy DiMaio  
Gayle Linden  
Janice Meyer  
**4** Paul Claypoole  
Helen Daley  
William Lorelli  
Neal Pollock  
Nancy Schneider  
Alan Stephens  
**5** Marcia Maldeis  
Robert Tucker  
**6** Romaine Embrey  
Anne Lynam  
**7** Marie Chambers  
Joseph Jablonski  
Sandra McGee  
Sandy Williams  
**8** Eileen Cifelli  
Susan Devericks  
**9** Stephen Cirino  
Linda Grigsby  
Nancy Stephens  
**10** Denise Rhone  
**11** Billie Reynolds  
**12** Kathleen Ackerman  
Karen Palmer  
Frances Riley  
**13** Lawrence Blaisse  
George Eilbacher  
Eileen Larkin  
Sandy Quillin  
Michael Shapiro  
**14** Mary Ellen Kenney  
Cindy LaBlanc  
Barbara Ann McDonald  
Cynthia Wise  
**15** Marie Torrey  
**16** Marianne Bott  
Henry Bloodsaw  
**17** Americo Cajina  
Edith Shanahan  
**19** Robin Lewis  
Joel Murphy  
**20** Elizabeth Colligan  
Cathy Pearmon  
**21** Norman Geppert  
Judith Pagani  
Maurice Sanger  
Kelly Williamson  
**22** Christine Watry  
**23** Martina Walton  
**24** Adele Booton  
**25** Louis Rachles  
Michelle Tobash  
Joan Vodar  
Robert Warmkessel  
**26** Sallie Bird  
Yolanda Chaiekl  
Frank Fucci  
**27** Sarah Barnett  
Irene Soroka  
**28** Veronica T. Bradley  
Bettina Donofrio  
Jay Hergenroeder  
Jayne Posey

Happy Birthday to all!

Monday through Friday - 8:00 am to 4:00 pm

**CAPE HENlopen SENIOR CENTER  
11 CHRISTIAN STREET  
REHOBOTH BEACH, DE 19971**

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Please read your newsletter thoroughly.  
You don't want to miss out on  
January/February happenings.