

16, 17, 18 October 2026 | Alexandra Palace, London

## ***Meinl Sonic Energy to Attend Mind Body Soul Experience 2026!***



Meinl Sonic Energy is pleased to announce its participation in the upcoming Mind Body Soul Experience, taking place alongside OM Yoga Show and Vegan Life Live from October 16th–18th, 2026, at London’s Alexandra Palace.

As a leading innovator in sound healing instruments and meditative tools, Meinl Sonic Energy will showcase a curated selection of its most popular products, including singing bowls, gongs, steel tongue drums, tuning forks, and other therapeutic sound instruments designed to support mindfulness, relaxation, and holistic wellbeing.

The Mind Body Soul Experience brings together wellness practitioners, yoga enthusiasts, sound therapists, and conscious brands under one roof for a transformative weekend dedicated to health, spirituality, and personal growth.

Running alongside the OM Yoga Show, one of the UK’s most celebrated yoga and wellbeing events, the exhibition offers attendees the opportunity to discover new tools, attend workshops, and experience live demonstrations.

Visitors to the Meinl Sonic Energy stand can expect:

- Live sound demonstrations and immersive mini-sessions
- Hands-on opportunities to explore instruments
- Expert guidance on integrating sound into yoga, meditation, and therapeutic practices
- Exclusive event offers and opportunities

“We are excited to connect with the vibrant community attending the Mind Body Soul Experience,” said Michael Haas - Meinl Sonic Energy Brand Manager. “This event provides the perfect platform to share the transformative power of sound and to support practitioners and newcomers alike in deepening their wellness journey.”

The event will take place from Friday, October 16th through Sunday, October 18th, 2026. Attendees are encouraged to visit the Meinl Sonic Energy booth to experience the resonance and craftsmanship that define the brand.



***For more information about Meinl Sonic Energy and its full range of sound healing instruments, please visit their official website.***

**[www.meinlsonicenergy.com](http://www.meinlsonicenergy.com)**

*Join us this October and be part of the atmosphere and community created by The Mind Body Soul Experience 2026!*

***Tickets available now at  
[mindbodysoul.show](http://mindbodysoul.show)***

### **The Mind Body Soul Experience 2026**

16th, 17th & 18th October 2026.  
Alexandra Palace, London, N22 7AY

#### **Opening Times**

Friday 11am - 6pm | Saturday 10am - 6pm | Sunday 10am - 5pm

#### **Admission Costs**

One Day - £15 | Two Day - £24 | Three Day - £30 | Children under 16 - Free

#### **Further Information**

For further information and images or to arrange an interview, please contact Victoria Willmott on 01787 224040 | [victoria@primeimpact.co.uk](mailto:victoria@primeimpact.co.uk)