



2026 WORKSHOPS

*Sisterhood
Creates
Possibilities* ♥

EXPLORE • LEARN • GROW • BELONG

SATURDAY, OCTOBER 10, 2026

1



Financial Literacy: Building & Managing Wealth

Build confidence in your financial future! Learn practical skills for managing money, making smart financial decisions, and understanding how the choices you make today can help you build wealth and create greater financial opportunities for your future.

2



Cumbia Colombiana: Culture, History & Dance

Discover the vibrant world of Colombian Cumbia! Learn about the history, cultural roots, and traditions behind this beloved dance and how it became an important expression of Colombian culture. Then get on your feet and experience the music, rhythm, and basic steps of Cumbia for yourself!

3



Community Building Through the Wyoming Congressional Award

Discover how getting involved in your community can make a difference while helping you grow as a leader. Learn about the Wyoming Congressional Award and how young people can work toward earning this recognition through community service, personal development, physical fitness, and exploration.

4



Geology Rocks! Let's Identify Minerals

Get hands-on with geology as you explore the fascinating world of rocks and minerals! Learn how to observe and identify different mineral characteristics, discover more about the Earth beneath our feet, and create your own rock-sample necklace to take home as a reminder of your experience.

5



Mental Health & Wellness: Taking Care of You

Your mental health matters. Explore the importance of emotional well-being, recognizing when you or someone else may need support, suicide prevention and awareness, and the impact cyberbullying can have on mental health. Learn ways to care for yourself, support others, and know when and where to reach out for help.

6



Coding in Motion: Explore Engineering with Sphero BOLT Robots

Bring coding to life! Explore engineering, technology, and problem-solving as you learn to program a Sphero BOLT robot. Through hands-on activities, you'll experiment with coding and see how your instructions can make a robot move, respond, and complete challenges.

*Different Backgrounds
Same Dreams
Stronger Together* ♥

EMPOWER
EDUCATE
BELONG
INSPIRE

