



LUNCH

Minimum of 10 of any individual item or 15% surcharge applies

SANDWICHES

ON WHITE BREAD

\$10 each

Ham, lettuce, tomato, cucumber, mayo

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Tuna, lettuce, cucumber, mayo

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Turkey, lettuce, cucumber, tomato, cheese, mayo

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Shredded chicken, lettuce, cucumber, avocado, mayo

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Lettuce, cucumber, egg, mayo

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Grilled capsicum, lettuce, tomato, cucumber, cheese, mayo

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Japanese fruit sandwich (fresh cream and seasonal fruits)

Other bread types available:

Sour-dough + \$1.50

Turkish bread + \$2

Gluten-free bread + \$3

WRAPS

\$12.50 each

Roasted chicken, avocado and salad

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Tuna, garlic mayo, avocado and salad

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Classic beef, grilled capsicum and salad

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Mediterranean with grilled eggplant, grilled capsicum, feta cheese, salad, hummus

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Plant-based with mushroom, jack fruit, salad, spicy hummus



BENTO BOXES

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\$25 each (meat/seafood), \$20 each (tofu)

Teriyaki chicken with roasted sweet potato, lemon, marinated capsicum, sauteed broccoli and rice

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Meat balls in Korean spicy sauce with roasted sweet potato, lemon, marinated capsicum, sauteed broccoli and rice

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Prawn with chilli sauce, roasted sweet potato, lemon, marinated capsicum, sauteed broccoli and rice

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Tofu with roasted sweet potato, lemon, marinated capsicum, sauteed broccoli and rice

SALADS

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\$14 each

Classic Caesar salad with cos lettuce, bacon, egg, croutons, parmesan cheese and Caesar dressing

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Lentil, carrot, cucumber and beetroot salad with coconut yoghurt dressing

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Pesto pumpkin salad with walnuts, chickpeas and pesto dressing

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Soba noodles with apple, carrot, cucumber, cabbage, avocado, cherry tomato and Asian dressing

DRINKS

Orange Juice 2L \$9

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Apple Juice 2L \$9

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Italian Mineral Water 1L \$6

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Soft drink 2L \$6