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FEBRUARY 2022

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OF HISTORIC BROOKHAVEN

Living

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Cathy and Bob

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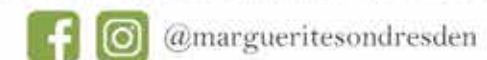
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The residents of Historic Brookhaven.
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CYNTHIA'S CORNER

"Sometimes all you need is a good cup of tea." – Unknown

note
publisher's

Hello neighbors, friends, and sponsors,

It's February, a chilly month with a focus on the warmth of love and connection! One of my favorite ways to connect with friends, old and new, is over a hot cup of tea or coffee. Several places that I frequent are Cupanion's Kitchen + Coffee, Café Vendôme, and Moonbird Coffee. Make sure to check out the dates and times of operation before going since they're all locally owned. However and wherever you decide to connect, I encourage you to take time out with that special someone for a warm cup of something while showing your love this month. Happy Valentine's Day, y'all!



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In closing, I'd like to say that I'm forever grateful to our business partners who make this community-written magazine free to all the residents. A huge thank you to the many residents who contribute by sending in stories and neighborhood updates. *Historic Brookhaven Living* would not exist without the support of our community.

I look forward to meeting more incredible people in the area and sharing your stories.

With Much Gratitude,
Cynthia Carns
404-550-1881
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If you have a story, an upcoming event or just want to meet for tea, please email me at cynthia.carns@n2pub.com.



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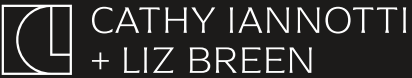
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When Cathy and Liz are not busy selling real estate, you can find them both on the tennis courts or loving on their sweet doggies, Buddy, Daisy and Charlie.



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The Bostons,

Cathy and Bob

Loving and Supporting the Historic Brookhaven Community for Over 50 Years

by Lisa Wargo, HBL resident feature writer

Cathy and Bob Boston are longtime Historic Brookhaven residents, and in Cathy's case, part of a family with deep roots that go back five generations throughout the Historic Brookhaven/Buckhead area. Before moving to their house on Stovall Boulevard 39 years ago, Cathy lived in a home at the corner of Carter Drive and Club Drive on a lot her first father-in-law purchased in 1941. Three generations of the family have attended Sarah Smith Elementary School, and Cathy's grandfather lived on the property where the Buckhead library is now located. She remembers stories of her father hunting in the area, where the Atlanta Fish Market restaurant now stands.

Not only have the Bostons lived in the area for years, but they have shown their love for Historic Brookhaven through countless volunteer hours, sponsorships, and donations. Cathy has been a member of the neighborhood association board for over 20 years, chaired its zoning committee for 15 years, and represented Historic Brookhaven as an elected business representative to NPU-B, part of the City of Atlanta government. She was a legacy club sponsor for Little Nancy Creek Park when it was first built and has sponsored numerous area events, including school auctions, Fun Run and Street Party, park concerts, and more.



In the years she has lived in Historic Brookhaven, Cathy has gone from being



a stay-at-home mom and volunteer to one of the most well-known and successful real estate agents in the area. She left her agency of 35 years in March 2021 and, with four other agents, founded HOME Luxury Real Estate, a boutique real estate firm. HOME, which tripled projected sales in the first year, offers a more personal and custom experience, according to Cathy.

Bob is now retired from being a pilot at Northwest Airlines. He keeps a plane at nearby Peachtree-DeKalb Airport, loves aerobatic flying, and is a test pilot and instructor for Delta Airlines.

Along with family stories, Cathy has rich tales from her days as a volunteer at Sarah Smith. As a mom volunteering in the classroom, she had the opportunity to work with her daughter's

meet your neighbors



now-famous classmates, actor Ethan Hawke and Hollywood producers, directors, and screenwriters Josh and Jonas Pate (whose credits include hit series *Outer Banks*). She even helped the Sarah Smith auction committee secured a donation from Hawke several years ago.

The Bostons have a large family, extended and close, that loves to celebrate holidays together. Daughter Jennifer Ramsdell Sander Walker

lives in the Chastain area and has a 13-year-old daughter. Son Cliff Ramsdell lives in Carlsbad, CA, and has a 23-year-old son, who lives in Atlanta. Youngest son Ben Boston lives in Peachtree City and has four children ranging in age from four to 16. (While none have followed Cathy into real estate, Ben caught the aviation bug and is a pilot with Southwest Airlines.) When you add in Cathy's siblings and their families, the holiday crowd grows to almost 30 people.

The Fourth of July is a particularly robust affair, whereas as many family members as possible join Bob and Cathy at their house on Lake Rabun. "The houses and boathouses are decorated, and there is a Boat Parade, fireworks, a road race, and a big dinner and dance put on by the lake association, which we all enjoy," says Cathy. "In addition to all of that, even more fun is when we spend the evening cooking and dancing till late at our home after cruising around to see all the decorations."

The Bostons used to enjoy traveling to Europe or cruising, but more recently, like time at their lake house or on Sea Island. When not working or volunteering, Cathy likes to garden and cook. She is a member of the Club Estates Garden Club.

Cathy grew up in the Chastain Park area and attended Dykes High School. The building now houses part of Sutton Middle School. Bob is a Coral Gables native. Cathy graduated from the University of Georgia. Bob attended Auburn University

These Are a Few of Cathy and Bob Boston's Favorite Things

- Restaurants:** Arnette's Chop Shop, Houston's, Mirko, OK Café
- TV Shows:** *The Blacklist*, *Ted Lasso*, *Yellowstone*
- Music:** songs from the '60s and '70s, Ed Sheeran, symphonic music
- Sports Teams:** University of Georgia Bulldogs

for both his undergraduate and graduate degrees and also served on the faculty for a while.

One reason they have stayed in the neighborhood so long is the people. "I love the sense of community we have here," she notes. "When we have our annual street party or any other neighborhood gathering, it feels like family with so many people that I have known for years. I have watched the neighborhood children grow up here and often buy a home of their own in the neighborhood."

"Even though we live in a big city, we have a small-town feel within the neighborhood," she adds.



If you want to feature your family, please email Lisa Wargo at lgwargo@aol.com.



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Dr. Wesley Powell

Smile! February is National Children’s Dental Health Month (NCDHM), a great opportunity to promote the benefits of good oral health by scheduling regular dental visits that helps children get a head start on a lifetime of healthy teeth. *Historic Brookhaven Living* thought it was the perfect month to spotlight our favorite pediatric dentist, Dr. Wes Powell of Elite Smiles. Dr. Powell lives in Brookhaven while running two pediatric dentistry offices in both Chastain and North Lake.

Elite Smiles provides high quality, comprehensive pediatric dental health care for children up to their teenage years. Dr. Powell and his team truly care about patients and believe in treating each one as much more than just a set of teeth and a name on a chart. They provide the latest proven technology with the highest level of quality and

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Dr. Powell grew up in Scottsboro, AL, and attended The McCallie School in Chattanooga, TN, before attending SMU in Dallas and Columbia University for Dental School in NYC. He’s lived in Atlanta since 2001 and, recently, moved from Chastain Park after eight years to The City of Brookhaven. He enjoys spending time with his only son, 14-year-old Pearson, who attends Holy Innocents and golfing as a member of Cherokee Country Club whenever possible!

Tell us about the events that led up to where you are now in your career?
 I attended Columbia University for Dental School in NYC before completing a three-year specialty residency and master’s degree at The University of Alabama-Birmingham. I also completed an externship before residency in oral



surgery. After working two years at an orthodontic-pediatric practice in Arlington, VA, I moved to Atlanta in 2001 at my North Lake practice that was started by the original doctor in 1985.

What is your business, and how or why did you start your business?

I have two office locations. We specialize in Dentistry for toddlers, children, and teens, but many of our patients continue to come well past college! My North Lake office combines all phases of pediatric dentistry, including orthodontics for kids/teens, as well as having an in-office surgery center if needed for special needs children. Our Chastain office is state of the art and brand new, which focuses more on pediatric dentistry for kids of all ages through college. The goal of both offices is on prevention and establishing a fun environment for children of all ages to call their Dental Home.



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What is unique about your business, and what sets you apart from the rest?

Growing up while watching my late mother run and own a small business for 40 years taught me to always put your customers first and provide the best customer service possible.



We strive to provide the best dental care possible with the latest technology available in our profession. I love that I have always lived in Buckhead, Chastain Park, and Brookhaven and am able to provide care for families in the community I reside. Getting to know families in our office and seeing them in the community is very rewarding, much like the small town I grew up in.

What would you like to tell our residents that you love most about Brookhaven?

I think we are very fortunate to live in such a wonderful community with a small-town feel amidst the larger metropolitan backdrop of Atlanta. I personally try and support locally owned and operated businesses in our neighborhoods and am honored to be able to give back to the community.

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ROMANTIC ITALY

TRAVEL INSIGHTS BY CYNTHIA HARRIS AND HOLLY STROUD

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February is the time our thoughts and hearts think of romance. When we think of romance, we think of Tuscany. What could be more romantic than to spend Valentine's Day touring through the countryside of Italy?



Holly Stroud and Cynthia Harris



travel insights

- *E-bike into the heart of Chianti Classico to the hilltop towns of Radda and Castellina, along some of the most alluring roads in all of Italy.*
- *Coast along bike routes in the verdant Val d'Elsa.*
- *Prepare yourself for unmissable panoramic vistas and photo ops.*
- *Visit one of Tuscany's crown jewels, the spectacular World Heritage Site of la città delle belle torri (the town of beautiful towers), San Gimignano.*
- *Toast la dolce vita with a glass of refreshing Vernaccia, Tuscany's most famous white wine.*



This is just one itinerary you could take. There are so many wonderful places to see in Tuscany. And, these trips are not just for couples (although we focus on that for this Valentine's Day edition!). But, if you are solo, consider one of these tours as well. You will be traveling with other travelers from around the world for a chance to make new friends.

Happy Valentine's Day to all.

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There are many ways to see Tuscany – a biking tour, hiking tour, and, of course, wine tours are just three examples. (For those of you concerned about endurance on the bike, most of the bike tour companies now offer electronic bikes that can give you that little bit of extra help on the hills.)

Start your romantic journey by flying into Florence. Stroll the Arno, catch an impromptu opera in the town square, stand in awe while viewing Florence from the Duomo, enjoy beautiful art at the Uffizi and see Michelangelo's David. Then venture into Tuscany for a beautiful, romantic tour.

Here is a description of a beautiful bike tour that you can take:

- *Embark on a quintessential Tuscan e-bike journey through landscapes of Italy's Chianti Classico wine region.*
- *Pay a visit to an organic agriturismo to meet some locals and sample regional specialties.*
- *Descend into the heart of the Chianti, passing through legendary wine villages like Gaiole in Chianti and Castelnuovo Berardenga.*
- *Be inspired by the Crete Senesi, an area known for its lunar landscape.*
- *Explore Siena's medieval back streets and the grand Piazza del Campo, home to Italy's most legendary horse race, Il Palio.*
- *Learn the nuances of Tuscany's renowned red wines at an exclusive sommelier-led tasting.*



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Address	Sale Price	Sold Date	Beds	Baths	Half Bath
3859 Club Drive NE	\$2,450,000	11/01/21	4	3	1
4343 Town Commons Circle	\$2,350,000	11/30/21	6	6	1
4564 Club Drive NE	\$2,300,000	12/01/21	6	6	2
1006 Club Commons Circle	\$1,725,000	12/10/21	4	5	1
1007 Brookhaven Lane	\$1,685,000	12/20/21	5	4	2
2702 Mabry Road	\$1,670,000	11/18/21	5	5	1
998 Stovall Boulevard NE	\$1,638,000	10/29/21	4	3	1
4645 Club Circle NE	\$1,575,260	12/02/21	4	3	1
3712 Paige Way NE	\$789,000	12/03/21	3	3	1
3736 Paige Way NE	\$787,500	11/08/21	3	3	1
1079 Club Place NE	\$635,000	11/17/21	3	2	1
1092 Club Place NE	\$625,000	11/05/21	3	2	1
1055 Club Place NE	\$600,000	10/29/21	3	2	1



Fall in *Love* With Your *Home*

N E A T S M A R T N E A T S M A R T
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home organization made easy

By Carrie Peebles

Fall in love this Valentine's Day ... with your home! Relish walking in the door again. Get giddy when you open your closet. Twirl with joy eyeing your pantry.

How does this happen? Getting your home organized is like seeing it through a new owner's eyes and remembering why you fell in love in the first place! Treat your home and yourself to some organizing love this Valentine's Day.



Carrie Peebles

Switch your clothes hangers to a consistent style and eliminate that visual clutter instantly. Sorting all of your clothes into categories (long sleeve tops, short sleeve shirts, pants, skirts, etc.) saves you valuable seconds and frustration in the morning getting dressed and out the door. Pair up all your shoes and line them up on the floor or their racks. Eliminate anything that looks overly worn or that doesn't fit. Free up space so you and your clothes can breathe!

Toss or donate any unnecessary duplicate utensils and kitchen tools from your drawers and canisters. Use drawer dividers and containers to group like items together so they aren't scrambled

together in the drawer. File-fold your kitchen towels so you have a visual treat when you open that drawer.

Toss any expired food from the pantry and decant snacks into attractive baskets. Put cereals and crackers in clear containers, so there's no question on how much is left in the box! Use a Lazy Susan to keep nut kinds of butter and spreads close together. Get another one for your oils and bottles of vinegar.



Having a system where everything goes in your home and is



photo credit: Tara Carter

attractive is about stress reduction. Eliminating what's extraneous, so everything that remains is easy to find makes your life easier. You, too, can fall in love with home by curating and creating some organized spaces. Let me know how it goes!

Hi, my name is Carrie, and I love helping people un-complicate their life. Call me at (404) 822.6612 or email carrie@neatsmart.com for any organization help.

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Whether you are buying or selling a home or just curious about the local market, I would love to offer my support and services. I know the local community - both as an agent and a neighbor - and can help guide you through the nuances of our local market. With access to top listings, a worldwide network, exceptional marketing strategies and cutting-edge technology, I work hard to make your real estate experience memorable and enjoyable.

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Two Rescues Equals Double Trouble and Twice the Love

Meet Rosie and Remi Salisbury

precious pets

by Lisa Wargo, HBL resident feature writer

The Salisbury family has a special place in their heart for rescue dogs. “You know they’ve often had a rough beginning,” says Julie Salisbury of rescues. “It’s a joy and a privilege to offer them a safer and more comfortable life.” When searching for their two current pups, the family used petfinder.com, an online database of nearby animals available for adoption, to help them find Rosie and Remi.

Rosie joined the Salisbury household about a year and a half ago when she was 12 weeks old. The terrier mix was being fostered by The Society of Humane Friends. She had been placed in another home but returned when one of the family’s young children was being too rough.



As a pandemic dog, Rosie gets lots of attention and is used to it. While some might call her needy, Julie says her family instead thinks of Rosie as giving. “Rosie is truly the most loving dog we’ve ever owned,” Julie notes. “She’s incredibly affectionate and loves to sit in your lap or snuggle up next to any of us.”

The Salisburys like naming their dogs after flowers. Their last terrier mix was named Daisy. The insides of Rosie’s ears are rose pink, thus the inspiration for her name.

Rosie sleeps with Julie and her husband, Randy, and her favorite ball. “Our house sitter gave Rosie a squeaky gray ball, along with a number of other toys as a welcome gift,” says Julie. “That ball has become the equivalent of Rosie’s baby blanket.” Rosie will even grab her favorite ball when she wants to take a nap during the day.

About a year later, the Salisbury family found Remi also on petfinder.com. One-year-old Remi had been picked up on the side of the road in South Caroline, and her leg was so badly broken that the local shelter wanted to amputate. A foster mom pulled her from the shelter, took her to another vet, and found that the leg had started to heal. “Today, Remi’s leg has full range of motion, and she runs, jumps, and plays with no limitations,” notes Julie. “She is truly unstoppable!”

The Salisburys have not done a DNA test on Remi, but from her looks and personality, think she’s a mix of sheepdog, husky, and

terrier. The family calls her a “SheepAHuskaTeer.” She loves stuffed animals and walking or running around the Capital City Club golf course.

When Remi joined Julie, Randy, son Skylar, and daughter Shelby in Historic Brookhaven, she was anxious and fiercely afraid of cars and loud noises. Shelby, who also suffers from anxiety, coaxed Remi out of her shell and made her feel safe. “Those two are fully bonded and inseparable now,” says Julie. “Whenever Shelby is dealing with anxious moments, Remi instinctively knows it and comes to put her head on her chest or provide body contact to help Shelby feel supported.”

Shelby bonded so much with Remi that the pup returned to college with Shelby rather than staying in Atlanta at the Salisbury home. When back in Atlanta, Remi loves to play with her “cousin” Rosie. Although Remi is almost twice Rosie’s size and can be boisterous, Rosie is still boss, according to Julie.

Both dogs have their own Instagram site. You can find them at @RosieIsMoreThanADog and @RemiTheUnstoppableDog.



We can’t wait to feature your pet in an upcoming issue! Please submit all content to lgwargo@aol.com.



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MARY KATHRYN WELLS

Founder of The Wells Agency

Photographer: **Lahcen Boufedji**

Styled by **Sara Mixon** at Tootsies Atlanta, www.tootsies.com/atlanta.

Born and raised in Atlanta, Mary Kathryn is the founder of The Wells Agency, a marketing agency that provides innovative, award-winning solutions to luxury companies looking to launch, create buzz, engage with customers, drive sales, and grow their business through branding, marketing, community relations, digital and social media. Mary Kathryn also consults with female entrepreneurs as their business coach, assisting them with building and implementing their marketing plans. Mary Kathryn lives in Buckhead with her husband Jon, stepson, Jonny, and pomeranian, Dash.



Mary Kathryn with Dash

What is the first thing you do in the morning?

Snuggle with my dog Dash, meditate, drink a fresh glass of celery juice and check all my client's social media channels.

What is your exercise routine, and how often do you do it?

I ride Peloton, do yoga, and walk Chastain Park with friends on a regular basis.

Where do you shop the most?

Tootsies, Alice & Olivia, Saks, and Intermix.

What, in your wardrobe, do you wear most often?

A good pair of jeans, a fun button-down shirt, heels, and hoop earrings. I'm obsessed with hoop earrings!

How would you describe your look?

I love to travel and am always on the go, so my look adapts to where I am and what's on the schedule! I love to dress up, but I also have a relaxed look that comes out when I'm at the lake or the beach. But regardless of where I am, I'm always dressed to have fun! So, in one word, I would describe my look as "FUN!"

What is the most recent thing you have purchased?

I was vacationing in Saint Barth's and found the Prada Re-Edition 2000 silver crystal shoulder bag and had to have it!

What do you regret not buying recently?

I found this amazing Frame black leather biker jacket while in Miami two years ago and didn't buy it and regret it! I found it a year later at Off 5t and ordered it in my size, but it turned out they didn't have it in stock. I'm still trying to hunt down that jacket!

What is worth paying for?

Jewelry and more jewelry! And of course, purses and shoes!

What is your favorite local restaurant?

I'm a huge foodie and love fine dining. Le Bilboquet, Kyma, Chops, Le Colonial, Umi, and La Grotta are my ATL favorites!



What is the most impressive dish you cook?

I absolutely love to cook for friends and family. I am always trying new recipes, but as a pescatarian, I am known for my salmon dishes.

What do you crave most at the end of your day?

I love ending my day by cooking a good meal while drinking a

glass of wine. Then sitting down with my husband and son at the dinner table, talking about our day, telling stories, and laughing.

What was your last Netflix or streaming binge?

Emily in Paris (love the fashion!) and Ted Lasso.

What advice do you wish you had followed?

There is no good advice I've never taken!

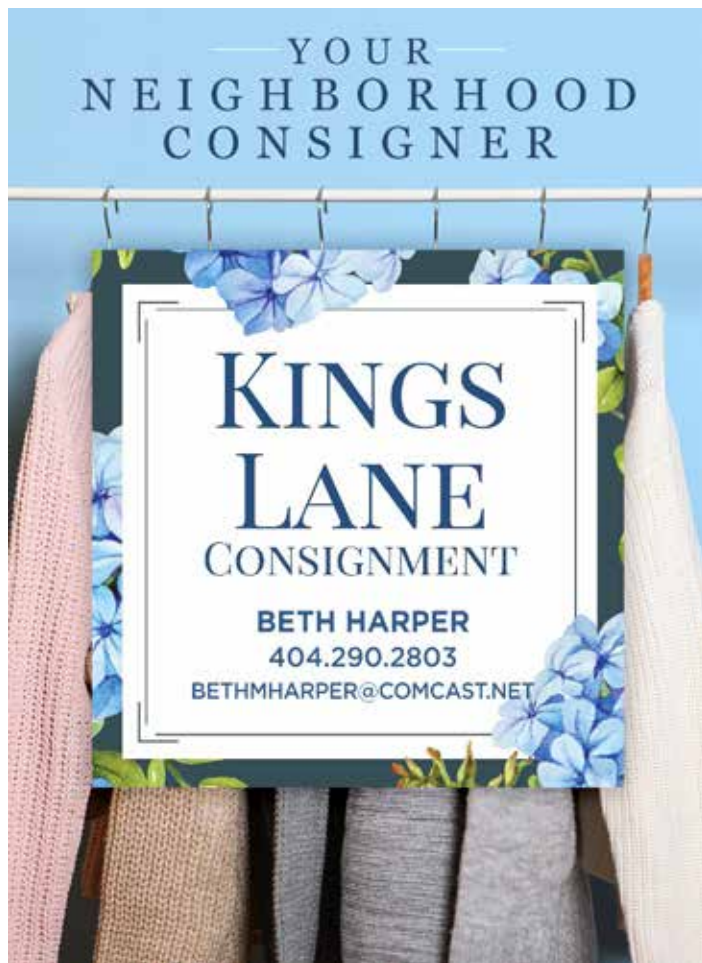
What advice do you have to share?

Good things come to those who work hard and treat people with respect. But most of all, trust in God's plan for your life.

What does success look like to you?

For me, happiness is success. Having a healthy work/life balance is key. When you love what you do AND have time to spend with loved ones, you have everything you need. That is success!

southern style



Rhonda Matheison, *a passion for art*

Denise Leitch Jackson, art consultant and curator who creates engaging art events and helps people find art to love for life.



Denise Jackson

town + culture with denise

Along with a 28-year career at the High Museum of Art, Rhonda Matheison is a passionate art collector. Her art collection includes Romare Bearden, Sam Gillam, David Driskell, William T. Williams, and many others.

As the chief financial officer, Rhonda was integral in the museum operations, and her career includes many high points. In 2005, she established the nationally recognized David C. Driskell Prize and spearheaded the award each year to recognize an artist or scholar advancing the

understanding of African American Art. In addition, she established a fund that led to the High acquiring 50 new works of art with around \$2 million in donations.

Other highlights of her career at the High Museum include the Campus-Wide Expansion Project and the following exhibitions, Musée d'Orsay, The Rings Exhibition (during the 1996 Olympics), Norman Rockwell, Jacob Lawrence, VanGogh, Louvre Atlanta, Gees Bend, Dawoud Bey, and Yayoi Kasuma Infinity Mirrors.

I first met Rhonda a few years ago over lunch at Davio's in Buckhead after an introduction by an artist. She was enthusiastic about the artists she collects, and I was impressed she took time out of her busy schedule as CFO at the High Museum.

What brought you to Atlanta?

My husband and I were looking for a wonderful community to raise a child. Before joining the museum in 1993, I was in the corporate sector for 16 years.

What sparked your love of the arts?

Growing up in the NYC school system, arts and culture was always part of the school year curriculum, both visual arts and music. I was mentored by an accomplished visual artist Tanya Cervone. In the fourth grade, I started going to museums, galleries in Queens where I lived, and galleries in Manhattan with the Cervone family.

Much later, in 1981, when we purchased our first home in New York, we acquired art from Tanya Cervone and Robert Carter.



Photo Credit: CatMax Photography

Can you tell us a bit about your art collection?

The majority of our collection are works of art by African American Artists. Also, our collection includes African art, mainly from Burkina Faso, as well as including Shona sculptures.

Many of the works are by David C. Driskell, Kevin Cole, and Danny Simmons. When David Driskell passed in 2020, I had known him for almost 20 years. During that time, I would make several acquisitions annually. Initially, my goal was to acquire for a decade, and then I could not stop. I have purchased several works since his passing.

Do you continue buying art for the same reasons?

We tend to give a little more thought to emerging artists, and overall, we purchase what moves us.

I continue to purchase works by Atlanta artist Kevin Cole and Philadelphia artist Danny Simmons. Kevin is a good friend; Danny is family. I have found that there is something special about knowing the artist.

What part of collecting do you love most?

It is making an acquisition that touches our hearts in a special way.



What advice would you give a new collector?

Identify what you like and make an informed decision regarding acquisitions.

What art shows are you looking forward to in 2022?

The Obama Portrait Exhibition in January and Danny Simmons in February.

**As a side note, I would like to extend a Special Invitation to the readers of Historic Brookhaven Living to the opening reception of Danny Simmons: Intertwined on February 18th. At Town and Culture Gallery with generous support from FilmHedge. Reception details at www.townandculture.com.*

Email: denise@townandculture.com;
website: www.townandculture.com; **IG:** [denisejacksonart](https://www.instagram.com/denisejacksonart); **Facebook:** Town + Culture;
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JACQUELINE M. BYRUM

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southern sass spotlights

Jacqueline M. Byrum rocks the healthcare industry as President of New Source Ambulatory and Vice President at Pandion Alliance. The company has been in business for 19 years with 80 employees. HBL caught up with Jacqueline to get a few tips on her success secrets.

What prompted you to be in this position?

I recognized an opportunity, wrote a business plan, raised the capital, and started New Source.

Describe what your company does?

New Source is a national Group Purchasing Organization (GPO) with more than 20 years of industry experience. New Source is an affiliate of Premier Inc., a leading healthcare improvement company and one of the nation’s largest GPO’s. New Source creates savings and efficiencies to physician offices, surgery centers, and specialty healthcare practices by aggregating the volume of

healthcare providers and using that leverage to negotiate discounts with manufacturers, distributors, and other vendors.

Anything extraordinary or unique about this business?

New Source was the first Group Purchasing Organization solely dedicated to the alternate care market.

Given your business expertise and the nature of what you do, what advice can you offer to other female business owners?

If you are not passionate about what you do, it will never work, have a plan and an exit strategy, don’t use your own money, to name a few.

How did you decide on this industry?

After leaving CNN, I decided to give back in whatever industry I pursued. My mom was a nurse, and healthcare seemed fit. I graduated from the University of Tennessee, Knoxville, and attended Emory Law School.

Where did you grow up?

I grew up in west Tennessee, two hours west of Nashville in Jackson.

Tell us about your family?

I recently lost both of my parents in 2020, and my sister and brother still live in Jackson, TN.

What are your hobbies and interests?

My dogs, reading, yoga, and my company.

For more information, visit www.pandionalliance.com.



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What is the Diamond Club skincare maintenance membership?

At the first appointment with our dermatologists at Georgia Dermatology Partners, patients will have their skin evaluated with a professional to discuss current skin condition and skincare goals. Once patients and doctor have talked about these needs, a customized treatment plan is designed based on this information. This may include prescription topical creams to improve the skin or a combination of therapies and treatments available at our practice.

A combination of treatments in the office and proper at-home care is the most effective way of addressing many skin concerns quickly and effectively, and making these treatments affordable is top priority to our doctors. We want patients to know that our customized treatment plans provide effective treatment of common medical and aesthetic skin concerns and help patients boost their self-confidence and self-esteem. The use of these treatments as directed can ensure dramatic results in a shorter period of time.

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Haute Home Tips With PinkHaus

Is Your Home Romancing You?

home interiors

provided by PinkHaus

Today, perhaps more than ever, you may be thinking that your house is just not romancing you. It's not soothing or relaxing to you. It's not putting you in the right frame of mind for regrouping, rejuvenating, or re-energizing.

Decorating your home is more than a matter of color or type of furniture, or type of flooring, accessorizing, or arranging. Decorating is about breathing personality into your house. Your space should communicate your interests to you and to others. It should express itself in terms of your personal style.

What does your home decor say to you? What does it say about you to others?

Start with balance.

Does your favorite room bring a sense of equilibrium? After a day of juggling your “to do” list and Zoom calls, do you walk into a particular room and regain a sense of balance? When a room feels natural and comfortable, it's bound to be balanced. There will be a sense of equilibrium among objects. If it's off-balance, it will more likely feel alien or uneasy. It will remind you of your busy day, not slow you down, and refresh you.

Balance doesn't mean a room has to be symmetrical or formal, with objects arranged equally on each side of a point of interest. Balance can just as well come from an asymmetrical or more informal arrangement. You can group



The placement of the furniture makes for asymmetrical balance to complement the open space. A piano always stands ready to help create a musical mood and greenery adds a touch of nature.

objects of unequal size and bring them into balance by placing them farther away from the room's focal point.

While both types of balance can be done beautifully in any room design, generally speaking, a room that combines both is more agreeable and interesting.

Other refreshing tips ...

There are many other ways to use decorating to create a space that romances you.

Greenery: Nothing can add so much for so little as greenery. There's a reason the man in your life brings you flowers. He knows you like them. (Unless you're allergic.) Most women like plants and flowers, but too often, we don't give them enough credit for being a decorative accent – even if they are artificial. Plants cheer up a room and humanize it by adding nature's own basic color – green.

The romance of music: Nothing can soothe like music or the reminder of music. It could be a piano or some other instrument, or even just a music stand. Even if it's primarily being used as an accessory, it can fill your mind with just the right musical notes and trigger lovely thoughts.

Space: With our current challenges, you may often be feeling closed in and wishing for some breathing space. You can create the illusion of more space by extending a window treatment further than the window itself. Don't forget a mirror. That, too, can give you a more expansive feel.

Most importantly, when you are working with a professional designer, communicate well and share the emotions you want the space to evoke. Describe the experience you want to have in that special space.

For more information, visit pinkhaus.decoratingden.com.



Doesn't this room make you think of a romantic evening listening to jazz? The clients wanted a space to fall in love with, and they got it. Luxurious gold, stunning grey matte wall covering, a sexy chandelier with a welcoming opulence.

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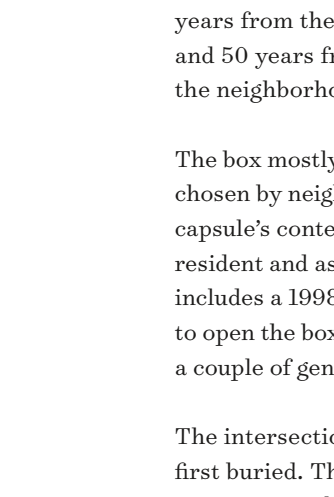
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provided by Jehan Williams with Explore Brookhaven

Event Spotlight: Cherry Blossom Festival
Date: Saturday, March 26 and Sunday, March 27, 2022
Location: Blackburn Park

The Cherry Blossom Festival is returning to Blackburn Park Saturday, March 26, and Sunday, March 27. This signature festival features two days of live music showcasing national recording artists, over 100 local and regional artists in the Artist Market, the Kidz Zone including some water-based attractions (weather permitting), Pet World, Classic Car Show, local eats and drinks, and FUN for the whole family! The festival and concert are free to attend.

The annual Cherry Blossom 5k benefiting Children’s Healthcare of Atlanta will take place at Blackburn Park on Saturday, March 19, 2022.

Important information to note:

Parking is very limited near the festival grounds. The best option will be to utilize the free shuttles available from a park and ride location. Location is TBD. Check the website BrookCherryFest.org for updates.

Blankets are encouraged as the natural amphitheater in front of the stage is much more comfortable with blankets, and they are easy to transport.

Coolers are not allowed on the shuttles or in the park. Water is allowed. Please stay hydrated.

This is a pet-friendly event, but pets may not be allowed on shuttles. Please consider appropriate transportation if you would like to bring your well-behaved pet.

If you have friends coming into town and need additional lodging options, visit exploreBrookhaven.com.

For more information, including the concert line-up, visit BrookCherryFest.org and follow @BrookCherryFest on Facebook, Twitter, and Instagram.

WHAT WERE YOU DOING 24 YEARS AGO?

Neighborhood Time Capsule Dates to 1998.

a series on sites in the neighborhood

hb landmarks with lisa

by Lisa Wargo, HBL resident feature writer

Time capsules as part of a celebration or commemoration of an event first became popular in 1876 during the nation’s centennial. Here in Historic Brookhaven, our neighborhood time capsule was installed during the 1998 Street Party in celebration of the neighborhood association’s 25th anniversary.

The capsule is buried in the triangle at the intersection of East Brookhaven Drive, Lakehaven Drive, and Davidson Avenue. A plaque marks its location and notes the box will be dug up and opened in September 2023, 25 years from the date it was buried and 50 years from the inception of the neighborhood association.



The box mostly includes items representative of the times and chosen by neighborhood children. While there is no list of the capsule’s contents, Winston Weinmann, Historic Brookhaven resident and association president at the time, notes the box also includes a 1998 neighborhood directory. The decision was made to open the box in 25 years because the association board wanted a couple of generations to go by before unveiling its contents.

The intersection and triangle have changed since the box was first buried. The triangle’s landscaping has been updated, and new memorial benches and an entry path installed. While several nearby homes are still as they were in 1998, a number have been renovated or torn down and new houses constructed. Perhaps we’ll all be surprised when the box is opened with a photo from 1998 for comparison!





Nancy Jiang

resident chef

by Nancy Jiang, Historic Brookhaven resident

Truffle Eggs – A Taste of Umbria. Great for Brunch

- Ingredients:
• 5 large farm eggs
• 3 tsp minced black truffle
• 2 tbsp of whole milk or heavy cream
• 3 tbsp of extra virgin of Italian olive oil
• 1/2 tsp of sea salt
• 1 1/2 tbsp of shaved parmesan (best to use 24-month aged parmesan from Parma DOP production)

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- Preparation:
1. Lightly whip all ingredients together.
2. Heat the oil in a nonstick frying pan. Pour in the mixture. Stir until it is formed (less than 1 minute).

Serve over toasted bread. Top with the shaved parmesan cheese

My Umbria Truffle Experience

Growing up in China, stir-fried eggs were always served as a protein dish during lunch or dinner. In Italy, I found Italians serve egg dishes just like the Chinese, especially the ones with truffles.

The first truffle egg I had was during a 2019 food tour at a small restaurant in Montefalco, Umbria. So delicious I



Truffle eggs for lunch with toast.



We found about a pound of truffle that morning.



He really wanted the truffles.

could not forget the taste. Before going to Italy again in 2021, I asked our tour guide if he could arrange a dinner at the same restaurant. Unfortunately, he said, they were closed during COVID-19, but he reassured me I will have a truffle meal. Little did I know he would exceed my expectations.

On that trip to Umbria, I had the "true truffle" experience! Not in a museum or restaurant. A truffle hunting trip was arranged at a beautiful hillside farm in between Assisi and Spoleto. The number one truffle hunter in Umbria with his two dogs took us on the "Great Truffle Hunt." Black truffles usually grow near old acorn trees. The dogs just knew where to go. After a successful truffle hunt, a beautiful lunch was served with the morning truffles. For the next few days, in the region's restaurants, we dined on different versions of pasta and eggs with truffles.

For many years, I have tried to figure out how to make the food we ate



71 years old Brunello started truffle hunts at age 8.

while traveling abroad. Some tastes can be duplicated, and some only taste authentic served in the home country. But with good Georgia organic farm eggs and imported Italian truffles, this dish is totally possible for special occasions. The aroma and the taste of truffles truly deserve to be cherished and shared.



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WHAT'S FOR DINNER?

muffins!

resident recipe

by **Lisa Wargo**, HBL resident feature writer
recipe provided by resident **Donna Davidson**

What's for Dinner? Muffins!

These hearty Mediterranean muffins, which include olives, sun-dried tomatoes, two kinds of cheese, onions, and roasted peppers, were all the rage at a recent Brookhaven Bible Study arts and craft night. Historic Brookhaven resident Donna Davidson provided the muffins and got the recipe from a favorite blog, Recipe Tin Eats (www.recipetineats.com). Donna makes these savory treats as a side for soup, but you can serve them in place of dinner rolls, as an after-school treat, or with afternoon coffee or tea.

Mediterranean Savory Muffins

Ingredients

- 2 cups of shredded cheddar cheese
- 2.5 oz. crumbled feta cheese
- ½ cup green olive slices
- ½ cup sun-dried tomato strips
- ½ cup roasted peppers, drained and chopped
- ½ cup sliced green onions
- 2 cups all-purpose flour
- 1 ½ tsp. baking powder
- ½ tsp. baking soda
- ½ tsp. salt
- 1 large egg
- 1 cup milk
- ¼ cup sour cream or plain yogurt
- ¼ cup vegetable oil
- 1 clove of garlic, minced

Instructions

Preheat the oven to 350 degrees. Brush each hole of a 12-hole standard muffin tin generously with butter. Whisk the dry ingredients (flour, baking powder, baking soda, and salt). Whisk wet ingredients (egg, milk, sour cream or yogurt, oil, and minced garlic) in a separate bowl. Pour the wet ingredients into the dry ingredients and mix right times. Add cheddar cheese, feta, sun-dried tomatoes, roasted peppers, olives, and green onion. Mix as few times as possible, just enough to incorporate the remaining bits of flour (should be no more than seven big stirs).

Divide batter evenly between the 12 muffin holes. Bake for 25 minutes or until the muffins are golden and crusty and spring back when touched in the center. Cool for 10 minutes, then remove from muffin tin and transfer to a cooling rack. Best when served warm.



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mardi party and parade in club forest



by Lisa Wargo, HBL resident feature writer

For about the last 10 years, the Krewe du Foret has been hosting a parade throughout the streets of Club Forest on the Sunday afternoon before Mardi Gras. The annual festivities were first organized by three neighbors: John Griner, David Moffett, and Greg Bishop (who has since moved).

The Krewe is made up of 50 – 60 men who live in the Club Forest neighborhood, which is located off Carter Drive within Historic Brookhaven. Each year’s festivities are planned by a commander in chief and steering committee of 10. The parade starts at 2 p.m. at the corner of Carter Drive and Club Valley Drive and winds throughout Club Forest, ending at the upper cul de sac of Angelo Court.

On the first of February, members hang Krewe flags on their houses and at the entrance to Club Forest. The night before the parade, they build floats and decorate them to look like pirate ships. In addition to the usual three or four floats and multiple other vehicles, one car carries the Krewe du Foret queen,

resident event

You’re Invited!

What: 2021 Krewe du Foret Annual Mardi Gras Parade.
When: 2 p.m., Sunday, February 27, held rain or shine!
Where: Starts at the intersection of Carter Drive and Club Valley Drive and winds through Club Forest neighborhood.

picked by the steering committee. Past queens have included Lele Griner and Ms. Allen, longtime Atlanta Public Schools bus driver for the neighborhood. One year a fire truck joined the parade. “Each year, we try to add something new,” says Griner.

Members dress like pirates on the day of the parade and throw about \$2,500 worth of Mardi Gras beads and moon pies to bystanders along the route. At the end of the parade, the neighborhood hosts a party complete with a band, gumbo, and a traditional King Cake. The celebration continues until dark. The parade is free and open to Club Forest and Historic Brookhaven residents and friends.



resident spotlight

DR. MICHAEL SEBASTIAN

Five Ways to Prevent Kids’ Tooth Decay

by Lisa Wargo, HBL resident feature writer

February is National Children’s Dental Health Month. Historic Brookhaven Living asked resident and orthodontist Dr. Michael Sebastian, for tips on keeping children’s teeth healthy. Here are five things Dr. Sebastian recommends for keeping your child’s teeth free of decay.



1. Care – don’t share! Don’t share utensils with your child or clean a pacifier by putting it in your mouth. You can transfer cavity-causing germs to your child.
2. Eat healthy and make sure to drink fluoridated water.
3. First dental visit at no later than 1 year old.
4. Use fluoride toothpaste. Start brushing as soon as teeth come through the gums. When kids can brush their own teeth, have them brush for two minutes twice a day.
5. Seal out decay. Ask your dentist about applying dental sealants to chewing surfaces of teeth.

Dr. Michael Sebastian has been a resident of Historic Brookhaven since 1992 and a practicing orthodontist for over 30 years. His office serves both children and adults and emphasizes maximizing beneficial growth and development of the oral-facial complex, including the airway. You can reach him at (404) 303-7400 or visit his website at www.elitesmileschastain.com.

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WELCOME, NEIGHBOR!

MEET
Stefanie and Ray
WINBORNE

new resident recognition

by Lisa Wargo, HBL resident feature writer

Historic Brookhaven Living sees part of our mission as enhancing community, including introducing new neighbors in our regular features, event coverage, or a separate spotlight. This month, we'd like to introduce you to Stefanie and Ray Winborne, who are moving to Historic Brookhaven from Phoenix, along with their 23-year-old son, Will. Their oldest son Davis lives in Arlington, VA.

Stefanie and Ray first moved to the area in the 1990s as newlyweds. Thirty-two years ago, they lived in what was then Post Brookhaven apartments. "We moved several places after that, but always knew we wanted to come back to Georgia for sure," says



Ray and Stefanie Winborne

Stefanie. "When we decided to move back to Atlanta from Phoenix, we both instantly said 'Brookhaven!' We feel like we have come full circle."

The couple recently bought a home on East Brookhaven Drive and likes the neighborhood feel of Historic Brookhaven – people outside, walking dogs, kids playing in yards. "Everybody seems to know each other," says Stefanie. "I think Historic Brookhaven epitomizes Southern hospitality."

One of their prior moves brought the Winbornes to Cumming for a short period. During that time, they joined the Capital City Club. In addition to looking forward to using the club again, the Winbornes are excited to discover new shops and restaurants in the area. Stefanie says they have enjoyed Haven Restaurant and the other shops and restaurants nearby in Dresden, and are thrilled to be living near a Taqueria Del Sol.

resident sentiments
Love at Capital City Club

by Lisa Wargo, HBL resident feature writer

Capital City Club has played a large role in the Historic Brookhaven neighborhood and residents' lives since the early 1900s. In 1910, a group of investors bought land for the golf course and a surrounding community called Brookhaven Estates. The Brookhaven Country Club, which officially opened in 1912, has since become Capital City Club and the community expanded well beyond its original lots. In celebration of Valentine's Day and the club's 110th anniversary, *Historic Brookhaven Living* asked neighbors what they love about CCC and how CCC fits into their date nights out.

Stacey and Boyd Johnson

"Capital Club is our neighborhood hangout," says Stacey. "We go to the Overlook [restaurant in Brookhaven]. I really love to go with Boyd to Crabapple. I'm not a golfer but will hit a ball now and then. I walk with Boyd while he plays nine holes, and then we will have a cocktail out on the porch or dinner. CCC is very much a part of our everyday life." You can also find the couple playing tennis together at the club or working out at the gym.



Boyd and Stacey Johnson

When asked about any Valentine's celebrations at CCC, Stacey notes February 14th is their oldest daughter Anna's birthday and

has resulted in family birthday celebrations more than romantic ones. In honor of Valentine's holiday, Stacey says Boyd used to bring her a red rose, now 30-year-old Anna a pink rose, their middle child Molly a yellow rose, and son and youngest child Joe a toy.

Carol and George Diamontis


"We love the convenience of it being in the neighborhood," says Carol Diamantis of CCC. She and her husband George have been club members since 2004 and have lived in Historic Brookhaven since 2002. Carol is an avid tennis player, and George plays golf. They often enjoy meals at the Brookhaven Club, especially at the Overlook, as a couple, with friends, or with George's clients.



Carol and George Diamontis

One of their favorite CCC activities is Saturday breakfast in the Family Grill. "We love going to eat breakfast there on Saturday mornings," says Carol. "It's so cute. A lot of dads bring their little ones and let mom sleep in."


Carol and George are usually home for Valentine's Day. They like to share a nice bottle of wine and watch a good show. Right now, they are enjoying *Criminal Minds*.



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