

Annandale Community and Health Services –

Annandale Care Center, Centennial Villa, Assisted Living, Pleasant Vista

FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						<p>1</p> <p>Breakfast: Cinnamon French Toast</p> <p>Lunch: Italian Submarine Sandwich -OR- Hot Dog on a Bun</p> <p>Dinner: Loaded Baked Potato Soup -OR- Hot Dog on a Bun</p>
<p>2</p> <p>Breakfast: Blueberry Pancakes</p> <p>Lunch: Open Face Turkey Sandwich -OR- Warm Ham & Cheese Croissant</p> <p>Dinner: Bacon Cheeseburger Hotdish -OR- Warm Ham & Cheese Croissant</p>	<p>3</p> <p>Breakfast: Ham, Egg & Cheese English Muffin</p> <p>Lunch: Boiled Ham Dinner -OR- Chili</p> <p>Dinner: Chicken Parmesan -OR- Chili</p>	<p>4</p> <p>Breakfast: Fruit and Yogurt Parfait with Granola</p> <p>Lunch: Meatloaf -OR- Deli Sandwich</p> <p>Dinner: Roast Turkey French Dip -OR- Deli Sandwich</p>	<p>5</p> <p>Breakfast: Sausage Egg Bake</p> <p>Lunch: Glazed Pork Loin -OR- Chicken Alfredo Bake</p> <p>Dinner: Beef Roast -OR- Chicken Alfredo Bake</p>	<p>6</p> <p>Breakfast: Scrambled Eggs and Cheese</p> <p>Lunch: Fish Sandwich -OR- Egg Salad Sandwich</p> <p>Dinner: Cheese Ravioli with Mariana Sauce -OR- Egg Salad Sandwich</p>	<p>7</p> <p>Breakfast: Toasted Bagel with Cream Cheese</p> <p>Lunch: Chicken Wild Rice Hotdish -OR- Tuna Salad Sandwich</p> <p>Dinner: Vegetable Beef Soup -OR- Tuna Salad Sandwich</p>	<p>8</p> <p>Breakfast: Cinnamon French Toast</p> <p>Lunch: Swedish Meatballs -OR- Hot Dog on a Bun</p> <p>Dinner: Popcorn Chicken Bowl -OR- Hot Dog on a Bun</p>
<p>9</p> <p>Breakfast: Pumpkin Pancakes</p> <p>Lunch: Turkey Cutlet with Mushroom Sauce -OR- Warm Turkey & Cheese Croissant</p> <p>Dinner: Ham and Potato Soup -OR- Warm Turkey & Cheese Croissant</p>	<p>10</p> <p>Breakfast: Breakfast Burrito</p> <p>Lunch: Brown Sugar Glazed Pork Chop -OR- White Chicken Chili</p> <p>Dinner: Meatloaf -OR- White Chicken Chili</p>	<p>11</p> <p>Breakfast: Fruit and Yogurt Parfait with Granola</p> <p>Lunch: Chicken Drumsticks -OR- Deli Sandwich</p> <p>Dinner: BBQ Pulled Pork Mac and Cheese -OR- Deli Sandwich</p>	<p>12</p> <p>Breakfast: Ham and Cheese Quiche</p> <p>Lunch: Shredded Beef French Dip Sandwich -OR- Baked Ziti</p> <p>Dinner: Country Fried Chicken -OR- Baked Ziti</p>	<p>13</p> <p>Breakfast: Scrambled Eggs and Cheese</p> <p>Lunch: Three Cheese Flatbread Pizza -OR- Egg Salad Sandwich</p> <p>Dinner: Tuna Noodle Casserole -OR- Egg Salad Sandwich</p>	<p>14</p> <p>Breakfast: Toasted Bagel with Cream Cheese</p> <p>Lunch: Beef Stroganoff -OR- Tuna Salad Sandwich</p> <p>Dinner: Chicken Cordon Bleu Hotdish -OR- Tuna Salad Sandwich</p>	<p>15</p> <p>Breakfast: Cinnamon French Toast</p> <p>Lunch: Creamy Turkey Wild Rice Soup -OR- Hot Dog on a Bun</p> <p>Dinner: Sweet and Sour Meatballs -OR- Hot Dog on a Bun</p>
<p>16</p> <p>Breakfast: Strawberry Shortcake Pancakes</p> <p>Lunch: Sloppy Joe's -OR- Warm Ham & Cheese Croissant</p> <p>Dinner: Corn Chip Chicken -OR- Warm Ham & Cheese Croissant</p>	<p>17</p> <p>Breakfast: Sausage, Egg & Cheese Croissant</p> <p>Lunch: Ham Mac & Cheese Bake -OR- Chili</p> <p>Dinner: Brat Burger on a Bun -OR- Chili</p>	<p>18</p> <p>Breakfast: Fruit and Yogurt Parfait with Granola</p> <p>Lunch: Beef Stew -OR- Deli Sandwich</p> <p>Dinner: Creamy Chicken Noodle Soup -OR- Deli Sandwich</p>	<p>19</p> <p>Breakfast: Biscuits and Gravy Egg Bake</p> <p>Lunch: Turkey Pot Pie with Flakey Crust – OR- Chicken Alfredo Bake</p> <p>Dinner: Cheeseburger Hotdish -OR- Chicken Alfredo Bake</p>	<p>20</p> <p>Breakfast: Scrambled Eggs and Cheese</p> <p>Lunch: Marinated Shrimp -OR- Egg Salad Sandwich</p> <p>Dinner: Cheese Lasagna -OR- Egg Salad Sandwich</p>	<p>21</p> <p>Breakfast: Toasted Bagel with Cream Cheese</p> <p>Lunch: Teriyaki Glazed Pork Loin -OR- Tuna Salad Sandwich</p> <p>Dinner: Beef Enchiladas -OR- Tuna Salad Sandwich</p>	<p>22</p> <p>Breakfast: Cinnamon French Toast</p> <p>Lunch: Spaghetti & Meatballs -OR- Hot Dog on a Bun</p> <p>Dinner: Honey Mustard Chicken Sandwich -OR- Hot Dog on a Bun</p>
<p>23</p> <p>Breakfast: Chocolate Chip Pancakes</p> <p>Lunch: BBQ Beef on a Bun -OR- Warm Ham & Cheese Croissant</p> <p>Dinner: Oven Roasted Chicken Thighs -OR- Warm Ham & Cheese Croissant</p>	<p>24</p> <p>Breakfast: Canadian Bacon, Egg & Cheese Croissant</p> <p>Lunch: Ham and Scalloped Potatoes -OR- Chili</p> <p>Dinner: Salisbury Steak -OR- Chili</p>	<p>25</p> <p>Breakfast: Fruit and Yogurt Parfait with Granola</p> <p>Lunch: Chicken & Dumplings -OR- Deli Sandwich</p> <p>Dinner: Roasted Turkey -OR- Deli Sandwich</p>	<p>26</p> <p>Breakfast: Quiche Lorraine</p> <p>Lunch: Pork Chop in Mushroom Gravy -OR- Chicken Alfredo Bake</p> <p>Dinner: Beef Chow Mein Hotdish -OR- Chicken Alfredo Bake</p>	<p>27</p> <p>Breakfast: Scrambled Eggs and Cheese</p> <p>Lunch: Cheese Ravioli Alfredo with Shrimp -OR- Egg Salad Sandwich</p> <p>Dinner: Cheesy Broccoli Soup -OR- Egg Salad Sandwich</p>	<p>28</p> <p>Breakfast: Toasted Bagel with Cream Cheese</p> <p>Lunch: Italian Pulled Pork Sandwich -OR- Tuna Salad Sandwich</p> <p>Dinner: Eggs Benedict Casserole -OR- Tuna Salad Sandwich</p>	