# CLUB CONNECT

## MC UNITED MONTHLY NEWSLETTER

OCTOBER 2026

## UPCOMING IMPORTANT DATES

- **November/December/January: WINTER TRAINING - MC UNITED PLAYERS**
- **NOVEMBER 9 -DECEMBER 16: SPRING REGISTRATION OPEN**
- **Finishing & Goalkeeper Camp with Dawn Crow/UWSP: November 15 5-7pm**
- **Game Performance with CTI Session 1: November 22**
- **Game Performance with CTI Session 2: December 6**
- **Skills Camp with Dawn Crow/UWSP: December 13**
- **Game Performance with CTI Session 3: January 3**
- **Dutch 4v4 Camp with Dawn Crow: January 10**
- **Week of January 17: State/Select Teams Begin Spring Season**
- **Week of January 31: Classic Teams Begin Spring Season**

## October at MC United ⚽

Another season of MC United has come and gone. THANK YOU

- to families for all you do for your athletes. Whether it be driving to practice/games. Cheering in the freezing cold, rain, wind, blasting heat and everything inbetween, players know they can count on you.
- to coaches. Your dedication and commitment to the game, players and the club is appreciated. You are the backbone to our club.
- to managers. Your timely messages pertaining to game changes, field locations, useful tips and registering teams is so valued.
- to volunteers. Our Fall Cup was a tremendous success thanks in part to all our volunteers. You made it happen.
- to players. You showed up willing yourself to learn and get better for not only you but the team. You rock.

## WINTER TRAINING

**This year, we are pleased to offer winter training options for our players. MC United age-specific training is 1x per week on the turf.**

**There are other options to get better over the winter as well. We have teamed up with Dawn Crow and UWSP to offer a shooting, skills and Dutch Camp AND have teamed up with CTI to offer performance training. See the flyers below and register on Playmetrics under PROGRAMS.**

# CONGRATS TO ALL TEAMS ON A GREAT FALL!
















# WINTER TRAINING INFORMATION



## MC UNITED WINTER INDOOR TRAINING

**KEEP YOUR SKILLS SHARP THIS WINTER WITH MC UNITED INDOOR TRAINING! SESSIONS WILL BE HELD ONCE PER WEEK FROM NOVEMBER THROUGH JANUARY, WITH A TWO-WEEK BREAK OVER CHRISTMAS, ON THE INDOOR TURF AT THE GREENHECK TURNER COMMUNITY CENTER.**

**LED BY MC UNITED COACHES, PLAYERS WILL TRAIN IN AGE-SPECIFIC GROUPS AND PARTICIPATE IN TECHNICAL SKILL DEVELOPMENT, FOCUSED DRILLS, AND ACTIVITIES DESIGNED TO IMPROVE BALL CONTROL, PASSING, DRIBBLING, SHOOTING, AND OVERALL CONFIDENCE ON THE FIELD.**

| | | | | |
|---|---|---|---|---|
| U9/10/11 Girls | Nov 2 | 5:30-6:30 | Field 1 | 10 DATES |
| MAX: 30 Kids | Nov 9 | 5:30-6:30 | Field 1 | MONDAYS (Except Jan 17, Sunday) |
| $140/Kid | Nov 16 | 5:30-6:30 | Field 1 | |
| | Nov 23 | 5:30-6:30 | Field 1 | |
| | Nov 30 | 5:30-6:30 | Field 3 | |
| | Dec 7 | 5:30-6:30 | Field 3 | |
| | Dec 14 | 5:30-6:30 | Field 3 | |
| | Jan 4 | 5:30-6:30 | Field 1 | |
| | Jan 11 | 5:30-6:30 | Field 1 | |
| | Jan 17 | 6-7pm | Field 2 | |

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|---|---|---|---|---|
| U12/13 Girls | Nov 2 | 5:30-6:30 | Field 2 | 10 DATES |
| MAX: 30 Kids | Nov 9 | 5:30-6:30 | Field 2 | MONDAYS (Except Jan 17, Sunday) |
| $140/Kid | Nov 16 | 5:30-6:30 | Field 2 | |
| | Nov 23 | 5:30-6:30 | Field 2 | |
| | Nov 30 | 5:30-6:30 | Field 4 | |
| | Dec 7 | 5:30-6:30 | Field 4 | |
| | Dec 14 | 5:30-6:30 | Field 4 | |
| | Jan 4 | 5:30-6:30 | Field 2 | |
| | Jan 11 | 5:30-6:30 | Field 2 | |
| | Jan 17 | 6:30-7:30 | Field 1 | |

| | | | | |
|---|---|---|---|---|
| U14 Girls | Nov 5 | 6-7pm | Field 2 | 11 DATES |
| MAX: 24 Kids | Nov 12 | 6-7pm | Field 2 | THURSDAYS (Except Nov 24, Tuesday |
| $145/Kid | Nov 19 | 6-7pm | Field 2 | |
| | Nov 24 | 6-7pm | Field 2 | |
| | Dec 3 | 6-7pm | Field 2 | |
| | Dec 10 | 6-7pm | Field 2 | |
| | Dec 17 | 6-7pm | Field 2 | |
| | Jan 7 | 6-7pm | Field 2 | |
| | Jan 14 | 6-7pm | Field 2 | |
| | Jan 21 | 6-7pm | Field 2 | |
| | Jan 28 | 6-7pm | Field 2 | |

| | | | | |
|---|---|---|---|---|
| U9/10 Boys | Nov 2 | 6:30-7:30 | Field 1 | MONDAY |
| MAX: 36 Kids | Nov 8 | 5-6pm | Field 1 | SUNDAY |
| $145/Kid | Nov 16 | 5:30-6:30 | Field 3 | MONDAY |
| 11 Dates | Nov 23 | 5:30-6:30 | Field 3 | MONDAY |
| | Nov 30 | 6:30-7:30 | Field 3 | MONDAY |
| | Dec 7 | 6:30-7:30 | Field 3 | MONDAY |
| | Dec 14 | 6:30-7:30 | Field 3 | MONDAY |
| | Jan 4 | 5:30-6:30 | Field 3 | MONDAY |
| | Jan 11 | 6:30-7:30 | Field 2 | MONDAY |
| | Jan 17 | 6-7pm | Field 3 | SUNDAY |
| | Jan 26 | 5:30-6:30pm | Field 2 | TUESDAY |

| | | | | |
|---|---|---|---|---|
| U13 Classic Boys | Nov 2 | 6:30-7:30 | Field 2 | Monday |
| 20 MAX | Nov 9 | 6:30-7:30 | Field 3 | Monday |
| $145/Kid | Nov 16 | 6:30-7:30 | Field 3 | Monday |
| | Nov 23 | 6:30-7:30 | Field 3 | Monday |
| | Dec 1 | 5:30-6:30 | Field 4 | TUESDAY |
| | Dec 8 | 5:30-6:30 | Field 4 | TUESDAY |
| | Dec 15 | 5:30-6:30 | Field 4 | TUESDAY |
| | Jan 4 | 6:30-7:30 | Field 3 | Monday |
| | Jan 11 | 7:30-8:30 | Field 1 | Monday |
| | Jan 17 | 5-6pm | Field 2 | SUNDAY |
| | Jan 26 | 6:30-7:30pm | Field 2 | TUESDAY |

| | | | | |
|---|---|---|---|---|
| U11 Classic Boys | Nov 5 | 6-7pm | Field 4 | THURSDAY, except Nov 24 (Tuesday) |
| MAX: 24 | Nov 12 | 6-7pm | Field 4 | 11 Dates |
| $145/Kid | Nov 19 | 6-7pm | Field 4 | |
| | Nov 24 | 6-7pm | Field 4 | |
| | Dec 3 | 6-7pm | Field 4 | |
| | Dec 10 | 6-7pm | Field 4 | |
| | Dec 17 | 6-7pm | Field 4 | |
| | Jan 7 | 6-7pm | Field 4 | |
| | Jan 14 | 6-7pm | Field 4 | |
| | Jan 21 | 6-7pm | Field 4 | |
| | Jan 28 | 6-7pm | Field 4 | |

| | | | | |
|---|---|---|---|---|
| U14 BOYS | Nov 9 | 6:30-7:30 | Field 2 | Monday |
| 24 MAX | Nov 16 | 6:30-7:30 | Field 2 | Monday |
| $140/Kid | Nov 23 | 6:30-7:30 | Field 2 | Monday |
| 10 Dates | Dec 1 | 6:30-7:30pm | Field 4 | TUESDAY |
| | Dec 8 | 6:30-7:30 | Field 4 | TUESDAY |
| | Dec 15 | 6:30-7:30 | Field 4 | TUESDAY |
| | Jan 4 | 6:30-7:30 | Field 2 | Monday |
| | Jan 11 | 7:30-8:30 | Field 2 | Monday |
| | Jan 17 | 5-6pm | Field 3 | SUNDAY |
| | Jan 26 | 6:30-7:30pm | Field 3 | TUESDAY |

| | | | | |
|---|---|---|---|---|
| | Nov 5 | 6-7pm | Field 3 | THURSDAYS, except Nov 24 (Tuesday) |
| U12 Classic Boys | Nov 12 | 6-7pm | Field 3 | 11 dates |
| MAX: 24 | Nov 19 | 6-7pm | Field 3 | |
| $145/Kid | Nov 24 | 6-7pm | Field 3 | |
| | Dec 3 | 6-7pm | Field 3 | |
| | Dec 10 | 6-7pm | Field 3 | |
| | Dec 17 | 6-7pm | Field 3 | |
| | Jan 7 | 6-7pm | Field 3 | |
| | Jan 14 | 6-7pm | Field 3 | |
| | Jan 21 | 6-7pm | Field 3 | |
| | Jan 28 | 6-7pm | Field 3 | |

### HIGH SCHOOL BOYS

HIGH SCHOOL BOYS WILL HAVE THE OPPORTUNITY TO PARTICIPATE IN THE HIGH SCHOOL COED INDOOR LEAGUE ON SUNDAY NIGHTS AT GREENHECK TURNER.
REGISTRATION WILL BE THROUGH GREENHECK TURNER.

# GAME PERFORMANCE

## Training with CTI





One of the best things athletes can do in the offseason? Performance Training! CTI will provide winter performance sessions focused to physical qualities that carry over the field: balance, coordination, vertical and horizontal jumping and change of direction. Each age group runs 1 hour - no soccer balls are used. This is speed, agility and performance work!

REGISTER TODAY!

**DATES: NOVEMBER 22**
**DECEMBER 6**
**JANUARY 3**
**REGISTER FOR 1, 2 OR ALL 3 SESSIONS!**

**TIMES: U9-10: 4-5PM**
**U11-12: 5-6PM**
**U13+: 6-7PM**

**$20/ATHLETE/SINGLE SESSION**
**$45/ATHLETE FOR ALL 3 SESSIONS**
**(MUST REGISTER ALL AT ONCE)**

**GREENHECK TURNER COMMUNITY CENTER**



# CENTRAL WISCONSIN FINISHING & GOAL KEEPER CAMP



Take your game to the next level this winter with the Central Wisconsin Finishing & Goalkeeper Camp with Dawn Crow & UWSP staff/players. This specialized training camp will focus on developing the skills, confidence and techniques needed to make an impact in front of the goal.

**FIELD PLAYERS** will work on finishing techniques, shot placement, accuracy, power and decison-making in game-like situations.

**GOALKEEPERS** will receive specialized training focused on shot stopping, positioning, reaction time, handling and footwork.

**NOVEMBER 15 5-7pm U9-U19 Club Players**

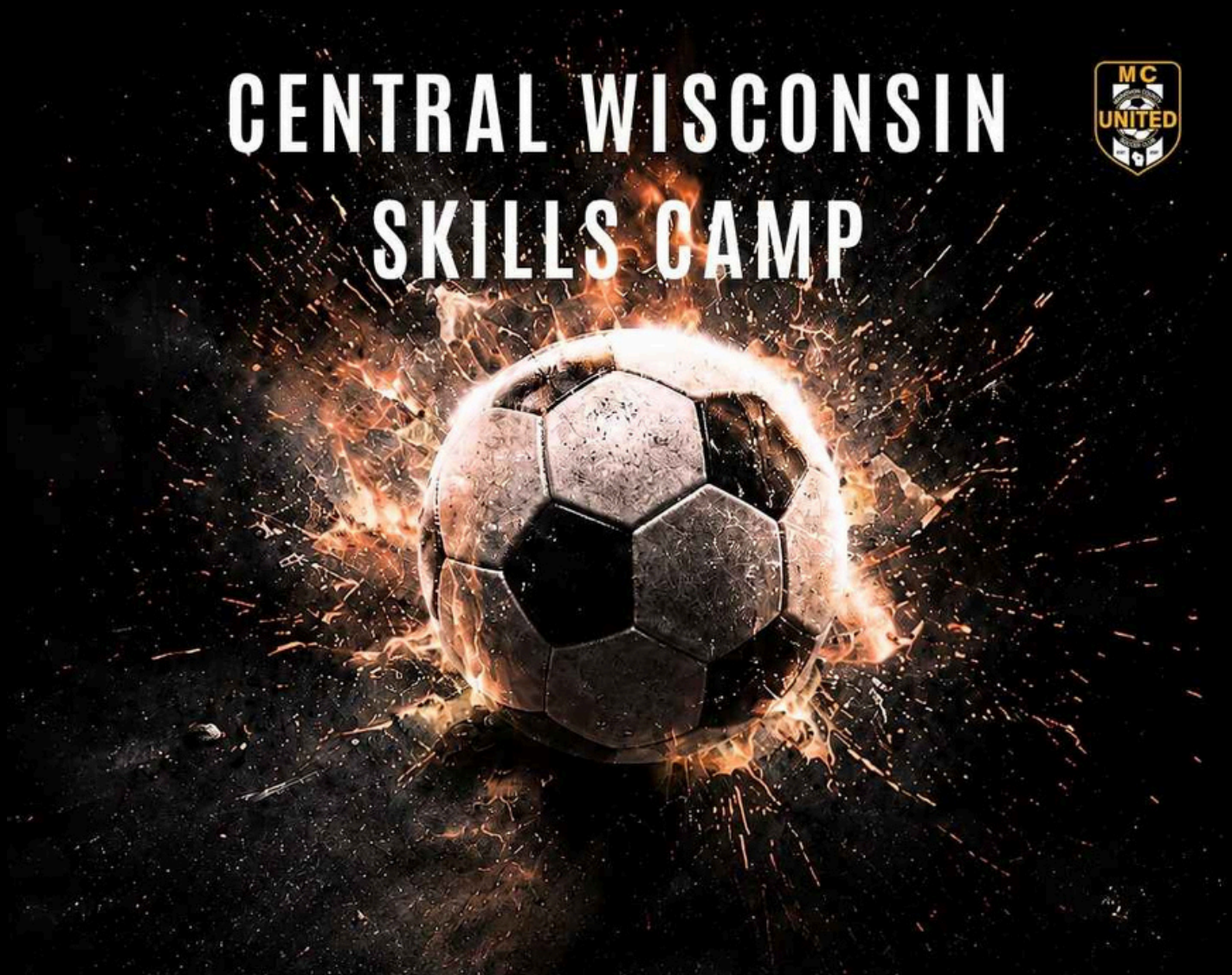
**$40/Field Player $60 Goalkeeper**

**Greenheck Turner Community Center**

MC UNITED

REGISTER ON PLAYMETRICS!

# CENTRAL WISCONSIN SKILLS CAMP



LED BY DAWN CROW & UWSP STAFF/PLAYERS, PLAYERS WILL IMPROVE BALL CONTROL, DRIBBLING, PASSING, RECEIVING, FIRST TOUCH AND 1V1 ATTACKING AND DEFENDING. THIS CAMP IS OPEN TO ANY PLAYER LOOKING TO IMPROVE.

## DECEMBER 13 | 5-7pm | U9-U19

## $40/FIELD PLAYER $60/GOALKEEPER

GREENHECK TURNER COMMUNITY CENTER TURF


CENTRAL
WISCONSIN
JANUARY 10
DUTCH 4V4
TOURNAMENT
This tournament randomly draws players into assorted teams. After each round every team's score is recorded and each player's individual stats are tracked. The random assortment of players onto teams, then the reassortment after each round allows players to play with new and different players in a short time period. Objective of the day is FUN AND SOCCER! Any player may participate!
U9-U11: 4-5PM
U12-U14: 5-6PM
U15-U19: 6-7PM
MC
UNITED
GREENHECK TURNER COMMUNITY
CENTER TURF
$25 PER PLAYER

# SAVE THE DATE

## 20TH YEAR OF MC UNITED CELEBRATION

**FEBRUARY**

# 13

2027

- BREAKFAST
- COMBINE
- GAMES
- RAFFLES
- MORE!

**MARK YOUR CALENDAR AND GET READY FOR A DAY OF MC UNITED FUN!**

**MORE INFORMATION COMING SOON!**