TrueScripts™

List of Drugs Categories Subject to Step Therapy

All Step Therapy medications (Trigger Drug) require a trial of the first line or preferred medications (Step Drugs), approved use of another Trigger Drug in the same therapeutic class, or clinical history indicating medical necessity.

Brand Name Drug or 'Trigger Drug'	First Line Drugs or Preferred 'Step Drugs'
Antiasthmatic and Bronchodilator Agents – Adrenergic Combinations Advair Diskus, AirDuo Digihaler, AirDuo RespiClick, Dulera, Fluticasone-Salmeterol 55-14, 113-14, and 232-14 (generic AirDuo), Symbicort	Any **two** of the following: Advair HFA, Breo Ellipta, Budesonide-Formoterol/Breyna
Antiasthmatic and Bronchodilator Agents – Adrenergic Combinations Bevespi Aerosphere, Duaklir Pressair, Umeclidinium-Vilanterol Aerosol (generic Anoro Ellipta)	Anoro Ellipta or Stiolto Respimat
Antiasthmatic and Bronchodilator Agents – Adrenergic Combinations Fluticasone-Salmeterol Aerosol 45-21, 115-21, 230-21 (generic Advair HFA)	Advair HFA
Antiasthmatic and Bronchodilator Agents – Adrenergic Combinations Fluticasone Furoate-Vilanterol (generic Breo)	Breo Ellipta
Antiasthmatic and Bronchodilator Agents – Bronchodilators/Anticholinergics Incruse Ellipta, Tudorza Pressair	Spiriva Respimat or Tiotropium Inhalation Capsules
Antiasthmatic and Bronchodilator Agents – Bronchodilators/Anticholinergics Spiriva HandiHaler	Tiotropium Inhalation Capsules
Antiasthmatic and Bronchodilator Agents - Steroid Inhalants Alvesco, ArmonAir, Asmanex, Asmanex HFA, Flovent Diskus, Flovent HFA, Fluticasone Furoate Ellipta, Fluticasone Propionate Diskus, Fluticasone Propionate HFA, Pulmicort Flexhaler	**Both** of the following: Arnuity Ellipta and Qvar Redihaler

Brand Name Drug or 'Trigger Drug'	First Line Drugs or Preferred 'Step Drugs'
Antidiabetic Medications – DPP-4 Inhibitors and DPP-4 Inhibitor Combinations Alogliptin, Alogliptin-Metformin, Alogliptin-Pioglitazone, Kazano, Kombiglyze XR, Nesina, Onglyza, Oseni, Sitagliptin, Sitagliptin Base-Metformin, Sitagliptin Base-Metformin ER, Zituvimet. Zituvimet XR, Zituvio	Janumet, Janumet XR, or Januvia **AND** any one of the following: Jentadueto, Jentadueto XR, Tradjenta
Antidiabetic Medications - Human Insulin Insulin Glargine	Lantus
Antidiabetic Medications - Human Insulin Insulin Asp Prot & Aspart, Insulin Aspart, Novolog ReliOn, Novolog MIX 70/30 ReliOn	Novolog
Antidiabetic Medications - Human Insulin Insulin Degludec	Tresiba
Antidiabetic Medications - Human Insulin Basaglar Tempo Pen, Insulin Glargine-yfgn, Levemir, Semglee, Semglee (yfgn)	Any **three** of the following: Basaglar, Lantus, Rezvoglar, Toujeo, Tresiba
Antidiabetic Medications - Human Insulin Humalog Tempo Pen, Lyumjev Tempo Pen	Any **two** of the following: Admelog, Apidra, Fiasp, Humalog, Insulin Lispro pen, Lyumjev, Novolog
Antidiabetic Medications – SGLT2 Inhibitors Dapagliflozin (generic Farxiga)	Farxiga
Antidiabetic Medications – SGLT2 Inhibitors and SGLT2 Inhibitor Combinations Dapagliflozin-Metformin (generic Xigduo XR)	Xigduo XR
Antidiabetic Medications – SGLT2 Inhibitors and SGLT2 Inhibitor Combinations Bexagliflozin, Brenzavvy, Invokamet, Invokamet XR, Invokana, Segluromet, Steglatro, Steglujan	Farxiga or Xigduo XR **AND** any one of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, or Trijardy XR
Antidiabetic Medications – SGLT2 Inhibitor/DPP4 Inhibitor Combinations Qtern	Glipizide-Metformin, Glyburide-Metformin, Metformin, Metformin ER, or Pioglitazone-Metformin **AND** one of the following: Farxiga or Xigduo XR **AND** one of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, or Trijardy XR
Cardiovascular Agents Inpefa	Farxiga **AND** Jardiance

Brand Name Drug or 'Trigger Drug'	First Line Drugs or Preferred 'Step Drugs'
Dermatologicals - Acne Products Epsolay Cream 5 %	Azelaic Acid Gel, Finacea Foam, Soolantra
Dermatologicals - Acne Combinations Acanya Gel 1.2-2.5%, Benzamycin Gel 5-3%, Onexton Gel 1.2-3.75%, Veltin Gel 1.2-0.025%, Ziana Gel 1.2-0.025%	Clindamycin/Benzoyl Peroxide Gel 1.2/3.75%, Epiduo Forte, Twyneo
Dermatologicals - Rosacea Agents Finacea Gel 15 %, Noritate Cream, Zilxi Foam	Azelaic Acid Gel, Finacea Foam, or Soolantra
Dermatologicals - Rosacea Agents Metrogel External 1% Gel	Finacea Foam, Metronidazole Gel, or Soolantra
Diabetic Meters/Test Strips All products except First Line Agents or Preferred 'Step Drugs'	**Both** of the following: Contour and Accu-Chek
Gastrointestinal Agents Ibsrela, Motegrity, Trulance	Linzess
Gastrointestinal Agents - Chloride Channel Activators Amitiza	Linzess, Movantik, or Symproic
Gastrointestinal Agents – Digestive Aids Pancreaze, Pertzye, Viokace	Creon or Zenpep
Gastrointestinal Agents - Inflammatory Bowel Agents Delzicol, Lialda, Pentasa	Apriso
Gastrointestinal Agents – Peripheral Opioid Receptor Agonists Relistor	Movantik or Symproic
Opioid Agonists Nucynta ER	Extampa ER, Hydromorphone ER, Hyslinga ER, Morphine Sulfate ER, Oxycontin, Oxymorphone ER

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