



Life. Love. Legacy.™

2040 Resurgence Dr.
Watkinsville, GA 30677
(706) 715-5532

Your Leadership Team

Benita Watts
Executive Director

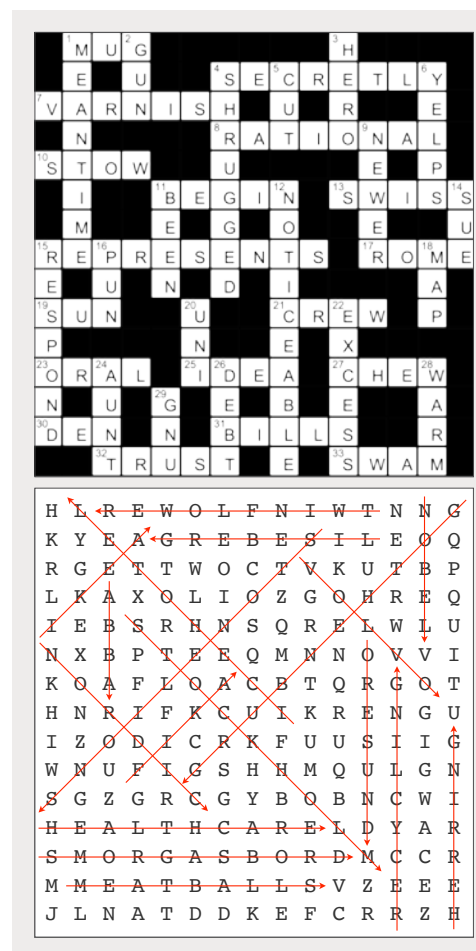
Jacqueline Heard, LPN
Resident Services Director

Cindy Bridgers-Hannon
Sales & Marketing Director

Michael Kitchens
Life Enrichment Director

Jennifer Chivers
Business Office Manager

Justin Gilreath
Maintenance Director



LEGACY VILLAGE OF ATHENS

NEWSLETTER | SEPTEMBER 2025



Legacy Senior Living Co-founders, Barry Ray, Founder and CEO, Bryan Cook, Founder and President

A Message From Your Executive Director

It's September, and that means one of my favorite traditions is here: National Assisted Living Week! If you haven't heard the story, this week-long celebration was created nearly 30 years ago to honor the deep connections between residents, teams and families in communities just like ours. Each year brings a new theme—this year, it's "Ageless Adventure"—reminding us there's no expiration date on joy, curiosity, or a good laugh.

Here's a nugget of assisted living history you might not know: the very first modern assisted living facility in the country was Park Place in Portland, Oregon, opened by Dr. Karen Wilson in 1981. It was a game-changer—combining private rooms, around the clock care, community spaces, and real independence for residents. Oregon issued the first official assisted living license in 1988, so this whole movement isn't as old as you might think. But the heart of assisted living—respect, dignity, a sense of home—goes back much further.

That's always been our focus, too. When Barry Ray and Bryan Cook founded Legacy Senior Living, they did it as a ministry, believing that every senior

deserves to be treated like family, and served with honor, respect, faith and integrity.

We've got a full slate of fun planned for National Assisted Living Week, and you're invited to join us—not just for the week of festivities, but any day you want to stop by. Our doors are always open to family, friends, and anyone who wants to share in the adventure.

As we head into another month, thank you for the trust you place in us. It's a privilege to care for our residents and to share in the stories, smiles, and moments that make this community truly feel like home.

Here's to another month of living fully, loving deeply, and maybe learning something new along the way.

Sincerely,

Benita Watts
Benita Watts
Executive Director



Carolyn Carlisle—Finding Joy in Every Adventure

Growing up in Roswell, Georgia, Carolyn Carlisle's life was shaped by family, faith, and a love for new experiences. The only sister among four brothers, Carolyn spent her childhood tending the family garden and caring for her parents—a role she took on with both devotion and pride.

Carolyn never married or had children of her own, but she built a fulfilling and independent life. For many years, she ran her own cleaning business, working five days a week and saving weekends for time with the people she loved most. Her faith and her church have always been at the center of her life, and she's happiest when she's singing gospel music or getting creative with arts and crafts.

Carolyn's enthusiasm for life is contagious. She believes the world is full of adventures waiting to be discovered and that there's always something to love if you keep your mind and heart open. She speaks fondly of her brothers, who cared for her just as she cared for them, calling them "kind and sweet."

In 2022, Carolyn made Legacy Village at Athens her new home. She says she loves the friendly staff, the welcoming community, and the endless opportunities to stay active—"there's always something to do!" she says with a smile.

If Carolyn could share one piece of advice, it's this: "Live life to the fullest, and no matter how hard it gets, never give up." Her story is a reminder that adventure, joy, and family can be found wherever you are, as long as you greet each day with an open heart.

PARTNER SPOTLIGHT: Travis Jenkins of St. Mary's Hospice

We want to give a big thank you to Travis Jenkins with St. Mary's Hospice for his ongoing support and involvement in our community. Travis is always ready to lend a helping hand at our events, and his positive spirit makes a difference with every visit. Every Tuesday at 10am, he leads our Walking Club, helping keep our residents active and connected. We appreciate all that Travis and St. Mary's Hospice do to be part of the Legacy Village family!



Some of the best stories start with, "Remember when..."

Celebrations & Milestones

Welcome to our newest residents!

- Dora Thompson
- Mary Nell Titshaw



Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Sept. 23: Jim Dodge
- Sept. 23: James Helm
- Sept. 24: Geraldine Hinson
- Sept. 26: Sue Lee

TEAM MEMBER BIRTHDAYS

- Sept. 4: Jodi Cannady
- Sept. 21: Mattie Johnson
- Sept. 23: Bridgette Flewellen



RESIDENT ANNIVERSARIES

- Marian Johnston – 3 years
- Doris Firth – 2 years
- Mary Pope – 2 years
- Benjamin Pope – 2 years
- Sherry Toole – 1 year
- Grace Watson – 1 year

TEAM ANNIVERSARIES

- Shaquoya Jones – 3 years
- Mildred Anderson – 2 years



*Here's to new friends,
special milestones, &
more memories together!*

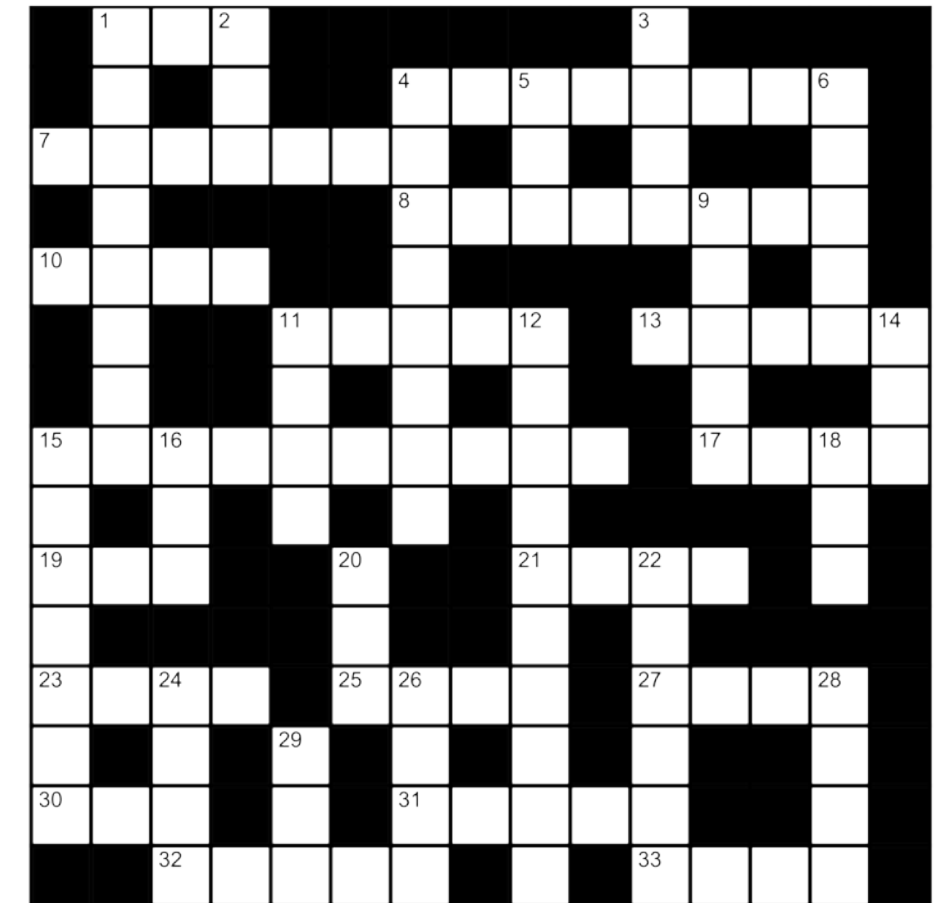


ACROSS

1. The picture taken when arrested is called a ___ shot.
4. Covertly
7. Glossy wood coating
8. Sensible
10. Pack away
11. Start
13. Cheese choice
15. Symbolizes, stands for
17. Where the Vatican is
19. Overhead light?
21. Workers on a boat or film set
23. Word-of-mouth
25. Concept
27. Prepare to swallow
30. Animal house
31. Invoices to pay
32. Believe in
33. Did laps, say

DOWN

1. Until then, in the ___
2. "Glue" or "staple" follower
3. "My ___!" (said to one who saved your kitten)
4. Raised shoulders to show lack of interest
5. Film director's cry
6. Reacts to a stubbed toe
9. More modern



11. "___ there, done that"
12. Conspicuous, easily seen
14. Take to court
15. Give an answer
16. "Lettuce pray" is one
18. Navigator's need
20. Prefix for "verse" or "corn"
22. Surplus
24. Em, to Dorothy
26. Chapter 11 issue
28. Welcoming
29. African antelope

Sojourn in Sweden

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

ABBA
FIKA
GOTHENBURG
HEALTH CARE
HERRING
ICE HOTEL

IKEA
LISEBERG
MEATBALLS
NOBEL
NORDIC
ÖRESUND

RECYCLING
SMORGASBORD
STOCKHOLM
STONE LIONS
TWIN FLOWER
VOLVO



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Cherry Popover Day 1 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Aroma Therapy 3:00 Bingo 6:00 Game show Network <small>Labor Day</small>	World Coconut Day 2 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 3:00 Mole In The Hole 4:00 1965 Music Triva 6:00 Game Show Network	Baby Back Ribs Day 3 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Bird Club 3:00 Bingo Store 4:00 Baby Get Back 6:00 Game Show Network	National Wildlife Day 4 9:15 Daily Devotion 10:45 Exercise 11:00 Wildlife Triva 2:00 Cards Hand & Foot 3:00 Crafty Arts 4:00 to 6:00 Met The Captain Benita Watts	National Dog Walker Day 5 9:15 Daily Devotion 10:45 Exercise 11:00 Dog Triva 2:00 Table Games 3:00 Bingo 4:00 Music on the Move 6:00 Game Show Network	Read a Book Day 6 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News
Grandma Moses Day 7 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 2:00 Celebrate Grandparents 4:30 Freshen Up 6:00 Evening News <small>Grandparents Day</small>	World Physical Therapy Day 8 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Celebrate Assisted Living Week with Travis St.Mary's 3:00 Bingo 6:00 Game Show Network	National Teddy Bear Day 9 9:15 Daily Devotion 10:00 walking with Travis 10:30 Exercise 2:00 Celebrate Assisted Living Week 3:00 Teddy Bear Social 6:00 Game Show Network	Swap Ideas Day 10 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Celebrate Assisted Living Week with Haylee from Bridgeway 3:00 Let's Swap Idea's 6:00 Game Show Network	National Make Your Bed Day 11 9:15 Daily Devotion 9:30 Exercise 10:30 Celebrate Assisted Living Week with Kelly from Inspire 2:30 Celebrate Assisted Living week with Terri Beth 6:00 Game Show Network	Day of Encouragement 12 9:15 Daily Devotion 9:30 Exercise 10:00 Celebrate Assisted Living week with Cherly from Gentiva 2:00 Celebrate Assisted Living week with Amy Miller 6:00 Game Show Network	National Peanut Day 13 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News
National Eat a Hoagie Day 14 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 2:30 Afternoon Matinee 4:30 Freshen Up 6:00 Evening News	Double Cheeseburger Day 15 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Aroma Therapy 3:00 Bingo 6:00 Game Show Network	Voter Registration Day 16 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 3:00 Board Games 4:00 Music Triva 6:00 Game Show Network	National Apple Dumpling Day 17 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Bird Club 2:30 Apple Dumpling Social 3:30 Bingo Store 6:00 Game Show Network	National Respect Day 18 9:15 Daily Devotion 10:45 Exercise 2:00 Apple Craft with Chissy 3:00 Cards Hand & Foot 4:00 Google Earth 6:00 Game Show Network	Butterscotch Pudding Day 19 9:15 Daily Devotion 10:45 Exercise 11:00 Word Game 2:00 Board Games 3:00 Bingo 4:00 Sharing Memories 6:00 Game Show Network	Big Whopper Day 20 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News <small>Oktoberfest Begins</small>
Last Day of Summer 21 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 2:30 Afternoon Matinee 4:30 Freshen Up 6:00 Evening News	National Pecan Cookie Day 22 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 National Ice Cream Day with Terri Beth 3:00 Bingo 6:00 Game Show Network <small>Rosh Hashanah Begins Autumn Begins</small>	National Snack Stick Day 23 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 3:00 Board Games 4:00 Finish the Lyrics 6:00 Game Show Network	Bluebird of Happiness Day 24 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Bird Club 2:30 Happiness Social 4:00 Bingo Store 6:00 Game Show Network	National Comic Book Day 25 9:15 Daily Devotion 10:45 Exercise 2:00 Comic Book Social 3:30 Crafty Arts 4:00 Google Earth 6:00 Game Show Network	National Key Lime Pie Day 26 9:15 Daily Devotion 10:45 Exercise 11:00 Word Game 2:00 Board Games 3:00 Bingo 4:00 The Year 1950 6:00 Game Show Network	National Chocolate Milk Day 27 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News
Ask a Stupid Question Day 28 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 3:30 Corner Stone Church of God 6:00 Evening News	World Heart Day 29 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Aroma Therapy 3:00 Bingo 6:00 Game Show Network	National Chewing Gum Day 30 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 2:30 ButterBean Auction with Chissy 4:00 Finish the Lyrics 6:00 Game Show Network	<div>  </div>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Cherry Popover Day 1 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Aroma Therapy 3:00 Bingo 6:00 Game show Network <small>Labor Day</small>	World Coconut Day 2 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 3:00 Mole In The Hole 4:00 1965 Music Triva 6:00 Game Show Network	Baby Back Ribs Day 3 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Bird Club 3:00 Bingo Store 4:00 Baby Get Back 6:00 Game Show Network	National Wildlife Day 4 9:15 Daily Devotion 10:45 Exercise 11:00 Wildlife Triva 2:00 Cards Hand & Foot 3:00 Crafty Arts 4:00 to 6:00 Meet the Captain Benita Watts	National Dog Walker Day 5 9:15 Daily Devotion 10:45 Exercise 11:00 Dog Triva 2:00 Table Games 3:00 Bingo 4:00 Music on the Move 6:00 Game Show Network	Read a Book Day 6 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News
Grandma Moses Day 7 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 2:00 Celebrate Grandparents 4:30 Freshen Up 6:00 Evening News <small>Grandparents Day</small>	World Physical Therapy Day 8 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Celebrate Assisted Living Week with Travis St. Mary's 3:00 Bingo 6:00 Game Show Network	National Teddy Bear Day 9 9:15 Daily Devotion 10:00 walking with Travis 10:30 Exercise 2:00 Celebrate Assisted Living Week 3:00 Teddy Bear Social 6:00 Game Show Network	Swap Ideas Day 10 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Celebrate Assisted Living Week with Haylee from Bridgeway 3:00 Let's Swap Idea's 6:00 Game Show Network	National Make Your Bed Day 11 9:15 Daily Devotion 9:30 Exercise 10:30 Celebrate Assisted Living Week with Kelly from Inspire 2:30 Celebrate Assisted Living week with Terri Beth 6:00 Game Show Network	Day of Encouragement 12 9:15 Daily Devotion 9:30 Exercise 10:00 Celebrate Assisted Living week with Cherly from Gentiva 2:00 Celebrate Assisted Living week with Amy Miller 6:00 Game Show Network	National Peanut Day 13 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News
National Eat a Hoagie Day 14 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 2:30 Afternoon Matinee 4:30 Freshen Up 6:00 Evening News	Double Cheeseburger Day 15 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Aroma Therapy 3:00 Bingo 6:00 Game Show Network	Voter Registration Day 16 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 3:00 Board Games 4:00 Music Triva 6:00 Game Show Network	National Apple Dumpling Day 17 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Bird Club 2:30 Apple Dumpling Social 3:30 Bingo Store 6:00 Game Show Network	National Respect Day 18 9:15 Daily Devotion 10:45 Exercise 2:00 Apple Craft with Chissy 3:00 Cards Hand & Foot 4:00 Google Earth 6:00 Game Show Network	Butterscotch Pudding Day 19 9:15 Daily Devotion 10:45 Exercise 11:00 Word Game 2:00 Board Games 3:00 Bingo 4:00 Sharing Memories 6:00 Game Show Network	Big Whopper Day 20 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News <small>Oktoberfest Begins</small>
Last Day of Summer 21 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 2:30 Afternoon Matinee 4:30 Freshen Up 6:00 Evening News	National Pecan Cookie Day 22 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 National Ice Cream Day with Terri Beth 3:00 Bingo 6:00 Game Show Network <small>Rosh Hashanah Begins Autumn Begins</small>	National Snack Stick Day 23 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 3:00 Board Games 4:00 Finish the Lyrics 6:00 Game Show Network	Bluebird of Happiness Day 24 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Bird Club 2:30 Happiness Social 4:00 Bingo Store 6:00 Game Show Network	National Comic Book Day 25 9:15 Daily Devotion 10:45 Exercise 2:00 Comic Book Social 3:30 Crafty Arts 4:00 Google Earth 6:00 Game Show Network	National Key Lime Pie Day 26 9:15 Daily Devotion 10:45 Exercise 11:00 Word Game 2:00 Board Games 3:00 Bingo 4:00 The Year 1950 6:00 Game Show Network	National Chocolate Milk Day 27 9:00 Daily Devotion 10:45 Exercise 2:00 ESPN Sports 3:30 Board Games 4:30 Afternoon Freshen Up 6:00 Evening News
Ask a Stupid Question Day 28 9:00 Daily Devotion 10:00 Hymn Sing-along 10:45 Exercise 3:30 Corner Stone Church of God 6:00 Evening News	World Heart Day 29 9:15 Daily Devotion 10:30 Exercise 11:00 Bible Study 2:00 Aroma Therapy 3:00 Bingo 6:00 Game Show Network	National Chewing Gum Day 30 9:15 Daily Devotion 10:00 Walking with Travis 10:45 Exercise 2:30 ButterBean Auction with Chissy 4:00 Finish the Lyrics 6:00 Game Show Network	<div>  </div>			