

Life. Love. Legacy. TM 2040 Resurgence Dr. Watkinsville, GA 30677 (706) 715-5532

Your Leadership Team



Benita Watts Executive Director



Cindy Bridgers-

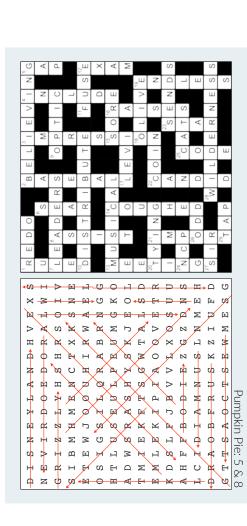
Hannon

Sales and Marketing

Jennifer Chivers **Business Office** Manager



Justin Gilreath Maintenance Director



LEGACY VILLAGE OF ATHENS

NEWSLETTER | OCTOBER 2025



A Message From Your Executive Director



As the leaves start to change and the air turns crisper, it seems like life speeds up for everyone. Around here, fall is a season bustling with activity—festivals, family events, and traditions both old and new. For many, this time of year is a juggling act: kids settling into the

school routine, calendars filling up with sports and lessons, and workplaces picking up the pace after summer. If you're part of the "sandwich generation," you know better than anyone what it means to be pulled in all directions at once, balancing the needs of growing children and supporting aging parents or grandparents, often while still managing careers and everything else life throws your way.

We know that when a loved one moves into our community, it's usually because families need a helping hand. What might come as a surprise is how often you'll hear from us, too, inviting you to join in for a meal, a festival, a musical performance, or just a moment to connect. We do this not to add to your already-full plate, but because we believe that staying connected, even in small ways, means everything to the people who live here—and to those who love them.

Still, we understand that you can't be everywhere at once. Sometimes, you're running from a school bake sale to a weekend tournament, and there just isn't enough of you to go around. Please know: we see you, we appreciate you, and we're grateful for every moment you share with us, even if it's just a phone call or a note sent in.

This month, as we roll out fall celebrations and family-friendly events, we hope you'll find a few minutes to join us when you can. Our doors are always open, and there's nothing better than seeing families come together, whether for a pumpkin craft, a game night, or just to laugh and swap stories. Maybe, just maybe, our little gatherings will make it a bit easier to spend time with your loved ones, all in one place.

Thank you for trusting us with someone so important to you. We're honored to be part of your extended family.

Sincerely, Benita Watts **Executive Director**





A Heart Full of Kindness: **Bettie Wright's Journey**

If you want to see what a lifetime of kindness and adventure looks like, just spend a little time with Bettie Wright. Born and raised in the heart of Mississippi, Bettie spent her entire childhood in the same house, sharing laughter and memories with

her two sisters until the day she left for college.

Bettie's love story began early and ran deep. She and her husband grew up together, side by side from first grade all the way through twelfth. At eighteen, they married—two high school sweethearts ready to take on the world together. The family soon grew to include two sons and two daughters, and later, two beloved grandchildren.

After her husband completed his military service, a call from family brought Bettie and her husband to Athens, a move that would shape the next chapter of her life. She found her stride working at a local bank before joining the Internal Revenue Service, where her days were filled with meeting new faces and learning new things. Bettie's sense of adventure extended beyond work; she traveled far and wide, gathering stories, meeting people from all walks of life, and soaking up the wonders of the world.

Yet, for all her travels, Bettie's greatest joy has always been family. She is passionate about those she loves, and her eyes light up at the mention of her children and grandchildren. When she's not spending time with family, Bettie loves to read and fondly recalls the fun she had bowling—two simple pleasures that have brought her a lot of joy through the years.

Since making her home at Legacy Village of Athens, Bettie has found happiness in the simple pleasures of community life. She treasures the friendships she's made and the chance to get to know her neighbors. Her gentle wisdom is something she shares freely: "Whatever you do in life, do the best you can and be nice to people. Respect people."

With her warmth, her stories, and her open heart, Bettie Wright brings light and friendship to everyone at Legacy Village of Athens.



IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!



Celebrations & Milestones

Welcome to our newest residents!

- · William Dennis
- Richard Crooks



Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- · Oct. 12: Wendell Dawson
- · Oct. 13: Sandra Carey
- · Oct. 13: Sue Knight

TEAM MEMBER BIRTHDAYS

- · Oct. 3: Caitlin Shade
- · Oct. 6: Stephanie Chinchilla
- · Oct. 8: Lundon Kelley
- · Oct. 9: Makenzie Williams
- · Oct. 9: Krystal Grant
- · Oct. 15:Rhonda Heard
- · Oct. 29: Brittany Jenkins



RESIDENT ANNIVERSARIES

- · Betty Dawson 2 years
- · Wendell Dawson 2 years
- · Katherine Williams 2 years
- · Ernest Hall 1 year
- · Geri Henson 1 year
- · Norma Moore 1 year
- · Carlton Purvis 1 year
- · Ward Swain 1 year

TEAM ANNIVERSARIES

- Morgan Cape 1 year
- · Nadia Smith 1 year



Here's to new friends, special milestones, & more memories together!

PRO TIP:

















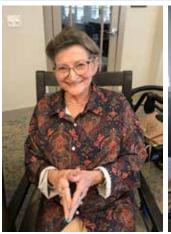
MORE 2025 NATIONAL ASSISTED LIVING WEEK HIGHLIGHTS



AGELESS ADVENTURE



















LEGACY VILLAGE OF ATHENS











Age is just a number..





Nadia Gary

Nadia Gary was nominated for the Going the Extra Mile

Award because of the genuine love and care she shows every day to our residents at Legacy Village of Athens. Her dedication shines through in the kindness and attention she gives to each person she serves, making a meaningful difference in their lives.

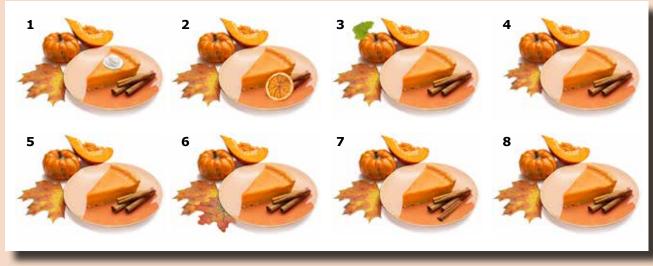
Nadia has been a valued CNA/CMA team member here for three years. She grew up in Elbert County, Georgia, alongside two sisters, and graduated from Elbert County High School. Married and without children, Nadia finds joy in swimming and reading during her free time.

She shares a meaningful insight she's learned through her work: "Make yourself happy before you can make someone else happy." This outlook helps her bring positivity not just to her role but also to the entire community.

Thank you, Nadia, for your heartfelt commitment and the warmth you bring to Legacy Village of Athens. We're grateful to have you on our team!

> "If anyone forces you to go one mile, go with them two miles." Matthew 5:41

Find the two pumpkin pie images that are exactly alike!





2025 NATIONAL ASSISTED LIVING WEEK HIGHLIGHTS



























TALKING TIDBITS

WHAT'S A FALL TRADITION YOU'D LOVE TO START OR ONE YOU'D **LIKE TO KEEP GOING?**



6 HOMEWORK HELP 99

At dinner, Seth said to his father, "Dad, I got into trouble at school today and it's all your fault." "How's that?" asked the Master of the house. "Remember when I asked you how much \$500,000 was?" "Yeah, I remember." "Well, 'a whole lot' ain't the right answer."

GET TO KNOW BENITA: 20 Questions Edition

Ever wonder what makes Benita tick? In honor of **National Boss's Day**, we put her in the hot seat and asked some fun and revealing questions. Here's your chance to get to know the person behind the job title!

- 1. If you could only eat one food for the rest of your life, what would it be? *Pizza*.
- 2. What's the weirdest thing you believed as a kid? That it was ok to eat dirt!
- 3. If you were a cartoon character, who would you be? *Belle from* Beauty and the Beast.
- 4. What's your signature dance move? **Pop-locking**.
- 5. If your life were a movie, what would the title be and who would play the role of you? Overcomer and my daughter would play me.
- 6. Do you have any "useless" talents or party tricks? **Beat boxing.**
- 7. What's the most unusual item in your wallet or purse right now? *Small tape measure*.
- 8. What's the worst haircut you've ever had? *Mullet*.
- 9. If you had to give yourself a new name, what would you pick? *Dominique*.
- 10. What's the oddest thing you've ever eaten? Pig snoots
- 11. Which emoji do you use way too much? 🙏
- 12. What's your guilty pleasure song? "This is how we do it" by Montell Jordan
- 13.If you woke up tomorrow as an animal, what animal would you hope to be? Bumble bee or zebra
- 14. What's your go-to karaoke song? "I will survive" by Gloria Gaynor
- 15.If you could have any superpower, what would it be? *Heal the sick*
- 16. What's the best trip you've ever taken? New York City

- 17. What's the strangest thing you've ever collected? My kids were born with extra fingers and toes. I kept them for years.
- 18. What song always makes you dance or sing along? "Love never felt so good" Michael Jackson/Justin Timberlake
- 19. Morning person or night owl? Definitely night owl
- 20. Who was your childhood hero? My uncles
- 21. What's one thing you can't live without? Jesus
- 22. If you could swap lives with anyone for a day, who would it be and why? The President of the United States so that I can learn what is really going on in The White House
- 23. What's your go-to comfort food? Desserts
- 24. What's the most adventurous thing you've ever done? *Drive across the country many times*
- 25. What's a book you think everyone should read? "Rich Dad, Poor Dad" by Rob Kiyosaki
- 26. If you could time travel, would you go to the past or the future and why? I would go back to 1984 and get my mom out of some toxic relationships.
- 27. What's the best gift you've ever received? My children
- 28. What's something that always makes you laugh? Lighthearted banter with friends
- 29. If you could instantly master any skill, what would it be? *Playing the piano and cooking*

Alzheimer's Support Gervices

LEGACYSL.NET/ALZHEIMERS-SUPPORT

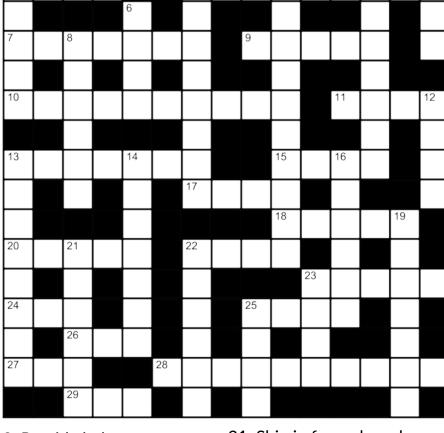
Take advantage of this complimentary support service, thoughtfully designed to complement the care we provide. Schedule your one-on-one phone or video session with Dr. Ron Harvard today.

ACROSS

- 1. Make over
- 2. "Seeing is ____."
- 7. Team captains are some
- 9. Vision-related
- 10. Hand out; dispense
- 11. Needed to ignite dynamite
- 13. Common Broadway offering with lots of singing
- 15. "I have ____ muscles after my workout."
- 17. ___ Strauss & Co. (jeans magnate)
- 18. Popeye's gal
- 20. ____ the knot; marrying
- 22. Piggy bank jingler
- 23. "That ____ shivers up my spine!"
- 24. North Celestial Pole, abbrev.
- 25. Felines
- 26. Peculiar
- 27. Knight's title
- 28. An untouched forest
- 29. Pub fixture

DOWN

- 1. 1. Reigned
- 2. Sport at which Willie Mays excelled
- 3. Comedic imitation
- 4. "Please ____ payment with your order."
- 5. Generation ___ (difference between ages)
- 6. Burn the surface of



- 8. Provide help
- 12. Test
- 13. Encounters
- 14. Cleared one's throat
- 16. Elevates
- 19. Infinite

- 21. Ship in from abroad
- 22. Straightforward in speech
- 23. "When You Wish Upon a
- 25. Secret message

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

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		717671	/(1/:)	11:00 Bible Study	2:30 Life Story	2:00 Aroma Therapy	2:00 ESPN Sports	
				2:00 Bridge	3:00 Cards Hand & Foot	3:00 Bingo	3:00 Hydration Snackativity	-
7				3:30 Older Persons fun	4:00 Angel Story	4:00 Laughter Like Medicine	3:30 Board Games	
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10:00 Daily Dev		•	10:00 Walking with Travis	10:30 Exercise	9:15 Daily Devotion	10:45 Exercise	10:45 Exercise	
2:00 Afternoor	0				10:45 Exercise	11:00 Handbag Fun Facts	2:00 Love Me Tender Matinee	
2:30 Hydration		11:00 Bible Study	10:30 Exercise	1:00 Welcome New resident		2:00 Fun with Abby	3:00 Hydration Snackativity	
3:30 Visit with		2:00 Craft with Terri Beth	11:00 You Matter Notes	2:00 Bridge	1:30 Crafts with Cherly	3:30 Bingo	3:30 Board Games	
4:00 Apple Tri				2:00 Flutter Nutter w/ Kelly	3:00 Cards Hand & Foot	4:00 Handbag Game	4:30 Freshen Up	
6:00 Evening		•		6:00 Evening News in Activity			•	
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						National Chocolate 18	3	
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2:00 Afternoor		11:00 Bible Study		11:00 Bible Study	11:00 Boss Fun Facts	11:00 Music with Glen Miller	10:45 Exercise	
2:30 Hydration				2:00 Bridge	1:00 Chef Chat	1:00 Aroma Therapy	2:00 ESPN Sports	
3:30 Visit with		•	3:30 Life Story	3:00 Bingo with Benita	2:00 Bird Club with Amber	2:00 Black Poetry Readings	3:00 Hydration Snackativity	
4:30 Freethou	•	•		4:00 Handwashing Game	3:00 Cards Hand & Foot	3:30 Bingo	3:30 Board Games	
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2:30 Hydration		11:00 Bible Study		11:00 Bible Study	11:00 Resident Council	1:00 Aroma Therapy	3:00 Sour Snackativity	
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4:30 Visit with	_	•	_	3:30 Color & Nut Triva	3:00 Cards Hand & Foot	3:30 Bingo	4:30 Freshen Up with Michael	
6:00 Evening N				4:00 Color Game	4:00 Visit with Friends	6:30 Movie Night with	6:00 Evening News Activity	
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National Pumpkin Day 26 Cranky Coworkers Day 27 National Chocolate Day 28 National Oatmeal Day 29 National Candy Corn Day30 National Candy Apple Day 31						Happy Birthday!!!		
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2:00 Afternoor		11:00 Bible Study	11:00 Chocolate Triva	11:00 Bible Study	11:00 Candy Corn Game	10:45 Exercise	Lundon Kelley 10/8	
2:30 Hydration	_	O	2:00 Butter Bean Auction			11:00 Apple Fun Facts 1:00 Aroma Therapy	Makenzie Williams 10/9	
3:30 Visit with				2:00 Bridge	Terri Beth	2:00 Candy and Caramel	Krystal Grant 10/9	3/4
4:00 Pumpkin		<u> </u>	3:30 Board Games	3:00 Men's Happy Hour	4:00 to 7:00 Trunk or Treat	Apple Party	Rhonda Heard 10/15	-100
6:00 Evening N	=	-	4:30 Freshen Up with Michael	,	With Games and Fun for All	3:30 Bingo	Brittany Jenkins 10/29	E.,
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Legacy Villa	age of Athens	2040 Kesurgence Drive	Watkinsville Ga 30677 (7	/06) /15-5532				

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	National Apple Betty Day 5			National Flutternutter Day 8			Tender Loving Care Day 11
	•	_	•	,	8:00 Men's Breakfast	9:15 Daily Devotion	9:00 Daily Devotion
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		10:30 Exercise 11:00 Bible Study	10:00 Pampering with Abby 10:30 Exercise	11:00 Bible Study 1:00 Welcome New resident	10:45 Exercise	11:00 Handbag Fun Facts 2:00 Fun with Abby	2:00 Love Me Tender Matinee 3:00 Hydration Snackativity
		2:00 Craft with Terri Beth	11:00 You Matter Notes	2:00 Bridge	1:30 Crafts with Cherly	3:30 Bingo	3:30 Board Games
					3:00 Cards Hand & Foot	4:00 Handbag Game	4:30 Freshen Up
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				,	2:00 Bird Club with Amber	2:00 Black Poetry Readings	3:00 Hydration Snackativity
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	, ,	11:00 Bible Study	11:00 Chocolate Triva	11:00 Bible Study	11:00 Candy Corn Game	10:45 Exercise	Lundon Kelley 10/8
		2:00 Crafting Hour	2:00 Butter Bean Auction	<u> </u>	2:00 Fried Apple Pies with	11:00 Apple Fun Facts 1:00 Aroma Therapy	Makenzie Williams 10/9
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	•	3:00 Bingo			4:00 to 7:00 Trunk or Treat	Apple Party	Rhonda Heard 10/15
_	•	4:00 Cranky Fun Facts	4:30 Freshen Up with Michael	1_	With Games and Fun for All	3:30 Bingo	Brittany Jenkins 10/29
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