

Associations, Organizations and Government Resources Supporting Long Term Care

Associations and Organizations

[AARP](#) – This well-known advocacy organization for seniors also provides resources for family caregivers. Articles and ideas are available to help caregivers.

[Adult Children of Aging Parents](#) – This organization provides information, resources and support for adult children caregivers of aging parents.

[Aging Life Care Association](#) – Formerly known as the National Association of Professional Geriatric Care Managers. This site explains how aging life care professionals can help with common age-related challenges, and provides a directory to help you locate a professional. These professionals usually have to be paid out of pocket, but they can be a huge help for families providing care at a distance, or just if you need extra help problem-solving.

[Alzheimer's Association](#) – Find out how to identify Alzheimer's and other dementia, and find support for caregivers, at this association's website.

[Caring Connections](#) – From the National Hospice and Palliative Care Organization, this site offers a wealth of resources for caregivers and families of seniors.

[Family Caregiver Alliance](#) – This group provides services to family caregivers of adults with physical and cognitive impairments, such as Alzheimer's, Parkinson's, stroke and other types of dementia.

[Family Care Navigator](#) – A resource from Family Caregiver Alliance, this page helps connect you to essential family caregiver resources for your state.

[FCA CareNav](#) – A service of Family Caregiver Alliance, this site will connect you with a personalized dashboard with tip sheets, videos, classes and other resources for family caregivers.

[Independent Transportation Network](#) – This nonprofit transportation service provides rides for non-emergency purposes to older adults for a membership fee.

[Meals on Wheels Association of America](#) – This program provides nutrition to seniors throughout the United States. A search on the site will help you locate one of more than 5,000 senior nutrition programs in the nation.

[National Alliance for Caregiving](#) – This advocacy group supplies caregivers with tip sheets, podcasts, publications and websites on a variety of topics.

[National Council on Aging](#) – This group is an advocacy organization helping older Americans and their caregivers. Among its services is the [BenefitsCheckUp](#), which identifies programs and services seniors are eligible for.

[National Elder Law Foundation](#) – This organization's site includes a feature to help you find a certified elder law attorney near you.

Government Resources

[Administration on Aging](#) – This agency administers many national programs and services for seniors, including elder abuse prevention, free health insurance counseling, help with long-term care planning, and legal assistance.

[Americans with Disabilities Act National Network](#) – This site provides information, briefings and free publications on the regulations granting universal access to the disabled and their caregivers.

[Department of Veterans Affairs](#) – Here is a range of help for military veterans or the surviving spouse of veterans. The VA site also offers [Caregiver Support](#) for aging veterans' families.

[Eldercare Locator](#) – In partnership with several government agencies, the Administration for Community Living offers this site that can help elders and their caregivers find services, transportation, housing and benefits along with tips and other resources.

[Healthfinder.gov](#) – From the Office of Disease Prevention and Health Promotion, this site helps you identify which screening tests and vaccines your loved one may need.

[Health Insurance Portability and Accountability Act](#) – While HIPAA protects medical information, it can make it hard for family and caregivers to access the information they need. The HIPAA website can help caregivers obtain authorization forms to share medical details.

[Medicaid](#) – Find out more about the Medicaid benefits your elder parent could be qualified to receive.

[Medicare](#) – This is the site for the federal health insurance system for elders and those with certain disabilities. Along with information about obtaining Medicare, you can find [information for family caregivers](#).

[National Association of Area Agencies on Aging](#) – This site from the U.S. Administration on Aging has general information about eldercare and can give area-specific referrals to aging-related programs and services.

[Supplemental Security Income](#) – Find out how the SSI program can help you get a larger monthly benefit for your elderly parents.

[U.S. Senators](#) and [U.S. Representatives](#) – Every senator and many congresspersons have team members specialists on elder affairs or services that can help you and your loved one.

[USA.gov](#) – Make sure your elderly parent is receiving all the benefits available. This site has a comprehensive [Benefit Finder](#) tool that provides information on federal, state and local programs across different agencies.