

Rehabilitation made *easy*

Empowering people to return to work following injury or illness

As specialists in workplace injury management and rehabilitation, we can help get your employee back to work in a timely, safe and cost effective manner. STAR proudly offers a vast team of expert consultants, boasting over 13 years of experience on average — unrivalled in the industry.

Together our Rehabilitation Consultants offer skills in diverse areas, including psychological services and industries from industrial to aged care, as well as backgrounds in management of spinal cord and musculoskeletal injuries. This is why we can overcome even the most complex physical /psychological injury hurdles.

STAR is dedicated to...

enabling successful return to work for people following workplace injury or illness. We achieve this through bringing together some of the most experienced injury management specialists in the market. We encourage collaboration and provide tangible supports to enable them to achieve positive return to work outcomes. We are market leaders in the management of the most complex workplace rehabilitation cases.

We also offer a range of services to compliment our rehabilitation services, including:

- Specific workplace-based job analysis, modification and work simplification
- Ergonomic consultancy including posture and back care education, lifting/manual handling training and hazard identification
- Supply of aids, appliances and ergonomic workplace-based equipment for hire or purchase
- Counselling services for pain management and adjustment to injury concerns

Rehabilitation is also about communication

Our expert rehabilitation consultants will keep both employees and employers, as well as other key stakeholders such as Treating Practitioners, completely up-to-date with progress towards a return to work.

Recognising when a worker may need a referral

As an employer, you are in a unique position to determine if a staff member needs to access our services. There are some signs including:

- The condition has a slow onset and symptoms have developed over a period of time
- You are finding it difficult to coordinate suitable duties with the doctor and worker
- Progress at return to work has stalled
- The worker is struggling psychologically and may be avoiding contact
- The medical evidence and prognosis suggest there is a possibility or high likelihood of re-injury at work
- The injury is considered severe and the worker has limitations in their work capacity
- An extended period of time already off work or continued likelihood of remaining off work
- The worker has a previous injury or injuries or concurrent injuries
- If the relationship between the worker and supervisor and/or co-workers has broken down



STAR
INJURY MANAGEMENT

Evidence shows early intervention assists with better outcomes in return to work.

Make a referral online at **starims.com.au** or email our head office at **referrals@starims.com.au**

WA | NSW | ACT | QLD

P: (08) 9317 1533 | (02) 8029 0593 | referrals@starims.com.au | www.starims.com.au