Living Arts

montreal-based wellness services



Mindfulness Based Stress Reduction Program Spring 2024 Live Streaming

Registration Form April 30th – June 18th Tuesdays, 6:00 – 8:00 pm

| Address. | | |
|----------------------|------------------|-------|
| Addi Css | | |
| Telephone #: | Home: | Work: |
| • | | |
| Email: | | |
| Date of Birth: | | |
| Motivation fo | r enrolling in t | he |
| program: | _ | |
| D 0 11 | | |
| - | | |
| Telephone # c | of referral sour | ce: |

*The balance is due not later than April 16th, 2024

Payment can be made via e-transfer to Gina@living-arts.ca
For information on mailing the payment by post, please contact me directly at the above email address.