

MERCER ADAMS

FUNERAL SERVICE



January 6, 2026

For more information:
Marla Mercer Cole, MS, LPC
405-603-1708

Daytime and Evening Grief Support Groups Offered

Two new Grief Support Groups are being offered, beginning Jan. 19th, to offer help for those struggling with the loss of loved ones.

If you have experienced the death of a loved one, grief is the normal and natural response to loss.

Conducted by certified grief specialist, Marla Mercer Cole, MS, LPC, these seven-week free afternoon or evening programs provide a step-by-step approach for those who wish to address their loss and move through their grief toward a richer quality of life.

Dates: January 19th – Mar. 2nd (Monday afternoons)
Time: 1:00 to 2:30 p.m.
Place: Bethany First Church of the Nazarene
Room 100 North Entrance
6789 NW 39th Expy, Bethany, OK 73008

Dates: January 19th – Mar. 2nd (Monday evenings)
Time: 6:00 to 7:30 p.m.
Place: The Bethany Children's Health Center
Chickasaw Room
(Formerly the Children's Rehabilitation Hospital)
6800 NW 39th Expy, Bethany, OK 73008

To enroll for either session: Call 405-603-1708. Programs are free of charge; space is limited. **Registration is required.**

Marla Cole is a licensed professional counselor specializing in the field of grief and loss. As current President of Mercer-Adams Funeral Service in Bethany, she also directs the aftercare program for families they serve and oversees community relations.

Some common grief responses include appetite loss, difficulty sleeping, feelings of guilt or regret, lack of concentration, mood changes, and numbness or crying.