

JULY 2025

Summer Edition

Volume 7

Deer Valley Home Health

From the desk of Lady Ada Taylor, CEO

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Greetings Deer Valley Family,

This July is expected to break heat records dating all the way back to the 1930s, something many of us have never experienced before. Similarly, the devastating tornado that struck the St. Louis area on May 16th left a lasting impact. Many seniors and individuals with disabilities were left without homes, vehicles, or businesses. Resources are limited, but we remain grateful to be among the living, as some sadly lost their lives that day.

In response to this crisis, Deer Valley Home Health, Deer Valley Hospice Care, and Ol' Henry Restaurant have joined efforts to provide food, personal care items, shelter, and other resources to help those affected begin rebuilding their lives. It is our honor to be a blessing to others. We believe that when God trusts us to bless others, He continues to bless us in return.

July is a special month for me personally, as I will celebrate my 73rd birthday on July 24th God willing. While I typically spend this time in Maui, Hawaii, this year I'll be celebrating right here in St. Louis at Ol' Henry Restaurant. I'm excited to host a birthday celebration and book signing during the event. If you'd like to attend, please contact your program's Risk Manager for more details.

At Deer Valley Home Health, we are proud to be your trusted provider regardless of the season. We remain committed to offering top-tier programs, services, and competitive wages. Our office staff is expanding to better serve your needs every day. We stand firm in our mission to creatively support our community leaving no senior or person with a disability behind.

If you know someone in need of our services, please contact our Intake Department at (314) 219-1221 and ask for **Ms. Rhonda Potts**.

Thank you for being a valued part of the Deer Valley Home Health family. I love and appreciate each of you

Highlights:

CEO	1
Article	2-6
Pics	7
Honoring Lada Ada	13
Human Resources	9
Compliance Department	9
Private Duty Nursing	9
DMH/ISL	10
Consumer Directed	10
Services (CDS)	
In-Home-Services	10
(IHS)	
Hospice	10
Employees	12-13
(Anniversaries/Birthdays)	
Holidays & Events	14
AAHAMO	15
Activities	17 -18

Ada Taylor, CEO





Independence, Wellness & Summer Safety:

The Role of Home Health Care in Summer Safety

Home health care plays a crucial role in summer safety for disabled and seniors by providing personalized care and interventions to prevent heat-related illnesses and other summer-related hazards.

Caregivers can monitor environmental conditions, administer fluids, and assist with activities that could lead to falls or injuries, ultimately promoting a safer and healthier summer for their clients.

- **Preventing Heat-Related Illnesses:**

Home health aides are trained to recognize the signs of overheating, such as dizziness, nausea, and muscle cramping, and can take preventative measures like ensuring adequate hydration and ventilation.

- **Creating a Safe Home Environment:**

Caregivers can identify and mitigate potential hazards in the home, like loose rugs or clutter, that could lead to falls.

- **Assisting with Activities:**

They can help with mobility, transfers, and personal care, reducing the risk of falls and injuries, especially during summer activities.

- **Monitoring Vital Signs:**

Regular monitoring of vital signs and timely intervention for any health concerns can prevent complications from heat or other summer-related illnesses.

- **Promoting Healthy Habits:**

Caregivers can encourage healthy eating habits, hydration, and appropriate clothing choices to help seniors stay comfortable and safe during the summer.

In the summer months, there are a lot of deaths stemming from disabled/seniors failing to use the AC due to financial reasons. Failing to use air conditioning during hot summer months poses significant health risks for seniors and disabled due to age-related, changes in the body and other potential health factors.

Why Seniors Are at Risk in the Heat:

- **Difficulty Regulating Body Temperature:** Older adults may not adjust to sudden temperature changes as well as younger people and are more likely to have conditions that affect the body's response to heat.
- **Reduced Sweating:** Seniors may not sweat as much as younger adults, reducing the body's natural cooling mechanism.
- **Medication Effects:** Certain medications taken by seniors can increase the risk of heat-related illness by affecting the body's ability to control its temperature or sweat.
- **Dehydration:** Older adults are more prone to dehydration due to a reduced ability to retain water and a decreased sense of thirst.
- **Pre-existing Conditions:** Conditions like heart disease, diabetes, and lung diseases can make seniors more susceptible to heat-related problems.



1408 Kingshighway Blvd, suite 108, 63113*(314) 615-3600**



Specific Examples of Home Health Care's Role: Caretakers' role in the Hot Summer months

Recognizing the signs of heat-related illness is crucial for preventing serious health consequences. Symptoms range from mild to severe, including heat cramps, heat exhaustion, and heatstroke. Early recognition and prompt treatment are vital to avoid complications.

Important Considerations:

- Confusion and altered mental status are key signs of heatstroke and require immediate medical attention .
- **Heatstroke can be fatal if not treated promptly .**
- Thirst is an early sign of heat-related illness, and drinking water is crucial to prevent progression to more serious stages .
- If you are unsure about the severity of the illness, it's always best to err on the side of caution and seek medical help .

- **Hydration:**

Caregivers can ensure seniors are drinking enough fluids, especially during the hot summer months, by providing water or electrolyte drinks.

- **Air Conditioning:**

They can help maintain a cool environment by adjusting thermostats, using fans, or suggesting trips to cooler locations if needed.

- **Sun Protection:**

Caregivers can remind seniors to wear hats and sunscreen when going outside and avoid prolonged sun exposure.

- **Medication Management:**

They can ensure that medications are taken as prescribed and that any heat-related sensitivities are addressed.

- **Community Engagement:**

Caregivers can facilitate participation in safe, indoor community activities to keep seniors active and engaged.



For caregivers, staying safe on the Fourth of July means prioritizing both the well-being of those they care for and their own safety. This involves careful planning, minimizing risks associated with fireworks and crowds, and ensuring a comfortable and enjoyable celebration.

Avoid Fireworks Altogether:

For individuals with dementia, sensory sensitivities, or those who are easily agitated, fireworks can be particularly distressing. Consider alternative ways to celebrate, such as watching a televised fireworks display, using glow sticks, or enjoying festive lighting.

Choose a Safe Viewing Spot:

If you attend a fireworks display, select a location that is at least 500 feet away from the launch area. Ensure clear paths for walking and avoid crowded areas.

Supervise Children Closely:

If children are present, ensure they are supervised by a dedicated adult who is not distracted by other activities.

Keep Pets Indoors:

Fireworks can be frightening and stressful for pets. Keep them indoors, away from the noise and commotion.

Home Fireworks Safety:

If using fireworks at home, follow all safety instructions, light one at a time, and keep a bucket of water or a hose nearby. Never allow young children to handle fireworks and ensure that those lighting them are wearing eye protection.

KEEPING UP WITH DVHH



ASHLEY/HR DIRECTOR ON JUNE 19TH @ DELLWOOD REC



SENIOR BINGO 6/13 @ MT. BEULAH TER



OLIVETTE CHAMBERS OF COMMERCE 6/13



**ROLAND MARTIN & ANGELA/ COMMUNITY LIASION JUNETEENTH CELEBRATION @ JFK
SENIOR COMMUNITY CENTER 6/20**



LADY ADA @ The EPISCOPAL Inaugural Brunch 5/31 @ MARRIOTT STL GRAND
DVHH was honored as a community partner, sponsorship, and most importantly the tremendous work DVHH brings to the community as we service the families around the St. Louis area.

Human Resources Department

For current employees, please make sure the Human Resources Department has an updated address, email, and phone numbers on file.

Any questions regarding the hiring process including prerequisites, training, or general questions, please call Human Resources, at 314-355-3679, prior to coming to the HR office.

Please check Paycom regularly for communications from the Human Resources, Accounting and Compliance Departments.

For all employment verification and document requests please email hr@deervalleyhomehealth.com or fax 314-455-4051. Please allow 48 hours for all document requests and employment verifications.

Ashley Lane Human Resources Director

hr@deervalleyhomehealth.com | Office: 314-355-3679

Compliance Department

If you have any questions about the Code of Conduct and Ethics or about any policies or practices of Deer Valley Home Health, you should raise the questions to a supervisor or manager Chrissy Hych-Jones, or the Compliance hotline, at 833-785-8200.

Nursing/Private Duty In-Home Care

Deer Valley Home Health Services has openings for LPN's, RNs, and CNAs to work in our private pay nursing and Healthy Child & Youth Programs. We offer a competitive salary with health benefits and a savings plan. To apply, please visit our website at www.deervalleyhomehealth.com . For specific questions about the programs, please call our Interim HCY & PC Support/Pastoral Care Pastor Julia Byas at 314-417-9201

Department of Mental Health (DMH) In-Home Care/Individualized Supportive Living (ISL)

If you have any questions about the Department of Mental Health In-Home programs, please call the program manager Veronica Shannon at 314-773-4433. For more information about the Department of Mental Health, visit: [Individual, Family & Guardian Info | dmh.mo.gov](https://dmh.mo.gov).

Consumer Directed Services (CDS)

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to our Intake Coordinator, Rhonda Ware-Potts, on 314-219-1221. You may also contact 314-219-1213 Darnell Jones for North County, 314-450-7294 Terrell Jones for South, and 816-643-4300 Chasatie Fisher for Kansas City.

IN HOME SERVICES (IHS)

If it is time for your Medicaid Reassessment and/or Home Healthcare Reassessment, please make sure you respond to the State correspondence within ten business days to avoid interruption in your services, which may include cancellation.

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to your Risk Manager, Briana Campbell 314-219-1337 or Kim Hamm at 314-219-120

Welcome New Hire

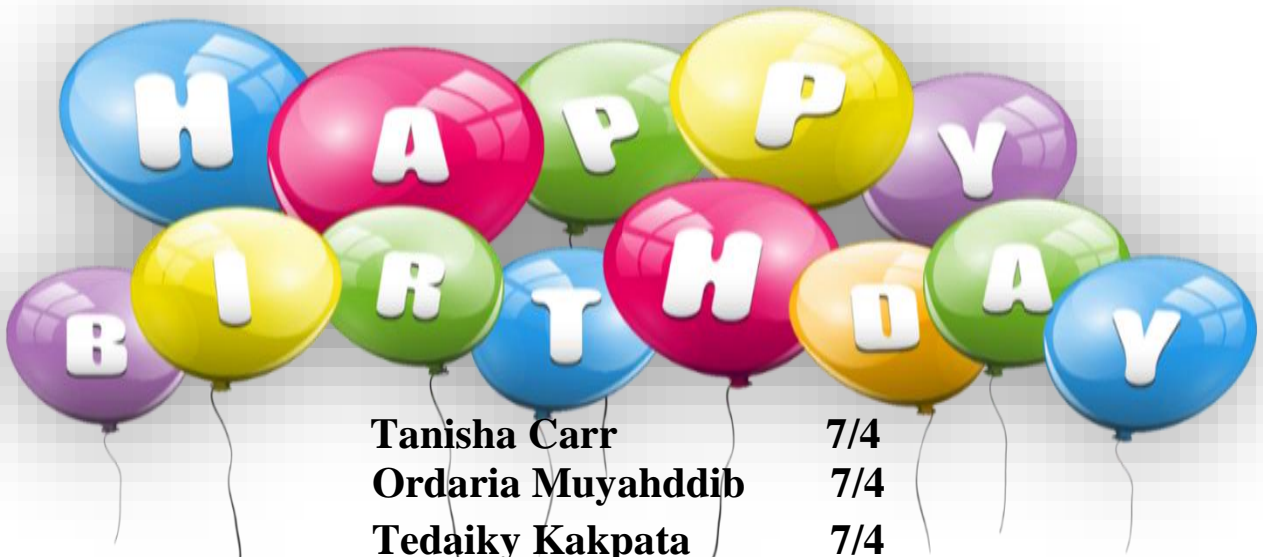


Destiny Allen Social Worker

Hello all! I am thrilled to be the newest member of the DVHH team! I'm a social worker with a knack for helping others. When I'm not at work, you can find me on the patio with friends, spending time with my children, or at a concert. I look forward to working with each one of you!

Congrats to the following employees on their JULY work anniversaries...

Stephen Foster	1 year
Sheronica Lyles	1 year
Angelia Greene	1 year
Deja Johnson	1 year
Crystal Jones	2 years
Darlene McClinton	2 years
Jessica Phillips	2 years
Diane Bell	3 years
Fatima Caruthers	6 years
Corine Johnson	6 years
Charlotte Cooley	6 years
Francine Randle	11 years
Johnnetta Moore	11 years
Latashia Williams	12 years
Diana Montgomery	12 years



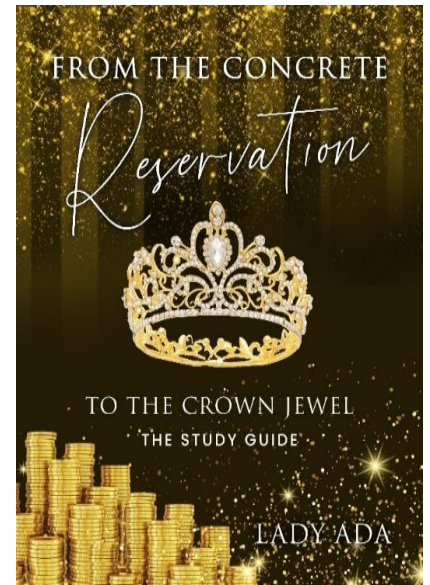
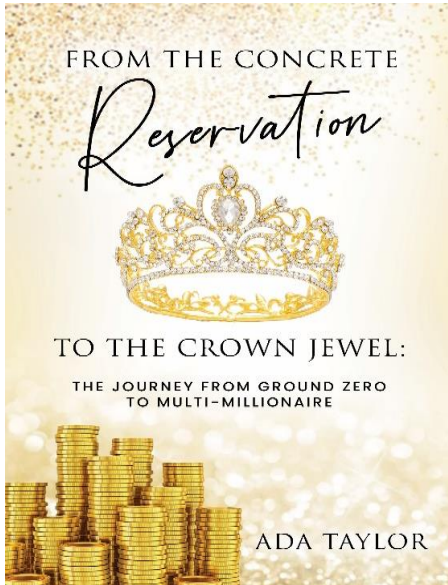
Tanisha Carr	7/4
Ordaria Muyahddib	7/4
Tedaiky Kakpata	7/4
Lillian Kates	7/5
Robert Nesbit	7/7
Briana Campbell	7/7
Rita Hanley	7/12
Rhonda Ware-Potts	7/15
Ricketta Calicutt	7/15
Julie Jackson	7/18
Nylah White	7/19
Alexis Young	7/20
Marnice Scott	7/20
Telia Douglas	7/22
Quincy Jones	7/23
Mildred Cuffie	7/25
Rhonda Cassell-Watson	7/26

Lady Ada Taylor 7/24

***ALL OF US AT DEER VALLEY WISH YOU MANY BLESSINGS
& HAPPINESS ON YOUR BIRTHDAY AND BEYOND!!!***



HAPPY BIRTHDAY LADY ADA
BIRTHDAY CELEBRATION & BOOK SIGNING
JULY 26TH @ OL' HENRY RESTAURANT 4PM- 7PM



BOOK RELEASE IS AUG. 19TH . RESERVE A COPY AT WEALTH BUILDING BOOK



HAPPY BIRTHDAY LADY ADA! JULY 24TH IS YOUR SPECIAL DAY!

Come celebrate Lady Ada's Birthday by stopping Ol'Henry's to partake in the birthday festivities. Also show love and support by purchasing the birthday lady's book titled **"From the Concrete Reservation to The Crown Jewel: The Journey from Ground Zero to Multi-Millionaire"**. The author herself will sign a purchased copy. The author herself would like to Thank you in advance for your continual support. **LET'S SHOW UP & OUT FOR LADY ADA!!!!**

Important DVHH Updates

The address for DMH & South CDS has relocated to 1120 Olivette Executive Parkway Suite #200 - #210, St. Louis, MO 63132. We apologize for any inconvenience and thank you for your business.

- No AAHAMO meeting will be held in July
- No Millionaires Club meeting will be held in July

Upcoming Holidays & Observances

- 4th of July (Independence Day)

Upcoming Events

- Spanish Lake Senior BINGO -July 14th
- Holy Angels Senior BINGO & Medical & Medicare 101 Building 1-July 21st
- Holy Angels Senior Bingo & Medicaid & Medicare 101 Building 2-July 21st
- Life Christian Center Resource Fair -July 25th
- Crosskeys Church Back to School -July 26th
- Star Resident -Senior BINGO & Medicaid & Medicare 101 -July 28th



OUR CONDOLENCES



DEER VALLEY HOME HEALTH EXTENDS A HEART-FELT CONDOLENCES TO THE FAMILY OF PERSONAL CARE ATTENDANT, TRINICA GAINES, WHO PASSED AWAY ON JUNE 30TH.

AAHAMO

OUR MISSION is to identify and address inequalities, discrimination, and racial disparities affecting people of color

OUR VISION is to ensure that all people of color in America have access to professional healthcare and equal medical resources. This is essential for Enhancing their quality of life.

OUR GOAL is to raise awareness about healthcare inequality and disparities within the community.

OUR OBJECTIVE is to establish a professional organization of healthcare experts dedicated to advocating for and promoting racial equality.

The African American Resource Guide first edition is complete!!! The guide features African American Practitioners, who are culturally sensitive to the healthcare needs in the Black community. The guide will be sent to Deer Valley clients and employees, as well as placed in select clinics, offices, and other businesses in the community.

The links to the resource books are on Facebook, Instagram, Deer Valley Home Health website, Deer Valley Hospice website and Paycor.

Scan QR code below for virtual copy.



SCAN ME

Newsletters will now be sent by subscription. Ways to subscribe are on the Deer Valley Home Health website, just click the subscription button. You can also call 314-761-5129, or email admin@deervalleyhomehealth.com. Indicate if you'd like the newsletter mailed, emailed or you can opt out of receiving the newsletter. Newsletters will still be available for viewing on both websites, Paycom or picked up at any of our locations.

Company information will be on the Deer Valley websites, social media sites and Paycom for those who choose not to subscribe to the newsletter.

Visit us on Facebook, Instagram @ [deervalley_homehealth](#)
Twitter @ [deervalley_serv](#) Or visit our websites: www.deervalleyhomehealth.com and
www.deervalleyhospice.com



**AFRICAN AMERICAN HEALTH CARE
ASSOCIATION OF MISSOURI**

Community Resources:

EBT & SSI Home Internet -For Eligible customers with SSI, Medicaid, EBT & More!!

Call: 314 530-2214

Shelters & Emergency Sites:

Grace United 6199 Waterman

Friendly Temple

6356 Dr/ Martin Luther King

South City YMCA

3150 Sublette

Saint Paul AME Church

1260 Hamilton

Salvation Army -Midland Division

Call: 314 646-3000

Community Support

O'Fallon Park YMCA

Save A Lot on Natural Bridge

12noon-3:00pm

Food & Resources

Levels Nigerian Grill

1405 Washington Ave @ 4pm

Martin Temple

950 Goodfellow 12noon-3pm

Nudo House

6105 Delmar

French Fries Factory

1235 N. Grand

Tacos La Jefa

3301 Meramec Street

Triage

4447 Natural Bridge 12noon-3pm

Charging Station:

YMCA 4343 Florissant Ave

Grace United Church

6199 Waterman

12th and Park Rec Complex

1470 S. Tucker Blvd

Refresh Community Church

829 N. Hanley Rd.

4The Ville-HUB

4144 Dr. Martin Luther King Dr.

Times: 10am-2pm

4th of July Word Search

F O U R T H A U N I T E D S O
 R R E F I R E W O R K S Y B D
 E I E P A R A D E R W H I R A
 E B E V A S F L A T G A T I T
 N B L E O L U L I B E R E T H
 A S D E C L A R A T I O N A I
 T A U C D J U L Y G J U E I R
 I M E M R E O T O A N M A N T
 O I F A M A M R I G H T S T E
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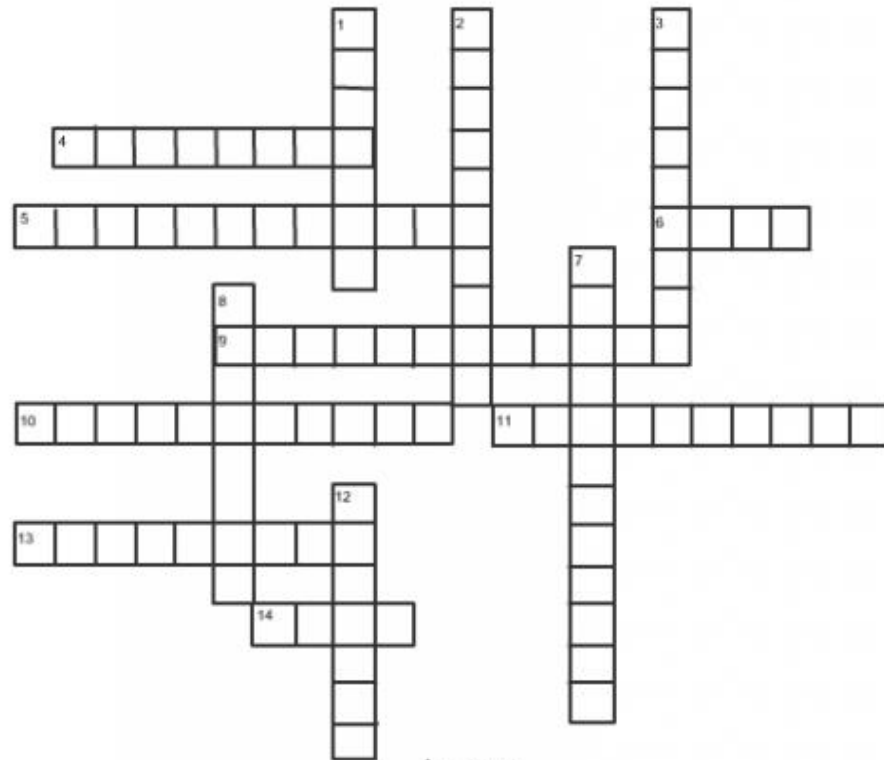
AMERICA
 BLUE
 BRITAIN
 DECLARATION
 FIREWORKS
 FLAG
 FOURTH

FREEDOM
 INDEPENDENCE
 JULY
 LIBERTY
 NATION
 PARADE
 RED

REVOLUTION
 RIGHTS
 STATES
 SUMMER
 THIRTEEN
 UNITED
 WHITE



Independence Day Crossword Puzzle



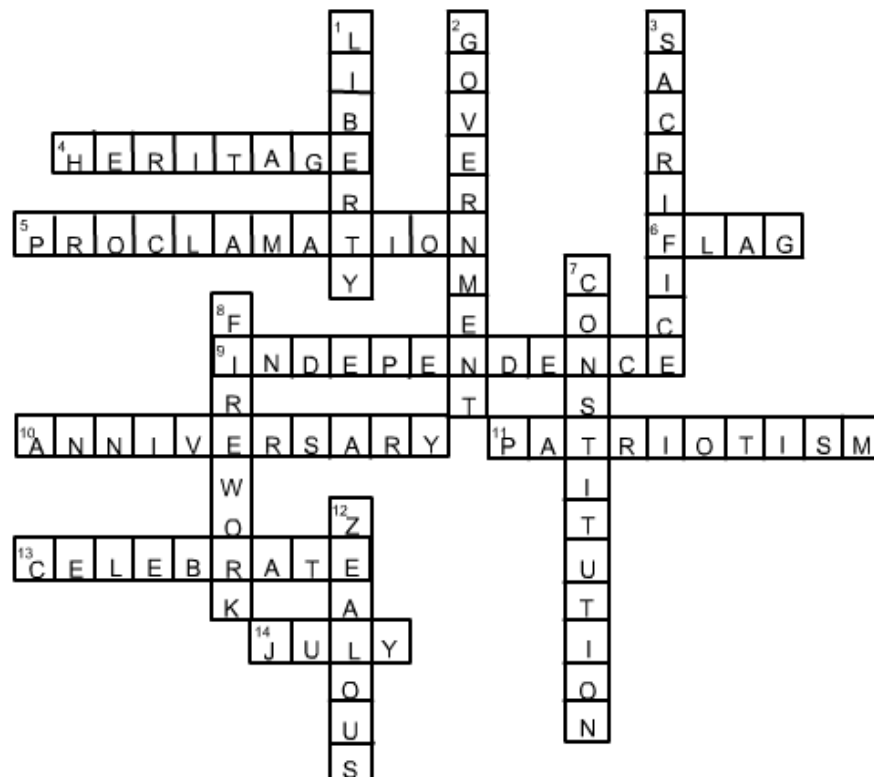
Down:

1. the state of being free within society
2. the group of people with the authority to govern a country or state; a particular ministry in office
3. a loss entailed by giving up something
7. law determining the fundamental principles of a government
8. a device containing gunpowder which causes spectacular effects and explosions used for display or in celebrations.
12. marked by active interest and enthusiasm

Across:

4. practices that are handed down from the past by tradition
5. a formal public statement
6. a piece of cloth used as the symbol or emblem of a country or institution
9. the fact or state of being independent.
10. the date on which an event occurred in some previous year
11. love of country and willingness to sacrifice for it
13. behave as expected during of holidays or rites
14. The seventh month of the year

Independence Day Crossword Puzzle Answer Key



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