

September 2025

Fall Edition

Volume 9

Deer Valley Home Health

Highlights:

CEO	1
Articles	2-4
In the Community	5-8
HR	9
Compliance	9
Nursing	9
DMH/ISL	10
CDS	10
In- Home	10
Employees	11
Birthdays	12
Spotlight	13
Upcoming Events	14-15
AAHAMO	16-17
Activities	18-20

RECA

For information on
the Radiation
Exposure
Compensation Act,
see AAHAMO
Pages 16 & 17



From the desk of Lady Ada Taylor, CEO

Greetings, Friends and Family,

This year is flying by as we are already in the month of September. The young people are back in school and college. The leaves will soon turn into a beautiful array of colors and fall to the ground; the days will grow shorter; and the temperatures should cool down. St. Louis is known for its Indian Summers. An Indian Summer is marked by unusually warm temperatures during the day, with clear skies, little rain and cool temperatures at night. We have nice warm days and cooler temperatures at night right now. I hope it stays that way for the remainder of the season. Autumn shall be here soon.

My new book, **“From the Concrete Reservation to the Crown Jewel, from Ground Zero to Multimillionaire”** was released on August 19th. I hope you pick up a copy. You can order the book from the website: www.millionairesclubstl.org or on Amazon. The book sales have been going very well. Please let me know if you would like to sponsor a book signing.

I have a new office. The address is the same 8600 Airport Rd. My new suite is 103. Just call (314) 355-3679 and ask for Lady Ada.

Deer Valley Home Health is Your Leader in Home Health regardless of the season. We are the leaders in providing programs, services, and competitive wages. We are increasing our office staff to meet your needs for resources every day. We cling to our mission to be as creatives as necessary to meet your needs and will leave no senior or disabled behind. To make a referral, call our Intake Department at (314) 219-1221 and ask for Ms. Rhonda Potts.

I love you and thank you for being a part of the Deer Valley Home Health Care Family.

Lady Ada, CEO

HAPPY Labor Day

Labor Day

This year, we start the month off with a celebration of **Labor Day, on September 1st**. It is the last summer holiday and is held each year on the 1st Monday of September. Labor Day honors and recognizes the work and contributions workers have made to America.

September 7th is National Grandparents Day

The 1st Sunday after Labor Day is the official day that we honor grandparents and grandparent figures. The holiday was founded by a senator and a nine-year-old.

Fall School Semester

September is synonymous with back-to-school, as a new school year begins with students and school faculty returning to the classrooms, whether in person or online. For some families, this means creating a “village” to meet the demands of school schedules, after-school programs, work schedules and home life. A “village” can include parents, grandparents, other family members, church members, friends and neighbors all working together to help that family meet their needs.

Wellness Month

September is considered the second ‘New Year’ or the Wellness month. Many adults reset their goals to make the most of the last few months of the year. They do a self-assessment of where they are to help them achieve the goals they set at the beginning of the year.

Fall Equinox



September holds a change in seasons, from the last days of summer to the **1st day of Fall on September 22nd**.

The change in the seasons causes fall colors to start emerging in foliage as early as late September in some areas.



The World Health Organization (WHO) defines Healthy Aging as “the process of developing and maintaining the functional ability that enables wellbeing in older age.” Functional ability is about having the capabilities that enable all people to be and do what they have reason to value. This includes a person’s ability to:

- meet their basic needs
- learn, grow and make decisions
- be mobile
- build and maintain relationships; and
- contribute to society

First, and foremost, **maintaining regular check-ups with your doctor is vital to your overall health.** Next is developing a healthy lifestyle. Healthy living should start early, however, it’s never too late to change your daily habits and get on the road to healthy living.

Some of the components of a Healthy Lifestyle are:

Diet – Eating nourishing foods, foods that are rich in vitamins, minerals, antioxidants, and other beneficial compounds, will allow your cells to absorb the essential nutrients, promoting overall health and well-being.

Hydration - Water is essential for digestion, nutrient absorption and overall bodily functions. Although drinking water is the main source of hydration, you can also **eat** hydrating foods like cucumbers, watermelon, and oranges to contribute to your daily fluid intake.

Exercise - Physical activity has many immediate and long-term benefits, including helping you to feel better, function better, and sleep better. As people age, they tend to lose muscle mass, strength, and function. Practicing regular physical activity is essential to reducing muscle loss, maintaining strength and preventing excessive weight gain. Also, exercise has been shown to give you energy and improve your mood, which can decrease feelings of depression, anxiety, and stress.

Social Activities - Loneliness and social isolation can lead to health risks such as premature death, dementia, heart disease and stroke. Continue making new acquaintances and stay connected in the relationships you have. You can also volunteer or join senior and neighborhood organizations, church auxiliaries or seek part-time employment.

Celebrating Grandparents

on September 7th



Thankful for You

**You have always been there for me,
No matter what the day or hour.
You offer your wisdom and guidance,
And your love has no measure or power.**

**You have watched me grow up and learn,
And seen me through my ups and downs.
You have been my rock and my support,
And helped me to conquer my frowns.**

**For all that you do and who you are,
I am thankful and blessed every day.
You are not only my grandparent,
But my confidant and friend in every way.**

Credit: 1LovePoems LLC

Keeping Up With DVHH



We are
Engaged
in Our
Community



Rene Knott interviews Lady Ada Taylor on Aug. 21st about her book *"From the Concrete Reservation to the Crown Jewel, From Ground Zero to Multimillionaire"*.

St. Louis County **Councilwoman Shalonda Webb** speaks at AAHAMO meeting held Aug. 21st.



Deer Valley nurse performed Blood Pressure Screenings on Aug. 21st at the St. Louis Community Adventist Church Food Pantry



Deer Valley donated school supplies to area students at the **Berkley Back To School Fair** on Aug. 9th.



Lady Ada Taylor promoting her book on Aug. 17th at the Twin Cities Hair and Beauty Expo in Minneapolis, MN

**We LOVE
Being a
Part Of Our
Community**



Deer Valley Home Health at **St. Louis Community Adventist Church Food Pantry** on Aug. 14th



Deer Valley hosted a BINGO on Aug. 7th at **Friendly Village Senior Apartments**



Deer Valley Home Health received its Membership plaque at the **Olivette Chamber of Commerce** networking meeting on Aug. 21st.

More Photos from Deer Valley Home Health Care's Community Engagement





Departments at Deer Valley

Human Resources Department

For current employees, please make sure the Human Resources Department has an updated address, email, and phone numbers on file.

All our open positions are listed on our website, and you must apply electronically. Any questions regarding training, or general questions, please call Ashley Lane, our Human Resource Director, at 314-219-1214, prior to coming to the HR office.

Please check Paycom regularly for communications from the Human Resources, Accounting and Compliance Departments.

Please allow 48 hours for all document requests and employment verifications. They must be faxed or emailed to HR@deervalleyhomehealth.com

Ashley Lane, Human Resources Director
alane@deervalleyhomehealth.com | Office: 314-219-1214

Compliance Department

If you have any questions about the Code of Conduct and Ethics or about any policies or practices of Deer Valley Home Health, you should raise the questions to a manager/supervisor or with our Compliance Officer, Chrissy Hych-Jones, or the Compliance hotline, at 833-785-8200.

Nursing/Private Duty In-Home Care

Deer Valley Home Health Services has openings for LPN's, RNs, and CNAs to work in our Private-Pay Nursing and Healthy Child & Youth programs. We offer a competitive salary with health benefits and a savings plan. To apply, please visit our website www.deervalleyhomehealth.com . For specific questions about the programs, please call our Clinical Nursing Supervisor, April Hooten at 314-761-7441.

Department of Mental Health (DMH) and In-Home Care/Individualized Supportive Living (ISL)

If you have any questions about the Department of Mental Health In-Home programs, please call the program manager Veronica Shannon at 314-773-4433. For more information about the Department of Mental Health, visit: [Individual, Family & Guardian Info | dmh.mo.gov](https://dmh.mo.gov).

Consumer Directed Services (CDS)

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to our Intake Coordinator, Rhonda Ware-Potts, on 314-219-1221. You may also contact (314) 219-1213 Darnell Jones for North County, (314) 450-7294 Terrell Jones for South, and (816) 643-4300 Chasatie Fisher for Kansas City.

In- Home Services (IHS)

If it is time for your Medicaid Reassessment and/or Home Healthcare Reassessment, please make sure you respond to the State correspondence within ten business days to avoid interruption in your services, which may include cancellation.

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to your Risk Manager, Briana Campbell 314-219-1337.

Welcome New Hires & Welcome Back Rehires!

Travonna Gayden	DSP
Tashanna Drummer	DSP
Shaunyce Weekly	DSP
Kaylay Boyd	DSP
Surlander Scott	DPS
April Hooten	Clinical Nurse Supervisor
Zyier Clemons	DSP
Arletus Reese	PCA

CONGRATULATIONS to the following employees on their September work anniversaries...

Sherry Judge	1 year
Julia Byas	3 years
Brandi Kaufman	3 years
April Scott	3 years
Katherine Wood	3 years
Rochelle Gilmore	4 years
Erma Rowe	4 years
Andrea Sims	6 years
Tonya Clark	7 years
Terrell Jones	8 years
Tamike Meredith	8 years
Jacqueline Harris-Crenshaw	11 years
Theresa Lucas	11 years
Arletus Reese	11 years
Richard Cox	15 years

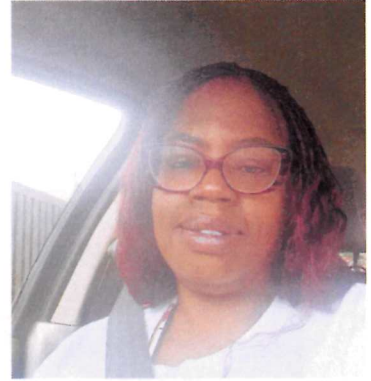
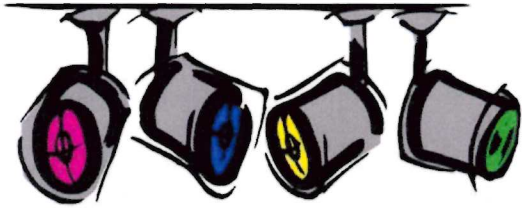


Surlander Scott	09/01	Latrice Moore	09/15
Penny Carter	09/02	Alasha Young	09/15
Marcia Hatton	09/02	Angela Peoples	09/16
Donna Russell	09/04	Lakesha Ford	09/17
Carlotta Mcdaniel	09/07	Sherry Judge	09/17
Kevin McKay	09/07	Darnell Jones	09/20
Arletta Jackson	09/08	Grace Marie Kelly	09/23
Kathy Simmons	09/08	Florence Wilson	09/24
Coe, Martha	09/10	Tonya Clark	09/26
Angelia Greene	09/10	Kayla Gilcrease	09/26
Kim Hamm	09/10	Shaunyce Weekly	09/26
Michelle Griffin	09/13		

Happy Birthday to all of Deer Valley's clients who celebrate a birthday in September!!!

ALL OF US AT DEER VALLEY WISH YOU BOUNTIFUL BLESSINGS & HAPPINESS ON YOUR BIRTHDAY AND BEYOND!!!

In the Spotlight



WELCOME BACK Nurse April Hooten

Hi, my name is **April Hooten, BSN RN** and I am the new **Clinical Nurse Supervisor** here at Deer Valley. I have been a Registered Nurse for over 10 years with the bulk of my experience working with the elderly and disabled as either a Charge Nurse or Director of Nursing in the long-term care setting. I love providing quality care and educating my clients on how to obtain a better quality of life in regard to their health as well as providing resources that can assist them in their endeavors. I am looking forward to working with you all and hope to become a valuable asset to the team.

Deer Valley Recognizes 2 OUTSTANDING EMPLOYEES



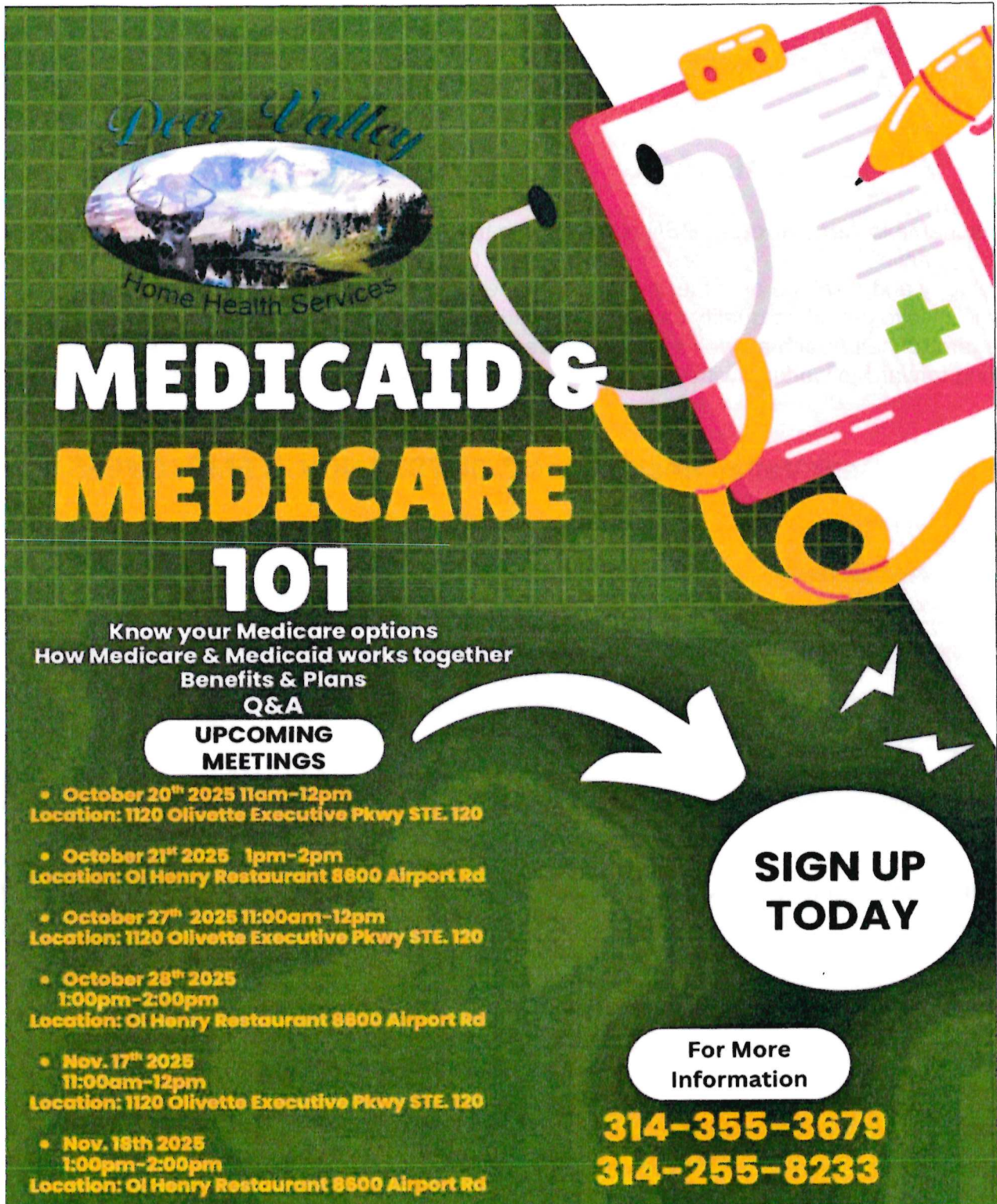
Nurse Laura Gleason takes care of setting up medications for Deer Valley clients on a weekly basis, keeping track of any changes or concerns affecting them. Laura's commitment to the clients and to her profession has been the motivation for her to make emergency visits, even when she is off duty for holidays, vacation, or if it causes a 2nd visit within a week.

Latasha Williams, a Personal Care Attendant, who works weekend hours with her client, goes above and beyond to ensure that her client has help every day. If the client's weekday worker is off for any reason, Latasha will take a lunch break at another job to make sure the client has meals and reminds him to take his medications.



**THANK YOU for Your Dedication to
Deer Valley Home Health and our Clients**

Up Coming Events



Deer Valley
Home Health Services

MEDICAID & MEDICARE 101

Know your Medicare options
How Medicare & Medicaid works together
Benefits & Plans
Q&A

UPCOMING MEETINGS

- October 20th 2025 11am-12pm
Location: 1120 Olivette Executive Pkwy STE. 120
- October 21st 2025 1pm-2pm
Location: Ol Henry Restaurant 8800 Airport Rd
- October 27th 2025 11:00am-12pm
Location: 1120 Olivette Executive Pkwy STE. 120
- October 28th 2025
1:00pm-2:00pm
Location: Ol Henry Restaurant 8800 Airport Rd
- Nov. 17th 2025
11:00am-12pm
Location: 1120 Olivette Executive Pkwy STE. 120
- Nov. 18th 2025
1:00pm-2:00pm
Location: Ol Henry Restaurant 8800 Airport Rd

SIGN UP TODAY

For More Information

314-355-3679
314-255-8233

Up Coming Events (Continued)

Every Tuesday & Thursday - St. Louis Community Adventist Food Pantry - 10am-2pm

Every Wednesday -Reach Church Food Pantry from 8am-11:30am

Sept. 5th - Oak Street Community Resource Fair from 9am-3pm

Sept. 9th - Networking Hour

11:30am-1:00pm a Bracket Room

Sept. 8th - BINGO

12:30-1:30pm at Raymond Apartments

Medicaid & Medicare 101

10am-11:30am at St. Patrick's Apartments

Sept. 12th - Senior BINGO

1:00pm-2:00pm at 5 Les Chateaux

Sept. 18th - BINGO & Chair Exercise

Holy Angels Building 1 -11:00am-12noon

Holy Angels Building 2- 12:30pm-1:30pm

Sept. 19th - Vet Connect Meeting

8:30am-10:30am

Sept. 19th - Second ACT Women Resource Day

10am-2pm 9-18-25 at Ferguson Community Center

Sept. 24th - BINGO-

1:00pm-2:00pm at Park Place Apartments

Sept. 26th - Women's Empowerment Resource Fair & Educational Forum

9am-3:00pm at Depaul Hospital

Sept. 28th - St. Ann Day Parade & Community Festival

Parade 12noon-1pm and Festival 1-4pm

If you would like for Deer Valley Home Health Services to participate in your community event, please contact Angela Ellerson, our Community Liaison, by phone at (314) 219-1216 or by email aellerson@deervalleyhomehealth.com

AAHAMO

The African American Health Care Association of Missouri is in partnership with the Department of Justice for the government-caused nuclear contamination exposure. **THE RESDIATION EXPSOURE ACT (RECA)** is a Federal Law that provides **tax-free financial compensation** to survivors and surviving spouses and children of deceased persons who had one of the **qualifying diagnoses** and has lived or worked in one of the **qualifying ZIP codes**.



The **tax-free** compensation for the eligible diagnoses is \$50,000 for a survivor and \$25,000 for a surviving spouse and children of a deceased person.

A list of eligible diagnoses and eligible ZIP codes are on the next page

About AAHAMO

OUR MISSION is to identify and address inequalities, discrimination, and racial disparities affecting people of color.

OUR VISION is to ensure that all people of color in America have access to professional healthcare and equal medical resources. This is essential for Enhancing their quality of life.

OUR GOAL is to raise awareness about healthcare inequality and disparities within the community.

OUR OBJECTIVE is to establish a professional organization of healthcare experts dedicated to advocating for and promoting racial equality.

Radiation Exposure Compensation Act Information

The Radiation Exposure Compensation Act (RECA) is a federal law that provides financial compensation to survivors of government-caused nuclear contamination. RECA has been expanded to include those who were exposed to Manhattan Project Waste in specific Missouri zip codes and contracted specific diseases.

Who is Eligible?

Individuals or authorized agents of a deceased individual who was physically present in an affected area for a period of two or more years after January 1, 1949, and contracted a specified disease after such period of physical presence.

Eligible Diseases/ Cancers

To be eligible you must have either lived, worked, or attended school in impacted zip codes two years before any of these cancer diagnoses: contracted any Leukemia (provided initial exposure occurred after age 20), multiple myeloma, lymphoma (other than Hodgkin's disease), or cancer of the thyroid, breast, esophagus, stomach, pharynx, small intestine, pancreas, bile duct, gall bladder, salivary gland, urinary bladder, brain, colon, ovary, bone, renal system, liver, or lung.

Eligible Zip Codes

63031, 63033, 63034, 63042, 63045, 63074, 63114, 63135, 63138, 63044, 63121, 63140, 63145, 63147, 63102, 63304, 63134, 63043, 63341, 63368, and 63367

Compensation

Survivors are entitled to either a one-time tax-free payment of \$50,000 or reimbursement for radiation-linked medical expenses (whichever is greater).

Beneficiaries of deceased victims who have passed away from one of the listed diseases/ cancers are entitled to one payment of \$25,000. If there are multiple beneficiaries the payment will be split.

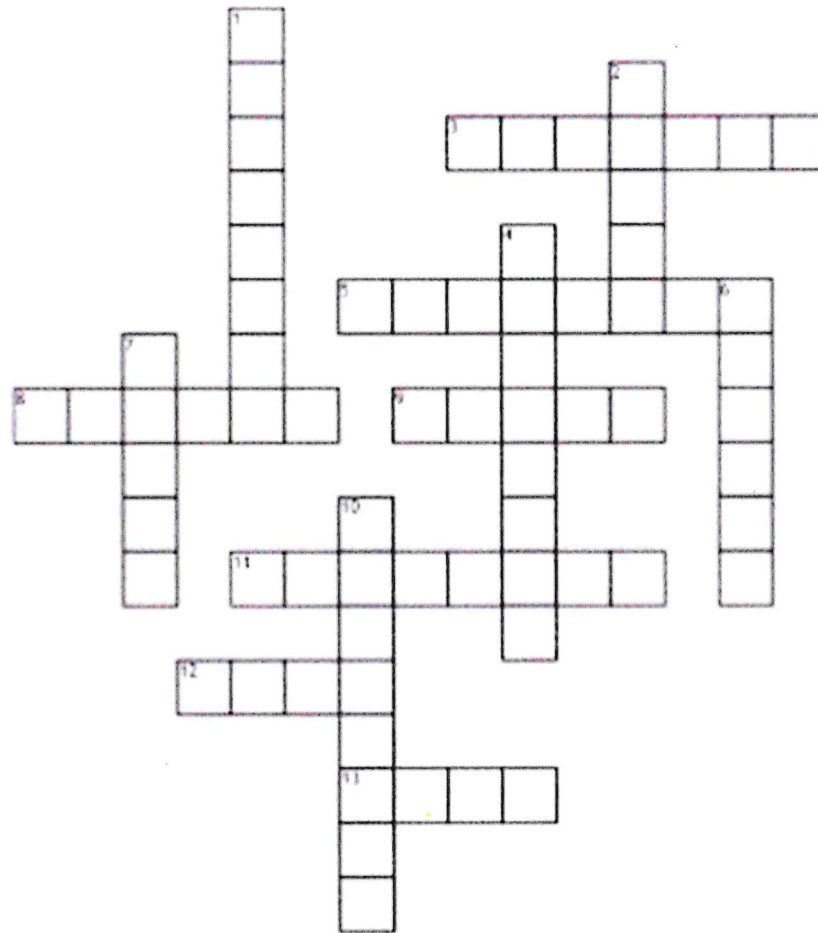
Questions regarding the RECA program, call Senator Hawley's RECA Hotline: (202) 228-4388

For questions regarding St. Louis County Documents, please email recasupport@stlouiscountymo.gov

September Crossword Puzzle



Happy
LABOR
DAY



Across

- 3. Vegetable you can carve
- 5. something people wear during autumn
- 8. a little cold
- 9. fruit of the oak tree

- 11. popular fall sport

- 12. Use one of these to tidy up fallen leaves

- 13. the way trees look during autumn

Down

- 1. a small rodent
- 2. a crisp red fruit

- 4. the first monday in september

- 6. where do children go in the fall?

- 7. a drink you can make from apples

- 10. another autumn month

Healthy Foods

Word Search Puzzle



B	T	D	U	A	W	B	J	T	O	W	E	Y	O	V	R	P
R	A	P	P	L	E	S	S	D	D	R	G	U	C	R	P	T
O	B	E	L	L	P	E	P	P	E	R	A	Z	M	S	R	J
C	B	P	U	U	N	W	Z	L	U	B	G	N	E	U	X	Z
C	Y	M	V	I	X	Z	A	N	N	F	X	I	G	N	M	U
O	A	E	L	E	Q	E	M	H	O	R	R	O	M	E	E	C
L	L	Y	Q	R	G	D	A	E	X	R	Y	U	X	I	S	C
I	M	R	O	W	S	E	L	S	E	L	H	H	I	Y	Q	H
T	O	M	A	T	O	P	T	B	L	U	T	Y	N	T	Q	I
Q	N	D	C	X	P	L	J	A	A	I	M	O	X	S	P	N
R	D	Z	E	A	A	E	H	T	B	Q	M	O	R	S	E	I
D	S	E	E	E	R	S	A	A	B	L	Y	J	W	P	A	O
C	G	N	M	F	A	R	M	C	A	E	E	J	O	I	R	K
M	I	T	M	U	Q	B	O	S	H	E	A	S	Q	N	S	Y
P	A	C	Q	I	B	E	E	T	S	E	G	N	E	A	Q	W
O	Z	S	B	M	L	H	Q	G	S	I	S	G	S	C	G	F
G	R	A	I	N	S	K	J	L	F	Z	O	V	S	H	W	T



ALMONDS	EGGS	PINEAPPLE
APPLES	FRUIT	SALMON
BEANS	GRAINS	SPINACH
BEETS	MILK	SQUASH
BELL PEPPER	OATMEAL	TOMATO
BERRIES	ORANGES	VEGETABLES
BROCCOLI	PEACHES	YOGURT
CARROTS	PEARS	ZUCCHINI

Free printable courtesy of PrintFree.net

Crossword Puzzle Answers:

Across

- 3. pumpkin
- 5. sweaters
- 8. chilly
- 9. acorn
- 11. football
- 12. rake
- 13. bare

Down

- 1. squirrel
- 2. apple
- 4. labor day
- 6. school
- 7. cider
- 10. november

Fun Fact:

September comes from the Latin word "septem," meaning seven, because it was the seventh month in the early Roman calendar. Under the Julian calendar reform in 45 BC, September was moved to the ninth position. Despite its new position, this month's name remained unchanged.

Newsletters will now be sent by subscription. Ways to subscribe are on the Deer Valley Home Health website, just click the subscription button. You can also call 314-761-5129, or email admin@deervalleyhomehealth.com. Indicate if you would like the newsletter mailed, emailed or you can opt out of receiving the newsletter. Newsletters will still be available for viewing on our website, Paycom, or can be picked up at any of our locations.

Company information will be on the Deer Valley website, social media sites and Paycom for those who choose not to subscribe to the newsletter. Visit us on:

Facebook,

Instagram @ deervalley_homehealth

Twitter @ deervalley_serv

Or visit our websites: www.deervalleyhomehealth.com