

# Deer Valley Home Health

## #1 Leader in Home Health Care

**From the desk of Lady Ada Taylor, CEO**



Ada Taylor, CEO

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### Greetings, Friends and Family,

We are happy to see the sun again. Put the winter coats and jackets away. The clouds have all rolled out. The rain is gone and we are seeing a bright sunny day. We start planting beautiful garden flowers this month as we prepare for Memorial Day which is celebrated Monday May 25th this year. Originally, it was called Decorations Day, because we would decorate the soldier's grave. Memorial Day is a Federal Holiday observed the last Monday in May. This day was set aside to honor our fallen soldiers who died in the military service.

Mother's Day is Sunday May 10, 2026. This special day was set aside to honor mothers all over the world. The sailors planted roses many years ago so that the roses would bloom in time for Mother's Day. Please come down to Ol' Henry Restaurant if your mother is still living and enjoy a home cooked meal.

May book signing, will be held at Ol' Henry Restaurant Sunday May 3<sup>rd</sup> and Sunday May 10, 2026 from 12:30pm-3:30pm. From The Concrete Reservation to the Crown Jewel: From Ground Zero to Millionaire.

You can also order the book from the website: [www.millionairesclubstl.org](http://www.millionairesclubstl.org) or on Amazon.

If you are interested in sponsoring a book signing at your church or community center, please don't hesitate to reach out.

Deer Valley Home Health is your leader in home health regardless of the weather. We are the leaders in providing programs, services, and competitive wages. We have a new program, which we named Silver Nesters: A non-medical senior program. The program is **Private Pay**. We cling to our mission to be as creative as necessary to meet your needs and will leave no senior or disabled behind.

Our mission is to be as creative and compassionate as necessary to ensure no seniors or disabled individual is left behind. We also welcome private pay clients. To make a referral, please contact our Intake Department at (314) 219-1221 and ask for Ms. Kim Hamm.

Warm regards,  
Lady Ada, CEO





# NWHW

**NATIONAL WOMEN'S HEALTH WEEK**

Every May, beginning on Mother's Day, the U.S. Department of Health and Human Services (HHS), Office on Women's Health (OWH) leads National Women's Health Week (NWHW). This year, NWHW takes place from May 11-17. This observance aims to highlight women's health issues and priorities, and to encourage women of all ages to prioritize their physical, mental, and emotional well-being.

## **Prioritizing Women's Health: Caring for Mind and Body**

National Women's Health Week 2025 encourages women to focus on their whole health—mind and body. This year's theme emphasizes the importance of caring for physical, mental, and emotional well-being at every stage of life.

The 2025 observance highlights three important areas of women's health:

- Menopause
- Mental health
- Cancer

By learning more about these topics and talking with a health care provider, women can take meaningful steps to understand and manage their health— both now and in the future.

## Key Facts

### Menopause

- More than **1 million** women in the United States experience menopause each year.
- The average age for menopause is **52**, and most women reach it between **45 and 55**.

### Mental Health

- Women are nearly **twice as likely** as men to experience major depression.
- Around **1 in 5 women** experience mental health issues during pregnancy or in the first year after giving birth.
- Girls who use social media often feel sadness and hopelessness much more than girls who don't use social media frequently.

### Cancer

- Cancer causes **1 in 6 deaths** among women.
- Women younger than **50** are nearly **twice as likely** to develop cancer as men in the same age range.

## Mental Health Awareness Month: Coping Strategies and Self-Care Routines

- **Early May:** Introduce Mental Health Awareness Month and set the tone with general tips for self-care and coping strategies. Use this as a foundation for more detailed posts throughout the month.
- **Mid-May:** Share in-depth content addressing specific mental health challenges, such as managing work stress, dealing with burnout, or coping with social anxiety.
- **Late May:** Wrap up with actionable advice for maintaining self-care routines and mental wellbeing throughout the year, reinforcing the message that mental health is an ongoing priority.

Mental Health Awareness Month in the United States, provides an important platform to normalize conversations about mental health, reduce stigma, and encourage proactive care. May 12-18 is also Mental Health Awareness week in the UK. With increasing recognition of mental health's impact on overall wellbeing, May is the perfect time to share coping strategies that empower individuals to manage stress, anxiety, and other challenges effectively.

The spring season, marked by growth and renewal, aligns with the themes of mental health and self-care. It's a time when people are more open to adopting positive habits and exploring ways to enhance their emotional state of mind.

## National Nurses Day and Nurses Week May 6-12

We appreciate DVHH Nurses for all you DO!!!!



## Older Americans Month

Older Americans Month honors the contributions, achievements, and experiences of older adults. The observance also promotes programs that support healthy aging independence, and community involvement.

### Ways to Celebrate

- Spend time with **older family members, mentors, or neighbors.**
- Volunteer with organizations that support **senior communities.**
- Share stories that celebrate the **experiences and wisdom of older generations.**
- Participate in community events that recognize **older adults' achievements.**
- Advocate for programs that support **healthy and active aging.**



#Relax

#Reflex

#Pampertime

#Renew

#Recharge

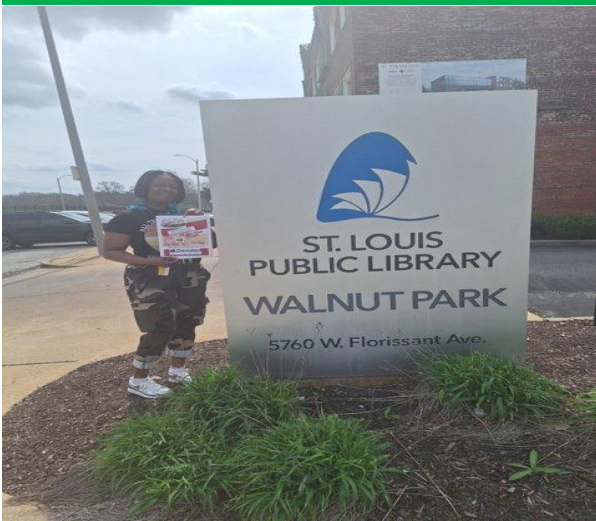
#SelfcareloveforYOU

Deer Valley Home Health Wishes You Happy Mother's Day

## DVHH In the Heart of The Community



## WORKING THE COMMUNITY



**Outreach at St. Louis Walnut Branch**



**Women's Networking Vibeconnect**



**Women's Networking Ambassador's Team**



**Outreach Tabling at St. Adventist Food Pantry**



**DVHH Music Bingo**



**DVHH Music Bingo**



**DVHH Music Bingo**



Ms. Taylor Book Signing Tour-Atlanta, Georgia



## Meet The Queen & Author Lady Ada Taylor At Festival of Books in Los Angeles, CA (Times)



Blair Underwood



Stacey Abrams



## Farewell to Kayla Gilcrease-DVHH Receptionist

Thank you for all you have done for DVHH over the years.



## DVHH TEAM



## **Human Resources Department**

For current employees, please make sure the Human Resources Department has an updated address, email, and phone numbers on file.

Any questions regarding the hiring process including prerequisites, training, or general questions, please call Ashley Lane, our Human Resource Director, on 314-219-1214, prior to coming to the HR office.

**Please check Paycom regularly for communications from the Human Resources, Accounting and Compliance departments.**

**Please allow 48 hours for all document requests and employment verifications. They must be faxed or emailed to [HR@deervalleyhomehealth.com](mailto:HR@deervalleyhomehealth.com)**

**Ashley Lane**, Human Resources Director  
alane@deervalleyhomehealth.com | Office: 314-219-1214

## **Compliance Department**

If you have any questions about the Code of Conduct and Ethics or about any policies or practices of Deer Valley Home Health, you should raise the questions to a manager/supervisor or with our Compliance Officer, Chrissy Hych-Jones, or the Compliance hotline, at 833-785-8200.

## **Nursing/Private Duty In-Home Care**

Deer Valley Home Health Services has openings for LPN's, RNs, and CNAs to work in our Private-Pay Nursing and Healthy Child & Youth programs. We offer a competitive salary with health benefits and a savings plan. To apply, please visit our website [www.deervalleyhomehealth.com](http://www.deervalleyhomehealth.com) . For specific questions about the programs, please call our Clinical Nursing Supervisor, April Hooten at 314-761-7441.

## **Department of Mental Health (DMH) and In-Home Care/Individualized Supportive Living (ISL)**

If you have any questions about the Department of Mental Health In-Home programs, please call the program manager Veronica Shannon on 314-773-4433. For more information about the Department of Mental Health, visit: [Individual, Family & Guardian Info | dmh.mo.gov](https://dmh.mo.gov).

## **Consumer Directed Services (CDS)**

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to our Intake Coordinator, Kim Hamm, on 314-219-1221. You may also contact (314) 219-1213 Darnell Jones for North County, (314) 450-7294 Terrell Jones for South, and (816) 643-4300 Chasatie Fisher for Kansas City.

## **In- Home Services (IHS)**

If it is time for your Medicaid Reassessment and/or Home Healthcare Reassessment, please make sure you respond to the State correspondence within ten business days to avoid interruption in your services, which may include cancellation.

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to your Risk Manager, Briana Campbell 314-219-1337.

## WELCOME NEW HIRES

Yasmin Childs	DMH
Reginald Williams	PCA
Lutricia Brown	HCY
Felicia Isbell	DMH
Joseph Hutchins	PCA
Alexsys Felix	PCA



Cathrine Wood	5/01
LaJuanna Williams	5/2
Catherine Marie Bush	5/3
Corey Simms	5/7
Sequina Jones	5/14
Shenitra Relynn Branch	5/16
Demarcus Mosby	5/17
Natalie Scott	5/18
Jenielle Hayes	5/18
Sharon Green	5/21
April Scott	5/23
Tyronica Alison Daugherty	5/25
Addie Bills	5/27
Karrington Bulter	5/28



## **Congratulations to the following employees on their May work Anniversaries**

Angela Ellerson	1 year
LaJuanna Williams	9 years
Christinia Murray	5 years
Angela Marion	10 years
Darnell Jones	14 years
Donna Russell	4 years
Cheron Thomas	3 years
Florence Wilson	14 years
Marnice Scott	4 years
Surlander Scott	2 years
Angela Peoples	13 years
John IV Anthony	4 years
Kioysha Harris	2 years

## DVHH Employees Recognition Spotlight

### **Natalie Scott, Assistant Community Liaison**

Natalie has been here for a short time, but in this short time she has been doing an amazing job in spreading awareness of Deer Valley in the community and has been a positive asset to the Deer Valley team! I can't wait to see her growth over the next year and how much she helps us grow our census.

We would like to [Thank the entire Deer Valley Team](#) for keeping the operations of Deer Valley Home Health running smoothly and your daily Teamwork to make sure we Stay Shinning!

We appreciate you and Salute your EXCELLENCE..... 

## Stay Well Inform of Medicaid CUTS

Medicaid cuts in 2026 stem from federal legislation reducing funding by over \$1 trillion over 10 years, introducing stricter eligibility rules, work requirements, and provider payment reductions, with significant impacts on coverage and access to care.

### Federal Legislation and Funding Reductions

The 2025 budget reconciliation law, known as the One Big Beautiful Bill Act (OBBBA), enacted historic cuts to Medicaid, totaling approximately \$1.035 trillion over ten years, with the largest reductions affecting states that adopted the ACA Medicaid expansion. These cuts include a phased reduction in provider taxes, stricter eligibility verification, and more frequent redeterminations for ACA expansion adults starting October 2026. The Congressional Budget Office estimates that millions of Americans could lose coverage, with projections of up to 11.8 million enrollees affected nationally.

### The Civic Federation

### Eligibility and Work Requirements

Key changes include the reintroduction of Medicaid work and reporting requirements, requiring adults to document at least 80 hours per month of work, school, or volunteer activity to maintain coverage. While these requirements officially begin in 2027, states are preparing systems and outreach in 2026, creating administrative burdens that may lead to coverage loss even for eligible individuals.

Congress is currently considering a federal budget plan that would significantly cut funding for health care, food assistance, and other vital programs. If enacted, these cuts would represent an unprecedented cost shift to

states, at a time when Missouri's budget outlook is already bleak. This means that Missouri may face painful choices in the coming years as the state would need to fill these gaps in federal funding with general revenue to

maintain current services or make significant cuts to health coverage, food assistance, or other critical services funded by general revenue.

Lowering the federal match rate for the Medicaid Expansion population (AEG).

The share of Medicaid costs paid for with federal dollars is known as the federal medical assistance percentage or “FMAP.” Federal dollars cover 90% of the cost for Medicaid expansion enrollees through an enhanced match rate; current proposals would reduce the FMAP for the expansion population to Missouri’s standard match rate of 65%. Because Medicaid Expansion in Missouri was enacted through a constitutional amendment, Missouri would be required to pay for this with state dollars.

Eliminating or reducing provider taxes.

Medicaid provider taxes (commonly referred to as the Federal Reimbursement Allowance, or FRA) are voluntary taxes paid by hospitals, nursing homes, pharmacies and other providers that leverage additional federal funding for health services. Current proposals seek to reduce states’ ability to finance Medicaid with provider taxes. Missouri is one of the states most heavily reliant on provider taxes. If Missouri is unable to fill this gap with general revenue dollars, it would also lose the federal match tied to these dollars. Assuming a 3% cap on the provider tax, Missouri could lose out on a total of \$2 billion from this provision alone (\$547 in provider taxes that leverage \$1.4 billion in federal matching funds).

Capping the amount of federal Medicaid funding that each state receives.

Proposals (such as per-capita caps or block grants) that limit the amount of federal Medicaid funding provided to states regardless of residents’ health care needs, would shift costs and risks to states, forcing them over time to significantly cut the number of people enrolled and to provide less robust coverage.

Proposed SNAP Cuts

Requiring a State Match for SNAP benefits.

While states currently pay for a share of the cost to administer SNAP, program benefits are entirely funded with federal dollars. New proposals would mandate that states share the cost of these benefits meaning that states would need to fill this gap with state revenue or be forced to cut SNAP benefits, restrict program eligibility, or cut other critical services.

## AAHAMO

**OUR MISSION** is to identify and address inequalities, discrimination, and racial disparities affecting people of color

**OUR VISION** is to ensure that all people of color in America have access to professional healthcare and equal medical resources. This is essential for Enhancing their quality of life.

**OUR GOAL** is to raise awareness about healthcare inequality and disparities within the community.

**OUR OBJECTIVE** is to establish a professional organization of healthcare experts dedicated to advocating for and promoting racial equality.

The African American Resource Guide first edition is complete!!! The guide features African American Practitioners, who are culturally sensitive to the healthcare needs in the Black community. The guide will be sent to Deer Valley clients and employees, as well as placed in select clinics, offices, and other businesses in the community.

The links to the resource books are on Facebook, Instagram, Deer Valley Home Health website, Deer Valley Hospice website and Paycor.

Scan QR code below for virtual copy.



SCAN ME

Newsletters will now be sent by subscription. Ways to subscribe are on the Deer Valley Home Health and Deer Valley Hospice Care websites, just click the subscription button. You can also call 314-761-5129, or email [admin@deervalleyhomehealth.com](mailto:admin@deervalleyhomehealth.com). Indicate if you'd like the newsletter mailed, emailed or you



**AFRICAN AMERICAN HEALTH CARE  
ASSOCIATION OF MISSOURI**

Name: \_\_\_\_\_ Date: \_\_\_\_\_



# May Word Scramble



The letters of the words below are jumbled. Unscramble the letters and write the word on the blank line provided.

- |                      |   |                       |
|----------------------|---|-----------------------|
| 1. EBSE _____        |    | 13. TRSPSO _____      |
| 2. PIGSRN _____      |   | 14. HFTFI _____       |
| 3. EINNRGAGD _____   |   | 15. SNIRDBGO _____    |
| 4. YSNU _____        |   | 16. ESLTRBTFUEI _____ |
| 5. ADTUNIGOAR _____  |   | 17. NPILGNTA _____    |
| 6. IOCNC _____       |   | 18. TRSAENVE _____    |
| 7. ILGOVN _____      |   | 19. OSFELWR _____     |
| 8. RYEDB _____       |   | 20. NMACGPI _____     |
| 9. LMDI _____        |   | 21. RTHMOE _____      |
| 10. ALERMOIM _____   |   | 22. ODLPMAI _____     |
| 11. INCCPI _____     |  | 23. RTTIBEU _____     |
| 12. INRCAELOTB _____ |   | 24. KOTOCOU _____     |

- |             |           |            |          |
|-------------|-----------|------------|----------|
| bees        | cookout   | graduation | planting |
| birdsong    | derby     | loving     | sports   |
| butterflies | diploma   | memorial   | spring   |
| camping     | fifth     | mild       | sunny    |
| celebration | flowers   | mother     | tribute  |
| Cinco       | gardening | picnic     | veterans |

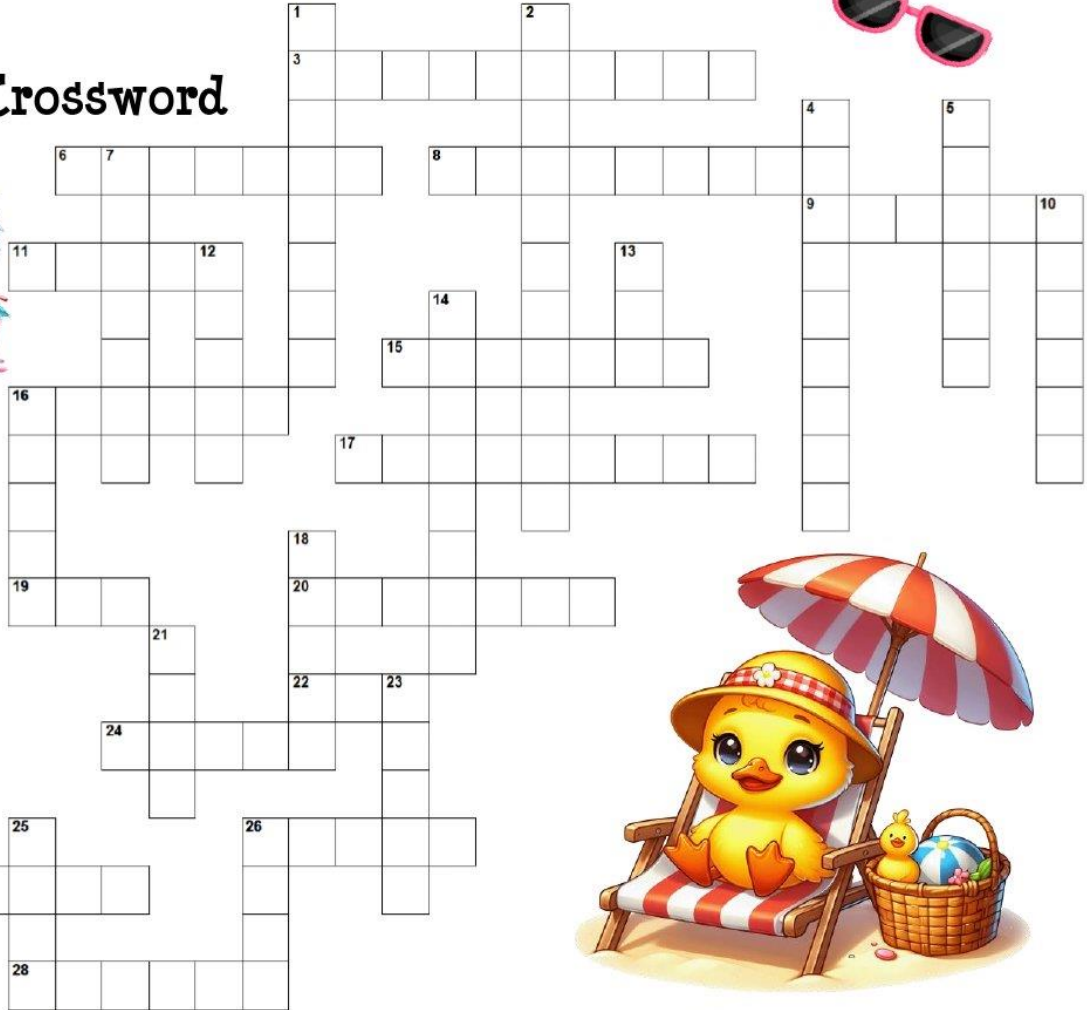


Name: \_\_\_\_\_

Date: \_\_\_\_\_

May

Crossword



Across

Down

- |   |  |                                       |  |
|---|--|---------------------------------------|--|
| 3. May holiday to honor mothers                   | 17. Brightly colored flying insect           | 1. Rain protection item               | 14. May's birth flower                 |
| 6. April showers bring May ____                   | 19. Big yellow star in the sky               | 2. Insect that jumps & has long legs  | 16. Small bodies of water in gardens   |
| 8. Famous ship sunk in May 1915                   | 20. Birthstone of May                        | 4. Young bird that just hatched       | 18. Famous horse race in May           |
| 9. One of May's astrological sign                 | 22. Yellow and black insect that makes honey | 5. Popular outdoor activity in May    | 21. Color of the sky on a sunny day    |
| 11. These go up into the sky, often with a string | 24. Hops around and likes carrots            | 7. Green leafy plants in gardens      | 23. May's zodiac sign element          |
| 15. Type of outdoor trip in a tent                | 26. Celebration with balloons & cake         | 10. When kids get a break from school | 25. Symbol of growth often seen in May |
| 16. Common activity on Memorial Day               | 27. Sound of bees                            | 12. Creepy crawly garden pest         | 26. Where you might go swimming        |
|   | 28. Type of shoe for the beach               | 13. Watering tool for gardens         |  |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Florissant Valley Community Fair 2pm-4pm Wellston Food Pantry 8am-12noon	2
3	4	5 Food Pantry Days: St. Louis Adventist	6 St. Anthony Church 10am-1pm	7 Food Pantry Days: St. Louis Adventist	8 Wellston Food Pantry and Thrift Store 8am-12noon	9
10  Happy Mother's Day	11  Strive 2 Fitness Exercise Hour 4:15pm-5:15pm 8600 Airport RD	12  Women's Networking -North County Chamber  Food Pantry Days: St. Louis Adventist	13  Ferguson Senior Resource Fair  Greater North County Chamber membership luncheon	14  Olivette Chamber Networking luncheon	15  Vet Connect meeting  Food Pantry Days: St. Louis Adventist	16  Overland Community Parade 8am-2pm
17	18	19 Food Pantry Days: St. Louis Adventist	20	21	22 Food Pantry Days: St. Louis Adventist	23
24  31 <sup>st</sup> .	25 Memorial Day	26	27	28	29 Wellston Food Pantry	30 Olivette Church Senior Resource Fair 11am-3pm

## Community Resources

### **Food Pantries/Resources:**

Circle of Lights  
314-382-8759

Episcopal Church  
314 367-2314

Focus Gateway City\_  
314 884-0394

Hope Church  
314-869-7777

Team Food Pantry  
314-831-9840

Urban League  
314-388-9840

Heat Up Saint Louis  
314 241-0001

Carondelet Park Rec Complex  
(Free Showers)  
314-768-9622

Team Food Pantry  
314-831-0879

[www.mydss.mo.gov/foodassistance](http://www.mydss.mo.gov/foodassistance)

SVDP – [Call 211 for local resources](#)

### **GIFT CARD AGENCIES:**

Salvation Army  
Urban League

Community of Hope  
314-887-5941

Food Pantry

### **Basic Needs:**

Community Action Agency STL County  
314-863-0015

Guardian Angel Settlement Association  
314-773-9027

### **Housing/Shelter:**

Apartment Finder  
[www.apartmentfinder.com](http://www.apartmentfinder.com)

Beyond Housing  
314-533-0600

MO Housing Development Commission  
314-877-1350

St. Louis Housing Authority  
314-531-0184

St. Louis County Housing Authority  
314-428-3200

## DVHH Connecting with the Community





More than 1.3 million Americans have died in the nation's wars, from the Revolutionary War through to recent operations in Afghanistan and Iraq. Memorial Day exists to ensure that those sacrifices are not forgotten. The Civil War alone claimed nearly 500,000 military lives – almost half of all American war deaths in history. The Second World War added more than 400,000, the Vietnam War over 58,000, and the Korean War nearly 37,000.

Beyond the statistics, Memorial Day serves as a collective pause – a moment for the country to acknowledge the cost of its freedoms. For military families, the day carries deeply personal weight. For the broader public, it is both a day of remembrance and a reminder that the liberties Americans enjoy came at a profound human price.

Thousands of Americans visit cemeteries and memorials to place flowers, flags, and wreaths on the graves of fallen service members. Arlington National Cemetery in Virginia hosts the largest annual ceremony, attended by around 5,000 people.

Communities across the country hold parades, wreath-laying ceremonies, and public gatherings. These events often feature military color guards, veterans' organizations, and speakers who share the stories of local service members who gave their lives.

**Have a safe and rememberable Memorial Day...**



# SILVER NESTERS PROGRAM

*Companionship you can trust,  
from those who understand.*



**OUR MISSION:** To provide *hands off* services to seniors from active seniors to help with independence and to continue to promote community involvement.

## SERVICES WE PROVIDE



### TRANSPORTATION / RUNNING ERRANDS

Safe rides to appointments, grocery stores, and other important stops.



### COOKING

Nutritious meals prepared with care and kindness.



### CLEANING

Light housekeeping to keep your home comfortable and clean.



### COMPANIONSHIP

Friendly visits and meaningful conversations to brighten your day.



### WEEKLY MEDICATION SET UPS

Can be arranged with a nurse for an extra cost.

## WE ARE HIRING!

*Join Our Silver Nesters Team*

### CRITERIA:



55+ YEARS OLD



PART TIME HOURS



HEALTHY & ABLE BODIED



RELIABLE TRANSPORTATION



CAR INSURANCE



**CONTACT US TODAY!**  
**314-355-3679**  
for more information



**WANT TO APPLY?**  
Visit our website  
**deervalleyhomehealth.com**

♥ *Proudly Serving Our Community's Seniors* ♥

*We've Been*  
**NOMINATED!**



2026 ST. LOUIS AMERICAN  
**READERS' CHOICE**  
AWARDS



**NOMINATED FOR  
BEST HOME CARE SERVICES**



**NOMINATED FOR  
BEST SOUL FOOD**

*Vote* **FOR US DAILY!** ♥



**VOTE DAILY**  
IF POSSIBLE



**SHARE**  
WITH FAMILY & FRIENDS



**SPREAD**  
THE WORD!

**SCAN TO VOTE!**



*Thank you for supporting local & voting for excellence in our community!* ♥



**VOTE NOW AT:**

[stlamerican.com/readerschoice](http://stlamerican.com/readerschoice)

# Lady Ada BOOK SIGNINGS

FOR  
From the  
Concrete Reservation  
to the Crown Jewel



MAY  
3  
2026



BOOK SIGNING  
OL HENRY'S

MAY  
10  
2026



BOOK SIGNING  
OL HENRY'S

JUNE  
18  
2026



JUNETEENTH  
SENIOR DAY

10:00 AM – 2:00 PM

NORTH COUNTY REC CENTER

JUNE  
21  
2026



JETER JONES  
Father's Day  
BLUES CONCERT  
THE AMBASSADOR

JULY  
25  
2026



LIVING LEGEND  
AWARDS

MISSOURI HISTORY MUSEUM

AUG  
8  
2026



BOOK SIGNING  
ATLANTA, GA

*A Legacy.  
A Story.  
An Inspiration.*