

June 2026  
Summer Edition  
Volume 6

# Deer Valley Home Health



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## From the desk of Lady Ada Taylor, CEO

### Greetings, Friends and Family,

Welcome to the month of June. June kicks off the Summer Season, with a lot of holidays and seasonal fun. Plan a picnic or just go fishing the day will be long enough to have plenty of fun. Weddings are traditional for the month of June. The month of June is named after **Juno**, the Roman goddess of marriage, childbirth, and fertility. Romans believed marrying in June would bring her blessings for a fruitful and happy union. June also marks the end of the planting season, allowing communities to celebrate their harvest. The summer solstice is in June marking a time for abundance and festivity.

We have a lot going on this month; starting with National Donut Day, June 1<sup>st</sup> and 2<sup>nd</sup>. We will serve donuts and coffee at the restaurant and in the lobby of 105 on Tuesday June 2<sup>nd</sup>. We will kick off Juneteenth Saturday the 13<sup>th</sup>. We have a week- long celebration of the Black culture here in America. The Office will close on June 19<sup>th</sup> and reopen June 22<sup>nd</sup>.

We celebrate Father's Day this month. Take time to honor your father by bringing him to OL 'Henry Restaurant.

I'm excited to inform about our new non-medical private pay program, "Silver Nesters. The program allows the worker to clean, run errands, do laundry and provide companionship. I live life to the fullest, as we all should strive to do!



Warm Regards,  
Lady Ada, CEO





## Men Health Awareness

Men's Health Month is an annual observance dedicated to improving the health and well-being of men and boys. Established by Congress in 1994, it emphasizes the importance of **preventive care, early detection, and healthy lifestyle choices** to reduce risks of heart disease, cancer, accidental injuries, and other male-specific health concerns such as prostate and testicular cancer.

Black men face unique and often life-threatening health disparities from preventable conditions. They are more likely to experience chronic illness, have a lower life expectancy, and lack access to quality care due to systemic racism, discrimination in healthcare, and social inequities. Too often, these outcomes are overlooked, and Black men deserve better.

### Why Men's Health Month Matters

Men are often taught to "tough it out". But silence is not strength. It is a barrier to health and wellness. This month is a call to action—a reminder that talking about our health, especially for Black men, is not weakness but **powerful**.

## What's Affecting Men Today

Many of the most common health issues impacting men today, like heart disease, diabetes, and depression, are not just medical concerns but are connected to stress, access to care, and social norms.

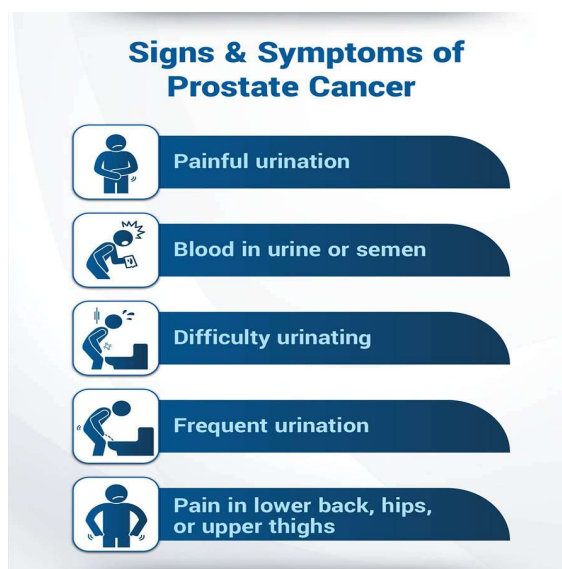
- **Heart Disease** - Men in the U.S. have a life expectancy of approximately **74.8 years**, which is about **5 years shorter** than women, who have a life expectancy of **80.2 years**. This gap has widened over the past decade, with Black men facing an even shorter life expectancy.
- **Prostate Cancer** - Prostate cancer is particularly prevalent, affecting about **230,000 men** each year and being the second leading cause of cancer death among men.
- **Mental Health** - The suicide rate for men is **four times higher** than that of women. This issue has become particularly concerning among young men, with a significant increase in suicide risk observed since 2010.



## Importance

Men, on average, live **five years less than women** and are more likely to die from preventable diseases. Men's Health Month encourages proactive.

1. **Schedule a Health Check-up:** Encourage the men in your life to schedule regular check-ups with their healthcare providers. Routine screenings, such as blood pressure, cholesterol, and prostate exams, can help detect potential health concerns early on, enabling timely intervention and treatment.
2. **Organize Health Education Sessions:** Arrange informative sessions or workshops that address men's health topics. These can cover areas such as nutrition, exercise, mental health, stress management, and healthy lifestyle habits. Involve local healthcare professionals, fitness experts, and mental health specialists to provide valuable insights and practical tips.
3. **Engage in Physical Activities:** Promote physical fitness by organizing group activities or sports events during Men's Health Week. Encourage participation in activities such as group walks, sports tournaments, or fitness challenges. Physical exercise not only enhances physical health but also supports mental well-being.
4. **Share Health Information:** Utilize social media platforms, local newsletters, or community notice boards to share educational content related to men's health. Raise awareness about specific health concerns, prevention strategies, and available resources. Engage in discussions about the importance of mental health and destigmatize seeking help when needed.
5. **Support Men's Health Organizations:** Donate to or volunteer with organizations dedicated to promoting men's health. These organizations often provide valuable resources, support groups, and educational campaigns to raise awareness and facilitate access to healthcare services for men.





**Happy Father's Day to ALL the Dad's, Grandfather's, Uncles, Son's and Stepfather's!!**

**A Black father's love is the foundation upon which generations rise.**

**The strongest men I know answer to 'Daddy' and wear their melanin with pride.**

**Any fool can have a child. That doesn't make you a father. It's the courage to raise a child that makes you a father. — Barack Obama**

**Your love is the foundation of my strength; thank you for building me up every day.**

**You taught me to stand tall, even when the world tries to bring me down. Thank you."**



## What Is Juneteenth?

**The holiday commemorates an effective end of slavery in the United States.**

Juneteenth, a day that marks the emancipation of enslaved Black Americans, is always observed on **June 19** each year. It became a U.S. federal holiday in 2021, following the signing of a bill by former President Joe Biden.

Long a regional holiday in the South, Juneteenth rose in prominence across the country following protests that swept the world in 2020 over the police killings of **George Floyd, Breonna Taylor, Rayshard Brooks** and other Black Americans.

In the wake of **George Floyd's** murder during an arrest by police officers on May 25, 2020, Juneteenth celebrations took on a new intensity and gained broader cultural significance. That year organizers affiliated with the Black Lives Matter (BLM) movement launched a petition to make Juneteenth a national holiday. Following Floyd's murder, activists used Juneteenth celebrations to amplify their calls for federal recognition, demand reparations for slavery, and push for sweeping reforms in racial justice and policing. Juneteenth became a focal point for collective action, as

institutions across the country—including colleges, universities, and corporations such as Google , Amazon, and Microsoft—observed and celebrated Juneteenth. These widespread observances transformed Juneteenth from an African American holiday to a national moment for reflection on the country’s legacy of slavery and systemic racism.

All 50 states and the District of Columbia recognize Juneteenth as a holiday or observance, and at least 31 states and the District of Columbia have designated Juneteenth as a permanent paid and/or legal holiday through legislation or executive action.

## Understanding the Significance of June 19, 1865

But not everyone in Confederate territory would immediately be free. Even though the Emancipation Proclamation was made effective in 1863; it could not be implemented in places still under Confederate control. As a result, in the westernmost Confederate state of Texas, enslaved people would not be free until much later.

Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as "Juneteenth," by the newly freed people in Texas.

Juneteenth was originally called "**Freedom Day**" when first celebrated in 1866.



**Opal Lee**, a former teacher and activist, is largely credited for rallying others behind a campaign to make Juneteenth a federal holiday. The 96-year-old had vivid memories of celebrating Juneteenth in East Texas as a child with music, food and games. In 2016, the “little old lady in tennis shoes” walked through her home city of Fort Worth, Texas and then in other cities before arriving in Washington, D.C. Soon, celebrities and politicians were lending their support.

Lee was one of the people standing next to Biden when he signed Juneteenth into law.



Opal Lee, left, who helped make Juneteenth a federally recognized holiday, poses with her portrait after it was unveiled in the Texas Senate Chamber, Wednesday, Feb. 8, 2023, in Austin, Texas.



Opal Lee observes as President Joe Biden signs a bill on June 17, 2021, making Juneteenth a federal holiday.



*Emancipation Day celebration, June 19, 1900, held in "East Woods" on East 24th Street in Austin*

## **Civil Rights Movements revived the Juneteenth celebration.**

In 1968, Martin Luther King Jr. organized the Poor People's Campaign. It was an effort for the poor people in the US to gain equality and economic justice. The movement was purposely done by King to coincide with the date of freedom celebrations in Washington. Those who were at the march took the same kind of celebration to their towns and states. Soon enough, the holiday then got reborn.



The Juneteenth flag symbolizes freedom, hope, and the end of slavery, featuring a white star and a red, white, and blue design representing African American liberation and American identity.

## The Pan-African Flag:



The Pan-African flag was created in 1920, by a group known as the Universal Negro Improvement Association and African Communities League (UNIA). The group, led by Jamaican political activist, journalist, and speaker Marcus Garvey, created the flag in direct response to anti-Black folk songs. The organization and its members created the Pan-African flag to act as a unifying symbol for Black people; Flags symbolize the union of governance, people, and territory, this flag was created to unify Black people in America and around the world.

- **Red:** the blood that unites all people of Black African ancestry, and shed for liberation
- **Black:** for the people whose existence as a nation, though not a nation-state, is affirmed by the existence of the flag
- **Green:** the abundant and vibrant natural wealth of Africa, the Motherland.

## June is Alzheimer's & Brain Awareness Month

### What is Alzheimer's Disease?

Alzheimer's disease is a progressive neurodegenerative disorder that affects memory, thinking, and behavior. It is the most common cause of dementia among older adults, accounting for 60-80% of dementia cases. The exact cause of Alzheimer's is not fully understood, but it involves the build-up of amyloid plaques and tau tangles in the brain, leading to the death of brain cells.

Alzheimer's disease and related forms of dementia are reaching worldwide epidemic proportions. There are currently 47 million people worldwide living with Alzheimer's or another form of dementia. If no cure is found that number is expected to grow to 76 million by 2030. In the United States alone, there are 5.7 million people living with Alzheimer's. It's the 6th leading cause of the death and is the only cause among the top 10 that cannot be prevented, cured, or slowed. The lifetime risk for the disease at age 45 is 1 in 5 for women and 1 in 10 for men. The brain changes that cause Alzheimer's are thought to begin 20 years or more before symptoms start, which suggests that there may be a substantial window of time in which we can intervene in the progression of the disease.

Experts believe there isn't a single cause of Alzheimer's. It's likely the disease will develop as a result of multiple factors. While not a direct cause of Alzheimer's, the greatest known risk factor is advancing age. Although some risk factors like age cannot be changed, others – including physical activity, not smoking, education, challenging your mind, blood pressure and diet – may be modified to reduce a person's risk.

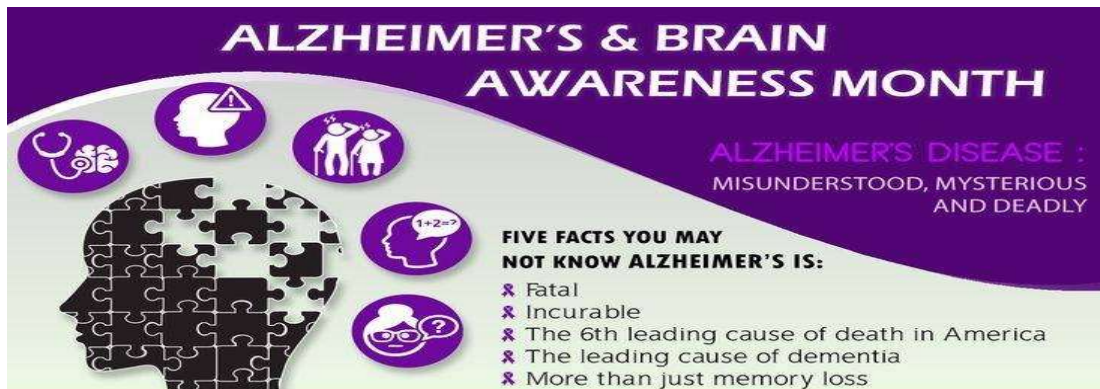
As many as 40% of dementia cases worldwide may be attributable to modifiable risk factors. Based on mounting scientific evidence, the Alzheimer's Association encourages individuals to incorporate these [10 healthy habits](#) to reduce the risk of cognitive decline and possibly dementia.

## Be Proactive in Addressing Brain Changes

Another important way to take charge of your brain health is to **know the early warning signs of Alzheimer's and other dementia** and be proactive in addressing them.

**Early detection and diagnosis of Alzheimer's and other dementia** offers the best opportunity for care, management and treatment. It also provides diagnosed individuals with more time to plan for the future, participate in clinical trials and to live with a higher quality of life, for as long as possible.

There are now treatments that may slow disease progression for people in the early stage of Alzheimer's, making a timely diagnosis critically important. If you or a family is experiencing memory or thinking problems, it is important to get it checked. Talk to your doctor so you can make an informed decision on available treatments to determine if they are right for you.



## More Than Memory Loss

One of the greatest misconceptions about Alzheimer's disease is that it is simply "forgetfulness." In reality, dementia affects nearly every aspect of a person's life and identity.

Individuals living with Alzheimer's may experience:

- Difficulty recognizing loved ones
- Challenges with communication
- Anxiety, confusion, or fear

- Personality and behavioral changes
- Loss of independence
- Social isolation and depression

Yet even in the midst of cognitive decline, emotional connection often remains deeply meaningful.

A familiar voice, a favorite song, a gentle touch, or a calm presence can provide comfort and reassurance when words fail. Healthcare professionals and caregivers have the unique ability to preserve dignity and foster moments of connection through empathy and patience.

## Supporting the Silent Heroes: Caregivers

Alzheimer's disease affects not only patients, but entire families. Millions of unpaid caregivers provide emotional, physical, and financial support to loved ones living with dementia.

Caregiver burnout is common and can lead to exhaustion, stress, anxiety, depression, and declining physical health. Many caregivers quietly carry the emotional burden of grieving someone who is still physically present but gradually changing before their eyes.

Supporting caregivers means:

- Encouraging respite and self-care
- Connecting families with support groups and resources
- Providing education about dementia care
- Offering emotional support without judgment
- Recognizing the immense value of their role

Sometimes the most powerful thing we can say to a caregiver is simply: **"You are not alone."**

## Protecting Brain Health

While there is currently no cure for Alzheimer's disease, research suggests that healthy lifestyle habits may help support cognitive health and reduce certain risk factors.

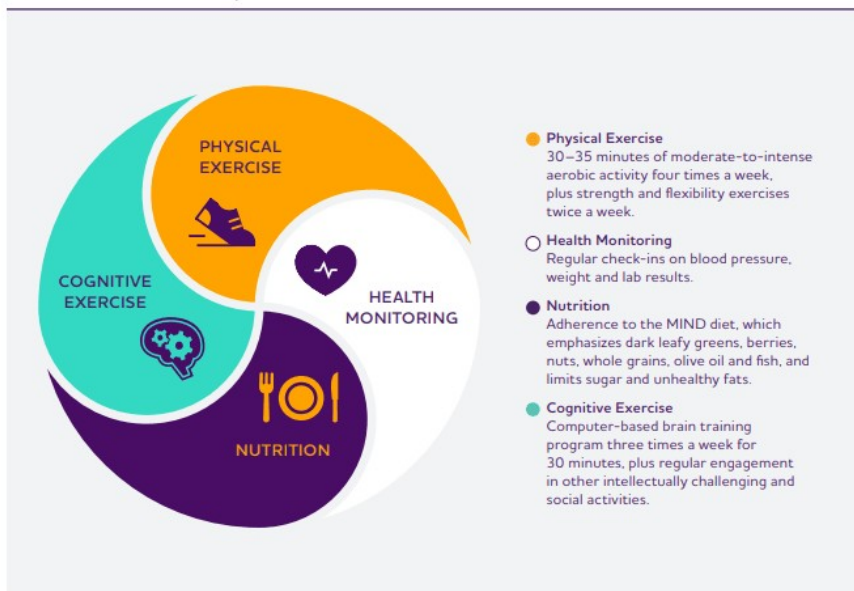
The Centers for Disease Control and Prevention (CDC) and the Alzheimer’s Association encourage individuals to challenge their minds regularly through mentally stimulating activities. Keeping the brain active helps build what researchers call cognitive reserve, the brain’s ability to adapt and maintain function despite aging or disease.

Simple daily activities can make a difference, including:

- Keeping a jigsaw puzzle going
- Completing crossword or word-search puzzles
- Learning a new language
- Learning to play a musical instrument
- Playing card games, chess, or strategy games
- Reading, writing, or journaling
- Trying new hobbies or skills that challenge the brain



U.S. POINTER Brain Health Recipe\*



- **Physical Exercise**  
30–35 minutes of moderate-to-intense aerobic activity four times a week, plus strength and flexibility exercises twice a week.
- **Health Monitoring**  
Regular check-ins on blood pressure, weight and lab results.
- **Nutrition**  
Adherence to the MIND diet, which emphasizes dark leafy greens, berries, nuts, whole grains, olive oil and fish, and limits sugar and unhealthy fats.
- **Cognitive Exercise**  
Computer-based brain training program three times a week for 30 minutes, plus regular engagement in other intellectually challenging and social activities.

## The Essential Role of Healthcare Professionals

Healthcare professionals across all care settings play a critical role in improving quality of life for individuals living with Alzheimer's disease.

Compassionate dementia care includes:

- Speaking calmly and clearly
- Using simple instructions
- Maintaining eye contact
- Avoiding confrontation or correction
- Encouraging familiar routines
- Promoting safety and independence
- Supporting family involvement in care

Empathy is just as important as clinical knowledge. Sometimes the greatest intervention is helping a patient feel safe, valued, and understood.



## JUNE DATES TO REMEMBER

- **1 June – National’s Cancer Survivors Day - is a cherished Celebration of Life that highlights the resilience, strength, and courage of those who have fought and continue to fight cancer.**
- **15 June – World Elder Abuse Awareness Day – Opposes abuse of older adults.**
- **19 June – Juneteenth – Commemorates the end of slavery in the U.S.**
- **21 June – Father’s Day – Honors fathers and father figures.**



### **Human Resources Department**

For current employees, please make sure the Human Resources Department has an updated address, email, and phone numbers on file.

Any questions regarding the hiring process including prerequisites, training, or general questions, please call Ashley Lane, our Human Resource Director, on 314-219-1214, prior to coming to the HR office.

**Please check Paycom regularly for communications from the Human Resources, Accounting and Compliance departments.**

**Please allow 48 hours for all document requests and employment verifications. They must be faxed or emailed to [HR@deervalleyhomehealth.com](mailto:HR@deervalleyhomehealth.com)**

**Ashley Lane**, Human Resources Director  
alane@deervalleyhomehealth.com | Office: 314-219-1214

## **Compliance Department**

If you have any questions about the Code of Conduct and Ethics or about any policies or practices of Deer Valley Home Health, you should raise the questions to a manager/supervisor or with our Compliance Officer, Chrissy Hych-Jones, or the Compliance hotline, at 833-785-8200.

## **Nursing/Private Duty In-Home Care**

Deer Valley Home Health Services has openings for LPN's, RNs, and CNAs to work in our Private-Pay Nursing and Healthy Child & Youth programs. We offer a competitive salary with health benefits and a savings plan. To apply, please visit our website [www.deervalleyhomehealth.com](http://www.deervalleyhomehealth.com) . For specific questions about the programs, please call our Clinical Nursing Supervisor, April Hooten at 314-761-7441.

## **Department of Mental Health (DMH) and In-Home Care/Individualized Supportive Living (ISL)**

If you have any questions about the Department of Mental Health In-Home programs, please call the program manager Veronica Shannon on 314-773-4433. For more information about the Department of Mental Health, visit: [Individual, Family & Guardian Info | dmh.mo.gov](http://dmh.mo.gov).

## **Consumer Directed Services (CDS)**

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to our Intake Coordinator, Kim Hamm, on 314-219-1221. You may also contact (314) 219-1213 Darnell Jones for North County, (314) 450-7294 Terrell Jones for South, and (816) 643-4300 Chasatie Fisher for Kansas City.

## **In- Home Services (IHS)**

If it is time for your Medicaid Reassessment and/or Home Healthcare Reassessment, please make sure you respond to the State correspondence within ten business days to avoid interruption in your services, which may include cancellation.

If you have been in the hospital or have a change in your health status, you may be eligible for an increase in units. Please reach out to your Risk Manager, Briana Campbell 314-219-1337.

## **Welcome New Hires**

Dionne Boyd	DSP
Crystal McGee	DSP
Kimberly Reed	DSP
Erika Smith	PCA



## **CONGRATULATIONS**

**to the following employees on their  
June work anniversaries...**

<b>Asma Cross</b>	<b>2 years</b>
<b>Iyana Perry</b>	<b>2 years</b>
<b>Rhonda Cassell- Walton</b>	<b>4 years</b>
<b>Lillian Hardy</b>	<b>4 years</b>
<b>Ordaria Muyaiddib</b>	<b>4 years</b>
<b>Telia Douglas</b>	<b>4 years</b>
<b>Peggy Amos</b>	<b>5 years</b>
<b>Addie Bills</b>	<b>8 years</b>



Travonna Gayden	06.02
Helen Shaw- Howard	06.04
David Staples	06.05
Kenneth Steele	06.07
Angela Marion	06.08
Clematene Hall	06.08
Erika Smith	06.11
Antione Stewart	06.13
April Hooten	06.13
Donna Jarmon	06.14
Alicia Otey	06.20
Denise Washington	06.21
Wendy Johnson	06.23
Casandra Churchman	06.24
Caleb Grandberry	06.26
Alecia Jones	06.29
Kimberly Reed	06.29





# EMPLOYEE SPOTLIGHT

**Debra Jones**



**Chief Operating Officer**

I'd like to nominate Debra in recognition of the exceptional work she consistently provides. Debra serves in multiple critical roles, including COO and CFO, and is a trusted confidant to many. Her ability to manage a wide range of responsibilities with professionalism and composure is truly commendable.

**Debra** remains calm under pressure, effectively multitasking while addressing questions and concerns with both professionalism and kindness. Her dedication to Deer Valley and its employees consistently goes above and beyond expectations.

Debra, your commitment and contributions are greatly appreciated. Thank you for everything you do.

**Kim Hamm**



**Intake Coordinator**

Since stepping into the Intake role, Kim has made a significant impact by improving and streamlining our intake processes. She consistently goes above and beyond to ensure that every individual who calls in receives a timely, professional, and appropriate response.

**Kim** demonstrates a strong commitment to both operational excellence and exceptional customer service. Her attention to detail, responsiveness, and dedication have enhanced the overall experience for our clients and strengthened our team's efficiency.

## Up Coming Events

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### **St. Anthony PADUA Church Food**

**Pantry /Mon, Wed & Thur. 10am to 12pm**

**St. Louis Adventist every Tuesday & Thursday**  
10am-2pm

**Pathway to Health – Ferguson Community**  
**Center Resource Fair 9am – 1pm**

**Wellston Center every Friday 8am – 12pm**

**GNCC – Women in Power Networking**  
**Lunch June 9<sup>th</sup> 12pm- 1:30pm**

**It's Just Networking 2 June 4<sup>th</sup> 8:30am –**  
**10:00am**

**Dedicated Senior Medical Center -**  
**Juneteenth Celebrating Freedom Day June**  
**17<sup>th</sup> – 19<sup>th</sup> 11am -2pm**

### **Food Pantry Days:**

**Circle of Lights- Food**  
314-382-8759

**Episcopal Church of All**  
**Saints**  
314 367-2314

**Focus Gateway City**  
314 884-0394

**Hope Church**  
314 869-7777

**Team Food Pantry**  
314 831-0879  
**Urban League**  
314-388-9840

**GNCC – Membership Luncheon June 17<sup>th</sup>**  
11am- 1pm

**Honoring Elders Juneteenth Music BINGO –**  
**North County Recreation Complex June 18<sup>th</sup>**  
10am -2pm

**Mental Health Festival in St. Louis June 27<sup>th</sup>**  
9am – 5pm

**Black Wall Street Juneteenth Fair & Parade**  
June 27<sup>th</sup> 8am – 3pm

**VetNet Connect Meeting – June 19<sup>th</sup> 8:30am-**  
**10:00am**

**St. Louis Adventist Community Service**  
**Center Open House June 14<sup>th</sup> 2pm- 4:30pm**

**Heat Up Saint Louis**  
314-241-0001

**Carondelet Park Rec**  
**Complex (SHOWERS FREE)**  
314 768-9622

**GIFT CARD AGENCIES:**  
Salvation Army  
Urban League

**Community of Hope**  
314 887-5941  
Food Pantry

**Basic Needs:**  
Community Action Agency of  
STL County  
314-863-0015

**Guardian Angel Settlement Association**  
314-773-9027

[www.mydss.mo.gov/foodassistance](http://www.mydss.mo.gov/foodassistance) SVDP - call 211 for local resources

TEAM Food Pantry 314-831-0879

**Housing/Shelter:**  
Apartment Finder  
[www.apartmentfinder.com](http://www.apartmentfinder.com)

**Beyond Housing**  
314-533-0600

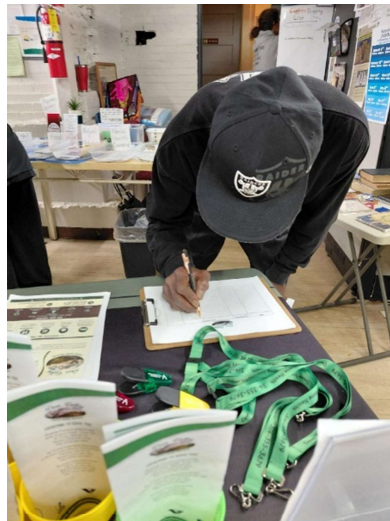
**MO Housing Development Commission**

314-877-1350

**St. Louis Housing Authority**  
314-531-0184

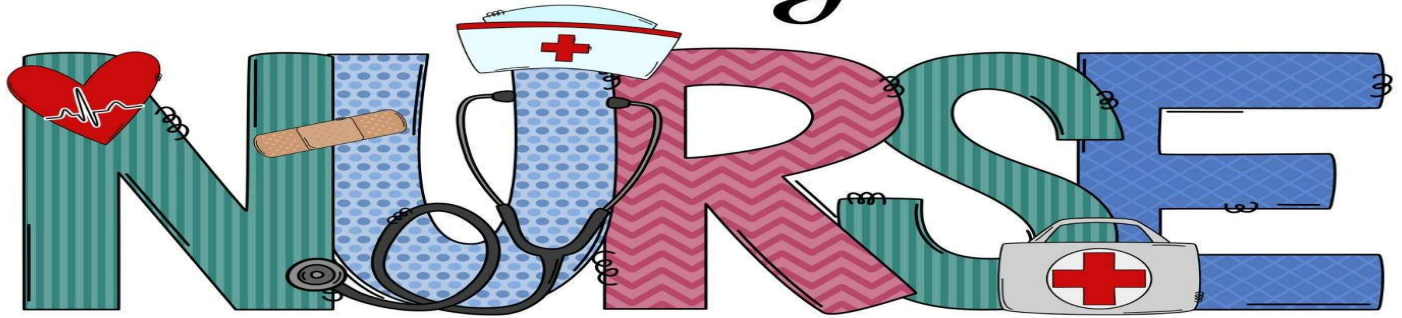
**St. Louis County Housing Authority**  
314-428-320

## Working The Community





# Thank you...





**Thanks to Hempz Lotion for all the free samples given to the DVHH Nurse Team.**

**Nurses –**

**Thank you for the compassion, skill, and dedication you bring to your work every single day. Your care makes a real difference in people's lives.**

**WE  
APPRECIATE  
YOU**

# The St. Louis County Democrats Gala





Name: \_\_\_\_\_ Date: \_\_\_\_\_

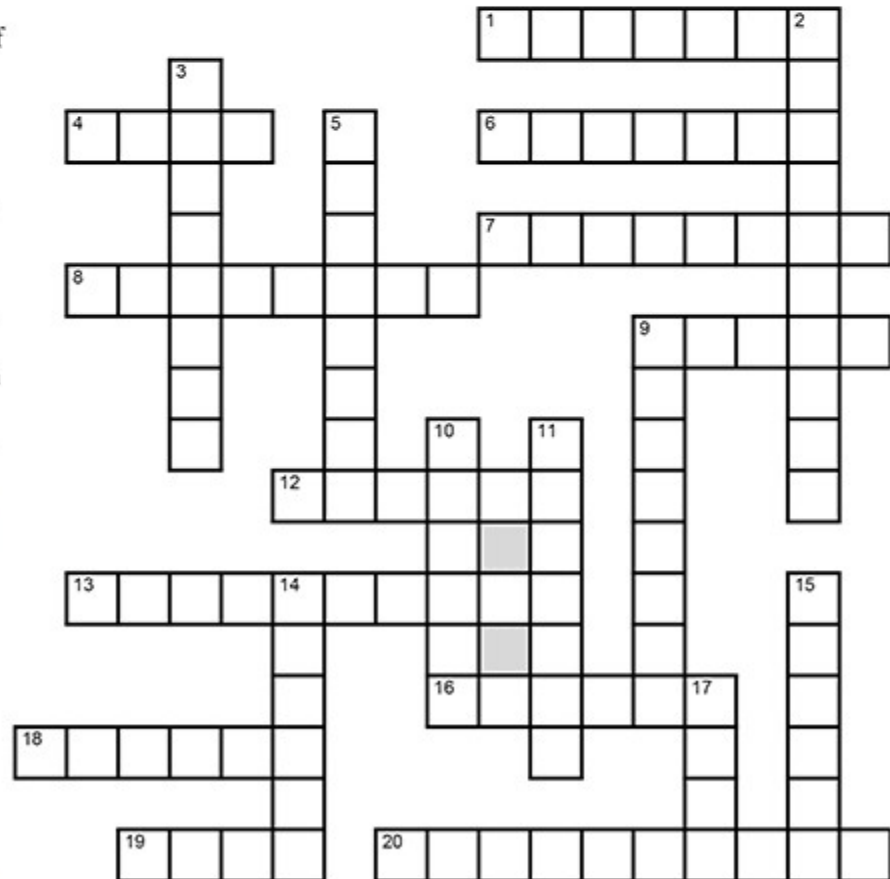
ACROSS

1. Marriage ceremony.
4. Celebrated on June 14th in the US: \_\_\_ Day.
6. Certificate presented at a graduation ceremony.
7. Cook outdoors on a grill.
8. Opposite of indoors.
9. June is the \_\_\_ month of the year.
12. Astrological sign for the start of June (twins).
13. Celebrated on June 19th to commemorate the ending of slavery.
16. Astrological sign for the end of June (crab).
18. He is celebrated on the third Sunday in June.
19. June 6th, 1944.
20. Red berry that is in season in June.



DOWN

2. Ceremony marking the end of the school year.
3. Time off from school.
5. Drink made from a yellow citrus fruit and sugar.
9. Longest day of the year: Summer \_\_\_.
10. Meal eaten outdoors.
11. Sport using a rod and a reel.
14. Number of days in June.
15. Season that begins in June in the Northern Hemisphere.
17. Birth month flower for June.



- |            |            |
|------------|------------|
| Barbecue   | Outdoors   |
| Cancer     | Picnic     |
| D-Day      | Rose       |
| Diploma    | Sixth      |
| Father     | Solstice   |
| Fishing    | Strawberry |
| Flag       | Summer     |
| Gemini     | Thirty     |
| Graduation | Vacation   |
| Juneteenth | Wedding    |
| Lemonade   |            |

# JUNETEENTH WORD SEARCH

O X P G A F R I C A N W L W B  
W E H M K L I B E R A T I O N  
H N U Y D T J J M Q C L B M I  
V R N S E Q U A L I T Y E E N  
G C I G Z X B S L A V E R Y D  
A B O L I T I O N T E X A S E  
J Y N U E L L E G A C Y T O P  
C E L E B R A T I O N Q I U E  
R E C O N S T R U C T I O N N  
H V G H E R I T A G E K N C D  
C O M M E M O R A T I O N W E  
L W U E M A N C I P A T I O N  
H I S T O R Y F R E E D O M C  
P K A W O R E S I L I E N C E  
Z C L T P J U N E T E E N T H

EMANCIPATION  
FREEDOM  
JUBILATION  
CELEBRATION  
LIBERATION

SLAVERY  
INDEPENDENCE  
HISTORY  
COMMEMORATION  
EQUALITY

TEXAS  
UNION  
RECONSTRUCTION  
LEGACY  
HERITAGE

LIBERATION  
JUNETEENTH  
ABOLITION  
AFRICAN  
RESILIENCE



# SILVER NESTERS PROGRAM

*Companionship you can trust,  
from those who understand.*



**OUR MISSION:** To provide *hands off* services to seniors from active seniors to help with independence and to continue to promote community involvement.

## SERVICES WE PROVIDE



### TRANSPORTATION / RUNNING ERRANDS

Safe rides to appointments, grocery stores, and other important stops.



### COOKING

Nutritious meals prepared with care and kindness.



### CLEANING

Light housekeeping to keep your home comfortable and clean.



### COMPANIONSHIP

Friendly visits and meaningful conversations to brighten your day.



### WEEKLY MEDICATION SET UPS

Can be arranged with a nurse for an extra cost.

## WE ARE HIRING!

*Join Our Silver Nesters Team*

### CRITERIA:



55+ YEARS OLD



PART TIME HOURS



HEALTHY & ABLE BODIED



RELIABLE TRANSPORTATION



CAR INSURANCE



**CONTACT US TODAY!**  
**314-355-3679**  
for more information



**WANT TO APPLY?**  
Visit our website  
**deervalleyhomehealth.com**

♥ *Proudly Serving Our Community's Seniors* ♥




# NORTH COUNTY JUNETEENTH CELEBRATION 2026

The Freedom Experience

★ ONE FAITH. ★ ONE PEOPLE. ★ ONE PURPOSE. ★

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## ★ 2026 ITINERARY OF EVENTS ★

<p style="color: #c00000; font-weight: bold;">SATURDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 13</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">THE JUNETEENTH STATE OF US SCHOLARSHIP GALA</p> <p style="font-weight: bold; color: #c00000;">HOW ARE THE CHILDREN?</p> <p>BLACK TIE • DINNER &amp; DESSERT • CASH BAR</p> <p style="text-align: center;">HOSTED BY</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">   <small>St. Louis County Councilwoman</small>  <b>SHALONDA WEBB</b> </div> <div style="text-align: center;">   <small>St. Louis County Councilwoman</small>  <b>RITA DATS</b> </div> <div style="text-align: center;">   <small>State Senator</small>  <b>BRIAN WILLIAMS</b> </div> </div> <p>  <b>ST. LOUIS AIRPORT HILTON</b>                      10330 NATURAL BRIDGE RD,                      ST. LOUIS, MO 63134                 </p>	<p style="font-weight: bold; color: #c00000;">GUEST SPEAKER</p> <div style="text-align: center;">   <b>ANGELA RYE</b> </div>	<p style="font-weight: bold; color: #c00000;">TICKETS</p> <p>TABLES \$1,000</p> <p>INDIVIDUAL TICKETS \$100</p> <p>MEET &amp; GREET WITH ANGELA &amp; DINNER TICKET \$125</p> <p><a href="https://bit.ly/4tSQlrf">https://bit.ly/4tSQlrf</a></p> 
<p style="color: #c00000; font-weight: bold;">SUNDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 14</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">JUNETEENTH WORSHIP SERVICE</p> <p>10:30 AM</p> <p>  <b>SHALOM CHURCH (CITY OF PEACE)</b>                      5491 N. Highway 67, Florissant, MO 63034                 </p> 		
<p style="color: #c00000; font-weight: bold;">MONDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 15</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">GOTV CANDIDATE FORUM</p> <p>ONE NORTH COUNTY. ONE MOVEMENT.</p> <p>6:00 PM</p> <p>  <b>SHALOM CHURCH (CITY OF PEACE)</b>                      5491 N. Highway 67, Florissant, MO 63034                 </p> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;"> <div style="text-align: center;">   <small>OPEN FORUM DISCUSSION</small> </div> <div style="text-align: center;">   <small>MEET THE CANDIDATES</small> </div> <div style="text-align: center;">   <small>COMMUNITY Q&amp;A</small> </div> <div style="text-align: center;">   <small>VOTER REGISTRATION</small> </div> <div style="text-align: center;">   <small>VOTER EDUCATION</small> </div> </div> <div style="text-align: right; margin-top: 10px;">   <small>SCAN FOR VOTER REGISTRATION &amp; CANDIDATE INFORMATION</small> </div>		
<p style="color: #c00000; font-weight: bold;">WEDNESDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 17</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">JUNETEENTH INTERFAITH PRAYER BRUNCH</p> <p>10:30 AM – 12 NOON (DOORS OPEN AT 10:00AM)</p> <p>  <b>FAITH MIRACLE TEMPLE BANQUET HALL</b>                      870 Pershall Rd, St. Louis, MO 63137                 </p> <p style="font-weight: bold; color: #c00000;">HOST PASTORS:</p> <ul style="list-style-type: none"> <li>★ Apostle Baylor, Faith Miracle Temple</li> <li>★ Rev. Dr. Freddy Clark, Shalom City of Peace</li> <li>★ Dr. Linden Bowie, Zion Travelers Missionary Baptist Church</li> <li>★ Bishop Shadrach Martin, LIVE Church</li> <li>★ Pastor Arbie Peterson, The Christian Life Center</li> </ul> 		
<p style="color: #c00000; font-weight: bold;">THURSDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 18</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">HONORING OUR ELDER</p> <p style="font-weight: bold; color: #c00000;">SENIOR DAY JUNETEENTH CELEBRATION</p> <p><i>A Day of Fun, Food, Fellowship, and Celebration!</i></p> <p>10:00 AM – 2:00 PM</p> <p>  <b>NORTH COUNTY RECREATION COMPLEX</b>                      2577 Redman Rd, St. Louis, MO 63136                 </p> <div style="display: flex; align-items: center; margin-top: 10px;"> <ul style="list-style-type: none"> <li>★ BINGO / MUSIC BINGO &amp; TRIVIA</li> <li>★ AWARDS &amp; RECOGNITION</li> <li>★ PRIZES &amp; GIVEAWAYS</li> <li>★ FELLOWSHIP &amp; COMMUNITY</li> </ul> <div style="border: 1px solid #c00000; padding: 5px; background-color: #c00000; color: white; text-align: center;"> <b>CONTINENTAL BREAKFAST &amp; FULL LUNCH PROVIDED!</b> </div>  </div>		
<p style="color: #c00000; font-weight: bold;">FRIDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 19</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">JUNETEENTH MUSIC FESTIVAL</p> <p>A CELEBRATION OF FREEDOM, CULTURE &amp; COMMUNITY</p> <p>2:00 PM – 10:00 PM</p> <p>  <b>ST. FERDINAND PARK</b>                      25 St. Ferdinand Park Drive                      Florissant, MO 63031                 </p> <p style="text-align: center; font-weight: bold; color: #c00000;">LIVE PERFORMANCES BY</p> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;"> <div style="text-align: center;">   <b>Dirty Muggs</b>  <small>BAND</small> </div> <div style="text-align: center;">   <b>THE Lunatics</b>  <small>Murphy Lee, Kyjuan and Slo Down</small>  <small>BAND</small> </div> <div style="text-align: center;">   <b>Skeet Rodgers</b>  <small>BAND</small> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <ul style="list-style-type: none"> <li> KIDS ZONE</li> <li> FOOD TRUCKS</li> <li> VENDORS</li> <li> STEPPING &amp; LINE DANCE INSTRUCTION</li> </ul> <p style="font-weight: bold; color: #c00000; border: 1px solid #c00000; padding: 2px;">FUN FOR THE WHOLE FAMILY!</p> </div>		
<p style="color: #c00000; font-weight: bold;">SATURDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 20</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">STROLLIN' WITH MY DADDY</p> <p>BRING YOUR SQUAD &amp; STROLLERS. ALL AGES AND FATHER FIGURES WELCOMED</p> <p>10:00 AM</p> <p>  <b>SPANISH LAKE PARK</b>                      AT THE JAMES O'MARA SHELTER                      12500 Spanish Pond Road                      St. Louis, MO 63138                 </p> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;">   </div>		
<p style="color: #c00000; font-weight: bold;">SATURDAY</p> <p style="font-size: 2em; font-weight: bold;">JUNE 20</p> <p style="font-size: 1.5em;">2026</p>	<p style="font-weight: bold; color: #c00000;">APOLLO NIGHTS</p> <p><i>An Evening of Culture, Expression, and Celebration</i></p> <p>5:30 PM – 10:00 PM</p> <p>  <b>TOUHILL ARTS CENTER</b> </p> <div style="display: flex; justify-content: space-between; align-items: center; margin-top: 10px;"> <ul style="list-style-type: none"> <li>★ LIVE PERFORMANCES</li> <li>★ SPOKEN WORD &amp; CREATIVE EXPRESSION</li> <li>★ MUSIC &amp; VIBES</li> <li>★ NETWORKING &amp; COMMUNITY</li> </ul>  </div>		

★ ★ For more information contact: Councilwoman @northcountymocojuneteenth ★ ★

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