



S U P P O R T E D L I V I N G S E R V I C E

Cullesden Road

Coulsdon, South London

C A P A C I T Y

Up to 5 adults

B O R O U G H

Croydon

S U P P O R T

24 Hour Support

S P E C I A L I S M

Autism & Complex Needs

About Cullesden Road

Cullesden Road is a welcoming supported living service for up to five adults with a diagnosis of autism spectrum disorder and complex needs. Set in a characterful Tudor house in Coulsdon, the service offers a genuinely homely environment in a quiet residential street within easy reach of central London.

We support adults who may face difficulties with communication and who present varying degrees of behaviours that challenge. Our team works alongside each person to understand their preferences, routines and goals, providing tailored support that builds confidence, independence and quality of life.

Behaviour specialist led

A Step Beyond is led by behaviour specialists. Our peripatetic Behavioural Specialist works alongside staff to develop and implement evidence-based Positive Behaviour Support plans tailored to each individual. We have achieved life-changing outcomes including the elimination of self-injurious behaviour, the development of independence skills and sustained improvements in quality of life.

What we offer

Homely environment

A characterful Tudor house with individual en-suite bedrooms and warm, welcoming communal spaces.

Enclosed garden

Large private garden with a trampoline — a safe outdoor space for residents to relax and play.

Service vehicle

A dedicated vehicle supporting access to community activities and healthcare appointments.

24-hour support

Round-the-clock care with waking night staff so residents are supported at every hour.

Spacious kitchen

A bright kitchen with an adjoining dining area supports independent living and shared mealtimes.

Daily activities

A tailored programme of activities supporting independence, choice and community participation.

The property

Cullesden Road is a large Tudor house that retains much of its original character. The property has been thoughtfully adapted to provide an accessible and welcoming home for up to five adults. Every bedroom has its own en-suite shower room and toilet, and the communal spaces are spacious, warm and full of natural light.



Bright lounge with garden access



Fully equipped kitchen



Dining area



Spacious en-suite bedroom



En-suite shower room — all bedrooms have private facilities

AT A GLANCE

- ✓ Five large en-suite bedrooms
- ✓ Spacious lounge with garden access
- ✓ Bright kitchen and dining area
- ✓ Large enclosed garden with trampoline
- ✓ 24-hour support, waking nights
- ✓ Dedicated service vehicle

Our approach

Our approach to support at Cullesden Road rests on four things: a clinical foundation of Positive Behaviour Support, person-centred active support in daily life, decision-making rooted in the Mental Capacity Act, and a safe, well-led environment in which people can thrive.

Positive Behaviour Support (PBS)

A Step Beyond is a behaviour specialist led provider. Our peripatetic Behavioural Specialist works alongside the staff team at Cullesden Road to develop and implement evidence-based Positive Behaviour Support plans tailored to each individual. PBS shapes how the team understands behaviour, prevents distress and supports positive change.

- ✓ Individual PBS plans developed and reviewed by our Behavioural Specialist.
- ✓ A focus on proactive, preventative strategies that reduce the need for reactive responses.
- ✓ Demonstrated outcomes including the elimination of self-injurious behaviour and sustained improvements in quality of life.

Person-centred active support

Each person has a named key worker and a support plan built around their preferences, routines and goals. We use active support so that every daily interaction — meals, household tasks, choices, outings — is an opportunity for participation, learning and independence.

- ✓ Support shaped around the individual, not the rota.
- ✓ Key worker continuity so people are known and understood by their team.
- ✓ Goals and progress reviewed regularly with the individual, their family and their funder.

Mental Capacity Act and best-interests decision-making

We work within the framework of the Mental Capacity Act 2005. We support each person to make their own decisions wherever possible, and where a decision must be made on someone's behalf, it is made in their best interests and is the least restrictive option available. We work closely with families, advocates and placing authorities on DoLS authorisations where these apply.

- ✓ Capacity assumed unless and until properly assessed otherwise.
- ✓ Support to make and communicate decisions, however small, every day.
- ✓ Transparent, recorded best-interests processes with the right people involved.

A safe, secure and well-led service

- ✓ Robust safeguarding, protecting people from abuse and avoidable harm.
- ✓ Active support for health and wellbeing, with all health appointments attended.
- ✓ Compassionate, respectful support that protects dignity at every interaction.
- ✓ Strong leadership and clear oversight, with each person's needs at the centre of the service.

Trained for autism and complex needs

Our staff complete all mandatory training plus our specialist programme: Positive Behaviour Support, Active Support, Advanced Autism, MAPA and crisis intervention. Ongoing professional development keeps the team confident and competent in supporting people whose needs are complex.

Our team

Each person at Cullesden Road has an allocated key worker and a support plan built around their needs, preferences and goals. The team is supported by our peripatetic Behavioural Specialist, who works across all of our services to develop and review individual Positive Behaviour Support plans. Day-to-day support is delivered with person-centred active support so that each interaction builds participation, choice and independence.

Location

Cullesden Road sits on a quiet residential street in Coulsdon, in the London Borough of Croydon. The service is close to Coulsdon South Station, with direct services into central London, and within walking distance of Coulsdon town centre — supporting residents to live full and active lives.

Nearby stations

Coulsdon South (0.5 mi)	Southern Railway — London Bridge, Victoria
Coulsdon Town (0.4 mi)	Thameslink — London Bridge, Blackfriars
Purley (1.2 mi)	Southern / Thameslink connections

Local amenities

Coulsdon Town centre	Shops, cafés, pharmacy — 0.4 mi
Farthing Downs	Open green space — 0.8 mi
Purley Hospital & GP surgeries	Healthcare within 1.5 mi
Coulsdon Leisure Centre	Activities and swimming — 0.6 mi

P H O N E

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Jenine Hirst, Director

E M A I L

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C Q C

Rated Good

First inspection: April 2022

Referrals and contact

We welcome referrals from local authority commissioners, social workers, NHS teams, families and individuals. Our team responds promptly and works with the placing authority to assess whether Cullesden Road is the right match. We are happy to arrange a visit for prospective residents, their families and commissioners.

REFERRAL ENQUIRY FORM

Please complete and return to referrals@astepbeyond.co.uk

Referring organisation / team

Referrer name and job title

Referrer contact email

Referrer contact phone

Individual's first name or initials

Date of birth

Primary diagnosis

Current placement / location

Additional needs and behaviours that challenge

Funding authority / borough

Target move date

Any additional notes
