

A STEP BEYOND LTD

Specialist supported living



SUPPORTED LIVING SERVICE

96 Netherfield Gardens

Barking, East London

CAPACITY

Up to 3 adults

BOROUGH

Barking & Dagenham

SUPPORT

24 Hour Support

SPECIALISM

Autism & Complex Needs

About 96 Netherfield Gardens

96 Netherfield Gardens is a welcoming supported living service for up to three adults with a diagnosis of autism spectrum disorder and complex needs. Located on a residential road in Barking, East London, the service provides A Step Beyond's specialist person-centred support in a comfortable home environment with excellent transport links into central London.

We support adults who may face difficulties with communication and who present varying degrees of behaviours that challenge. Our team works alongside each person to understand their preferences, routines and goals, providing tailored support that builds confidence, independence and quality of life.

Behaviour specialist led

A Step Beyond is led by behaviour specialists. Our peripatetic Behavioural Specialist works alongside staff to develop and implement evidence-based Positive Behaviour Support plans tailored to each individual. We have achieved life-changing outcomes including the elimination of self-injurious behaviour, the development of independence skills and sustained improvements in quality of life.

What we offer

Three bedrooms

Each resident has their own personal space, tailored around their needs.

Communal living

Shared kitchen and lounge areas supporting daily living skills and social connection.

Rear garden

A generous private outdoor space at the rear of the property.

24-hour support

Round-the-clock care with waking night staff so residents are supported at every hour.

Daily activities

A tailored programme supporting independence, choice and community participation.

Excellent transport

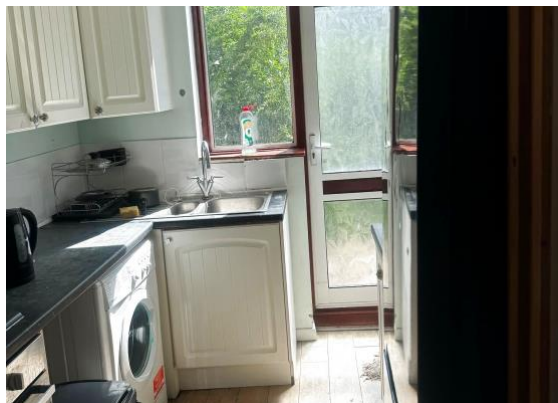
Close to Barking station, with District, Hammersmith & City, c2c and Overground services.

The property

96 Netherfield Gardens is a three-bedroom home on a residential road in Barking, East London. The property offers individual bedrooms, a fitted kitchen, a family bathroom and a generous rear garden, supporting up to three adults with round-the-clock specialist care. The service benefits from excellent transport links, with Barking station offering frequent services into central London.



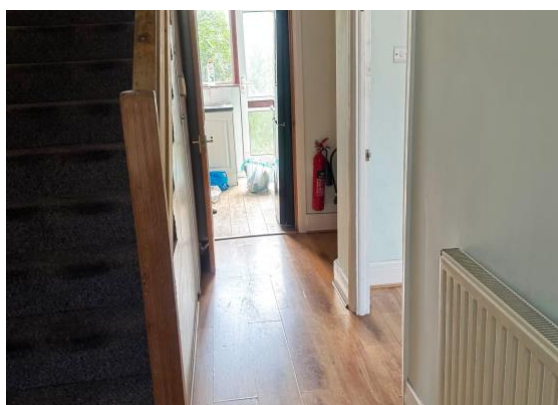
Living room with bay window



Fitted kitchen with garden access



Family bathroom



Entrance hallway and stairs



Generous rear garden

AT A GLANCE

- ✓ Three bedrooms
- ✓ Welcoming living room with bay window
- ✓ Fitted kitchen and family bathroom
- ✓ Generous rear garden
- ✓ Close to Barking station
- ✓ 24-hour support, waking nights

Our approach

Our approach to support at 96 Netherfield Gardens rests on four things: a clinical foundation of Positive Behaviour Support, person-centred active support in daily life, decision-making rooted in the Mental Capacity Act, and a safe, well-led environment in which people can thrive.

Positive Behaviour Support (PBS)

A Step Beyond is a behaviour specialist led provider. Our peripatetic Behavioural Specialist works alongside the staff team at 96 Netherfield Gardens to develop and implement evidence-based Positive Behaviour Support plans tailored to each individual. PBS shapes how the team understands behaviour, prevents distress and supports positive change.

- ✓ Individual PBS plans developed and reviewed by our Behavioural Specialist.
- ✓ A focus on proactive, preventative strategies that reduce the need for reactive responses.
- ✓ Demonstrated outcomes including the elimination of self-injurious behaviour and sustained improvements in quality of life.

Person-centred active support

Each person has a named key worker and a support plan built around their preferences, routines and goals. We use active support so that every daily interaction — meals, household tasks, choices, outings — is an opportunity for participation, learning and independence.

- ✓ Support shaped around the individual, not the rota.
- ✓ Key worker continuity so people are known and understood by their team.
- ✓ Goals and progress reviewed regularly with the individual, their family and their funder.

Mental Capacity Act and best-interests decision-making

We work within the framework of the Mental Capacity Act 2005. We support each person to make their own decisions wherever possible, and where a decision must be made on someone's behalf, it is made in their best interests and is the least restrictive option available. We work closely with families, advocates and placing authorities on DoLS authorisations where these apply.

- ✓ Capacity assumed unless and until properly assessed otherwise.
- ✓ Support to make and communicate decisions, however small, every day.
- ✓ Transparent, recorded best-interests processes with the right people involved.

A safe, secure and well-led service

- ✓ Robust safeguarding, protecting people from abuse and avoidable harm.
- ✓ Active support for health and wellbeing, with all health appointments attended.
- ✓ Compassionate, respectful support that protects dignity at every interaction.
- ✓ Strong leadership and clear oversight, with each person's needs at the centre of the service.

Trained for autism and complex needs

Our staff complete all mandatory training plus our specialist programme: Positive Behaviour Support, Active Support, Advanced Autism, MAPA and crisis intervention. Ongoing professional development keeps the team confident and competent in supporting people whose needs are complex.

Our team

Each person at 96 Netherfield Gardens has an allocated key worker and a support plan built around their needs, preferences and goals. The team is supported by our peripatetic Behavioural Specialist, who works across all of our services to develop and review individual Positive Behaviour Support plans. Day-to-day support is delivered with person-centred active support so that each interaction builds participation, choice and independence.

Location

96 Netherfield Gardens is located in Barking, in the London Borough of Barking and Dagenham. The service is close to Barking station, a major interchange offering frequent District, Hammersmith & City, c2c and Overground services into central London. Local shops, parks and healthcare facilities are within easy reach.

Nearby stations

Barking	District, H&C, c2c, Overground — Fenchurch Street, central London
Upney	Underground — District line
Becontree	Underground — District line

Local amenities

Barking town centre	Shops, cafés and pharmacy
Barking Park	Open green space and walks
Local GP surgeries & hospitals	Healthcare nearby
Local leisure facilities	Activities and amenities

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ADDRESS

96 Netherfield Gardens

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Referrals and contact

We welcome referrals from local authority commissioners, social workers, NHS teams, families and individuals. Our team responds promptly and works with the placing authority to assess whether 96 Netherfield Gardens is the right match. We are happy to arrange a visit for prospective residents, their families and commissioners.

REFERRAL ENQUIRY FORM

Please complete and return to referrals@astepbeyond.co.uk

Referring organisation / team

Referrer name and job title

Referrer contact email

Referrer contact phone

Individual's first name or initials

Date of birth

Primary diagnosis

Current placement / location

Additional needs and behaviours that challenge

Funding authority / borough

Target move date

Any additional notes
