

STATIONS OF THE CROSS ESTACIONES DEL VIACRUCIS



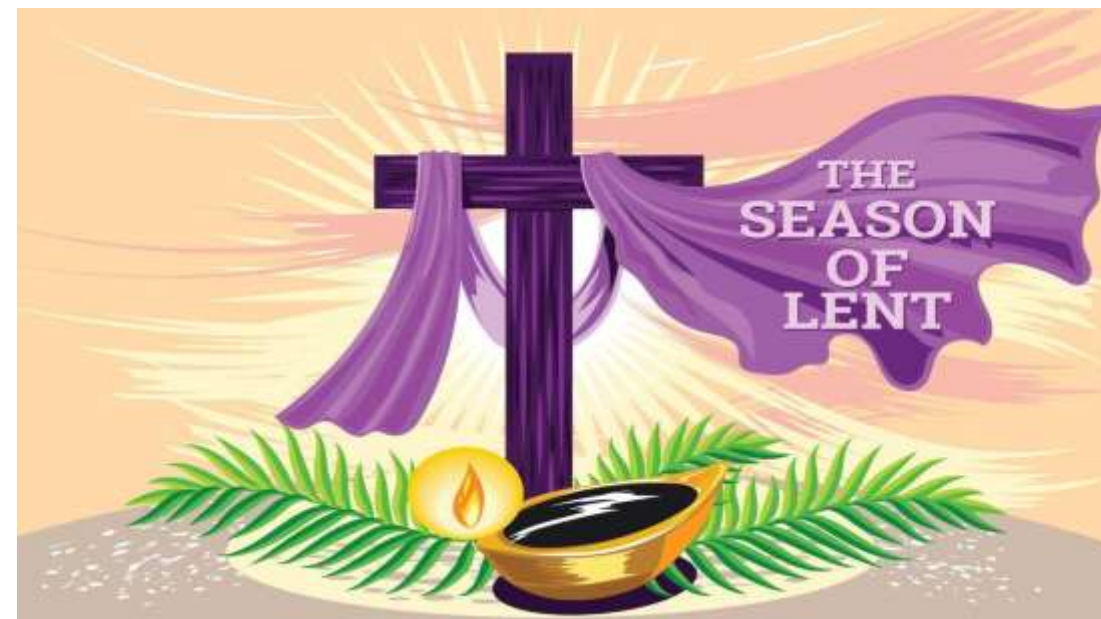
Every Friday of Lent after the 8:30 a.m. Mass
and bilingual at 6:30 p.m. at All Hallows Chapel

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Todos los Viernes de Cuaresma  
despues de la Misa de 8:30 a.m.  
y Bilingüe a las 6:30 p.m.  
En la Capilla de Todos los Santos

# Our Lady of Lourdes Catholic Community

Our Lady of Lourdes 410 Hawes ~ All Hallows Chapel 1440 Newhall St  
Office /Rectory 1715 Oakdale Ave. San Francisco, CA 94124  
Tel. (415) 285-3377 Fax (415) 285-2191 e-mail address: [OLLSanFran@gmail.com](mailto:OLLSanFran@gmail.com)  
Parish Website: [www.Ourladyoflourdescatholicsf.org](http://www.Ourladyoflourdescatholicsf.org) & [Allhallowscatholicsf.org](http://Allhallowscatholicsf.org)



First Sunday of Lent ~ Primer Domingo de Cuaresma  
February 22<sup>nd</sup>, 2026

## Rev. Fr. Andrew C. Ibegbulem, OSA Administrator

Fr. Chinonso Egbedike, OSA – Parochial Vicar  
Sr. Eva Camberos M.F.P. - Pastoral Associate  
& Dir. Hispanic Liturgy  
Patricia Mann: Director of Religious Education Program  
Terry Oertel: Parish & Finance Committee Chair  
Theria Boyd: Monitor of Lourdes Hall  
Food Distribution – SFAAFB – Parish Office  
**Bible Study:** Wednesday at 12:00 Noon – 1:30 p.m.  
**Faith Formation Program**  
**Programa de Educación Religiosa** (Lourdes & Shipwreck) From K to 8<sup>th</sup> & Confirmation from 9<sup>th</sup> to 12<sup>th</sup>  
Classes on Saturdays from 10:00 to 11:30 a.m.  
At St. Paul of the Shipwreck School (1122 Jamestown Ave)

**Platica Pre-Bautismal:** El primer Sábado del mes a las 12:00 p.m. en la Iglesia de San Pablo del Naufragio.

## Our Lady of Lourdes Parish Organizations

Lourdes Gospel Choir, Ladies Sodality, Samoan Community, Samoan Choir, Spanish Community, Young Ladies Institute, Young Prophet

## Our Mission

Our Mission is to faithfully follow Christ by caring for those in need and reaching out to one another. We strive to faithfully commit ourselves to the Gospel and the Sacraments, especially, the Eucharist and by our example encourage others to participate in our Parish ministries following in the footsteps of Christ.

## Schedule of Masses – Horario de Misas:

Saturday: 6:30 p.m. (Español) ~ All Hallows Chapel  
Sunday 8:30 a.m. ~ All Hallows Chapel - Samoan Choir  
10:30 a.m. Gospel Mass at Our Lady of Lourdes  
Tuesday-Friday - 8:30 a.m. All Hallows Chapel

**Confessions/ Confesiones:** By appointment / por cita

## Exposition of the Blessed Sacrament:

1<sup>st</sup> Friday of the month after 8:30 a.m. Mass until 5:00 p.m. with Benediction

## Sacraments & Sacramental Preparation:

Baptism, Reconciliation, Weddings and Anointing of the sick (by appointments)

## Parish Office Hours ~ Horario de Oficina

Monday & Thursday ~ Closed  
Tuesday ~ 10:00 a.m. to 2:00 p.m.  
Wednesday & Friday ~ 10:00 a.m. to 4:00 p.m.  
Saturday ~ 1:30 to 3:30 p.m.

## Our Vision

The vision of Christ as the foundation of our rich ethnic and cultural diversity enables us to remember the past, and open wide the doors to the future, by living the teachings of the Gospel. We value and welcome each person, with the loving arms of Our Lady of Lourdes and All Saints.

Our Lady of Lourdes & All Hallows Chapel Catholic Community



February 21<sup>st</sup> - February 27<sup>th</sup>

Saturday ~ Sábado

6:30 p.m. Ramona Paredes +  
Felicitas Martínez +  
Jaime Ortetga +  
Int. Leopoldo Saavedra (B-Day)

Sunday ~ Domingo

8:30 a.m. Alec Winterstain +  
10:30 a.m. People of the Parish

Monday ~ Lunes (NO MASS)

Tuesday ~ Martes

8:30 a.m. Judy de Vera +

Wednesday ~ Miercoles

8:30 a.m. Faithful Departed

Thursday ~ Jueves

8:30 a.m. Rosa Canales +

Friday ~ Viernes

8:30 a.m. Souls in purgatory

FIRST SUNDAY OF LENT ~ REFLECTION

The First Sunday of Lent invites us into the desert with Jesus, a 40-day journey of [fasting](#), prayer, and [repentance](#) to overcome temptation and renew our faith. By reflecting on Jesus's resistance to the devil, we learn to rely on God rather than worldly comforts. It is a time to renounce distraction, turn away from sin, and embrace the Gospel with a joyful, purified heart.

Key Reflections:

**Walking with Jesus:** The desert is not just a place of hardship, but a place of intimacy with God, where we learn that God is all we need. **Overcoming Temptation:** Just as Jesus overcame temptation through scripture and reliance on the Father, we are called to do the same.

**Conversion of Heart:** Lent is a time to turn away from distraction, sin, and self-centeredness, and turn toward God.

**Active Faith:** This season is not merely about giving things up, but about intentional action—prayer, fasting, and almsgiving—to grow in our relationship with God.

Questions for Personal Reflection:

- What is tempting me to put things before God in my life?
- How can I use this Lenten season to deepen my reliance on God?
- What "distractions" do I need to let go of to better hear God's voice?



Prayer to St. Michael

St. Michael the Archangel,  
defend us in battle.  
Be our defense against the wickedness  
and snares of the Devil.  
May God rebuke him,  
we humbly pray, and do thou,  
O Prince of the heavenly hosts,  
by the power of God,  
thrust into hell Satan, and all the evil spirits,  
who prowl about the world  
seeking the ruin of souls. Amen.

Oración a San Miguel Arcángel

San Miguel Arcángel,  
defiéndenos en la lucha.  
Sé nuestro amparo contra la perversidad  
y acechanzas del demonio.  
Que Dios manifieste sobre él su poder,  
es nuestra humilde súplica.  
Y tú, oh Príncipe de la Milicia Celestial,  
con el poder que Dios te ha conferido,  
arroja al infierno a Satanás,  
y a los demás espíritus malignos  
que vagan por el mundo  
para la perdición de las almas. Amén.

Weekend Collection From  
February 14<sup>th</sup> & February 15<sup>th</sup>

6:30 p.m. \$ 310.00  
8:30 a.m. \$ 1,382.00  
10:30 a.m. \$ 292.00  
**Total \$ 1,984.00**

Second Collection Building Maintenance  
**\$ 423.00**

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ANNUAL ARCHDIOCESAN APPEAL 2026

Our Annual Archdiocesan Appeal 2026 goal is **\$20,686**, slightly more than our 2025 goal. Thank you again for your great generosity in achieving our 2025 goal. Next week, March 1st, our Second Collection will be for the AAA. Please try to be as generous as you can and God bless you.

RICE BOWL

Catholic Relief Services alleviates suffering and provides assistance to people in need in more than 100 countries without regard to race, religion or nationality. Please pick up your individual or family Rice Bowl at the entrance of the church and as companions of the journey let us encounter Jesus in our brothers and sisters in need.

PARISH COUNCIL MEETING

The Parish Council will meet this Tuesday February 24<sup>th</sup> at 7:00 p.m. at Liz Bell Hall of Our Lady of Lourdes

PARISH LENTEN CLOTHING DRIVE

If you would like to donate men's, women's or children's clothing it must be in good condition and fresh washed. We all have things we don't wear often, it would be so good to share them with the families that Saint Anthony's Foundation is helping.

LION'S CLUB RAFFLE

We continue distributing tickets for our Lion's Club Raffle. Please pick your envelope up after Mass, you can't win if you don't buy tickets! Please help us to make this Parish Fund Raising a big success!!! Remember that for every \$10 we send in we get \$7 back for our parish!!! The grand prize is \$1,000. Get your tickets after Mass with Mrs. Pat & Sue at All Hallows & Barbara McKinney at Lourdes.

HOMEBOUND/SICK/HOSPITALIZED

**PARISHIONERS** Please call the parish office or advice the priests of the parish of anyone who will need the Sacrament of the anointing of the sick or communion. The priest would like to visit those who cannot come for Mass.

PROPER RECEPTION OF HOLY COMMUNION

Eucharist is the Real Presence of Jesus meant for only practicing Catholic who are in state of grace. Non-Catholics and those who can't receive the Eucharist can come for blessings with hands crossed before the priest during the reception of Holy Communion.

¡¡¡BIENVENIDOS!!!

Sean todos ustedes Bienvenidos a la Capilla de Todos los Santos. Esta Iglesia desea ser casa de oración para usted y su familia. ¡Los esperamos!

APELACION ANUAL ARQUIDIOCESANA

La meta de nuestra Apelación Anual 2026 es de **\$20,686**, un poco más que el año pasado. Una vez más gracias por ayudarnos a lograr la meta del 2025. El próximo fin de semana Febrero 28th nuestra segunda colecta será para la Apelación Anual, de antemano muchas gracias por su generosidad.

PLATO DE ARROZ

CRS Los Servicios de Ayuda Católica brindan asistencia a las personas necesitadas en más de 100 países, sin distinción de raza, religión o nacionalidad. Sino pudieron recoger su alcancía o plato de arroz el Miércoles de Ceniza, están a tiempo de llevárselo hoy después de Misa, las alcancías se encuentran en las mesas de atrás de la Iglesia.

DONACION DE ROPA EN CUARESMA

Si usted desea donar ropa para hombre, mujer o niños les pedimos que sea en buen estado y recién lavada. Todos tenemos ropa que casi no usamos y sería maravilloso que podamos compartirlas con las familias a las que ayuda la Fundación de San Antonio en el Distrito de la Tenderloin. Ustedes podrán colocar sus donaciones en el barril que se encuentra a la entrada de la Iglesia.

RIFA DEL CLUB DE LEONES

Continuamos distribuyendo boletos de la Rifa del Club de Leones, si usted no ha podido recoger su sobre o le gustaría comprar boletos no dude pedirlos después de Misa. Recordemos que por cada \$10.00 que vendamos, la parroquia recibe la ganancia de \$7.00 ayúdenos a hacer un éxito de esta actividad parroquial. Para más información y para recoger boletos favor de hablar con Amalia Ramírez o Tere Ortega después de Misa.

LIBRO DE INTENCIONES PARA MISAS

Si usted desea ofrecer la intención de una Misa por un familiar vivo o difunto le pedimos de favor llamar la oficina parroquial o venir personalmente para anotar los nombres que desea. La donación por Misa es de \$10.00 y les pedimos de favor pasar a la oficina a dar la donación de las misas. ¡Gracias!



