





# Understanding our babies is hard. An ABC Coach can help!

#### What is ABC?

ABC is a 10-session in-home parent coaching program, where a parent coach comes into the home to support caregivers in understanding and responding to their infants and toddlers' needs. In every session you will hear about the positive things you are doing with your baby. At the end of the program you will receive a special gift – a set of video clips of you and your child playing together in the ABC program.

### Who can participate?

ABC was created to work with parents and/or caregivers of babies between 6 months and 2 years. Other children and caregivers are welcome and encouraged to participate.

# Where does ABC happen?

We come to you: All visits take place in your home.

## When does ABC happen?

ABC is flexible. You will work with one coach who will always work with you to find the best times that are good for you and your baby that can be adjusted week to week as needed.

#### Are you interested in participating?

Contact Beginnings SC (803) 216-1171 or email Lisa Jolly at lisa@beginningssc.org