

Through the tubes

promoting oxygen sufficiency for babies



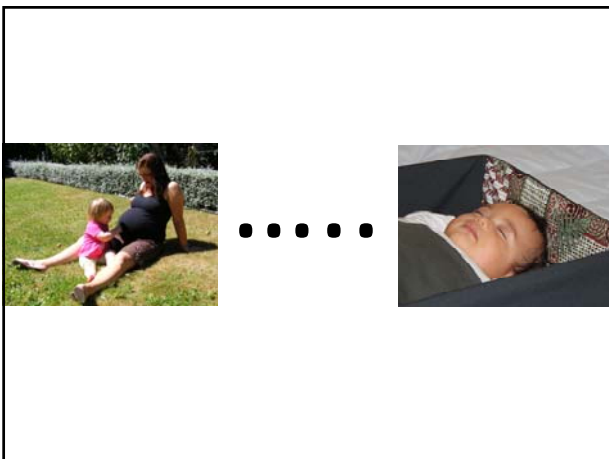
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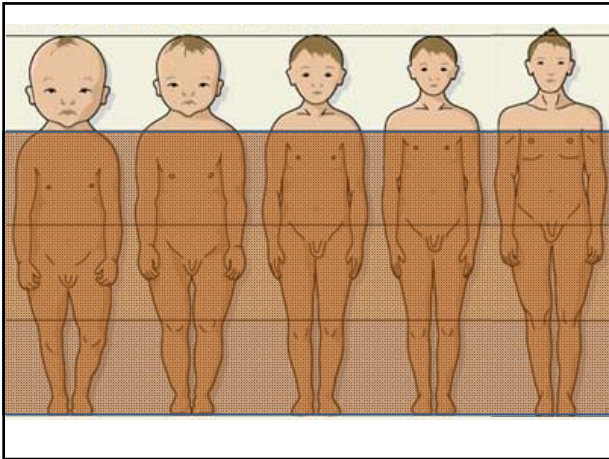




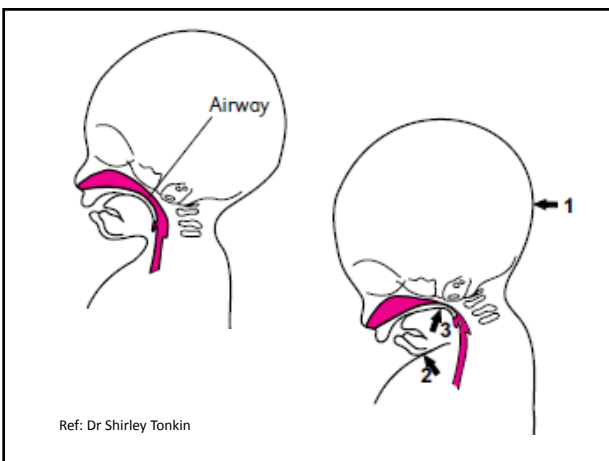








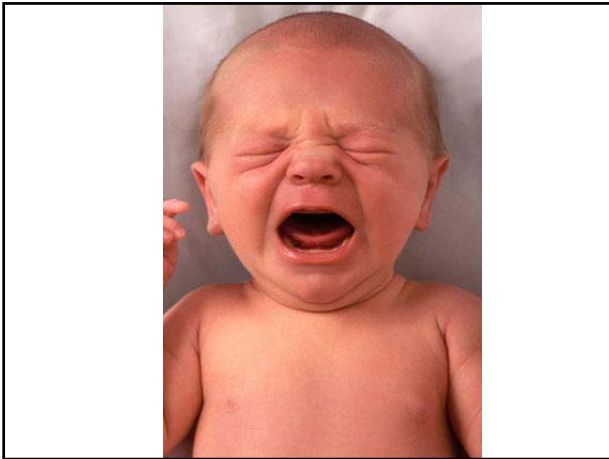














in pregnancy

*** through the tubes ***



in sleep

Tubes that carry oxygen are the lungs
Babies need oxygen to grow and stay alive.

- In pregnancy, their oxygen travels in blood vessels.
- Once born, their oxygen travels through arteries before it goes into the lungs.

These tubes need protection so that enough oxygen can always get through to your baby.

How these tubes can fail

- Swelling (fetal oxygen away from babies)
- Narrowed narrow blood vessels
- Carbon monoxide replaces O₂ in the blood when babies get too oxygen then develop as if this is normal, but it's not. It weakens their "wake-up" reflex and heart. Some will die. Another affects breathing. Carbon monoxide, such as being trapped in a "cabin to chest" position, or long time down can also stop oxygen from getting through a baby's arteries.
- Serious medical, too. Sleeping in positions that may lead to a covered face, pinched nose or pressure against a small chest, may also stop oxygen from getting through the tubes.

Ways to protect a baby's life lines

- No incubator, especially in pregnancy.
- Place baby flat and on the back to sleep.
- Use up the sleeping place to be safe. A safe space is one where the face stays clear and oxygen can get through the tubes. Look out for risk: face bedding, covers, gaps or people...

Babies change for our children's world









