Tool 2: Safe Sleep Service Standard

Purpose

This is a self-assessment and feedback tool. It supports a DHB or service to measure and monitor progress towards best practice in addressing sudden infant death. It has been designed to provide an overview of the status quo, highlight achievements and identify current issues and challenges.

How to use

This tool, and the family of tools that flow from it, can be used in a variety of ways. It can:

- **focus** discussion and identify issues
- **shape** planning and the design of systems
- provide **clarity** for reporting on progress

A self-assessment of your DHB or service undertaken every three months shows the steps to best practice already taken and those still needing to be taken. It acknowledges that change is a process.

The tool

How well does your DHB or service provide a supportive environment for action on sudden infant death by staff and families?	Assess't Dates			Pts	DHB: _____ Comments on progress (S,M,L) Substantial, Moderate, Limited
STEP 1: POLICY ☐ Have an up-to-date written policy ☐ In development ☐ Process not yet started				2 1 0	
STEP 2: SYSTEMS ☐ Have a brief intervention system ☐ In development ☐ Process not yet started				2 1 0	
STEP: 3 EDUCATION ☐ All staff receive education and updates ☐ Some education to some staff ☐ No systematic approach (ad hoc)				2 1 0	
STEP 4: ROLES ☐ Clarified in writing for all clinical staff ☐ Clarified in writing for some ☐ Assumed and not clarified in writing				2 1 0	
STEP 5: INTERVENTION ☐ ABC^ discussions recorded and audited ☐ ABC^ discussions recorded ☐ ABC^ discussions assumed				2 1 0	
OVERALL TOTAL				/10	

^**ABC Safe Sleep brief intervention tool**
A=**A**sk (about safe sleep conditions of position, place, vulnerability)
B=**B**e clear (about what is essential - babies must keep breathing)
C=**C**heck (knowledge, understanding, concerns … to support safe action)