



through the tubes

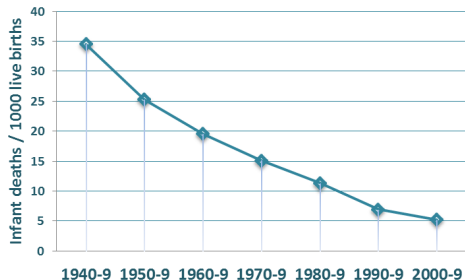
an update on
safe sleep for
babies

for
grandparents
by
grandparents

2013

Falling infant death rates in NZ

1940-2010



Principles of protection

on the back + smokefree + clear face +
breastfed + close by + own space

Different from Adults



- Heavy head
- Bulge behind
- Loose jaw
- Short neck
- Large tongue
- Only breathe through nose

Four ways a baby can suffocate

1. Covered face
2. Pinched nose
3. Chin to chest position (see below)
4. Pressure on ,or against, the chest

Smoking in pregnancy takes oxygen, too.

